CENTRAL OREGON



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President's Message

Happy December Flyfishers, and Merry Christmas & a Happy New Year! As I sit here on Thanksgiving Day, eagerly awaiting my turkey dinner, I am truly thankful for the ability to live in Central Oregon and to fish the outstanding waters we have in our neck of the woods. I'm also thankful, more so, for all the friends I've made around here. I value you all and hope you find as much beauty and outdoor opportunity in our area as I have.

Licher

Membership renewal continues this month; please consider renewing your membership if you haven't done so already, and contact Bob Shimane if you have any questions.

Be sure to check out the FFI Corner in this issue, lots of good info there.

As I mentioned in the email blast last month, we will be moving our monthly meetings to the Elks Lodge (63120 Boyd Acres Rd, Bend) starting Jan 19, 2022. Hopefully the COVID monster won't raise its ugly head again and foil our plans. I'll put out the latest info in the January newsletter to let everyone know what's going on.

Some good news on the volunteer front - I received an email from a member wanting to take over the Banquet lead, as well as another who wants to take over from Liz as Treasurer in 2023. As soon as we sort out who will be the best fit for each position, I'll be announcing them to the club. We are still in need of an Education leader, which will become more important as we move to more in-person meetings after the New Year.

Video of the Month: Here's (another) one from our old friend the Huge Fly Fisherman. In this one he discusses reasons why we lose fish after they are hooked. Not rocket science, but pretty accurate, and as always, pretty amusing. <u>https://www.youtube.com/watch?v=HPLTHtFWorY</u>

Blog of the Month: Check out John Kreft's excellent Blog - this month he talks about planning a fly-fishing trip, and it is really good! <u>https://www.johnkreft.com/how-to-plan-a-fly-fishing-trip/</u>

As always, thanx for being a part of this great Club, and feel free to let me (or any board member) know if you have ideas for improvement.

Get out and fish!

Tim Quinton, President COF



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GENERAL *virtual* **MEETING I DECEMBER 15th** Meetings will be virtual! look for an email to come that explains the details.

his month we have fly fishing legend **Bob Clouser** who will be giving his presentation "Bass from Top to Bottom". Bob is the creator of numerous fly patterns including the infamous Clouser Deep Minnow which is undoubtedly one of the most popular fly patterns to be developed in the last several decades.

Bob is an avid fly fisher and fly tier. He has been analyzing and experimenting at the vice to create the most lifelike and attractive patterns for fish in both fresh and salt water. His designs are popular worldwide and legendary on his native Susquehanna River, where he has spent decades as a fly fishing guide.

He has received numerous awards for his strong conservation work especially work done to enhance smallmouth bass fishing in Pennsylvania. Bob has been inducted into the Fresh Water Fishing Hall of Fame and the Catskill Fly Fishing Hall of Fame for his strong support of recreational fishing as well as conservation.

Bob is on the advisory staff of Rainy's Flies, Chota Outdoor Gear, Renzetti Inc., Scientific Anglers, Ahrex Hooks, and Hareline Dubbing. He and his wife, Joan, own and operate Clouser's Fly Shop in Middletown, PA



CONSERVATION

Type of Salmon and Steelhead Fish Runs

I separate fish runs into three types. The first type is the preferred status for all fish runs. This is a naturally reproducing wild fish run allowed to spawn in drainage without the aid of hatcheries. This could be called a wild fish run. Tribal leaders have identified the minimum survival ratio of smolts to adult needed for this type run to be 2% of the smolts migrating out of a drainage need to return as adults capable of spawning. Impacts in our present environment prevent many watersheds from maintaining this 2% return rate over time.

The second type of run is a hatchery dependent run. Modern hatcheries treat returning adults to lessen the impact of diseases common to drainages. Adults are artificially spawned and the fertilized eggs placed in clean trays with clear oxygenated water circulated to improve the egg to fry survival rate. After the fry are hatched they are placed in safe ponds or raceways that reduce the loss to birds and other fish predators. Dedicated employees carefully feed the fry until they are ready to be released on their migration route to the ocean. This improves the fry to smolts survival rate over wild runs. When I studied hatcheries in Idaho, the needed smolts to adult survival ratio for a hatchery program was reported to me as a minimum 0.2% of the smolts need to return to the hatchery to allow the cycle to continue a run. Thirty years ago hatcheries in Idaho were having difficulty in maintaining a 0.2% adult return rate.

