President’s Message

Hello to all members!

Days are getting longer, can’t wait for spring.

But first, The Winter Seminar is upon us. The dates are February 8th and 9th at the Unitarian Church in Bend. This event promises to be a great opportunity to learn many new techniques and fly-fishing knowledge. The presenters, Carol and Skip Morris, are famous authors and fly-fishing experts. At $60.00 for a two-day seminar this is an event not to be missed. You can sign up on line via the COF website. Contact Dalton Miller-Jones if you can help out with the logistics of the show.

Lee Ann Ross, our outings director, will be hosting an outing-planning event at the February Club meeting. Let's meet in a side room at 6:15 to discuss the 2019 outings calendar. If you are willing to host an outing please let us know. If there is an outing you'd like to see, please bring your idea. If you are interested in the trip to British Columbia, please read the write ups on the presentation page of the COF website. We'll try to set a date around member interest.

Hope to see you out on the water

"I am not against golf, since I cannot suspect it keeps armies of the unworthy from discovering trout" — Paul O'Neil

- Allen
This month program will be noted Author, Fly Tier, and Stillwater Fly Angler Phil Rowley. Phil has been fly fishing for over 30 years. His love of fly fishing taking him across North America pursuing Trout, Atlantic and Pacific Salmon, Char, Pike, Walleye, and numerous other species on the fly, but he is best known for his Stillwater exploits.

Phil has written for almost every major fly fishing publication in North America as well as authoring three books, Phil's first book Fly Patterns for Stillwater is a best seller. In 1974 Phil was the recipient of a Life Time Achievement Award from Fly Tyer magazine and more recently he was honored by receiving the 2017 Jean Guy Cote award for his contributions to Canadian fly tying.

In addition to Phil's writing he has produced five instructional DVD's and in 2007 was a member of the Gold Metal winning team at the Canadian Fly Fishing Championships.
Next Cast Flyfishers

We have several Next Cast members taking advantage of our winter activities. The mild temperatures and limited ice have made it possible to access the local rivers with success! Remember to check out all the upcoming activities noted below! These are all very accessible to our Next Cast membership and we encourage you to take advantage of them. Let us know if you have any questions!

UPCOMING ACTIVITIES:

WINTER FLY TYING—FEBRUARY AND MARCH (TUESDAYS), 6:00 PM, BEND SR. CENTER.

Each week, fly tyers meet to learn new fly tying techniques from a variety of instructors. Watch for details in upcoming newsletters. These sessions are for intermediate+ tyers, please let us know if you have any questions. Must be a COF/Next Cast Flyfisher to participate.

NW FLY TYER & FLY FISHING EXPO, MARCH 8TH & 9TH, 2019, LINN COUNTY EXPO CENTER - ALBANY, OR. Several.

Next Cast Flyfishers have been invited to be demonstration tyers at the Expo. Along with all of the tyer tables, there are vendors, classes and demonstrations for all areas of fly fishing. Check out www.nw-expo.com for the schedule and class registration. Classes will be posted in January and fill up quickly!! Everyone is welcome and encouraged to attend!

Next Cast 3-Day Fly Fishing Camp—June 17, 18, 19, 2019, SHEVLIN POND/ASPEN HALL, BEND, OR. This camp is for beginners and includes all aspects of fly fishing. The curriculum includes wading in a local stream, identifying aquatic insects, casting, tying flies, and fly fishing in Shevlin Pond. Registration for this camp is through Bend Parks & Rec and will be available with the Summer Activity Catalog distributed in March. Attendees must be 10-14 and is open to all local youth. Oregon fishing licenses are required for all attendees 12 years and older.

The Next Cast Flyfishers program provides opportunities and coordinates activities for young fly anglers in the area. We offer fly fishing instruction through classes and activities, fly fishing summer camps, ongoing COF events, and individually through mentorship and teaching.

Providing these opportunities, young anglers will be exposed to fly fishing and increase their interest and level of involvement.

Please contact me directly if you have any questions.

- Karen Krefe, 503-409-0148

Next Cast 3-Day Fly Fishing Camp—June 17, 18, 19, 2019

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Wild Women of the Water

Fly Shop Hop—Feb. 28th 6PM-8PM - Confluence Fly Shop — Tye Krueger will focus on how to successfully nymph our local
waters. Some of us will arrive early at Gregs Grill for Happy Hour @ 5pm.

