

CENTRAL OREGON

Flyfisher

FEBRUARY 2024

FLY TYING MADE EASY

PROVEN
METHODS
& PATTERNS

SPORTSMEN'S EXPO

VOLUNTEERS NEEDED



3 COF BOARD MEMBERS

4 PRESIDENT'S MESSAGE

5 PROGRAM

6 EDUCATION

7 FLY TYING

7 MEMBERSHIP

7 OTHER NEWS

8 MEMBERSHIP

8 BOARD BITS

9 CLASSIFIEDS

9 FLY OF THE MONTH

11 COF BANQUET &
FUNDRAISER FROM

14 EVENTS CALENDAR

President

FRED CHOLICK
PRESIDENT@COFLYFISHERS.ORG

Vice President

JOHN HOWARD
VICEPRESIDENT@COFLYFISHERS.ORG

Treasurer

TIM SCHINDELE
TREASURER@COFLYFISHERS.ORG

Secretary

JACK PATTERSON
SECRETARY@COFLYFISHERS.ORG

Wild Women of the Water/FFI Rep

SUSAN COYLE
WILDWOMEN@COFLYFISHERS.ORG

Membership

ROBERT SHIMANE
MEMBERSHIP@COFLYFISHERS.ORG

Programs

YANCY LIND
PROGRAMS@COFLYFISHERS.ORG

Education

TIM QUINTON
CGTIMQ@GMAIL.COM

Outings

ALLEN CAUDLE
ASCAUDLE@GMAIL.COM

Kokanee Karnival

FRED A. CHOLICK
KK@COFLYFISHERS.ORG
JENNIFER.A.LUKE@ODFW.OREGON.GOV

Next Cast

FRED A CHOLICK
NEXTCAST@COFLYFISHERS.ORG

Conservation

TOM SHUMAN
CONSERVATION@COFLYFISHERS.ORG

Members At-Large

KEVIN SANSOM
KEVINJSANSOM@GMAIL.COM

STEVE LICHTENBERGER
SLICHO909@GMAIL.COM

Winter Fly Tying

JOHN HOWARD
WINTERFLYTYING@COFLYFISHERS.ORG

Banquet/Auction

TIM & RENEE SCHINDELE
TJSFISHES@BENDBROADBAND.COM
RENEESCHINDELE@GMAIL.COM

Classified Ads

PETER MARTIN
CLASSIFIEDS@COFLYFISHERS.ORG

Social Media

MOLLY VERNARECCI
SOCIALMEDIA@COFLYFISHERS.ORG

Website

MARY BARRON
WEBMASTER@COFLYFISHERS.ORG

Past President

TIM QUINTON



TYE KRUEGER
OWNER

Shop: 541.678.5633
375 SW Powerhouse Dr. #100
Bend, Oregon 97702
confluenceflyshop.com
tyekrueger@confluenceflyshop.com

Cell: 804.221.7748
Reservations: 541.323.3007
info@deepcanyonoutfitters.com
deepcanyonoutfitters.com

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President's *Message*

Thank you for the vote of confidence to serve as president for another year. I will do everything in my power to be a good President of the Central Oregon Flyfishers. I have been a member of COF for nearly 8 years and believe in its mission and goals.

There two new members of the COF board of directors. I want to thank Kevin Sansom and Steve Lichtenberger for stepping up to provide leadership for COF.

We had a great presentation by Phil Fischer at the January meeting. Some of you expressed interest in seeing it but couldn't attend, so we have included a link to a YouTube video from Sunriver Anglers that includes similar information on the website under Fishing Tips. I encourage anyone who plans on fishing Crane Prairie in 2024 to watch the YouTube video.

In 2023 COF members volunteered 2,470 hours and drove 15,312 miles. Thank you to everyone who volunteered their time and talents. These are fantastic numbers and demonstrate the commitment of COF members to make a difference. I also want to thank Dick Olsen for keeping tract of the hours and miles.

