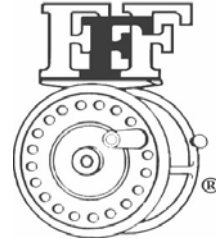


The Central Oregon Flyfisher



www.coflyfishers.org

An Active Member Club

Volume 29

Number 2

February 2006

GENERAL MEETING

Saltwater
Adventures
Peter Bowers
February 15
6:30-8:30 PM
Bend Senior Center
1600 SE Reed Market

MIDDLE DESCHUTES OUTING

February 18th
See p. 2 for details

2 Day
Flyfishing
Seminar
Jack Dennis
Mike Lawson
Feb. 13 + 14
For more info
rlanderson@bendcable.com

Random Cast

Oh, how the winter fishing itch needs scratching! As we all know winter in Central Oregon can be bitter cold and the fishing days seem to be few and far between. This has definitely been the case for me. However, I did get a break and time to fish at COF's Traditional New Year's Day Outing on the Crooked River. The pile of food on our plates from Jake's Diner was about the same height as the flows on the river that day (about 1800 cfs). The smart members that showed ate and went home to watch some football, but an adventurous 3 went forth. No fish were caught, but the weather cooperated and it was just good to stretch the casting arm in some sun and fresh air. If you are feeling a bit cooped up, COF is coming to the rescue. We have plenty for you to do and enjoy in the next couple months. There are only a few seats left for the Dennis/Lawson 2 day seminar, if you haven't signed up, get your registration into Frank McKim without delay. COF is again running the Kid's Fishing Pond at the Sportsman Show March, 2-5. You can contact Bill Raleigh if you would like to help. All volunteers get into the Expo for free. Then on March 11th mark your calendars for COF's premier fundraiser, the COF Banquet. With a new location, new format, new menu, a fun "Tall Tale" contest, and what is becoming one of the best selections of raffle and silent auctions items that we have seen in recent years, the banquet is sure to be an event you don't want to miss. If you would like to help out you can contact Larry Godfrey.

"Many men go fishing all of their lives without knowing that it is not fish they are after."

-Henry David Thoreau

Carl Sanders

February Meeting

This month's meeting will be presented by Peter Bowers of the Patient Angler. A bamboo fly rod was handed to him over 30 years ago starting something that has grown into one of the things he enjoys most in life. Peter said that teaching others the art of flyfishing, fly tying, and the building of customer relationships are his reward.

Beyond his northwest trout and steelhead fishing, he has a passion for saltwater flyfishing and its warm undiscovered waters. He has caught over 70 species of fish on the fly including a career highlight, a 400 lb. Blue Marlin on 20 lb. leader, exceeding the largest fish ever caught on the fly and the world record by over 120 lbs.

His love for photography and giving presentations allows him the opportunity to share his experiences to with us. Peter will be showing us some of his pictures and sharing the adventures that go along with them. Come and join us for some WARM fun on what will probably be a COLD Central Oregon February evening.

February Volunteer of the Month

Have you been to one of COF's annual outings on the Metolius River? Have you been reading COF's monthly newsletter the past couple of years? Did you build a custom rod with members last year or attend the outstanding stillwater class at the Senior Center? Have you ever fished the K-mart Special? Well, if you can say yes to any of these, then you can make a good guess to who is this month's VOM, and understand why. The February VOM is Harry Harbin. Harry shows us what COF is about by always offering to pass on his knowledge to members and helping this organization to continually progress year by year. The format of the current newsletter was developed by Harry who was editor until this Fall. COF's newsletter is available online and is a monthly read for many across the Northwest. Last year COF initiated a new website. Harry stepped forward and took over as COF's webmaster and is currently getting the sight operational for a place of archival information, current events, library inventory, and photos. We all know Harry as a member who is always willing to give 100 percent to the club. The next time you see Harry at a COF event please thank him for his contributions and invite him to fish the Metolius with you. You won't regret it. Thanks Harry for everything.

