

## CONTENTS

### General meeting

- 2 Advanced fly-fishing techniques
- 2 December meeting
- 2 Programs for 2013

### Outings

- 2 2012 outings summary
- 3 Deschutes R. steelhead trip

### Education

- 3 Thank you Peter Bowers
- 3 Tour of the Round Butte Dam Fish Passage Facility
- 4 Winter fishing technique
- 4 Fly tying for beginners
- 4 Winter seminar
- 4 Non-COF educational opportunity

### Next Cast Flyfishers

- 4 Fall program at REALMS

### Other news

- 5 NEW Fish Cat buy-a-square
- 5 USA national fly-fishing competition
- 5 Help track COF volunteer efforts

### Membership

- 5 Welcome new members

### Library News

- 6 *Learning from the Water - Fishing tactics and fly designs for the toughest trout*

### Conservation

- 6 East Lake 2012 chub control – a testimonial
- 6 Tenkara: methods and information

### Tyers Corner

- 7 The Go To Fly

### Upstream Events

- 8 Events Calendar

## RANDOM CAST

We're getting to that time of the year when our fishing outings slow down. Don't go too slow. Club members report that our local rivers are fishing very well. We are in the heat of steelhead season for the Deschutes for the next couple of months. If you're not signed up, give me a call and join us Oct 7 to 10 for the club's annual steelhead trip from Beaverhead to Mack's Canyon.

In November the COF Board of Directors will conduct the annual planning meeting for 2013 and near term 2014. We will gather our notes from the past year's discussions — the successes and lessons learned in hopes of building a better club for the following year. Many members have provided their thoughts, and we have been able to expand all aspects of our club activities this past year. We really would appreciate it if you take the time to provide us with your thoughts and ideas for 2013. Please contact me or one of the board members.

See you on the water.

– Eric Steele, President

(cell 541-420-8108 or home 541-549-2072)



Kathleen Schroeder (top), Dick Olson and Sandy Dunahay teach students at Nature's Restaurant and The Incredible Journey at Kokanee Carnival, Brown's Creek. PHOTOS: Dan Pebbles. 2012

## GENERAL MEETING

Oct 17 | 6:30P.M. | Bend Senior Center, 1600 S.E. Reed Market Road, Bend

## Advanced fly-fishing techniques

Captain Chris Palle of Lost Coast Excursions will discuss advanced fly-fishing techniques, with emphasis on casting, that are applicable to freshwater rivers and lakes. Palle is an international fishing guide and outfitter who resides in Sunriver.

## December meeting

The December general meeting will continue the tradition of having local fly tiers demonstrate their techniques. Also, Sherry Steele will teach simple fly-tying techniques to beginners. Sherry's table was popular at last year's meeting. Come early to get a seat. If you plan to tie, please contact Mike Tripp ([programs@coflyfishers.org](mailto:programs@coflyfishers.org)) so he can have enough tables available.

There will also be a gear swap during the meeting. Bring whatever you would like to sell.

## Programs for 2013

Our best programs are a result of member suggestions. If you have suggestions for next year's programs, let Mike Tripp ([programs@coflyfishers.org](mailto:programs@coflyfishers.org)) know as soon as possible. We are now scheduling programs for next year.

## OUTINGS

### 2012 outings summary

As the COF 2012 outings season draws to a close, I would like to encourage members to offer their time and expertise to lead a 2013 outing and thank members who lead an outing during 2012.

If you have been thinking about leading an outing in 2013, please contact me in the next several months and briefly describe the outing you have in mind. You will not be placed on the outings schedule unless I receive your confirmed approval.

COF members provide an important and valuable service when they organize and lead an outing. We have had a remarkable number and variety of outings in 2012:

**JAN** - Bill Seitz led the annual New Year's Day outing to the cold but fishable Crooked River.

**FEB** - Yancy Lind organized and led the steelhead float trip on the John Day River.

**MAR** - Lee Ann Ross took members to the Owyhee River, and John Tackmier coordinated with Jeff Perin to provide a Metolius River stream side seminar.