The third type of run is a degraded fish run where some impacts reduce the survival of smolts or adults and the number of returning fish reduces over time to provide less adult fish into the drainage. Biologists eventually break these degraded runs into two categories (endangered and threatened). The following definition is provided for the two types of runs.

Endangered – any species that is in danger of extinction throughout all or a significant portion of its range;

Threatened – any species that is likely to become an endangered species within the foreseeable future throughout all or a significant portion of its range.

In simple terms: *endangered* species are at the brink of extinction now, *threatened* species are likely to be at the brink in the near future.

In some cases to prevent endangered species from extinction hatchery programs are extended to feed fish in freshwater hatcheries thru the smolts to adult stage. These freshwater raised adults are used to continue the cycle for a fish run. Keeping these fish in freshwater throughout their life cycle would allow raising greater number of smolts, but would have the greatest impact on their natural life cycle and cost significantly more than current hatchery programs that raise smolts.

Here in the Deschutes basin we are blessed with hatchery programs for Chinook and Steelhead that return more adults than needed to continue the cycle for their fish runs. Recent approval has been given to allow the excess adults to be released to spawn naturally in the streams above Lake Billy Chinook. It is hoped that over time increasing numbers of naturally spawning adults will increase the number of smolts migrating out of the upper Deschutes system. Continued improvement of streams (Whychutes and McKay) should provide more naturally produced smolts to the system. The State ODFW and PGE have increased their goals for hatchery production in recent years which should also increase the number of adults returning to the system. It will be interesting to monitor the effects of the improvement to the fisheries over the next decade.

- TOM SHUMAN MADRASFISH@GMAIL.COM

EDUCATION

Winter Fly Tying Coming Up

Still looking like Winter Fly Tying is a contender! What all interested need to know is that you will need to register on our COF website (Under the Calendar & Events dropdown, select Upcoming Events). Main reason is that we'll need your email addresses in order to send you the patterns and materials lists. Since attendees will need to supply their own materials this year, it's about the only way we can get the info out to you.

We are planning on sending out the pattern sheets to registered attendees about two weeks in advance of the actual individual classes. There should also be an email blast coming out to all members very shortly (with a link). As usual, attendees will need to bring their own vises and tying tools.

We have 8 great Presenters signed up, kind of a mix of people that have tied for the class before as well as some new folks. All very well versed Tiers (and Fishers), with a mix of degree of difficulty of the flies. (Hint – both "simple" and more involved flies have been known to catch a fish – or 90)

Larkspur Community Center (15th & Reed Market), Tuesday evenings, 5:30 – 8:30, beginning in February, thru end of March.

- JOHN HOWARD Zendoc@aol.com

Tim's Tips #12: Tres Emergers

I just read an article in the Fall issue of Trout Magazine, Trout Unlimited's excellent quarterly publication, by Dave Whitlock. Mr. Whitlock is one of the icons of American fly fishing, and I enjoy his articles wherever I am fortunate enough to read them. His title, Tres Emergers, refers to the method of fishing 3 emergers on your line, which is the max number of hooks we can use here in OR. Depending on how much each fly is weighted, this method can be used in stillwaters as well as shallow or deep streams. Dave learned a similar technique from the famed English angler Davy Wotton for fishing shallow chalkstreams in the UK, and changed it a little to fish deeper rivers in the USA.

Basically, the rig goes something like this: attach 3 flies to your leader using any dropper method you choose; I'd probably use tippet rings. The article describes the flies as either caddis or mayfly emerger patterns (caddis are more popular) with the bottom fly tied with a small tungsten beadhead and 10 wraps of lead (or lead sub) wire, middle fly with 10 wraps of wire, and the top fly with no added weight. The article goes in depth into the methods for casting and retrieving, but I won't go into that much detail here. I believe (haven't tried it out yet, but I'm looking forward to it!) that it can be used on either a traditional fly outfit (longer rods are better), or a Euro nymph outfit. The basic idea is to have your flies imitate the naturals as they move up in the water column, so try to use a pattern or patterns that imitate the naturals in your stream/lake. This method pretty much covers the water column, as the emerger leaving the stream

bottom, the emerger moving up in the column, and the emerging pupa at the water's surface are all imitated. You can space the flies out at intervals corresponding to the water depth, Dave recommends 18" – 24". He uses nothing smaller than 3x tippet, as the takes from large fish are usually violent!

