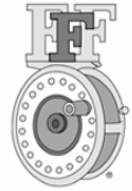




# The Central Oregon FLYFISHER



[www.coflyfishers.org](http://www.coflyfishers.org)

AN ACTIVE MEMBER CLUB OF THE FEDERATION OF FLY FISHERS

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Volume 26

Number 2

February 2004

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## **TUESDAY FLY TYING**

Feb. 3, 10, 17 & 24  
6:30-8:30PM  
Bend Trap Club  
61400 Brosterhouse  
Road

## **COF BANQUET**

February 7, 2004  
Patrick Windsor  
Aspen Hall, Shevlin  
Park  
6:00PM

## **GENERAL MEETING**

Fly Fishing Alaska  
Feb. 18, 6:30-  
8:30PM  
Central Oregon  
Board of Realtors

## **EXPO/FLY TYING**

Feb. 21, 10:00AM -  
2:00PM  
Mountain View Mall

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## **RANDOM CASTS**

### **COF EDUCATION AGENDA FOR 2004**

In the January COF newsletter we included a summary of education programs for 2004, and this article is to give you a better idea what we're up to this year. The goal is to provide workshops and education experiences that meet the needs of members, and to focus on practical programs at the lowest possible cost. In addition we are coordinating workshop offerings with the monthly programs and the monthly outings to provide comprehensive and useful information for fly fishing in Central Oregon.

On occasion, we will bring in nationally known writers and presenters such as Rick Hafele, who is doing the May 1st streamside aquatic entomology class on the Metolius. On other occasions, we will call upon knowledgeable experts from the local fly shops. Other expert resources we will call upon include the Federation of Fly Fishers certified casting instructors, and the many experienced and expert fly fishers we have within COF.

We believe there is strong demand for help with casting at both the beginning and advanced level, and casting instruction is going to receive high priority. A spey casting class is tentatively planned for late July, and other casting clinics are in the planning stage.

One new effort this year will be the development of a "Fly Fishing Help" list that will include the names of experienced fly fishers who are willing to help others in specific areas. For example, long time COF member Bob Griffin has offered to help anyone with knots and leaders, John Anderson will help with aquatic entomology, Max Johnson will help with nymphing, and Delores Marsh and Terri Grimm will help with women's fly fishing. These COF members and others will be available to answer questions or to provide advice.

Last, Delores Marsh is coordinating an ambitious effort to provide useful fly fishing experiences for women with the "Wild Women of the Water" group that meets regularly. A committee is working on planning for a one-day fly fishing school for women in late May or early June. Watch for the announcement in the newsletter.

We are fortunate to live in one of the best fly fishing locations in the US, and we are fortunate to have such a wealth of resources available to help us become better fly fishers and to help us enjoy the sport we love. Your comments and suggestions and involvement are encouraged and welcome.

Two additional COF members have agreed to serve on the Education Committee. Greg Luke is an experienced fly fisher with several contacts in the Central Oregon fly fishing community. Greg will be working first on the casting program, and he is out and about talking with fly shop owners, guides, and FFF certified casting instructors. Carl Cavallo is a new COF member, an educator, and is teaching part-time now at Central Oregon Community College. Carl will help develop our education program, and he will be organizing and coordinating some of our programs next spring and summer.

Ron Anderson, 2004 Education Chair  
Email: rlanderson@bendcable.com

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### ALASKA!

Have you been, want to go, or just want to see what it's like on a multi-day float in some of the most beautiful, out of the way country? Then don't miss our February program!

A Central Oregon local, Ben Lindner, and Dick Lange are guides and owners of Alaska River Fly Fishing Adventures. Both men are past presidents of fly fishing clubs, and Dick is past president of the Southwest Council of FFF. Ben and Dick have been fishing Alaska for 20 years. They take novice and experienced fly fishers alike on very reasonable 7 to 11 day fly fishing float trips on Alaska's southeastern river systems. The main target fish are rainbows and kings. Alaska River Fly Fishing Adventures takes you from headwaters to flats providing all your food, cooking, floating, guiding, fly in and takeout.

Ben and Dick will share a wealth of information along with a beautiful slide show of some of the area and its

fish. Bring your questions on Alaskan fly fishing and see what they have in store for the upcoming year, or just enjoy the presentation. For more information on Alaska River Fly Fishing Adventures you can visit [www.flyfishingalaskarivers.com/index.htm](http://www.flyfishingalaskarivers.com/index.htm).