## OUTINGS 2012

Month	Date	Leader	Destination
Oct	7-10	Eric Steele	Lower Deschutes Steelhead

**APR** - Bill Seitz organized the annual Crooked River Clean-up and BBQ. Yancy Lind provided an outing to the Steelhead Falls section of the Deschutes River.

**MAY** - Dave Semich and Dick DeMars braved the cold and chased bass at Davis Lake. Matt Paluch scheduled a May trip to the lakes of central Washington. John Anderson led a group that fished at Antelope Reservoir. Yancy Lind led a Deschutes River float/fishing trip and provided a fishing/learning experience for beginning fly fishermen and women on the Crooked River.

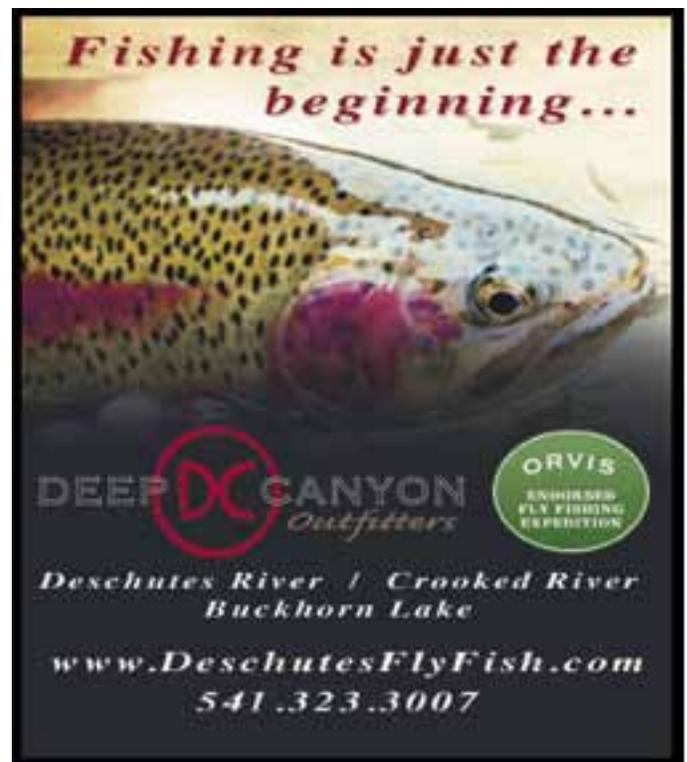
**JUN** - Liz Mullong carried on the tradition of the annual Prineville Crappie Marathon. John Tackmier organized an informational outing to the fish passage facility at the Round Butte Dam. Rick Sironen organized a group to fish private waters and the Chewaucan River near Paisley, Oregon.

**AUG** - Lee Ann Ross organized a group floating and fishing trip to East Lake.

**SEP** - Randy Hill organized a group to Fernie B.C. to fish the Elk River and other nearby waters. Kris Tackmier organized a Wild Women of the Water educational and fishing outing with Jeff Perin on the Metolius River.

**OCT** - For the final, exciting outing of the year, Eric Steele will lead the annual steelhead trip to the Beavertail Campground on the Deschutes River, which is downstream from Maupin.

*continued on next page*



If you see any of the members listed above, please give them a hearty “thank you” for their efforts to enrich and expand fellow members’ fly-fishing experiences. I trust you appreciate the time and effort these individuals have provided to our fishing club. Again, “thank you” to all the leaders.

– John Tackmier, *Outings Coordinator*  
([outings@coflyfishers.org](mailto:outings@coflyfishers.org) or 541-549-6252)

## Deschutes River steelhead trip

Oct 7 to 10 | Beavertail campground

The COF annual steelhead trip to the lower Deschutes River will be Sunday, October 7 through Wednesday, October 10. Plan to camp at the large camping area at Beavertail campground. To ensure space at the campground and have shuttle support for your boat, you must sign up in advance.

