





www.coflyfishers.org

An Active Member Club

Volume 28 Number 8 August 2005

COF PICNIC

Thursday August 18th 6:30 PM

Aspen Hall Shevlin Park Bend

GOLD LAKE OUTING

September 10th 9:00 AM

Gold Lake Boat Ramp Parking Area

MAUPIN OUTING LOWER DESCHUTES

September 15-18

Beaver Tail or Mack's Canyon Campground

N. F. MALHEUR BULL TROUT SPAWNING SURVEY

August 30-31

Crane Prairie Guard Station

- SPECIAL NOTICE -

As is our practice every year, there <u>WILL NOT</u> be a regular meeting at the Senior Center this month. Instead, please join us at the annual COF picnic on Thursday, August 18 at Aspen Hall in Shevlin Park, 6:30PM.

Random Casts

River access rights and ground water pumping continue to be a "hot button" issue in the State and Central Oregon. One proposed piece of legislation was stopped in committee that would have guaranteed a piece-meal approach to river management. There would have been different rules throughout the State, and rules could change in different reaches of a river. The conflict for river rights would have continued with a convoluted management process that could diminish access over time. The maintenance of this right is important to any river user, but we must recognize this right comes with responsibilities and demands respect for the adjacent land owners. The high water mark is only a boundary, and we must leave the banks clear of debris and trash. DO NOT venture on to other people's property.

In a quick few days, the legislature passed a law to circumvent a recent court ruling that had limited ground water pumping in the Upper Deschutes basin. The prediction was that it would have a negative impact on water levels in the lower basin threatening salmon and steelhead runs.

From time to time, the COF Board may express it's views on the above kinds of issues. We recognize that not everyone will agree with the positions taken. If you have strongly held views on these topics, let a board member know or speak-up at a general meeting.

I want to thank Jon Anderson and Gene McMullen for stepping up to help with the COF picnic. Dick Stentz is recovering from a wrist broken when he fell fishing at Foley Waters. See you at the picnic on August 18 at Shelvin Park. - Dave Dunahay, President.

August Picnic

The COF BIG PICNIC will be held on August 18th at Aspen Hall at Shevlin Park.

The BIG PICNIC will be on Thursday, not the regular meeting day. Since the indoor facility is so good, we will be indoors again this year. Tables are portable though, and there is lots of room outside.

COF provides burgers, hot dogs, buns, beverages, and paper plates, utensils and cups. All attending should bring a side dish of vegetables, fruit, dessert, chips and dips, or other wonderful picnic stuff.

Bring your guests, children, fishing gear for kids, lawn games, and remember that we will need some helpers.

The BIG PICNIC is free. Non members are welcome as guests.- Dick Stentz

September Maupin Outing

Mark your calendars! The Maupin steelhead outing is scheduled for Thursday, September 15 through Sunday, September 18.

The trip plans are similar to the Canadian outing this past June. We will camp out at either Beaver Tail or Mack's Canyon Campground, depending on availability. They are located about 20-25 miles downstream of Maupin.

The first meal is dinner on Thursday and the last is Sunday breakfast. Lunches are not included. We need volunteers for the meals. Those who do not cook a meal can volunteer for cleanup and camp setup duty. I am thinking meals will be early, say 7:00 AM and 6:00 PM, so that we can get on the river early and late, but suggestions are welcome.

Based on the Canadian trip experiences, costs will be \$9 per day, for a total of \$27. Fishing should be good both from the bank, boat or pontoon kick boat (no fishing from a boat). Boating permits are required, but a boating reservation permit system is not in place for this part of the Deschutes.

We also have some options for classes:

- 1. Trout fishing on the lower Deschutes, by John and Amy Hazel of the Deschutes Canyon Fly Shop. Saturday afternoon. Cost will be \$25 per person. (See next article).
- 2. Navigating rapids in pontoon boats. The time is not yet set. Cost will be approx. \$5-\$10.