Carl Sanders

February Outing

Welllllll, it looks like our options are limited this month. The Crooked River is BLOWN OUT! In the 19 years that I have lived in Central Oregon, I have never seen it up and over a few rocks that I looked at on the New Year's Day trip. So, let's try the **Middle Deschutes** this month.

Let's meet at Sherry's by the Bend River Mall at 8:30 for breakfast (notice a trend here - Dave likes breakfast!) and discuss the different spots to drop over the rim to the river. If you can't/don't want to come to breakfast, we will probably be going to lower bridge, Steelhead Falls, Folley waters, Riffle road, or a new place that someone else comes up with! Sound confusing? There are many options on the Middle Deschutes and I don't know how many guys/gals will be coming.

When I first moved here I went on a club outing to Steelhead Falls. I winged a Zonker all the way across the river, mended a few times to let it sink, held on, and then watched a big brown trout lift up off the bottom and eat it as it swung off the far bank. It was my first Oregon brown and a really neat thing to watch from a lofty perch atop a big rock. It is one of those memories that you log away and flash back to on a cold winter day.

Bring some big streamers for the big browns, some nymphs (stones, pheasant tails, copper Johns, etc.) to search for rainbows or browns, and some little black stone dry flies (they could be hatching!).

Dress warm and bring a sack lunch. I'll take a little backpack stove and brew some coffee down by the river, *so bring a cup if you want some*. These outings are a great way for new members to the club to meet other people and to see the area. Hey, maybe you can catch a 'big old fish' and make a great memory for yourself.

Dave Semich

Five Tips For Staying Warm On The River

By Davidson River Outfitters –
www.davidsonflyfishing.com

Well, winter has finally arrived. The fishing can still be good, but you can get into real trouble if you are not dressed properly. Here are a few hints to help you stay warm and dry:

1. Dress in layers, this way you can take layers off as the day gets warmer.

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2. Wear fleece or wool; that way if you get wet, you will retain your warmth.
3. Always carry matches or a device to start a fire. I typically carry a railroad flare; it can start a fire even when wet. If you fall in the winter, you have roughly half as long as the water temperature before hypothermia sets in. So if you or your fishing partner falls in, get out on the bank, start a fire to stay warm and dry your clothes.
4. Keep your head and hands warm. Most of the body's heat is lost through the head, so wear a hat or cap. Use fleece or wool gloves with only the fingers that you use cut out. Most people leave the stream because their hands are cold; a little preventative measure will enable you to fish that much longer.
5. Keep your feet warm, wear heavy wool or fleece socks under neoprene boots, but be sure that they wick moisture away from your feet. If not, the moisture will make your feet cold. Also, be sure to wear loose fitting boots; boots that are too tight will cut off the circulation to your feet.

(taken from FFF Club Wire Jan. 2006)

COF Volunteer Opportunities

*Interested? Contact Carl Sanders
4cesanders@earthlink.net*

Membership Coordinator

Want to get to know your fellow members? This is your chance. Delores has done an outstanding job at this position for a number of years but is ready to try something new. This involves greeting members at the general meetings, organizing membership forms and keeping membership database updated. This would be a good team position also for a couple or shared member position. It requires attendance at a majority of monthly meetings.

Annual BBQ Coordinator

Each year in lieu of an August general meeting COF holds a free BBQ at Aspen Hall, Shevlin Park. It is an informal family oriented social event. COF provides Hamburgers, Dogs and the fixins, the rest is potluck. Aspen Hall is already reserved. BBQ Coordinator would enlist volunteers and organize set-up, breakdown, and cooking of food.

Carl Sanders

Wild Women of the Water

January: With 20 women squeezed into the small meeting room, there was barely standing room only for Jen Bock's presentation about fish anatomy, identification, life cycles, and species in Central Oregon. We passed the quiz at the end, so everyone must have paid attention. Thank you Jen for putting together some great slides and telling us about "fish facts" that we can all use.

February: Wild Women will not meet in February. Be sure to check the COF calendar for classes, events, and meetings. Fish egg deliveries to local classrooms are scheduled for February 22. If you would like to deliver eggs, contact Jen Bock (Jennifer.A.Bock@state.or.us).