If you subscribe to Trout Magazine, be sure to check out the article (starting on page 80). If you don't, let me know and I'll email a copy to you. Dave has an excellent website with more info on tying and fishing this and many other methods: www.davewhitlock.com

- TIM QUINTON CGTIMQ@GMAIL.COM

OTHER NEWS

Thank You Crooked River Volunteers

Twelve volunteers gathered on a gorgeous November 13th for the fall Crooked River Cleanup. Participants who brought a lunch enjoyed visiting and basking in the sunshine afterwards. I don't know if anyone fished afterwards as the river was crowded with flyfishers.

COF's next cleanup will be April. If you fish the Crooked this winter, please silently thank the following volunteers for making it clean.

Fred Cholick Kate Eng Randall Davis Steve Anderson Rich Fitterer Delores Marsh Phil Martin Terri Grimm Skip Paznokas Tim Quinton Bill Raleigh

- PETER MARTIN PCMARTIN@BENDBROADBAND.COM

2022 Club Presentations

I'm looking forward to arranging in-person presentations next year for the club and have a few lined up. My hope is to have a good mix of local and Pac NW presentations as well as a few conservation-type speakers. Personally, I really like presentations from other club members and am looking for volunteers who have something to share. I have done a few of these myself in the past, had a good time putting them together, and received positive feedback. I'd be happy to help with creating a PowerPoint if you are concerned about that part. Let me know if you'd like to help or if you have a topic or presenter you would like me to look into.

Here's what I have so far:

- January: Kate Fitzpatrick, Executive Director of the Deschutes River Conservancy, who will provide an overview of how water is stored, allocated, and managed in Central Oregon.
- **February:** Austin Boswell, Eastern Oregon River Outfitters, fishing north eastern Oregon.
- March: John Kreft, RiverKeeper Flies. I asked John to talk about hooks and buying flies. We'll see what he comes up with, I'm looking forward to this one.
- **April:** John Smeraglio, Deschutes Canyon Fly Shop, fishing the Lower Deschutes including nymphing setups. John gave this presentation many years ago and I learned a lot.

YANCY LIND YANCY.LIND@GMAIL.COM

FFI Corner

As a member club of the Oregon Council of Fly Fishers International, we get their monthly newsletter as well as other information on a periodic basis. The link below takes you to the Thanksgiving issue of the FFinsider, which includes the fly of the month (The Gartside Sparrow), as well as the link to access their Fly Tying Video Library. It has over 1,000 fly tying videos from notable tiers featuring flies for cold water, warm water, saltwater and steelhead. You can also find videos on techniques and general instruction. Check it out and find something new to tie this winter! If you are already a member of FFI you'll get these periodically. <u>https://mailchi.mp/flyfishersinternational/happy-</u>

thanksgiving-from-ffi-993317?e=83bd9f2ee4

FFI Education Update 2021. Education: The Foundation for a Better Future. We all know that education is the best way to preserve, grow, and

further enjoy fly fishing. Learning a skill like fly tying, mastering a challenging cast, and understanding the value of conservation gives meaning and a deeper enjoyment to the sport. Why not help share that joy with others?

The FFI Learning Center - The new FFI Learning Center portal, launched this past spring, provides fly fishing education content that is now easier to find and use—there are updated lessons, casting instruction, a vast library of fly tying videos, and much more all at your fingertips. Reflecting one of our core values, the Learning Center exemplifies our commitment to sharing our fly fishing passion and expertise with others.

The Youth Education Program – Our new Youth Education Program focuses on teaching the basics of casting, fundamental fly fishing skills, and responsible stewardship of our environment. The materials will be geared toward young fly fishers, 8–16 years of age, and will be featured on FFI's expansive Learning Center. You can find info on all these programs and much more on their website: <u>https://www. flyfishersinternational.org</u>

As your FFI rep, please let me know if you have any questions about this fine organization.