Please let me know ASAP if you plan to participate. E-mail me at NEALAB@AOL.COM and let me know your plans and if they are firm or tentative. This will be very helpful in making plans and keeping those interested informed as the trip plans develop. Also, volunteers for meals would be great. - Neal Buxton

New COF Class:

"Secrets for Trout Fishing on the Lower Deschutes"

The COF Education Committee has completed arrangements to offer a special class in conjunction with the COF September outing at Maupin. The on the river class will be presented by Amy Hazel, co-owner of the Deschutes Angler Fly Shop in Maupin. John and Amy Hazel have guided on the Deschutes for many years, and Amy indicates that the fishing secrets they will share will be invaluable for future trips to the Deschutes.

The class content includes casting tactics, entomology, water types, fishing dry flies, nymph fishing, understanding fish habitat and how it changes throughout the year, and general questions and answers.

The class will be held from 1 to 5 PM, Saturday afternoon, September 17th, at the site of the COF outing in the Maupin area. Cost is \$25 per person, COF members only.

To register, please contact Ron Anderson at rlanderson@bendcable.com.

Gold Lake Outing

We will have an outing at Gold Lake on Saturday, September 10, 2005. Gold Lake is Fly Fishing only! It is one hundred acres in size, and is ideal for fishing from all types of floating devices. NO MOTORS are allowed on the lake. There is a good boat ramp.

There are Brookies (up to 16") and Rainbow (up to 20"). There is no limit on Brookies and catch and release only on Rainbow. The lake has been managed to reduce the number of Brookies by annually trapping up to 8,000 fish and transferring them to other lakes. Keeping all the Brookies you catch is encouraged, and they are very good eating.

The maximum depth of the lake is 20 feet. There are struc tures including channels, drop offs, trees,

weed beds, and springs that hold fish at various times. Fly line selection should include intermediate, type 3 20' sink tip, type 4 and type 6 full sink lines to be able to cover various depths from top to bottom depending on your preference. My preferences are the 20' sink tip and the type 4 full sink. You should always carry a floating line for sporadic hatches.

Fly selection would include patterns, inch long and green, red & yellow streamers. Stripping slow, very fast or erratically have been productive in the past.

To arrive at Gold Lake, take Hwy 58 to the Willamette Pass Ski area then continue about ½ mile down the West side of the pass and turn right at the Gold Lake sign on the right. The sign is similar to a normal street sign and may be difficult to see. It is 2 miles on good gravel road to the lake.

The official outing will be Saturday only and no meals will be provided. There is a nice campground at the lake good for tents, pickup campers and others under 20' if you want to spend the weekend. The West end of Odell Lake and Waldo Lake campgrounds can accommodate large RV's.

The drive from Bend takes about an hour and forty minutes. I plan to be at the boat ramp parking area around nine. I hope to see you there. If you have any questions, please contact me. - Bob Cooper

Chewaucan Outing Recap

One word can sum up the club's outing to the Chewaucan River in July...Potential. The river had been fishing very well up to the outing date, but in the couple of weeks before the outing, day time temperatures really drove up in this high desert river and dropped its flow. The fish were not at all hungry, and hatches were virtually non-existent. This is some truly beautiful country and a beautiful river however. After most of the members arrived on Friday, and fished the afternoon, we were given a great tour of the projects taking place on this gem.

Historically, this river had a fish population that moved to its upper tributaries, like Elder and Dairy Creek in the Fremont National Forest, to spawn from some lower lakes. Today, these natural lakes are too alkaline to support anything but brine shrimp. There were irrigation dams installed along the river when the area was settled, which trapped fish below the

town of Paisley. Today, a reservoir exists at the foot of the river in which this "trapped" population can survive and has survived for many years. These fish can run 3-5+ lbs, while the population above Paisley averages about 8 inches. Interestingly, after 100+ years of isolation, these fish will continue up river to the spawning tributaries when caught and then released above the dams. Cooperation between Paisley, the local ranchers, ODFW, and other state entities has emulsified into on the ground projects including building fish passages in all the dams along the river. At the end of this year, there should only be one more passage left to put in, and this population of fish may again be free to travel it's native journey.