There is a \$25 per night camping fee for the group campground, and the cost will be shared among campers. Everyone is responsible for their own meals. Those who will be floating down to Mack’s Canyon will need to help with the car pool shuttle (14 miles round trip) each night. On Monday Oct 8, Tuesday Oct 9 and Wednesday Oct 10, The Fly Fisher’s Place has graciously offered to provide guided trips for participants at a reduced rate of \$350 for two COF member fly fisher’s per boat. There are currently two guides available for Monday, Tuesday and Wednesday. Interested COF members must contact Eric Steele directly for the additional important details and to reserve a COF-sponsored slot. All messages are date and time stamped – first come first served starting Aug 3. There will be a waiting list.

Questions and suggestions encouraged; contact trip leader Eric Steele ([steelfly2@msn.com](mailto:steelfly2@msn.com) or cell 541-420-8108 or home 541-549-2072).

## EDUCATION

### Thank you Peter Bowers

Thank you to Peter Bowers, owner of the Patient Angler fly shop, who delivered a splendid talk on fall fishing exclusively for our members. Peter is an excellent teacher with a great sense of humor and a “way” with words. It was a wonderful evening.

### Tour of the Round Butte Dam Fish Passage Facility

Oct 26

Led by a PGE fisheries biologist, COF members will view the 80 to 100 million dollar facility that is designed to bring steelhead, Chinook and other salmon species back to their ancestral spawning grounds. If you have followed the habitat restoration at the Camp Polk Meadow Preserve, this field trip will give you a look at the facility that allows the fish to return to the meadow, along with the Crooked River and the Metolius River. For details about this process, visit the PGE website available at: [www.deschutespassage.com](http://www.deschutespassage.com)

Biologists expect fish to arrive in good numbers during the end of October. The actual date of their arrival is sketchy, so the tour date of October 26 is tentative.

The tour is approximately two hours long. Snacks and warm clothing are encouraged. If you would like to join the tour, please send email to Kathleen Schroeder ([education@coflyfishers.org](mailto:education@coflyfishers.org)).



**FLY FISH**  
CENTRAL OREGON  
WITH THE EXPERTS FROM  
THE FLY FISHER'S PLACE.

FULL-SERVICE SHOP, GUIDED TRIPS,  
INDIVIDUAL AND GROUP LESSONS.  
PRIVATE LAKE ACCESS AND THE  
BEST FLY SELECTION IN THE NORTHWEST!

*The Fly Fisher's Place*

FIRST CLASS IN SERVICE,  
SELECTION & KNOWLEDGE

541-549-FISH | 151 W. MAIN AVE., SISTERS | OPEN 7 DAYS A WEEK  
[GREENDRAKEHATCH@GMAIL.COM](mailto:GREENDRAKEHATCH@GMAIL.COM) | [WWW.FLYFISHERSPPLACE.COM](http://WWW.FLYFISHERSPPLACE.COM)

## Winter fishing technique

Nov 13 | Time to be announced.

Dave Merrick of Fly and Field Outfitters will talk about fishing during the winter. There is no reason to stop fishing when the snow flies, but a change of tactics is in order. Dave will discuss where to fish, flies, fish behavior and our local rivers. This evening talk will take place November 13.

## Fly tying for beginners

Dec 19 | COF general meeting

Sherry Steele will bring several of her vices to the December general meeting and teach simple tying techniques to beginners. Come early to get a seat.

## Winter seminar

Feb 9 & 10, 2013

Organized by Sunriver Anglers, the 2013 seminar will be held at Sunriver's new SHARC Center, in the state-of-the-art meeting area. More details to be announced.

## Non-COF educational opportunity

COF member Wes Wada will hold a fly-tying workshop on Saturday, December 8. "Thinking Aside" is an all-day immersion in innovative techniques, effective new materials and problem solving. COF members register exclusively now to October 15 at a discounted rate of \$24. Class limit is 14, including a scholarship for a young fly tier. Held at the Central Oregon Environmental Center. Details available from: [www.FlyFoundry.com/Thinking-Aside/](http://www.FlyFoundry.com/Thinking-Aside/).