I am looking forward to the next couple of months as there are many opportunities to volunteer our time and talents. The Redmond Sportsman Show is March 7th-10th. COF receives \$3000 for our members assisting the kids at the trout pond. Please contact Kevin Sansom if you are interested in helping out. The annual COF banquet will be held on March 23rd at the Bend Country Club. Please plan on attending. This is the number one fund raiser for COF. In addition, to raising money, it is a lot of fun. Thanks to Tim and Renee Schindele for providing leadership for the banquet.

At the banquet we recognize individuals who have provided outstanding service to COF. The awards are: Fly Fisher of the Year, Honorary Life Time Member, Conservation, and Special Recognition. Please consider nominating deserving COF members. The criteria can be found at the [COF website](https://www.coflyfishers.org). Please respond via email by Feb 15th with nomination and supporting info to: vicepresident@coflyfishers.org

Tight lines -



An Active Member Club



COFLYFISHERS.ORG



@CENTRALOREGONFLYFISHERSCLUB



Programs

THE RIVER DEMOCRACY ACT AND FISHING THE *Klamath River*

BY YANCY LIND

This month we will have two presentations. We'll start with Sami Goodlove with an overview of the proposed River Democracy Act. Many of Oregon's most treasured trout streams are designated Wild & Scenic Rivers. Despite this federal protection, there are many others throughout the state that lack it. These streams provide critical salmon and steelhead habitat, supply drinking water to local communities, and provide bountiful outdoor recreation opportunities. They are also at risk due to drought, development, climate change, and pollution.

Sami will discuss how Wild & Scenic designation protects rivers and the fish populations that depend on them, as well as a current opportunity to designate and protect thousands of miles of new Wild & Scenic Rivers in Oregon. There's a good chance your favorite trout stream will benefit from this bill.

Sami Godlove was born and raised in central Oregon. He grew up in Bend, but the Metolius River could be called his family's second home. Sami moved back to Bend in early 2023 and is rediscovering his childhood love for fly fishing. He is the Central Oregon Field Associate for the environmental nonprofit Oregon Wild, working to protect the region's rivers and wildlands and is COF member.

I will follow Sami with a talk on fishing the Klamath River with a focus on steelhead. As you all know, three dams are being removed from the Klamath this year and many of you saw ODFW's Mark Hereford provide an overview of that effort last October. Dam removal should make an already good fishing destination even better. It's no further than heading to the Oregon coast and more than worth the trip.



Education

EURO NYMPH *Gear & Tactics*

BY TIM QUINTON

Happy February everyone! This month we'll be looking at Euro Nymph Gear & Tactics. There are a ton of videos out these days that show different Euro nymph techniques, and I've included several of them below. Starting with the basics and going up to more advanced levels, I hope you get the feel for what this technique attempts to do and how you can make yourself a more successful angler. I don't have the room in this column to put in links to all facets of Euro Nymphing, but these will give you a start on your journey. Just do a YouTube search for whatever subject you need and you'll find a plethora of info out there!



YouTube is a great resource to find multiple ways to learn different nymph techniques. Visit [youtube.com](https://www.youtube.com) to get started!

This video from the New Fly Fisher shows a typical Euro Nymph scenario - notice where he's fishing and how he casts, gets the proper drift, and finishes the drift. All important parts of using this method!

<https://www.youtube.com/watch?v=0jbkwSOkP5Y>

This video from Devin Olsen (US Fly Fishing Team Member) shows how to adjust your depth while fishing, a very important aspect of Euro nymphing.

<https://www.youtube.com/watch?v=UIJB15HKNpl>

Here's another one from Devin showing how to add a dropper tag. There are lots of ways to do this: tippet ring, micro swivel, and using one of several knots; but this one shows what I think is the best knot for the job. <https://www.youtube.com/watch?v=U5o8rKAlf00>

Another knot for tying your fly to the tippet. Devin really likes this one, and he's a member of the US Fly Fishing Team, so he should know of what he speaks!
<https://www.youtube.com/watch?v=Szbw7R0AjB8>

If you have a subject you'd like to see in this column, or something you'd like to see me cover during the Education Hour at the beginning of our monthly meetings, [please let me know](#).