It was not all a loss though. Although the fishing was slow, many of the members said they would be back in the Fall and again next Spring. On Saturday, most members did some exploring in the upper tributaries as these waters are much cooler. There were definitely some larger fish up there, but getting them to bite was a different story. After visiting the local fly shop in Paisley, (yes you read that right, there is a fly shop in Paisley called the Happy Hookers!) many of the members hit some of the local mountain lakes that are only a few miles away, and did get into some fish. So "Potential" sums up July's outing. Better fishing to be had in the Fall and next Spring, and if ODFW has its way, a real fly fishing treat in the years to come.

Spey Casting Clinic

John Judy will hold a five hour spey casting clinic September 1, 2005, on the bank of the Deschutes River, at the Clyde McKay River Park, Bend, Oregon. John will teach the basic double handed spey casts, and work with students to correct casting mistakes. This is an excellent opportunity to learn from one of the best spey casters in Central Oregon, or brush up on your skills before the steelhead start running.

The cost of the class is \$40.00 and will strictly be limited to eight students. Four slots have already been filled, so please contact Steve Iverson at 548-4788 or lounsteve@msn.com if you are interested. Students must have a basic knowledge of casting a single handed rod.

Neither John nor COF have loaner spey gear, so students must bring a double handed spey rod,

matching floating line, leader, yarn, and reel to the Clyde McKay River Park.

August Fly is Easy Prey

It doesn't matter if it's the arctic seas, the African plains, the Brazilian rainforest or East Lake, if you are crippled, you're easy prey. This same idea is the basis behind this month's fly, the Quigley Cripple. It's a rather easy fly to tie. If you can tie an elk hair caddis, you can tie this fly.

The version shown here is a good mimic of the speckled callibaetis mayfly, which is very common this time of year on many of the local stillwaters. East Lake is full of callibaetis. Hatches of these guys will begin in May, depending on the temperatures, and usually last until the end of September. As the season progresses, the insects get smaller and generally darker in body color. Start in the Spring with a size 14 and work down to a size 18 in the Fall. The hatches will normally begin midmorning, with a smaller hatch again in the afternoon.

I like this crippled version over fishing adults or nymphs. It represents an insect that has begun to shed its nymphal shuck, but got stuck in the process and is now a prime meal. Fish seem to recognize this, and this pattern can often out fish a dry pattern when fish are seen rising to the surface. Put floatant on the front only. On lakes, cast out with a long leader and just let it sit, maybe a very small twitch every so often. It can't get much easier than that. On rivers, fish as you would a dry fly.

Hook: Tiemco 2312 (curved shank dry fly)

Thread: Grey or tan
Tail: Antron fibers
Abdomen: Turkey biot

Thorax: Cream to tan Antron dubbing

Wing: Deer hair Hackle: Grizzly dry fly

Thread the body back and tie in some Antron fibers for the tail. I like to mix some colors, some dark, some light. Tie in the biot and wrap forward 2/3's of the shank (you can usually find Callibaetis dyed turkey biots). Form a nice small thorax with some Antron dubbing, stopping the thread at the center of the thorax. I prefer the Antron dubbing, but the original pattern calls for hare's ear dubbing, I believe. Tie in a small clump of deer hair with the tips extended out over the hook eye. Clip the butt ends, but don't try to clip them too short. Tie in and

standard wrap the hackle at the same place you tied in the deer hair. Tie up some densely hackled and some thinly hackled to accommodate water conditions. Tie off and you are done. – Carl Sanders



Quigley Cripple – Callibaetis (Carl Sanders)
Wild Women of the Water

Wild Women held their first overnight outing on the Crooked River the weekend of July 16. The fish were not very cooperative (possibly due to the overly warm temperatures), but the Saturday evening potluck topped off a beautiful day on the river. Many thanks to Anne Hutchison for organizing this great outing. Stay tuned to your email for details about our August outing on the Deschutes River.

Welcome New Members!