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### WILD WOMEN OF THE WATER

Have you been overcome by cabin fever? Can't wait to get streamside? Don't miss this meeting! Scott Cook, Master Guide with Fly and Field Outfitters, will tell us about some of the best places for winter fishing - all within a 20 to 30 minute drive of Bend! Scott will also talk about insect lifecycles and the best fly patterns to use to make your winter outing a success. Meet at Fly and Field Outfitters, 143 SW Century Drive, Bend, Thursday, February 12, 6:00 PM, 541-318-1616.

For more information about Wild Women, contact Delores (382-7595 or ladyd@bendcable.com).

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### IT KEEPS GETTING' BETTER

March is fast approaching, and, with that, here comes the Central Oregon Sports Show. Once again COF has been asked to operate the Kid's Fishing Pond so volunteers are needed. But, there's even more than that this year.

Along with the fishing pond, we will also have a booth to share with the Oregon Council Federation of Fly Fishers and, if they wish, the Sun River Anglers. This will not only give those working in the booth a chance to learn more about the OCFFF, but also a chance to let a lot more people know who we are and what we do. Add to that the possibility of getting more members and more funding for what we do. That's all on top of the \$750 that To-Ro Enterprises pays COF for our operating the pond and the free passes we get for doing the pond.

I'll have the sign up sheet at the February meeting so you can get on the free pass list for the show or, if you can't make the meeting, you can give me a call at 317-1075 or email me at flyfishingphil@bendbroadband.com. Here is the schedule that we'll use for both the pond and the booth:

Thursday, March 4th:	Noon to 5 or 4 - 9. 3 per shift + 1 for the booth
Friday, March 5th:	Noon to 5 or 4 - 9. 3 per shift + 1 for the booth
Saturday, March 6th:	9 AM - 1PM, 12:30 - 4:30 or 4 - 8. 4 per shift + 1 for the booth

Sunday, March 7th: 9:30 - 1:30 or 1:5 3 per shift  
+ 1 for the booth

I'll be there all day, every day, so we should have plenty with this schedule. Plan ahead and figure on doing the show before or after your shift. Your help is an easy way to raise the funds for COF so I hope to see competition for getting on the list. - Phil Hager

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### **INTERESTED IN LEARNING SPEY CASTING?**

Some COF members have expressed an interest in learning spey casting prior to the start of the fall run of steelhead on the Deschutes. Spey casting involves using a unique, two-handed cast with a long rod (12 to 14 feet) to cover big water such as the lower Deschutes or the North Fork of the Umpqua. It is not necessary to be an expert fly caster, or to be a large strong person to learn how to make effective, long casts with this technique.

We have the opportunity to sponsor one or more spey casting classes around the end of July or first part of August. Each participant would have a spey rod to use for the class, and we would meet at Mecca Flats for small group instruction on the river. The maximum cost would be \$60 per person, but the cost will be lower if we get enough interest.

However, we need to have an indication whether or not enough members are interested before we organize a class. If you are interested in participating please send an email to Education Chair Ron Anderson at [rlanderson@bendcable.com](mailto:rlanderson@bendcable.com). Also, indicate whether you prefer a class during the week or on the weekend.

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### **KID'S KOKANEE KARNIVAL NEEDS VOLUNTEERS**

The purpose of this article is to familiarize our many new members with the Kokanee Karnival Youth Education Program and to update everyone on the status of this wonderful program for our Central Oregon children.

The mission of the Kokanee Karnival Youth Education Program is to provide a dynamic, hands-on learning experience to educate and excite elementary school children about clean water, healthy watersheds, and fish conservation, while promoting good citizenship and community stewardship. Currently, the program reaches about 30 classrooms annually throughout the tri-county region of Central Oregon, involving over 1,000 students, teachers, parents, and volunteers. Much of the Kokanee Karnival's success is directly attributable to the more than 90 volunteers and resource agency staff who

donate several thousand hours of service to the program each year.

In its eighth year of operation, the program was developed in 1996 by local school teachers, ODF&W personnel, and local club members. It continues to be supported by five organizations including: COF, Sunriver Anglers, ODF&W, U. S. Forest Service, and the Central Oregon Llama Association. A steering committee with representatives from each organization provides guidance in the form of planning and review of program operations. Because of our sheer size and available member resources, COF has taken a leadership role and accepts responsibility for operating the program and raising required funds.