March: Wild Women will meet in March. We hope to have a presentation about accessing Web sites to check water flows and other information about local streams. (It's good to know before you go.) If the weather cooperates, we might have an outing too. Watch your email for details.

Terri Grimm

When is a Rose Not a Rose?

This article is the second in a series about invasive plants, their impact on our lives, fish populations, and the environment.

If you looked outside right now, there is a good chance that you would see at least one weed. A **weed** is any plant that is unwanted where it is growing, is difficult to eliminate, has the ability to spread, and grows in an area to which it has not adapted. A rose may be considered a weed if it is growing in a location where it is unwanted.

A plant becomes an invasive weed species when it grows and reproduces quickly and out-competes the desirable plants for nutrients, water, and sunlight. Some weeds are especially problematic because they are a significant nuisance. Most states have developed a separate category for these weeds; they are categorized as noxious weeds. Noxious weeds are aggressive, undesirable plants that are not native to an area. Each state has its own definition for noxious weeds.

Noxious weeds are not native to our country. They tend to thrive because they lack natural enemies. The insects, diseases, and animals that keep the weeds in check in their native country are absent

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in our country. As noxious weeds push out native plants, cattle, sheep, and wildlife will lose a valuable food source.

Some noxious weeds, such as puncturevine, cause physical damage. Many noxious weeds produce thousands of seeds that remain viable in the soil for years. Most noxious weed seeds have the ability to cling to clothing, vehicles, animal fur, and fishing gear. Humans help these seeds hitchhike to new locations. Before leaving an area, remember to check your gear, vehicle, and pets for weed seeds. Remove visible seeds; don't spread the weeds!

Oregon Weed Fact: Oregon has over 1,300,000 acres of noxious weeds, including Russian knapweed, diffuse and spotted knapweed, yellow starthistle, leafy spurge, Scotch broom, tansy ragwort, purple loosestrife, and many thistles.

Next month: Weeds in Deschutes County

Adapted from Alien Invasion: Plants on the Move,
Terri Grimm, Editor



Can you identify this weed?
(See page 5 for the answer.)

Flow Restoration Plans in the Deschutes Basin

The Deschutes County Planning Commission hosted a panel discussion on January 12, 2006, to discuss water policy issues in the Upper Deschutes Basin. The forum included a summary of basin hydrology, state water law, and recent water allocation decisions. Panelists discussed future water management opportunities and the efforts being undertaken by various stakeholders meet increasing water demands in the basin. A question and answer session allowed the public to participate in the discussion.

Of major interest to COF members are the efforts of the Deschutes River Conservancy (DRC) to restore flow in the Deschutes Basin. Tod Heisler of the DRC stated that the goal is to restore flow in the Middle Deschutes to 250 cubic feet per second (cfs) in the summer and in the Upper Deschutes to 300 cfs in the winter. Last summer, through their efforts, the flow of the Middle Deschutes was increased to around 70 cfs from as low as 40 cfs in years prior to their program. The DRC is also involved in increasing flow in Squaw Creek, now officially renamed Whychus Creek.

In the Middle Deschutes, the program includes the leasing of water from irrigators willing to give up irrigation temporarily, with the leased water being returned to the river. Other sources are conserved water through piping leaky irrigation canals and transfers of surface irrigation water to ground water through a new mitigation program. The rules for this program were established by the State legislature in the last session. Rex Barker, one of the panelists who farms in the Lower Bridge area, plans to transfer his water rights to a destination resort. His irrigation water will be returned to the Middle Deschutes while the resort will pump an equal amount of water. This pumping may have some detrimental effect on the Lower Deschutes.

Although the DRC program may have some negative effects, the outlook for flyfishers in the Middle Deschutes is quite positive. Not only is summer flow expected to increase, but summer water temperatures are expected to be colder as well. In the Upper Deschutes, flow restoration could result in the reestablishment of a viable fishery where low winter flow currently limits fish populations.