- TIM QUINTON CGTIMQ@GMAIL.COM

MEMBERSHIP Welcome to Our New Members

Jim Crowder - Bend Eli Felton - Redmond

Dick Snow - Bend

Membership renewals were sent in mid-November, and you can make payment by either credit card or check. **Our club postal box is checked at least once weekly during the renewal period, but please remember that checks, even those mailed within Central Oregon, take five to seven days to reach us.** We anticipate resuming in person meetings and classes in January 2022. New members who join through the end of the year will be considered paid in full through 2022. We look forward to your continued support.

- ROBERT SHIMANE Membership@coflyfishers.org

LIBRARY

COF library services will resume January 19, 2022 at our first in-person meeting at the Elks Club. DVDs and books, will be available for checkout. Sign in on our website https://coflyfishers.wildapricot.org, click on Members Area and select Library to see a list of our books and DVDs.

If you have any questions or comments, feel free to email Helen Guerrero-Randall, the club librarian: library@ coflyfishers.org

- HELEN GUERRERO-RANDALL LIBRARY@COFLYFISHERS.ORG

COF CLASSIFIEDS

FOR SALE: DAVE SCADDEN OUTLAW RENEGADE---FRAMELESS PONTOON BOAT ASKING: \$650 Creat fishing graft for the Deschute

- **ASKING: \$650.** Great fishing craft for the Deschutes River or Cascade Lakes. Outlaw Renegade frameless pontoon in excellent condition. Rows very well. Plenty of room for storage. No patches or leaks. Includes side storage bags and oars. Dave Scadden is known around the world for producing the finest quality pontoon boats in the industry. Call Ted Fowler at 541-408-1174.



FOR SALE: WINSTON BIIX 710-4 - \$400.

Excellent condition Winston - 7 wt, 10 ft, 4-piece rod. Very minor blemishes, this rod looks almost new and casts line like a dream. Good rod for steelhead or casting large indicator rigs on rivers or lakes. Has been gently used only a few times. Call or email if you have questions or want to look at it in person.

Tim Quinton, cgtimq@gmail.com, 509-392-3516



COF MEMBERS: Got a "fishy item," (broadly defined), to sell, find, or giveaway? Ads are free and run for one newsletter. If the item is not sold please resubmit your ad for the next month's newsletter. Submit ads to classifieds@coflyfishers.org by the end of the third week of each month. JPEG photos are useful.

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BAETIS MAYFLY CRIPPLE

It is winter and any mayflies you see are likely to be Baetis. I have been fishing this easy-to-tie Mayfly Cripple for many years.

The Mayfly Cripple or DOA (Dead on Arrival) dun was invented by Rowan Nyman in 1997 to imitate spring Baetis on the Henry's Fork, (Fly Patterns of Yellowstone, volume two, Craig Mathews and John Juracek, Blue Ribbon Flies, 2008). The Baetis version can be tied with a dun or a black wing. The black winged Baetis is more visible on dark, snowy or rainy days.

Materials:

Hook: Dry fly,TMC 100 or TMC 2488*, #18-24

Thread: Olive Dun 8/0 Uni or Olive 6/0 Danville

Shuck: Crinkled Zelon, Mayfly Brown, Baetis Olive or Dark Dun

Body: Gray Olive, Olive Brown Superfine Dubbing, or Working Thread

Black Wing Version: Black EP Trigger Point Fibers **Dun Wing Version:** Dark dun or BWO EP Trigger Point Fibers

Hackle: Medium or Dark dun dry fly hackle

*The TMC 2488 is a 3X wide, 2X short, fine wire hook. The wide gap may hook fish better in small #22-24 sizes. The 2X short means a fly on a #20 TMC2488 is a #22.

Tying Instructions:

1. Crimp the barb and attach the thread at the wing position about 1/3 the distance back from the hook eye. Cover the hook with thread and return to the wing position. Split a strand of zelon in half, tie in a shuck, and wrap back over the shuck with your thread. On sizes #22-24 split this zelon strand in half again for a sparse shuck.