Available space fills quickly, so call today: 541-306-4316 (voice messaging).

## NEXT CAST FLYFISHERS

### Fall program begins at REALMS

The COF Next Cast youth fly-fishing program has kicked off the fall classes at REALMS, a Bend charter middle school. After an introduction and learning the basics of fly fishing, the students started tying knots. They mastered the clinch and double surgeon's knots. They enjoyed competing for the fastest knot tier—while holding their hands under the tables and tying blind!

In October, classes will include casting at the ORVIS casting course, fishing at Bend Pine Nursery, and bug identification and macroinvertebrate studies in the classroom. Details for each week's classes are on the COF Calendar. Volunteers are needed for all of the classes. Please contact Karen Kreft (503-409-0148 or [nextcast@coflyfishers.org](mailto:nextcast@coflyfishers.org)).



REALMS students after practicing casting. Everyone "caught" velcro fish with their accurate casting!  
PHOTO: Karen Kreft



**Fly + Field**  
OUTFITTERS

**NEW Website - [www.flyandfield.com](http://www.flyandfield.com)**

- Up to date fishing reports
- Real-time river & weather conditions

**Guided Fly-Fishing Adventures**

- Deschutes, Crooked and Fall rivers
- Cascade Lakes
- Trout and steelhead

**Full-Service Fly Shop**

35 SW Century Dr., Bend OR 97702 ■ 541-318-1616 ■ [www.flyandfield.com](http://www.flyandfield.com)

---

## OTHER NEWS

### NEW Fish Cat buy-a-square, \$10/square

Thanks to the fantastic donation by Mary and Don Johnson, COF members have the opportunity to win a Fish Cat pontoon boat. Just purchase one or more squares for \$10/square. Only 19 squares remain. This pontoon boat is already set up. Add water and catch your next fish! Boat comes with oars, motor mount, flippers, pump, anchor and stripping mat. Current retail value is over \$700.

Squares will be sold at the October meeting. If you cannot attend the October meeting but would like to buy a square, contact Debbie Norton (503-510-2767). We will draw the winning name once all the squares have been sold!



For a \$10 purchase, you have the opportunity to win this Fish Cat pontoon boat and all the accessories.

### USA national fly-fishing competition

Bend | October 18-20

The USA National Fly-fishing Competition will be held in Bend October 18 to 20. The best competitive fly fishers will compete for a place on the USA team. The winners represent our country at the World Championships.

Competitors will fish the Crooked and Deschutes rivers as well as East and Lava lakes. To make this competition a smashing success, we need volunteers. Volunteer duties involve measuring the fish that each angler catches and recording it on a score sheet. You don't have to be a great angler to help out, you just need to be able to measure a fish that is in a measuring tray and record the information on the score sheet. Trust me, the angler will help you get the fish into the tray. On the lakes, we will need volunteers who can drive a power boat, net the fish and record the length.

COF and the Sunriver Anglers have helped out at three previous regional events in Bend. Everyone who participated really had a great time and had a chance to learn how to fish our waters from some of the best fishermen in the country.

If you are willing to volunteer and give yourself a chance to learn some cutting-edge fishing techniques, please contact Matt Paluch (mattpaluch@gmail.com or 541-639-2539).

### Help track COF volunteer efforts

Volunteer records are very important when we apply for grant money to maintain or improve programs such as Kokanee Carnival. These records provide a firm measure of performance that helps donors decide whether to award a grant. We also use these records every year to award a prize to each member who has volunteered 30 hours for the first time.

If you forget to sign in at a volunteer event, just email the following information to Dick Olson (Fishingfool.Olson@gmail.com):

- Your Name
- Event Name
- Date
- Hours
- Miles You Drove (Round trip)

If you don't have email, simply write a note and give it to Dick at the next meeting or call (541-383-4412).