There are four primary Kokanee Karnival activities that occur at various times throughout the school year including:

- \*Fall Streamside field trips to observe naturally spawning Kokanee and Hatchery Operations (September)

- \*Classroom Egg Incubation Projects (December and February)

- \*Community Stewardship Projects (Ongoing throughout the school year)

- \*Kid's Spring Angling Clinic (April)

These projects require quite a number of volunteers and COF has always answered the call along with the other four sponsoring organizations. The next scheduled activity is the Spring Angling Clinic at Shevlin Pond from April 19-22, and it is a great opportunity to come out and see what's going on. We can use your help whatever your level of fishing knowledge and experience may be. If you are interested in helping out, or just want to learn more about the program, you can sign up at any monthly club meeting or contact Phil Hager, Program Coordinator, for more information. - - - Mark Reisinger

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### **VOLUNTEERS RALLY FOR EGG DELIVERIES!**

When I learned that fish eggs would be ready for delivery on February 2, I was concerned about organizing volunteers for a delivery date that was two weeks earlier than usual. Jen Bock called me two days later and announced a change in plans — the eggs were ready at the hatchery, and we had to deliver them on January 27! I was not optimistic about accomplishing all the details in three days. Clearly, a swift, coordinated, response was required. Jen stayed in contact with the teachers to ensure their aquariums were ready. I

organized equipment deliveries and sent email messages to volunteers.

Due to the tremendous, positive response from members of COF and the Sunriver Anglers, the egg delivery operation was a smooth success in spite of the short notice and change in schedule! Many thanks to the following people who helped: Ron Anderson, Sandy Dunahay, Gerry Honl, Emil Seidel, Bob & Tommie Speik, Jeff Grimm, Greg Luke and Pete Reed (Sunriver Anglers).

In the coming months, Jen Bock plans to hold one or more brief training sessions on setting up the aquarium and chiller, and giving a classroom presentation to the kids. She'll let us know the details when they are available. --- Terri Grimm

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### THE NEW CAPT. CADDIS REVIEW

"I used to be a tied down caddis, but I'm a streamer now" - STARDATE 012604

This month I thought you would like to read about a little known COF activity. Here goes:

The Aquatic and Angler Education Program is designed to introduce aquatic ecology and the sport of angling to the public, with emphasis placed on youth-oriented programs. The program provides awareness and understanding of the aquatic systems that fish inhabit and the relationship these systems have to the sport of angling. The goal of the Aquatic and Angler Education Program is to provide youngsters with an understanding of the aquatic ecosystem, while at the same time, develop the skills, knowledge and responsibilities associated with angling. Introducing kids to the sport of angling offers a healthy and fun recreational activity that can be shared for a lifetime with friends and family.

COF has been involved with this program since 1993, and it is also a part of our Kokanee Karnival Program. This option starts in February when I distribute copies of the Oregon Angler Education Manual, "RESPONSIBLE ANGLING". During the next 10 weeks, the students spend class time completing the activities, including:

1. Getting Ready to Go Fishing
2. Fishing Fun-Fish Identification
3. Understanding Fish and Where They Live
4. Fish and People

### 5. Giving Something Back to Fish

I also have them complete an Angling Regulations Worksheet. Then, time permitting, our "Fish Crew" visits the classroom for a 2-hour presentation covering:

1. Angling Regulations
2. Knot tying
3. Ethics/Dilemmas
4. Safety

The kids have a wonderful time and really connect with the experience. So, join in on the fun and help out during one of the classes!

If interested please contact Bob Mullong, [capt@bendnet.com](mailto:capt@bendnet.com), or call 389-4372.

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May your Fins always be UP! - - - Capt

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### WELCOME NEW MEMBERS!

A special welcome to new members! Look for board members with their green and white nameplates at the next meeting if you have any questions or special interests, and look up Delores Marsh, our Member Services committee chairperson at the back of the room if you have any membership issues, and to pick up your membership packet.