A special welcome to new members! Look for board members with their green and white nameplates at the next meeting if you have any questions or special interests, and look up Delores Marsh, our Member Services committee chairperson at the back of the room if you have any membership issues, and to pick up your membership packet. David and Laura Staver, Sharon Goodmonson Donald and Bonnie Altig, Steve Wilcox

North Fork Malheur Bull Trout Spawning Surveys--Campout

Hi Everyone- ODFW's Salmon Trout Enhancement Program is looking for a few volunteers to assist with bull trout redd counts (spawning surveys) in North Fork Malheur tributaries. No experience is necessary. We also need a volunteer to assist with meal preparation and shuttle vehicles. We hope you can join us.

SURVEY DATES: August 30-31, September 13-15 and October 18-20 (arrive evening prior to start survey date)

LOCATION: North Fork Malheur River, Malheur River headwater tributaries located approximately 30 miles south of Prairie City.

CAMP SITE: Crane Prairie Guard Station located in the Malheur National Forest. The Guard station has hot showers, kitchen and eating area with woodstove. Tent and some trailer space is available.

OBJECTIVE: Determine time, location and number of spawning bull trout and brook trout. Information will be used to develop strategies to recover this federally listed species.

STEP Provides: Meals, transportation from camp to sampling site, an opportunity to learn about bull trout of the Malheur River.

Volunteers will accompany experienced surveyors from ODFW, Prairie City Ranger District and Burns Paiute Tribe. Each day, teams of two will hike 2-5 miles of stream, counting and recording bull trout redds. Hiking will be scenic, but potentially on rough terrain. COORDINATOR: Jen Bock 388-6350 x25 email: Jennifer.a.bock@state.or.us

Combat Fly Fishing Tumalo Creek

The June issue of this newsletter contained an article about a fairly remote and difficult access point to the Middle Deschutes in Crooked River Ranch under the heading "Combat Fly Fishing". I thought that there would be limited interest in articles about fishing in waters with difficult access. but to my surprise that article generated more letters to the editor than any previous article - ever. So, in a similar vein, I am going to describe a somewhat difficult section of Tumalo Creek. The big advantage of this piece of water is that it is just minutes from town, and is perfect for a little after work or Saturday morning expedition where you can catch lots of smaller fish and spend a lot more time fishing than driving. It makes the drive to the Crooked River seem like a long haul.

First, a little background. I admit that I have never fished Tumalo Creek above Tumalo Falls. I have hiked the section from the trailhead at the falls up to Happy Valley many times, and there are a lot of great looking plunge pools at the bottom of the many waterfalls along with assorted pocket water with small pools. If anyone has fished this section I would love to publish a report.

The section in the "burn" along the gravel road from the falls downstream to the paved bridge where Skyliners Road crosses Tumalo Creek has most recently been a very scoured out section with small concentrations of fish behind limited numbers of boulders and logs in the creek, and with a long wade through unproductive water in between. Apparently, after the fire some over zealous foresters "cleaned up" the creek and pulled out all of the logs and deadfall that provided fish habitat. Some subsequent attempts were made to improve habitat, including a major project by COF, but the materials were not anchored well enough and washed out in years of high runoff. This year marked the start of a \$1,000,000 restoration project in this section, which should solve the problem, but it was not completed this year and it will take a while for this reach to repopulate and reestablish itself as a fishery.

The next section that most people are familiar with runs through Shevlin Park, but these fish obviously see a lot pof people and flies, and it is somewhat of an "urban" experience.

Between the upper end of Shevlin Park and the Tumalo Creek bridge on Skyliners Road lies a mysterious, seldom explored canyon, the section that I want to describe. To get to the point of beginning, dive up Skyliners Road from the roundabout at Galveston and 14th. Shortly after you pass the Urban Growth Boundary, look for the grade of a railroad bridge that used to cross over Skyliners but was demolished a few years ago. You can still see the grade rise above the road on either side. A few hundres yards further is the right turn onto Forest Road 4606. Shortly, the road looks like it will dead end into a gate, but actually takes a hard turn left. Follow 4606 until you come to the bridge that crosses Tumalo Creek and park.