Thank you all for your efforts!

---

## MEMBERSHIP

To join, go to [coflyfishers.org](http://coflyfishers.org) to print a form. Current rosters are available by request, so please contact me at the next meeting or send email to [membership@coflyfishers.org](mailto:membership@coflyfishers.org) with ROSTER as the subject.

– Gary Meyer, Membership Chair

Welcome New Members  
Craig and Wendy Rullman

LIND | WHITE GROUP

Yancy Lind & Eric White

Financial Planning & Investment Management

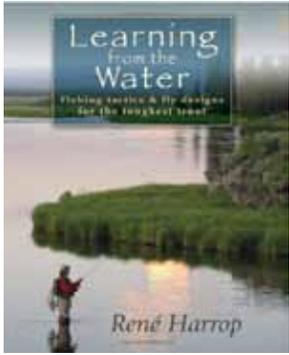


**Merrill Lynch**  
**Wealth Management®**

PROUD SUPPORTERS OF COF

541-312-6821 | [yancy\\_lind@ml.com](mailto:yancy_lind@ml.com)

## LIBRARY NEWS



Another new and beautifully done fly-fishing book will be added to the COF library this month.

*Learning from the Water - Fishing tactics and fly designs for the toughest trout* by René Harrop will be available for review and check-out at the October meeting. Stop by the library and look over our newest addition.

René Harrop is also the author of the *Trout Hunter*. He is a fly-tying legend, is especially known for his pattern designs with CDC and runs his own fly-tying shop on the banks of Idaho's Henry's Fork River.

The publisher's introduction to the book is: "Imagine creeping through a slow, knee deep current at the upper Railroad Ranch section of the Henry's Fork on a chilly afternoon in mid-October with René Harrop. He takes up a position forty feet away and directly downstream from a big hen feeding on Mahogany Duns in the open water. After four casts and a refusal to the dun pattern, René switches to a low-profile emerger and then a Mahogany floating nymph. The fish takes that fly as soon as it settles on the water, and after less than five minutes—because of the cold, autumn water temperatures—René nets the 20-inch fish just as the sun is setting and the plummeting temperatures put a halt to the hatch.

René records this and many other lessons learned from the water in his 56 years fishing the world's toughest trout water. His home water, the Henry's Fork, is one of the world's most challenging spring creeks, and over his lifetime of fishing experiences, he has developed legendary techniques and flies to meet the challenge.

In *Learning From the Water*, René shares his wisdom on the importance of insect stages, the flies for a successful fly box, and how to plan and prepare for a trip to unfamiliar water. Chapters on midges, caddis, flavs, Callibaetis, Tricos, PMDs, hoppers, beetles, aquatic wasps and Baetis give solid inside information on each of these important insects as well as patterns René has developed to imitate them, patterns that inspire fly tiers the world over."

—John Tackmier, librarian, [outings@coflyfishers.org](mailto:outings@coflyfishers.org)

## CONSERVATION

### East Lake 2012 chub control – a testimonial

Recently the folks at East Lake Lodge sent an email to Oregon Department of Fish and Wildlife (ODFW) regional biologists extolling the positive impact of tui chub control in East Lake during the last three years. While no scientific

evaluation has been completed by ODFW, the control efforts seem to be paying off. Members of the Central Oregon Flyfishers have donated hundreds of hours of volunteer effort at East Lake, and the club has donated funding for the efforts. Here's the email message:

"I wanted to give everyone an update on what we saw regarding the fishery at East Lake in 2012.

First of all, we at the resort along with many long time East Lake fishermen and local guides believe that the chub removal program is helping tremendously.

Our kokanee averaged 14-16 inches this year, all were well fed with big shoulders and fat bellies; this is a complete turnaround from the fish that we had been seeing coming out of the lake in years previous being stunted and slender. By far, this year's kokanee were the best that I have seen since we bought the resort in 2006.