**FLY SHOP HOP – MARCH 26TH 6PM-8PM - FLY & FIELD** – a “ask me anything you want to know” about fly fishing that is! An evening with Griff Marshall. Some of us will arrive early at the pub next door, Cabin 22, for dinner and beverages, 5pm.

**A DAY OF FLY TYING WITH SHERRY STEELE – FEB. 2ND 10AM-4PM** Once again Sherry will open her home and expansive fly tying room for a day of fun, food and sharing knowledge. No experience necessary. To know what to bring (snacks, beverages etc) SEND SHERRY AN EMAIL DIRECTLY and SOON IF YOU PLAN TO ATTEND: steele-fly@msn.com

- SUSAN COYLE
SPCWWW@OUTLOOK.COM

**EDUCATION**

**COF Winter Fly Tying**

Our fly tying classes started off with a bang and we’re very well attended. I’d like to thank Bill Seitz, Peter Bowers and Pete Martin for teaching classes in January.

February fly tying classes will include the following instructors – Jerry Criss, Jeff Perin, Phil Rowley, and Wes Wada.

We meet at the Bend Senior Center every Tuesday night through March 26, beginning at 6:00 pm.

Bring your vise, tools, and thread. This is not a beginning fly tying class so you will need to know the basics of fly tying. Hope to see you in February!

- JOHN KREFT
JCKREFT@GMAIL.COM

**OTHER NEWS**

**COF Banquet**

**2019 COF FUNDRAISING BANQUET & RAFFLE RIVERHOUSE CONVENTION CENTER | APRIL 13, 2019**

It’s that time again! The Banquet Registration is Open! Check out the banquet flyer in this month’s newsletter then go to coflyfishers.org to register. Your payment can be made via PayPal, credit card, or mail your check to COF Banquet, P.O. Box 1126, Bend, OR 97709. Registering online correctly enters all your information: name, guest, meal choices, bucket raffle tickets advance order, and date registered (for the early bird drawing) into a handy spreadsheet for the registration crew.

**DONATE SOMETHING!**

Please bring your donations to the February 20th or March 20th COF meetings (3rd Wednesday of each month). Andrea Fitzgerald (803-331-9793 or banquet@coflyfishers.org) will have a table set up to receive your donations. A donation form for your items is in this newsletter and on the COF website.

Do you have some good fishing equipment you no longer use? Are you a crafter making creations you are proud of such as a quilt, wood-turning project, or a birdhouse? Host a club member for a day’s fishing trip. COF is a non-profit organization so you can claim your donation on 2019 taxes.

Tie a dozen or two fishing flies. Fishing flies are popular in the bucket raffle. We don’t grade or frame them—bidders just want to fish them. COF will even supply the fly box!

**VOLUNTEERS NEEDED**

We are in need of volunteers who are able to pick up donations from our local businesses! We are looking for volunteers to gather items from different areas in Central Oregon. We need volunteers who are able to pickup in areas such as Bend (all areas), Sisters, Prineville, Redmond, Sunriver, etc.

If you have any availability, please email banquet@coflyfishers.org to let me know which areas of Central Oregon you are able to serve!

- ANDREA FITZGERALD
BANQUET@COFLYFISHERS.ORG
Call for Volunteers

Kids’ Trout Pond at the Sportsmen’s Show at the Expo center in Redmond will be here SOON!!

Please don’t wait until the last minute to sign-up. We can always make changes if you discover a conflict.

So now, please take a look at the schedule below and let me know when you would like to volunteer.

We need 6 to 10 volunteers for each shift. Shifts are:

- **Thursday, February 28th:**
  - 11:35 – 4:00 & 3:45 – 8:00
- **Friday, March 1st:**
  - 11:35 – 4:00 & 3:45 – 8:00
- **Saturday, March 2nd:**
  - 9:45 – 1:00, 12:45 – 4:30 & 4:15 – 8:00
- **Sunday, March 3rd:**
  - 9:45 – 1:00 & 12:45 – 4:30

Don’t forget that you have FREE admission to the show!