Fly Tying

BASIC SKILLS *Fly Tying Class*

BY JOHN HOWARD

We've just had our 4th of 6 class (at the time of this newsletter). Our most recent class was instructed by our own Vinny Detweiler, from Next Cast, with a Bead Head Pheasant Tail and a Hare's Ear. With real enthusiasm from the 8 Registrants, and a really nice turn out by the 8 COF volunteer coaches, things are going nicely. With one little glitch from some some ice and cold weather... Tiers have been tying at home, getting practice and experience, which is the heart of learning to tie and getting a solid grasp of a good range of Basic Skills.

Looking forward to the next two classes, and finishing a solid series of classes.

Membership

WELCOME TO OUR *New Members*

BY ROBERT SHIMANE

Robert Carrick - Bend
Mary Gibson - Redmond
Tim Luck - Bend

Renewal notices were sent on November 16, so make sure to renew. COF has returned to regular operations

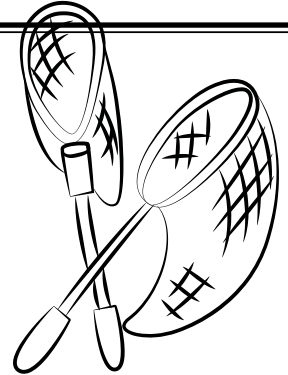
following a gradual normalization post pandemic. Reminders have also been sent if you haven't had the chance to renew yet. We look forward to many activities in 2024.

Other News

SPORTSMEN'S EXPO *in Redmond*

THURSDAY, MARCH 7 -
SUNDAY, MARCH 10

BY KEVIN SANSOM



10 COF volunteers manage the KIDS TROUT POND at the Expo every year. Please volunteer for a roughly 4 hour shift. We maintain the equipment, help young anglers, net fish, safely release or bag fish for those who want to keep their catch (we don't clean the fish for them). Expect an email soon requesting volunteers for this important event. Signup sheets will also be available at the February COF meeting. Preferred alternative is to email me directly at kevinjsansom@gmail.com. Approximately 6-8 volunteers are required for each 4+ hour shift. The times we need most help are the Thursday night and Friday night shifts, and all day Saturday. Shifts are: • Thursday, March 7th: 3 shifts, 9:30-11:45 (set up), 11:35-4:00 and 3:45-8:00 • Friday, March 8th: 2 shifts, 11:35-4:00 and 3:45-8:00 • Saturday, March 9th: 3 shifts, 9:45-1:00, 12:45- 4:30 and 4:15-8:00 • Sunday, March 10th: 2 shifts, 9:45-1:00, 12:45-4:30 It is a great opportunity to see trout feeding - how they move to eat, and just how very quickly they could spit out something unappealing. Beyond meeting new friends and watching the excitement of a youngster catching a fish, you will be helping COF - We receive a \$3,000.00 donation for managing the pond. In addition to helping the club you get FREE admission to the show.

CENTRAL OREGON FLYFISHERS

2023 Treasurer's Report

BY TIM SCHINDELE

COF's fiscal year is the calendar year. The numbers in the chart are for calendar year 2023.

Income	\$29,104
Expenses	\$22,394
Net	\$6,710*
Checking Balance 12/31/23	\$36,065
Cert of Deposit 12/31/23	\$31,095
Petty Cash	\$145
Total Cash Assets	\$67,305

*A net loss had been budgeted for 2023 based on a conservative estimate of how much income would be produced by bringing back the annual Banquet & Fundraiser after a three-year absence. The Banquet produced \$5,500 more income than was projected, and we negotiated a larger contribution from the Sportsmen's Show for our staffing the kids' trout pond from \$1,500 to \$3,000. We also underspent our budgeted expenses by \$3,800, which included consolidating two storage lockers into one which saved \$1,267 on rental fees and less than projected KK fees.

Board Bits

HIGHLIGHTS OF THE Board of Directors Meeting

JANUARY 25, 2024

BY JACK PATTERSON

President Fred Cholick called the meeting to order at 6:00PM with 11 of 13 members present.



Approval of the minutes: It was noted that because of the annual board retreat and the fact that Thanksgiving fell on the normal meeting date, there were no regular board minutes. However, since the board retreat was held in October the minutes from that meeting were reviewed and approved

Approval of the Treasurer's Report: The report was approved as presented. The treasurer, Tim Schindele, did note that 2023 had been a good year for the club's financial outlook as income had exceeded money spent. Look for a more detailed explanation in this newsletter.