The brown trout and rainbow fishery was the best that we had seen in years as well. In our opinion, based upon what we saw and heard from customers, all of the gamefish were much better fed this year. We saw more rainbows in the 16-20 inch range this year than ever before, there again with a lot of body mass to go with their increased length. Next year these fish could easily be in the 18-24 inch range...how long has it been since we have had rainbows in East Lake of that size...decades???

In addition to the positive fishing reports, we also heard much fewer complaints about 'We only caught chubs,' or 'How do you get away from the chubs?'

Long time East Lake fisherman and Bend resident Kermit Huck (every year for over 40 years) last week commented to me that this is the best year that he has ever experienced at East Lake and would be willing to write a testimonial on how he believes that the chub removal program has worked. Gordon, one of the guides for The Hook Fly Shop in Sunriver, expressed a similar opinion based upon his client's success rates and the quality of fish.

Thank you so much for all of your hard work and dedication; it is very rewarding to see the program so successful."

David, East Lake Resort  
PO Box 95, LaPine, OR 97739, 541-536-2230

### Tenkara: methods and information

I started using a tenkara rod last December, and have enjoyed the experience! With the exception of my trip to Alaska in August, I have used only tenkara tackle on my river-fishing experiences. The Central Oregon Flyfishers' presentation by Daniel Galhardo, Tenkara USA, was very interesting and a big jumpstart to my success with tenkara. I have found a number of useful tenkara blogs and websites that provide information for getting started and becoming a better tenkara angler. Here are a few:

*continued on next page*

## TYERS CORNER

I'm sending this pattern to Terri, the newsletter editor, while I'm on the road! I have been traveling and fishing my way from a show in Mammoth Lakes, CA to Yellowstone. I fished Hat Creek, which was just a stone's throw from the show. If it wasn't for the deep grass, the fishing would have been better. I then fished Silver Creek in Idaho, which was a treat and challenge. I used soft hackles as my fly of choice and did OK; it was a good test session.

The soft hackle is becoming my go-to fly. By fishing it dry with floatant, it performs beyond my expectations. The soft hackle is making a huge come back and for good reason. These flies work the swing, and you can fish them as you would a dry fly — on top with no drag and mending to keep that drag-free drift. I have taken my best dry-fly body and tail combinations and added a soft hackle in the same color that I would use in the best dry fly hackle. The old Indian necks work well for this, and they come in most of the colors you will need.

This month's fly pattern comes from my friend from California who has been teaching me how to fish the lakes in Central Oregon. I am becoming a much better lake fisherman, and what he teaches is not in any book I have ever read. It has been worth every moment I get to spend with him. He loves big fish, and that is what we target. This fly is his go-to fly, and it works well as a searching pattern. Fish it on long leaders (20 to 22 feet) with a floating line or on a type 1 slow-sinking line, with normal leader. Good Luck and Good Hunting.

— Jerry Criss (541-536-3581 or [tlfly44@msn.com](mailto:tlfly44@msn.com))

## The Go To Fly



Thread: black or olive, 8/0 to 14/0

Hook: #16 to #10 wet fly hook

Tail: a few wood or lemon duck barbs, shank length

Body: peacock herl from the tail feather (not the strung stuff)

Rib: fine silver or copper wire

Hackle: good partridge with light barred feather

1. Start the thread behind the eye and tie in the tailing material. Length of the tail should equal the shank length; the length does make a difference.
2. Tie in one to two strands of peacock herl by the tips.
3. Tie in the wire rib.
4. Wind the body forward to just behind the eye; leave space for the hackle.
5. Bring the wire forward in reverse, even wraps and stop where the body ends.
6. Select a hackle that reaches inside the bend of the hook and tie it in by the tip. Wind the hackle 1½ turns. (After winding the hackle and while tying it off, take a couple of wraps through the hackle to give the partridge more strength.)
7. Finish with nice clean head.