- 2. Dub a thin tapered body forward to the wing position. Trim the shuck to about a body or hook length. If you pull crinkled zelon straight, then trim it, the shuck will be too short as the zelon crinkles back to its original length. I would rather leave the shuck too long than trim it too short. I carry folding scissors in my vest to make adjustments to my patterns.
- 3. Attach a bunch of EP Trigger Point fibers at the wing position extending over the hook eye. Stand the wing upright with several wraps of thread in front of the fibers and leave the thread in the notch behind the wing. Trim the butts of the EP fibers about half the length of the body to create the wing pad of the cripple.
- 4. Tie the hackle into this notch and bring your thread to the front of the wing catching the hackle stem with a thread wrap. I trim the EP wing to length before wrapping the hackle. To determine wing length, pull the wing fibers backwards and trim them to the length where the shuck leaves the body.
- 5. Take about 2 wraps of hackle in the notch and another wrap or two of hackle in front of the wing. This helps stand up the wing although it should tilt slightly forward. Tie off the hackle and whip finish.
- 6. Trim the bottom of the hackle even with the hook point so the fly will float flush.

Craig Mathews ties a thread body Black Wing Baetis Cripple: <u>https://www.youtube.com/</u> <u>watch?v=h8En32Kt_DI</u>

Materials: As presented the pattern is tied with a Zelon shuck and EP (Enrico Puglisi) Trigger Point wing fibers. There are a number of EP products available. I usually use the finer EP Trigger point fibers on #16-18 and smaller flies and the thicker EP fibers on #16 and larger flies. Nyman originally tied the pattern with dun poly or zelon wings. Alternatives to EP include, for wings; the original dun or black poly, MFC Widows Web, Para post (which doesn't come in black), and for the shuck; sparkle emerger yarn or Antron.

is mostly synthetic so dries easily. Just before my last Silver Creek trip I learned this hack on the Lance Egan Fly Fish Food video, The Long Leader Skittering Caddis Dry Fly HACK, August 11, 2021. Tie a loop of flexi-floss type material to your vest. Hook your fly to the loop and strum it a couple times under tension. Treat with your favorite desiccant. Rubber bands will work but sun quickly rots rubber bands. I tried Lance's tip and it works on many patterns. Who knew Lance Egan fished dry flies!

Variations: Simply change the size and colors and you can imitate other mayflies or attractors. I use the sparkle dun recipes from Fly Patterns of Yellowstone, volume two for tying mayfly cripples. I have tied and fished this pattern in the following mayfly variations; PMDs, Green and Brown Drakes, Flavs, Epeorus, Mahoganies, Tricos, and Callibaetis. I don't fish attractors often but you can use the same directions to tie; Purple Haze, Ausable Cripple, Pink Lady, Hares Ear, Royal Wulff, Adams, Madison Guide Cripple, and Micro Wulff Midge.

The Blue Ribbon Flies website sells 9 mayfly cripple variations from a size 12 Green Drake to a size 20 Black Wing Baetis. On the website they are found under Dry Flies: Attractors/Cripple. Cam Coffin of Blue Ribbon shows five more variations on his YouTube channel:

Ausable Cripple: <u>https://www.youtube.com/</u> watch?v=HoinM38jdtM

Drake Mackerel Cripple: <u>https://www.youtube.</u> <u>com/watch?v=fyqumi69UMg</u>

Adams Cripple: <u>https://www.youtube.com/</u> watch?v=A4sLy_VwAYI

Micro Wulff Cripple: <u>https://www.youtube.com/</u> watch?v=HQe0QNCPhQ8

Madison Guide Cripple: <u>https://www.youtube.</u> <u>com/watch?v=9AvrHMej11c</u>

- PETER MARTIN PCMARTIN@BENDBROADBAND.COM

I fish this pattern as a dry fly. It floats well and

DECEMBER 2021 UPSTREAM EVENTS

DATE	ACTIVITY	CONTACT	
December 12	Wild Women Holiday Gathering, 3:00 to 6:00 PM	Sue Coyle	
December 15	COF General Members' ZOOM Meeting @ 7:00		



Central Oregon Flyfishers PO Box 1126 Bend, Oregon 97709