- COROL ANN CARY
  COROLANN@GMAIL OR (541) 306 4823

Ochoco Creek Clean-up

MARCH 16, OCHOCO CREEK

A few Prineville residents are looking for your help with their cleanup along Ochoco Creek. Carol Benkosky contacted me and asked if COF could include their request for your help in our newsletter.

Coincidently her email arrived as the Bend Bulletin’s Mark Morical described Ochoco Creek as the week’s fishing outing in GO! Magazine on 1/3/2019. Morical said, “…Ochoco Creek is home to a native redband trout population, with some fish measuring up to 20 inches in length. Anglers come from all over the world to fish the nearby Crooked River, and most of them probably don’t bother to wet a line on Ochoco Creek. That’s just fine with Prineville locals, who would prefer to keep the tourists away from their relatively unknown gem.”

This informal group may be best described as Carol and her closest friends but she has the event well organized. The event date is scheduled to remove trash during low water before irrigation water begins flowing. Last year the friends did their first annual in-stream cleanup and pulled out over 10 yards of trash!

Carol writes volunteers are needed to do a thorough instream and bankside cleanup on March 16th. The reach of Ochoco Creek to cleanup is the 3rd Street Bridge to Gardner Street, within the city of Prineville. More volunteers will mean we can expand our reach outside of the City. Following the cleanup, we’ll meet at Ochoco Brewing Company to celebrate our success. There will be complimentary finger foods and happy hour pricing on the brews.

Registration will begin at noon, March 16th at Pioneer Park (next to the Court House on 3rd Street), and cleanup work will start as soon as teams are formed, briefed and outfitted with bags and pickers. The cleanup should take about 2 hours. Trash bags, pickers and latex gloves will be provided. Bring footwear for muddy and wet banks.

- Waders for those doing instream work, warm clothes, sunscreen, hat, eye protection/sunglasses, walking or wading stick for support.

If you are interested in helping clean up this creek, please send an email to Carol Benkosky at carolbenkosky@gmail.com by March 11th. Carol would appreciate having names and email addresses of volunteers to contact everyone if they need to change the date due to poor conditions. You might discover new water to fly fish and meet new friends!

- PETER MARTIN
  PCMARTIN@BENDBROADBAND.COM

Fly Fishing Film Tour – TOWER THEATRE – FEB. 5 & 6.

Get Tickets at Fly & Field. They sell out! Call a few friends and have a night out on the town. Remember, there is always time for one more cast!

- SUE COYLE
  SPCWWW@OUTLOOK.COM
Kokanee Karnival

Jen Luke completed the attached summary of Kokanee Karnival for the 2017-2018 school year (above). We are getting ready for our 2019 Spring Angling Clinic so save the dates April 22 to 26 and 29 & 30, 2018 at Shevlin Pond. I will be sending out requests for volunteers on March 1. We need at least 10 volunteers each day.

- FRANK TUREK
KK@COFLYFISHERS.ORG

Sue bought adapter cords for our projector to make it easier for our presenters to attach their computers to our projector for their presentations.

Andie (banquet & auction) had donation letters and forms for our banquet. They were personalized by the bod and mailed after the meeting.

The board voted to accept the 2019 budget.

Sue (membership) reported that we now have 435 members.

Art (programs) said the 2019 programs are set.

Dalton (education) is looking into rod building, net building and casting classes.

Sue (wild women) is working with Kari to set up Wild Women activities for the year.

Tom S. (conservation) is setting up a Google site for COF volunteers. Hopefully this will make it easier for members to find projects in which to participate.

Frank (Kokanee Karnival) brought thank you notes written by the children participating in the program. They were included in the auction letters. Jen (odfw) will have eggs ready in mid-January for the Fish to Fry classroom aquariums.

Tom W. is contacting new members to welcome them. He is looking for new ideas to keep us all better connected with each other.

- KARI SCHOESSLER
SCHOESSLER.KARIVAN@GMAIL.COM

ODFW and the Salmon-Trout

Enhancement Program appreciates your volunteer contribution to Kokanee Karnival.

Here are some remarkable numbers from the 2017-2018 Kokanee Karnival Program!

12 (350 students) classes participated in Angling clinic and Fall Field Trips to Spring Creek, Sheep’s Bridge and Fall River Hatchery.