### Tenkara: methods and information (continued)

**Tenkara USA ([www.tenkarausa.com](http://www.tenkarausa.com))** – forum on everything you want to know about tenkara, an informative blog, videos, and a site to purchase tenkara rods, lines, and flies

**Tenkara Talk ([www.tenkaratalk.com](http://www.tenkaratalk.com))** – useful information about tenkara fishing techniques, tenkara tackle, useful equipment reviews and fishing experiences

**Tenkarabum ([www.tenkarabum.com](http://www.tenkarabum.com))** – blog, reviews of equipment and a site to purchase tenkara equipment

**Tenkara on fly ([www.tenkaraonthefly.net](http://www.tenkaraonthefly.net))** – equipment reviews, fishing experiences, a place to purchase equipment and videos

**Teton Tenkara ([tetontenkara.blogspot.com](http://tetontenkara.blogspot.com))** – fishing experiences in the shadow of the Tetons, equipment reviews and videos

**LearnTenkara ([learntenkara.com](http://learntenkara.com))** – Good site for beginners and experienced tenkara anglers alike. Contains videos and fishing experiences.

Check out these sites to increase your enjoyment of the tenkara. Also, there is a new tenkara fly-tying DVD on the market that is very informative and has received good reviews. (I have the DVD and use it often. You can purchase it through the LearnTenkara web site.) Another site that provides useful information on how to rig tenkara rods for using traditional as well as western fly patterns is Utah Tenkara Guides ([tenkaraguides.com](http://tenkaraguides.com)).

If members of COF want to have a tenkara outing on the Crooked River this fall, let me know and I'll set one up. Contact me at [conservation@coflyfishers.org](mailto:conservation@coflyfishers.org).

— Bill Seitz, *conservation chair*

## Central Oregon Flyfishers Upstream Events 2012

Date	Time	Activity	Location	Contact
<b>OCTOBER</b>				
Oct 4	6:30 pm	<b>monthly board mtg.</b>	Environmental Center	Eric Steele (president@coflyfishers.org)
Oct 7-10		<b>OUTING - Deschutes steelhead</b>	Beavertail Campground	Eric Steele (president@coflyfishers.org)
Oct 26		<b>EDUCATION</b>	Tour Round Butte Dam	Kathleen Schroeder (education@coflyfishers.org)
Oct 5, 19, 26	1:15 pm	<b>REALMS</b>	REALMS Charter School	Karen Kreft (nextcastflyfishers.org)
Oct 17	7:00 pm	<b>general meeting</b>	Bend Senior Center	
<b>IN THE FUTURE</b>				
Nov 2, 9, 16		<b>REALMS</b>	REALMS Charter School	Karen Kreft (nextcastflyfishers.org)
Feb 2013		<b>EDUCATION</b>	Winter Seminar	TBA
<b>NON-CLUB ACTIVITIES &amp; FYI 2012</b>				
Oct 18 to 21, National Team USA Competition, Bend, OR, Matt Paluch (mattpaluch@gmail.com)				
Dec 8, "Thinking Aside" class in innovative techniques, effective new materials and problem solving, \$24, www.FlyFoundry.com/Thinking-Aside/ or 541-306-4316				

2012 COF Board Members: Eric Steele PRESIDENT Dave Dunahay VICE PRESIDENT Susan Telford TREASURER Bill Raleigh SECRETARY Mike Tripp Programs  
Howard Olson Banquet John Tackmier Outings Karen Kreft Next Cast Flyfishers Lee Ann Ross Past President Gary Meyer Membership Bill Seitz Conservation  
Debbie Norton Raffle Kathy Schroeder Education Frank Turek Kokanee Carnival

**Membership application available from: <http://www.coflyfishers.org>**  
For advertising information, call Mike Shadrach at 541-678-5717.



**Central Oregon Flyfishers**

PO Box 1126 Bend, Oregon 97709



An active member club

For advertising information, call Mike Shadrach (541-678-5717).

NEWSLETTER - Terri Grimm