You will see a trailhead for the Scramble Trail constructed by the Forest survace a few years ago. This is a great trail that runs right below the canyon rim and offers great views of the creek, but it is so high up that it offers only long distance travel up the canyon, but is too high to provide regular fishing access. There is also a pretty fair trail along the river for a few miles before it heads steeply up the canyon wall and joins the scramble trail. This is definitely a

hikers trail and is swings close then far from the creek, and you often have to push through 30-40 feet of brush to get from the creek to the trail. The first little section of the creek near the bridge is very pretty, with a moss covered rock wall on the other side of the creek and several tree shaded pools. After this trail turns up, there is no trail, and no sign of human passage at all. The only method of travel is wading directly up the creek or "bushwhacking" through the underbrush. You get out by turning around and going downstream, or by climbing up the steep canyon wall (steep as in pulling yourself up by tree branches and rocks) to the scramble trail.

Fishing in the creek in this reach is good to excellent for small fish, and any attractor fly will usually work, but if it doesn't, hang a small beadhead nymph behind your dry fly, and that should do it. As a bonus, you will probably not see

another fisherman once you get a little distance from the bridge. The water is cold, and it usually fishes best mid day. You will find yourself catching a half dozen or so fish behind each boulder or log, or in any piece of slack water, but the gradient is so high that you seldom will get a fish in the riffles or runs. In late May, the water was fairly high and swift, very cold, and very clear. By early July, the water had receded some and warmed up a little, but waders were still definitely a good idea. Dave Dunahav and I fished some of this stretch last fall, and it was fairly cold and clear then as well. I expect that the water will remain at a fishable level all the time now that the irrigation diversion on Tumal Creek was moved downstream of this reach a few years ago. Good fishing. – Harry Harbin

KOKANEE KORNER

Alder Creek Ranch to Host Angling Clinic

Due to maintenance requirements by Bend Parks and Recreation at Shevlin Pond, this facility will not be available to us for the Kokanee Karnival Angling Clinic in April 2006. However, after an exhaustive search, we are lucky to have acquired the use of the private lake at Alder Creek Ranch in Sisters. I recently met with the ranch owners, Keith and Connie Cyrus, and they were very generous to offer the use of their fine facility. Due to the rules of this private lake, the children will have to use artificial flies only and release all fish unharmed, which is a departure from our usual regulations at Shevlin. However, we feel it is a good way to show the children that there are different requirements depending on where you fish.

I appreciate all the help I have received throughout this search from various Kokanee Karnival people, but special thanks go to Bob Griffin and Dave Dunahay for accompanying me to various locations for site visits and evaluations.

I know some of our members have fished at Alder Creek Ranch, and I hear tales of some very big fish. Their advertising brochure states that it provides "the opportunity to land trophy size trout all day long. A steady supply of icey-cold well water

keeps the fish biting all season." Rates for 5 hours of fishing are \$75 per person and \$25 for a non-fishing guest. Group rates are available for six or more fishermen, so perhaps we can get a group together. I have brochures and will bring them to the next monthly meeting. - Mark Reisinger

Fall Streamside Activities

It is time once again to plan for the Kokanee Karnival fall streamside activities. This year the dates will be September 27-30, and will take place at the Fall River Hatchery and Brown's Creek. The children will have a tour of hatchery operations; a presentation by members of the Central Oregon Llama Association about the use of llamas for stocking local lakes; and a half day of instruction about trout and salmon food requirements, fish habitat, and fish life cycles. The children also get to observe spawning Kokanee, which is always a highlight of the day for the children and volunteers alike.

This function requires a whole bunch of volunteer assistance, so if you have any amount of time we could sure use your help. If you are not sure and have questions, please contact Kurt Boettger at 383-3480 or I and we can provide more details. I can guarantee you will have fun, and you will learn a lot more than you might expect. - Mark Reisinger

The Central Oregon Flyfishers www.coflyfishers.org

New Membership

The following information is used in the roster. Include all contact data and other interests that you wish to have appear in the roster. Print legibly using block letters, all caps.