42 (1,300 students) classes participated in the classroom electives: Angler Education, Fish Eggs to Fry, Trout Biology Dissection

Altogether, volunteers contributed at least 1,800 hours.

THANK YOU Central Oregon Flyfishers and Sunriver Anglers. THANK YOU for making this program possible!

BOARD BITS

An overview of the COF 1/3/19 Board of Directors meeting

Dalton (education) discussed the Feb 8 & 9 Winter Seminar. Advertising is going out. Members can sign up now.

The audit committee will meet in Feb at Renee’s (treasurer) house.

June & July cof meeting will be held at Aspen Hall because of the Sr Center remodel.
MEMBERSHIP

NEW MEMBER ALERT

Rose Blackburn – Bend
Sherry Brainerd – Sisters
Pat Chambers – Bend
Jeff Levatter – Sisters
Larry Milton – Bend
Susie Webber – Bend
Jeff Webber – Bend
Tracey Wierman – Bend
Brad Wierman – Bend

Questions? Contact Sue Coyle.

- SUE COYLE, 541-668-3565
MEMBERSHIP@COFLYFISHERS.ORG

COF CLASSIFIEDS

No classifieds advertisements were received for February.

Consider a donation to the COF annual fundraising banquet. Do you have good fishing equipment you no longer use? Are you a crafter making creations you are proud of such as flies, a quilt, wood-turning project, or a birdhouse someone would purchase?

Bring your item(s) to the collection events at the monthly meeting either on February 20 or March 20.

MEMBERS: Got a fishing related item to sell? Ads are free and run for one newsletter. If the item is not sold the ad can be resubmitted for the next month’s newsletter. Submit ads to classifieds@coflyfishers.org

- CLASSIFIEDS@COFLYFISHERS.ORG
The predominant aquatic macroinvertebrates (bugs!) present in the drift during the winter months in the Crooked River and other central Oregon tailwater fisheries are midges. Anglers can count on midge larvae in the drift of tailwaters 24 hours a day, 7 days a week, and 365 days a year. Even if you do not see midges hatching (they are really small sometimes) on the river that does not mean that midges are not present in the drift. They are present; many times in the thousands. Likely, this time of the year, when you see the flash of a feeding fish, you can bet they are feeding on midges.

There are hundreds of subsurface midge fly patterns. The Miracle Midge has been around for a while. Ed Marsh, a Colorado angler, originated the pattern for those tough Front Range tailwater trout in Colorado. It is great pattern for imitating midge larvae. In past winters, my fishing partners and I have had phenomenal success fishing midge larvae and pupa patterns. Over 95% of the fish I’ve caught (mostly redbands) have been caught on one fly (the Miracle Midge) and one color (peacock blue). I provide here the recipe for the standard tie but, as you would expect, I also suggest some modifications to the materials used in the pattern to increase its durability and effectiveness. I use a size 18 pattern in both straight and curved hooks – both work equally well. I do use a size 20 but have found fishing success no better than the size 18.

I fish two flies under a small indicator (I call them suspenders) in slow to moderately slow water 1 to 4 feet in depth. My point fly (closest to the stream bottom) is the Miracle Midge. Often, I fish a size 18 Deep Blue Poison Tung (www.charliesflyboxinc.com/flybox/detail.cfm) as a dropper to serve as a pupa pattern. Blue is a great color for winter midge imitations. In shallow water (less than 2 feet) in riffles and tailouts of pool, I usually rig my flies “inline” (see John Anderson’s book for diagrams of rig). The two flies are attached using loop knots. I try to keep the loops about 1 inch in size. I use a drop shot rig. The weight is attached to the tippet above the point fly on a 6-9 inch piece of tippet material with a clinch knot. It is important to attach the weight below the point fly. Also, when flows are low (50 cfs) as they are this winter on the Crooked River, use a size 1 shot. If more weight is needed, add a size 4 shot. Do not overweight the rig. Too much weight creates an unnatural drift. In deeper water, I attach the dropper fly on a 4-5 inch tag instead of loop knot. In all cases, adjust the distance between the suspender and the weight to equal or just exceed the water depth. The distance between the two flies should be around 10 to 12 inches.