New Business: New business included approving an updated club brochure and a new format for the monthly newsletter.

Also, of note was a clarification of our club's insurance regarding alcohol at club events. According to our insurer, if the club does not provide or serve alcohol, no additional insurance is required. BYOB will continue to be allowed at certain club events.

The board approved paying our membership fee to Fly-Fishers International.

A committee comprised of board members John Howard, Steve Lichenberger and an honorary life member will bring names of members nominated for club awards to the board meeting in February.

Old Business: On the issue of Monetary Grants to outside organizations, a lengthy discussion failed to reach consensus on the wording of the policy and the issue was tabled until the next meeting.

It was noted that a raffle at monthly meetings has been reestablished and the first one at the January meeting had a net profit of \$120.

Membership: Bob Shimane reported that 166 members have paid dues for 2024. More are expected to do so with the next reminder

Banquet Report: Tim reported that 23 had signed up for the event at this time. Raffle items continue to be solicited and many have been donated.

Programs: Yancy announced a full schedule of presenters for the year, minus June which he is working on filling. February will have Sami Goodlove speaking on the River Democracy Act and Yancy will

do a presentation on fishing the Klamath River. **Sportsman's Show:** Kevin Sansom is chairman for this event and is seeking volunteers to help with the event. It will be held March 7-10. This event brings income of \$3000 to the club. He will be seeking volunteers to help.

Education: Tim Quinton will be doing a presentation on the various aspects of fly fishing an hour before each general meeting. They have been well received. He is exploring other possible classes.

Next Cast/Kokanee Karnival: President Fred Cholick reported that 3 events are scheduled in the near future: They are the Kokanee Karnival in April, the Partners for Conservation in February, and the Next Cast 3 day event for kids in June. Information about these events will be found in the newsletters. Volunteers will be solicited for these events.

Classifieds

FOR SALE: Fish Cat Cougar Pontoon boat, \$450. This pontoon boat is in excellent condition and has been used very little. One of the main features of the Cougar boat is that it features a quad pontoon design which increases load capacity, stability, tracking and offers less wind resistance than other pontoon boats. This feature allows it to float in as little as 3" of water. The pontoons are 8 feet in length and it has 7'4" oars. It has a 10-piece aluminum frame which makes for compact storage and easy transport. It has saddle bags on each side of the seat for lots of storage. Jack



FLY OF THE *Month*

BY BILL SEITZ



BILL'S BLM (BEADLESS MAYFLY) NYMPH

Last fall and early winter, my fishing partner and I regularly fished the Crooked River. Overall, we had good success with nearly 700 fish landed. We used a number of fly patterns but several were standouts. As the water got clearer (yes, it is as clear as the Deschutes River) the fish, especially those in the slower moving water, got more selective. One of the most effective fly patterns was Dave Hughes' Midge Fly. One day I was wading back to the bank to untangle my rig I noticed that my black fly hanging down had the perfect profile of a BWO nymph. The fly did not have a bead. So I designed a beadless (BL) mayfly (M) nymph and took it to the river for a test. It uses few materials. I tie it in size 18 and 20 using dry fly hooks. It has no beads or added weight. As for colors, black, dark brown, and pheasant tail (seal brown abdomen, black thorax) are the best. I fish the fly about 3-4" from the stream bottom. It can be fished on a indicator rig or euro rig.

RECIPE

1. Size 18 and 20 dry fly hook
2. 8/0 black or dark brown thread
3. Fluoro Fiber tail fibers (black, brown, grey)
4. Rib - Sulky opal thread or extra small wire
5. Thorax and abdomen - SLF dubbing (black, dark brown, dark olive)

DIRECTIONS

1. Start thread and advance to bend in the hook
2. Attach 8-9 Fluoro Fibers, trim to shank length
3. Attached rib (Sulky opal thread or wire)
4. Dub a slim abdomen with SLF dubbing
5. Rib with 4 turns of ribbing
6. Dub a thorax with SLF dubbing so that you create a hackle-like wet fly hackle (see photo). Use velcro or brush to tease up the dubbing fibers. Whip finish.