LAST NAME	ST NAME FIRST NAME OCCUPATION (PAST OR CURRENT)					
SPOUSE'S FIRST NAME	SPOUSE'S LAST NAME	IF DIFFERENT	HON	ME PHONE		
HOUSE NUMBER STREET			WOF	RK PHONE	EXT	
CITY			STA	ATE	ZIP C	CODE
EMAIL ADDRESS						
How do you want to receive the CO Why did you join COF? (Check all	•	•	(Check one.) _	Email	US Postal S	ervice
Acquire more knowledge	Find fishing partner	Volunteer	or projects	_ Improve technique	Social fu	nctions
As a condition of membershi all risks of my participation. In acheirs, executors, and administrator board members and volunteers, acon account of any injury to me or I acknowledge that I have caracknowledge that I am waiving ar I have read the above sta	ABILITY RELEA p or of participation in ar knowledgement that I am rs agree to remise, fully re ting officially or otherwis my property that may occ refully read this hold harr	SE AND HO ny activity encour a doing so entirely elease, hold harm se, from any and cur from any caus mless and release ng legal action to erms as a condition	aged or publicized upon my own in less, and forever all claims, demande whatsoever what agreement, and for assert a claim age	d by The Central Ore ditiative, risk and resp discharge The Central ds, actions or causes ile participating in ar fully understand that it ainst The Central Ore	egon Flyfishers, I consibility, I do h al Oregon Flyfish of actions, on ac ny such COF acti it is a release of li egon Flyfishers fo Oregon Flyfishers	ereby for myself, ers, all its officers, count of my death ovity. ability. I further or its negligence.
XSIGNED BY		PR	INT NAME		MON	TH DAY YEAR
DUES SCHEDULE Memberships are renewable or members joining after June 1 s County shall pay \$12. THE MONTH YOU ARE JOINING	n January 1 of each yea hall pay a prorated am JUN	ar. New membe ount according JUL	rs joining prior to the chart belo	to June 1 shall pay ow. New members SEP	a full year's du who reside out	nes of \$36. New side Deschutes
THE DUES YOU PAY (\$)	18	15	12	9	6	3

RETURN THIS FORM Mail or deliver this form and your check payable to The Central Oregon Flyfishers to the membership chairman. Forms unaccompanied by dues payment or that lack signature, name, or date on the liability release statement are considered invalid and will be returned to sender.

The Central Oregon Flyfishers Membership Chairman PO Box 1126 Bend, OR 97709

<u>UPSTREAM EVENTS – 2005</u>

August:	18	COF Picnic in Lieu of Meeting, Dick Stentz	
	30, 31	Malheur Bull Trout Spawning Survey, Jen Bock, camping	
September:	1	COF Board of Directors Meeting, Dave Dunahay	
	1	Class, Two Handed Spey Casting by John Judy, Ron Anderson	
	10	Outing, Gold Lake, Rainbows and Brookes, Bob Cooper	
	13-15	Malheur Bull Trout Spawning Survey, Jen Bock, camping	
	15-18	Outing, Lower Deschutes, Steelhead and Trout, Neal Buxton	
	17	Secrets for Trout Fishing on the Lower Deschutes, Amy Hazel, Ron Anderson	
	21	COF General Membership Meeting, Dave Dunahay	
	27-30	Kokanee Karnival Fall Streamside, Mark Reisinger	
October:	6	COF Board of Directors Meeting, Dave Dunahay	
	15	Outing, East Lake	
	18-20	Malheur Bull Trout Spawning Survey, Jen Bock, camping	
	19	COF General Membership Meeting, Dave Dunahay	
November:	3	COF Board of Directors Meeting, Dave Dunahay	
	16	COF General Membership Meeting, Jessica Maxwell, Dave Dunahay	
December:	1	COF Board of Directors Meeting, Dave Dunahay	
	21	COF General Membership Meeting, Fly Tying, Dave Dunahay	