Materials (traditional pattern):

- **Hook**: Size 18 or 20 (curved and straight shank)
- **Thread**: Size 70 denier Ultra-thread: peacock blue, grey, fluorescent pink, black, red, yellow, and light cahill
- **Rib**: Small copper or gold wire
- **Overbody**: Single-strand white floss (white sexy floss works well)

**Tying Instructions**

1. Debarb hook and attach thread near the eye.
2. Attach a 4 inch piece of rib material. Then attach a 4 inch piece of white, single-strand floss.
3. Pull both the rib and floss along the shank and advance the thread in close, touching wraps to the hook bend.
4. Advance thread back to hook eye and secure with half hitch.
5. Wrap floss to the hook eye and secure with half hitch. Be sure the floss flattens out and covers the thread when wrapping.
6. Rib the body with 4 to 5 turns of wire and secure near the eye.
7. Color about 4 inches of tying thread with a black marker and make small black head. Secure with a 4-turn whip finish knot. Put a drop of head cement on the head (not floss).

Note: Even though the fly will look white in your fly box, it will turn the color of your tying thread when wet. Peacock blue is my favorite color but pink, red, and black work. You just have to experiment.

Substitutes: I substitute white Stretch Flex (or similar brand name) for the floss. When pulled tight over the tying thread you will see the thread color (fly doesn’t have to get wet). I also substitute 2 strands of UV Krystal Flash for the floss. In both cases, coat the entire fly with head cement (I like Fusion glue), Sally Hansen’s Hard as Nails, or a UV resin.

- BILL SEITZ
WSEITZ@BENDBROADBAND.COM
Meet Maxine McCormick
15 year old World Champion
of Fly Casting

March 8 - 9, 2019
Linn County Expo Center
Albany, Oregon

• 200 Fly Tyer Demonstrations
• All-Day Casting Demonstrations
• 85+ Fly Fishing & Fly Tying Classes
• 62 Vendors & 90+ Casting Classes
**Sneak Peak of what the Expo will offer in 2019**

**Don’t Miss This One!**

*The Big Expo news for 2019*** 15-year-old World Casting Champion Maxine McCormick and her coach Chris Korich will be at the Expo Friday night and Saturday. (See Poster)

**Friday Evening (5PM)** at the Banquet, Maxine and Chris will be presenting their story. This will be a candid story with a question and answer format.

**Saturday** – Maxine will demonstrate her casting skills; the first session will be in the morning when the event is well underway and a second one in the afternoon. Look for the schedule on the Expo website in January.

**For Questions** about the Expo contact Sherry Steele (Expo Chair) steelefly@msn.com or Phone 541-549-2072

**Volunteer** for the Expo team during the event and get in FREE plus our signature Expo pin for 2019. Contact Greg Stumpf elkhairandcdc@gmail.com

Northwest Fly Tyer & Fly Fishing Expo

https://nwexpo.com/wp/

March 8th & 9th 2019 (9AM-5PM)

Linn County Expo Center - 3700 Knox Butte Road Albany, Oregon 97322

http://www.lcfairexpo.com/
Attend COF’s primary fundraising event to support the Kokanee Karnival Youth Education Program, Next Cast Flyfishers program for older youth, conservation programs, habitat restoration efforts, club activities, and membership services. Join the fun and dine on fine, delicious food. Have an exciting time with the raffle, pick up some high-quality flies or unique family items in the silent auction, and bid on great opportunities at the live auction. Take advantage of the early bird registration; save $5 and be automatically entered in the early-bird drawing. You may purchase raffle tickets in advance using the registration form (six tickets for $5).

Menu

Entrée: Your choice of chicken OR grilled top sirloin OR seasonal vegetarian ravioli.
All entrees include salad, rolls with butter, chef’s selection fresh vegetable medley, chef’s pairing of potato or rice, dessert, coffee and tea.

No host bar will be available. Please note that you may not bring your own wine.

BEFORE March 12 - $45 per person & automatic entry in the early bird drawing
March 12 to April 7 - $50 per person (no dinner sales after April 7)

Questions? Contact Andrea Fitzgerald (803-331-9793 or banquet@coflyfishers.org).

Please register online at coflyfishers.org.
Pay via PayPal, credit card or check.
No Internet access?
See registration form on the other side.
PLEASE REGISTER ONLINE at coflyfishers.org. Payment via PayPal, credit card or check.