PHOTO BY ARIAN STEVENS



Got a "fishy item?" Ads are free and run for one newsletter. Please resubmit your ad for the next month's newsletter. Contact classifieds@coflyfishers.org by the end of the third week of each month.

FOR SALE: Christmas special. 9 ft Classic Accessories "Colorado XT" pontoon boat. Has comfortable seat, 2 storage bags, footrests, 2 detachable saddle bags, weight system, 2 oars (not shown), rod holder, and wheel system for moving. Includes life jacket. Retail for over \$800. Asking \$550. Used 2x. Call Richard Graham 541-951-9550 or email rdgraham58@yahoo.com

FOR SALE: Outcast Prowler float tube. Excellent condition. Includes fins, backpack straps, carrying case, and repair kit. \$275 OBO, Kevin Sansom 541.749.8205, kevinjsansom@gmail.com



Central Oregon Flyfishers

Annual Banquet & Fundraiser

March 23, 2024

5:30 P.M.

Bend Golf Club

61045 Country Club
Drive in Bend

We're pleased to announce COF's gala spring Banquet fundraising event this year. We'll be in the comfortable main dining room at the Bend Golf Club. The funds raised support the Kokanee Karnival Youth Education Program, Next Cast Flyfishers for older youth, important conservation programs and habitat restoration efforts, Wild Women of the Water activities, classes, club outings and events. Join the fun and enjoy dinner with friends. Try your luck with the bucket raffles of many great prizes and member-tied boxes of flies. Have your credit card or checkbook handy and bid on quality silent auction items such as float trips, name-brand gear and fine dining. It will be a special evening. Don't miss it!

Cost is \$45 per person.

Deadline to register is March 18.

Purchase raffle tickets in advance when you register or in-person at the event. Raffle tickets are 6 tickets for \$5 and are sold in \$5 increments only.

MENU: Your choice of New York Steak OR Chicken Marsala OR Vegetarian Pasta. Chocolate Mousse Tart for dessert. All entrees served with salad, rolls with butter, seasonal vegetables, coffee and tea. No host bar with a large selection of brands available. All food and alcoholic beverages consumed on BGC property must be purchased through BGC. We may NOT bring our own wine.



REGISTER ONLINE AT COFLYFISHERS.ORG

Cash, credit card or check will be accepted at the event for raffle tickets and auction purchases.

Questions? Contact Tim Schindele at banquet@coflyfishers.org or 206-819-5396.

If you don't want to register online, use this form. Indicate those attending, dinner choice and number of raffle tickets you wish to pre-purchase. Mail complete form, along with check payment, to COF Banquet, PO Box 1126, Bend OR 97709. We need this information **by March 18 so allow 3-4 days for mail delivery.**