Brandon Ladd

Larry Timchak

Lloyd Brogan

Scott, Sarah & Russell Robertson

Carl & Marina Cavallo

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### CROOKED RIVER MACROINVERTEBRATE STUDY

Many of you have heard of the Crooked River study now being developed by COF's own John Anderson. The following was shamelessly lifted from a grant application, not yet submitted, to give everyone an idea of the scope of the proposed project.

"The fundamental goal of this project is to provide information on the macroinvertebrate fauna of the Crooked River. Most previous studies of macroinvertebrates in lotic waters have concentrated on Western Oregon rivers/streams. Although various agencies (e.g. Oregon State University, U.S. Forest Service, Bureau of Land Management) have conducted various types of studies of macroinvertebrates in the Deschutes and Metolius Rivers, as well as in smaller lotic waterways in Central Oregon, almost nothing is known about the macroinvertebrate fauna of the Crooked

River. As there apparently have been no studies that compare the food sources used by redband trout and whitefish in this river, this will be a related goal of the overall project. As the ratio of whitefish to trout is about 10:1 (ODFW data) in a river supporting a trout density of about 4,000 per mile, this could prove to be an interesting aspect of the overall study.

The study will be conducted for a minimum of 12 months (beginning in February 2004). A pilot study was conducted in mid-January to assess the feasibility of undertaking this project. Drift nets were on loan from Prof. R.W. Merritt, Michigan State University.

#### Objectives:

Objective I is to determine and quantify the macroinvertebrate fauna caught in drift nets operated at two different sites on the river.

Objective II is to determine the density and diversity of macroinvertebrates found on rocks and submerged vegetation in the two areas where drift nets will be operated.

Objective III is to determine the stomach contents of redband trout and whitefish caught in the general area of the two sites where drift nets will be operated.

Thus far, 32 members of COF have volunteered to assist with this study. In addition to the entomological expertise of Prof. Anderson, the professional background of volunteers includes retired biologists/fisheries biologists, engineers, hydrologists, and several enthusiastic amateur aquatic entomologists. Professor Anderson and collaborating entomologists will be responsible for analyzing data collected, preparing progress reports, and publishing the results in scientific and more general popular publications. Various results of the study also will be made available to state and federal agencies, on the Central Oregon Flyfishers website, and via program presentations to the club (and possibly other clubs). COF members interested in photography will be taking photographs of the collecting procedures, study sites, etc. for ultimate posting on the website."

Contact John Anderson - 385-8693

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### **COF'S NEW REPRESENTATIVE ON UDWC BOARD**

The Upper Deschutes Watershed Council recently announced the election of Herb Blank as a new Board Member, representing the Central Oregon Flyfishers. Herb joins other UDWC board members who direct this

relatively new grassroots organization which is tackling watershed issues in the Upper Deschutes region.

Herb is a recent member of COF, having moved to Bend in 2001 from Washington DC after a number of overseas assignments with the Agency for International Development, where he worked on water resource projects around the world including long term assignments in Yemen, Kenya, Sri Lanka and Indonesia. Since his family's move to Bend in 2001, in addition to getting involved in Central Oregon water issues, Herb has enjoyed Central Oregon outdoor activities including fishing, hiking, skiing, tennis and golf. Herb and his wife Lee Ann, who teaches skiing at Mt. Bachelor and is an avid golfer, have two teenagers which keep them busy. Also, since his retirement Herb has worked as an individual consultant to organizations including the World Bank and the International Water Management Institute.

Watershed Councils were created by the 1993 Oregon legislature to address the goal of sustaining natural resource protection and enhancement under the Oregon Plan for Salmon and Watersheds. The grass-roots approach ensures that a balance of affected and interested stakeholders is involved to craft effective management strategies for our watersheds. Although the Watershed Council receives most of its general funding from the Oregon Watershed Enhancement Board, the UDWC relies upon local support with cities, counties and districts to fund many organizational efforts. The UDWC is a non-profit organization founded by landowners, ranchers, environmental interests, local citizens, and representatives from local governments and agencies. Board members are volunteers who are active in natural resource stewardship with the common commitment to working collaboratively toward watershed restoration.

Herb will serve as a liaison between COF and UDWC, looking for opportunities where the two organizations can cooperate in restoration activities, improving the scientific understanding of the watershed and activities to increase public awareness of water resource and fisheries issues in the Deschutes basin. Herb feels that restoration projects are ideal areas where COF's members can get involved with projects to improve riparian habitat and stream flow in the Upper Deschutes region. The UDWC's funding and organizational ability, in collaboration with other organizations, provide the framework for these activities. Any COF members with suggestions for restoration projects or other

collaborative activities should contact Herb or any COF Board member.