For those with no Internet access, mail completed form (indicate dinner choice and raffle ticket amounts) and your check ($45/person BEFORE Mar 12 • $50/person Mar 12 to Apr 7) to COF BANQUET, P.O. Box 1126, Bend, OR 97709.

PRINT CLEARLY

Name ______________________________________________________  Steak ____  Chicken ____ Veg. Ravioli ____
Spouse/Guest(s) ____________________________________________ Steak ____  Chicken ____ Veg. Ravioli ____
Guest(s) __________________________________________________ Steak ____  Chicken ____ Veg. Ravioli ____
Raffle Ticket Total Enclosed ($5 increments • $5 = six tickets) = $ ________________________________
Email ______________________________________________________________________________________
Telephone ___________________________________________________________________________________

Amount enclosed (circle one): $45 or $50/person  BEFORE March 12 - $45 per person & Automatic entry in the early bird drawing  March 12 to April 7 - $50 per person (no dinner sales after April 7)
2019 Central Oregon Flyfishers Fundraising Banquet
April 13, 2019
Donation Form
(Please include a copy with your donation)

Name:________________________________________

Company:_____________________________________

Address:______________________________________

City:________________________State:________________Zip:________

Donation Description:_____________________________________

Retail Value of Donation: $________________

**Note:** If your donation is a guided trip or other service, please include your contact information, when the service is available, how much notice is required and any other limitations. If you have a gift certificate please include it along with this form. If you do not have a certificate we will prepare one for presentation to the successful bidder at the banquet.

Your donation will be acknowledged on the bid slips and auction list the day of the event. Please contact me by March 29, 2019 so we have time to include your donation on the advance raffle list sent to attendees prior to the banquet.

Please retain a copy of this form for your records. Your donation is tax deductible to the extent allowed by current IRS guidelines. Central Oregon Flyfishers is an IRS approved 501 (c)(3) non-profit organization (Federal ID # 93-0881830) so your contribution of merchandise, equipment, service, cash, gift certificate, etc. is fully tax deductible. As always check with your accountant.

Please mail your donation and this form to:
Central Oregon Flyfishers, P.O. Box 1126, Bend, OR 97709

Or contact me to pick up your donation:
Andrea Fitzgerald, Banquet Chair, banquet@coflyfishers.org

Thank you for your donation.
FRED CHOLICK AND GUIDE MILES WITH A NEW ZEALAND RAINBOW.
## FEBRUARY 2019 UPSTREAM EVENTS

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<th>ACTIVITY</th>
<th>LOCATION</th>
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<tbody>
<tr>
<td>February 5</td>
<td>Winter fly tying at 6:00pm</td>
<td>Bend Senior Center</td>
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<tr>
<td>February 5 &amp; 6</td>
<td>Fly Fishing Film Tour</td>
<td>Tower Theater</td>
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<td>February 8-9</td>
<td>Winter Seminar</td>
<td>Unitarian Church in Bend</td>
<td>Dalton Miller-Jones</td>
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<td>February 12</td>
<td>Winter fly tying at 6:00pm</td>
<td>Bend Senior Center</td>
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<tr>
<td>February 19</td>
<td>Winter fly tying at 6:00pm</td>
<td>Bend Senior Center</td>
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<tr>
<td>February 20</td>
<td>COF General Meeting at 7:00pm</td>
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<tr>
<td>February 26</td>
<td>Winter fly tying at 6:00pm</td>
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<td>February 28</td>
<td>Fly Shop Hop at 6:00pm</td>
<td>Fly &amp; Field Shop</td>
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<tr>
<td>February 28-March 3</td>
<td>Sportsmen's Expo &amp; Trout Pond</td>
<td>Redmond</td>
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## In the Future

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<td>Ochoco River</td>
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<td>April 13</td>
<td>2019 COF Annual Banquet &amp; Fundraiser</td>
<td>Riverhouse Convention Center</td>
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<td>June 17-19</td>
<td>Next Cast 3-Day Fly Fish Camp</td>
<td>Shevlin Pond/Aspen Hall</td>
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Central Oregon Flyfishers  
PO Box 1126  
Bend, Oregon 97709