PRINT CLEARLY

Name _____ Steak ____ Chicken ____ Veg. ____ 1 x \$45 = ____

Guest(s) _____ Steak ____ Chicken ____ Veg. ____ 1 x \$45 = ____

Guest(s) _____ Steak ____ Chicken ____ Veg. ____ 1 x \$45 = ____

Raffle Tickets - \$5 for 6 tickets

How many sets of 6? ____ x \$5 = ____

Total Amount Enclosed \$ _____

Email _____

Telephone _____



B

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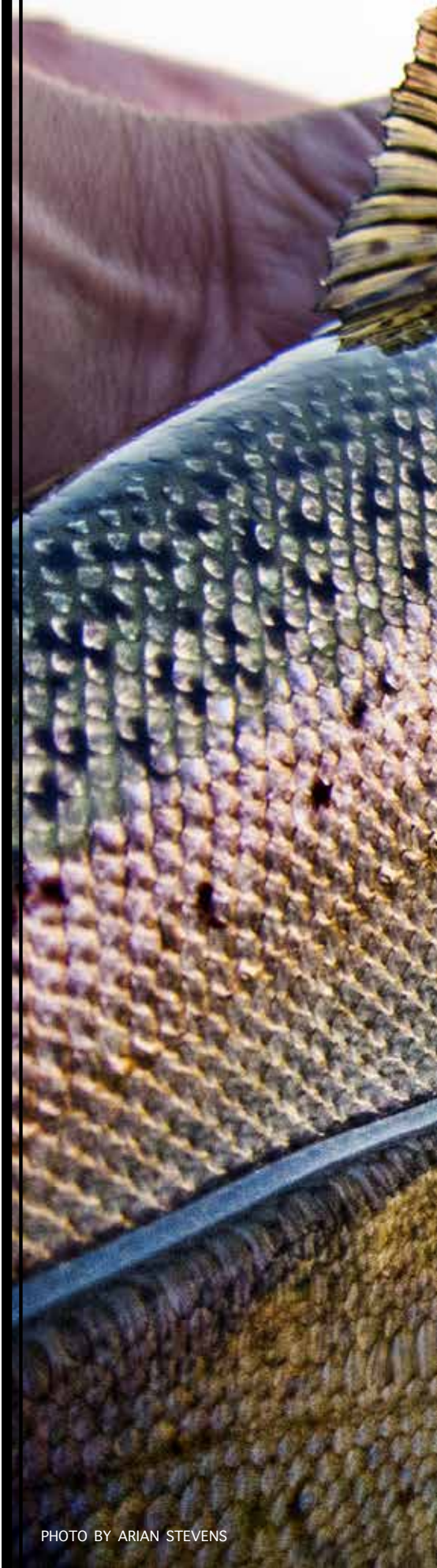
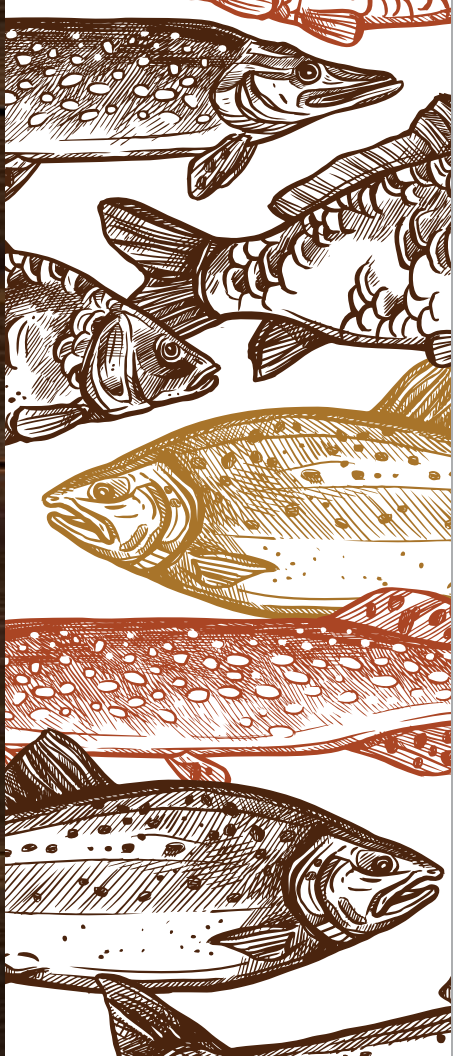


PHOTO BY ARIAN STEVENS





February *Events*

DATE	ACTIVITY	LOCATION
21	MONTHLY COF MEETING	ELKS LODGE
22	COF BOARD MEETING, 6PM	

In the *Future*

DATE	ACTIVITY	LOCATION
March	ANGLER CLASSROOM EDUCATION FCHOLICK@GMAIL.COM	
March 7-10	SPORTSMAN'S SHOW KEVIN SANSOM	
March 23	ANNUAL SPRING BANQUET	THE BEND GOLF CLUB, 5:30 PM DOORS OPEN
April 22, 23, 25, 26, 29, & 30, 2024	KOKANEE KARNIVAL SPRING CLINIC FRED CHOLICK, KK@COFLYFISHERS.ORG	
June 23, 24, 25, & 26	3-DAY FLYFISHING CAMP FCHOLICK@GMAIL.COM	



Central Oregon Flyfishers
PO Box 1126
Bend, Oregon 97709