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## UPPER AND MIDDLE DESCHUTES WATER ISSUES REVIEW

Patrick Griffiths from the Bend Public Works water program, and Bruce Aylward from the Deschutes Resources Conservancy have agreed to provide a presentation on the water issues in the upper and middle Deschutes basin. COF has agreed to sponsor this important forum which will be held at the Central Oregon Board of Realtors on March 4th beginning at 7 PM.

More on this important presentation will be announced shortly. Please add this date to your calendar. For questions or information, contact Phil Havens, pdh@bendcable.com, 330-1454.

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## EXPO/FLY TYING EVENT

The annual COF EXPO/FLY TYING event will be held at the Mountain View Mall on Saturday, February 21, from 10AM to 2PM. This event is a primary public contact for COF, and we need all hands on deck to volunteer for one day to make this program a success. Besides, how often do you see so many of the best tiers in Central Oregon in one spot?

Volunteers will be needed for set up, tear down, the membership booth and general public assistance and contact to explain COF and its programs. The Mountain View Mall has donated the area in front of J.C. Penny's, and, G.I. Joe's once again is helping to sponsor the event, providing most of the publicity.

Tiers from local shops will include Peter Bowers, The Patient Angler, Phil Brummett, Sun River Fly Shop, Steve Light, Central Oregon Outdoors, Scott Cook & Russ Seaton, Fly and Field, Nate Turner, The Fly Fishers Place, Bill Myers, The Fly Box, and Gill Mulheman, GI Joes. COF Tiers will include Carl Sanders and Jordan Behrens. Don't miss it!

Contact Phil Havens, pdh@bendcable.com, 330-1454 for information or to volunteer.

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## FLY TYING CARRIES ON!

Have you noticed those fly fishing catalogs starting to show up in your mailbox? How about all of those magazines? That's right; it is time to start thinking about spring fly fishing! But what about those tattered, almost empty fly boxes that you tossed in the corner last fall? February is the last month to come down to

the COF fly tying nights every Tuesday night from 6:30 PM to 8:30 PM at the Bend Trap Club, 61400 Brosterhouse Road, for a little fly tying inspiration and conversation. Attendance has varied with the weather, but two weeks ago 32 members of COF were hard at work at their vices, quite a crowd!

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## LAST CHANCE, COF ANNUAL BANQUET "TIGHT LINES AND ENDLESS HATCHES"

As you read this, there may still be a few seats for the COF annual banquet, "Tight Lines and Endless Hatches", next Saturday, February 7th, 2004 with a 6:00PM social hour and dinner at 7:15. Our menu is excellent once again: BBQ Tri Tip and Chicken with all the trimmings, plus dessert. Pat Windsor from Windsor Photography will follow the meal with a slide show of his work throughout the West.

Cost is \$20.00 per person. Contact Earl Rettig for availability at 330-9670.

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## IN MEMORIAM, JOHN HENRY MURPHY, OCT. 25, 1925 - JAN. 14, 2004

He was always there, at the meetings, at the banquets, at Tuesday night fly tying. He was a lesson to all of us; especially all of you fly tiers complaining about the problems you have tying flies. There he was every Tuesday tying night, and at the Fly Tying Expo too, tying those flies with only one arm. His presence will be missed. He was 78.

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## DON'T FORGET CANADA!

Mark your calendars! Submit your vacation requests! Don't forget to schedule a week for the annual COF outing to British Columbia, Canada. There are big fish, great waters good people and fellowship. Ask anyone who has gone and they will tell you to SIGN UP! All at a reasonable cost.

Seriously, every year we hear from several people who exclaim "If only I had planned ahead for the trip, but now it is too late for me to schedule my vacation." Well don't delay, get it done. Contact Gordon Chandler.

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## LAST CHANCE FOR CONTINUOUS MEMBERSHIP!

Are you a procrastinator? You know who you are, just sitting there, waiting until someone tells you that you must do it "*Absolutely Right Now, and This Is your Final Warning!*" Well, this is it. You must renew your membership in COF NOW if you want to continue to receive the newsletter and other benefits of COF membership. Just complete the renewal form at the end of this newsletter. Thanks.

## UPSTREAM EVENTS- 2004

	DATE	EVENT	CONTACT
FEB	5	COF Board of Directors Meeting	Neal Buxton
	7	COF Banquet	Earl Rettig
	18	COF Gen. Mem. Meeting, Ben Lindner, Alaska	Neal Buxton
	21	Fly Tying Expo	Phil Havens
MAR	4	COF Brd of Dir. Meeting, Deschutes Water Issues Mtg.	Neal Buxton
	4-7	CO Sportsmen's Show	Phil Hager
	17	COF Gen. Mem. Meeting, Dave Holloman, Payne Rod Co.	Neal Buxton
	20	FFF Northwest Fly Tiers, Eugene	
APR	1	COF Board of Directors Meeting	Neal Buxton
	17	Crooked River Outing	Dave Dunahay
	20-23	KK Angling Clinic	Phil Hager
	21	COF Gen. Mem. Meet Brad Cackler, Ent. For Fly Fishers	Neal Buxton
MAY	1	Rick Hafele Entomology Class	Ron Anderson
	6	COF Board of Directors Meeting	Neal Buxton
	19	COF Gen. Mem. Meeting, Denny Rickards, Stillwaters	Neal Buxton
	21	Hosmer Lake Outing	Dave Dunahay
JUNE	3	COF Board of Directors Meeting	Neal Buxton
	16	COF General Membership Meeting TBA	Neal Buxton
	17-26	British Columbia Canada Outing	Gordon Chandler
JULY	1	COF Board of Directors Meeting	Neal Buxton
	21	COF Gen. Mem. Meeting, Jeff Perrin, Metolius	Neal Buxton
	23-25	Steen's Mountain Outing	Dave Dunahay
AUG	5	COF Board of Directors Meeting	Neal Buxton
	13-22	National Fly Fishing Week	
	16-21	FFF Conclave, West Yellowstone	Phil Hager
	26	COF Picnic	John Burns
	27	East Lake Outing	Dave Dunahay
SEP	2	COF Board of Directors Meeting	Neal Buxton
	8	Middle Deschutes Outing	Dave Dunahay
	15	COF Gen. Mem. Meeting, Scott Richmond, Steelhead	Neal Buxton
	21-24	KK Streamside, Brown's Creek	Kurt Boettger
OCT	7	COF Board of Directors Meeting	Neal Buxton
	20	COF Gen. Mem. Meet. Central Or. Out. Winter Fishing	Neal Buxton
	23	Metolius River Outing	Dave Dunahay
NOV	4	COF Board of Directors Meeting	Neal Buxton
	17	COF Gen. Mem. Meet. Steve Shunk, Riparian Hatches	Neal Buxton
DEC	2	COF Board of Directors Meeting	Neal Buxton
	15	COF Gen. Mem. Meeting, Fly Tying	Neal Buxton

## JOIN THE CENTRAL OREGON FLYFISHERS

Mail this completed application and check to:  
THE CENTRAL OREGON FLYFISHERS • P.O. BOX 1126, BEND, OREGON 97709  
and receive Club Logo Patch and Monthly Newsletter

FULL NAME (S): \_\_\_\_\_  
member and partner

ADDRESS: \_\_\_\_\_

PHONE: H: \_\_\_\_\_ W: \_\_\_\_\_ OCCUPATION: \_\_\_\_\_

FORMER OCCUPATION IF RETIRED: \_\_\_\_\_

E-MAIL: \_\_\_\_\_

New 2004 Family or Single- \$36  Renewal by 12/31-\$30  Renewal After 12/31- \$36  Associate Member \$12.50   
(Associate Membership Available Outside of Crook, Deschutes and Jefferson Counties.)

Former Member  Address Change Only  Check if You Do NOT Wish to Receive the Newsletter on the Web   
But Want the Print Version Instead

Please check Interests:  Acquire More Knowledge  Find Fishing Partner  Volunteer For Projects  
 Improve Fishing Techniques  Social Functions List Other Interests on Back

TOTAL ENCLOSED: \$ \_\_\_\_\_ DATE: \_\_\_\_\_

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The Central Oregon Flyfishers  
PO Box 1126  
Bend, Oregon 97709