More information on the proposed flow restoration programs and how the Basin will meet growing water needs through 2025 will be presented
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at a water summit sponsored by the Deschutes Water Alliance this May. Details will be found at the DRC website, www.deschutesrc.org. Documents discussed at the Planning Commission meeting are available at the county website www.co.deschutes.or.us/go/objectid/A24E6A50-BDBD-57C1-9135916C2FC3144E/index.cfm.

The panel discussion elicited many questions from the audience, including one from COF member John Anderson. John questioned whether the panelists had factored expected climate change effects on the Deschutes Basin in their analysis. John has written a memo regarding this topic and would be pleased to share this with anyone interested. He can be contacted at jranderson@bendbroadband.com. More general questions about the water restoration program or water questions in the Deschutes can be directed to Herb Blank at hblank@yahoo.com.

Herb Blank

When is a Rose not a Rose?
Answer - spotted knapweed

February Fly of the Month Floating Nymph (March Brown)

Not really a nymph, not quite an emerger, this pattern is designed to float just under the water surface. Tied to drift freely, this is a great pattern during the pre hatch melee of mayflies. It can be tied to match most mayfly hatches. This one is particularly tied for the March Brown hatches on the Deschutes.

March Browns will generally begin hatching when the water temperature reaches a consistent 42F. This can happen as soon as the middle of February and usually into the middle of April. March browns like to hang out in rocky riffles then move to the slower water to emerge. A prime spot for this fly would be the slower water at the tail of the riffle. Nymphs will begin moving early in the morning then emerge late morning allowing the angler to sleep in a bit before running to the waters edge. It is a good pattern to drop a hare's ear nymph from.

Hook: any light wire, emerger style hook
Thread: red
Ribbing: medium copper wire
Tail: dark partridge tips

Abdomen: a mustard brown hare's ear with dark partridge from the tails over the top
Wing case: ¼ strip of brown closed cell foam
Thorax: peacock
Legs: Badger hen hackle

Tie on a piece of copper wire just behind the bend of your hook. Tie in a dark partridge feather near the tips with about ¼ inch protruding from the back of the fly. Do not trim off the rest. Dub about 2/3 of the shank. Pull the rest of the partridge over the top of the dubbing. Tie down. Wrap the copper ribbing and tie down. Tie in your strip of foam with the longer end towards the back of the fly. Trim the short end and tie any extra down tightly and clean. Just in front of the foam tie in your hackle then your peacock. Wrap the peacock forward leaving a small space behind the eye of the hook. Wrap your hackle forward through the peacock with no more than two turns. Gently pull the foam forward and tie down, still leaving some headroom. Don't stretch the foam before you tie it down try to create a nice bubble shape. While holding the rest of the foam end up in your left hand wrap a nice head behind the hook eye and under the foam end piece that jams the foam to stand up on its own. Tie off the head. Stretch the end of the foam up and trim fairly close. I like to coat the foam bubble with a light film of head cement to seal it.



Carl Sanders

The Central Oregon Flyfishers Annual Banquet 2006

"Celebrating our success - a tribute to our members"

Join COF for its premier gathering and fundraising event. There will be plenty of food, raffle items, auction items, door prizes, awards, "fish tale" competition, and lots of laughs.



WHEN: Saturday, March 11, 2006
WHERE: Bend Senior Center, 1600 SE Reed Market Road
(541) 388-1133

TIME: 6:00 PM Social Hour
7:15 PM Dinner

FOOD: Appetizers early and then a catered meal by TLC

MENU: **NW Salmon with lemon caper aioli**
Bbq pork ribs with a spicy dipping sauce
Scalloped potatoes with Gruyere cheese and baby carrots
Roasted green beans
Mixed greens with a champagne vinaigrette
Bread and butter
Assorted dessert platter

DRINKS: BYOB wine, beer, and liquor with set ups provided by COF

"FISH TALE" COMPETITION: Volunteer members can enter a contest the biggest "fish tale". You will be allowed 3 min. An award will be given to the winner.

RESERVATIONS: Pay by February 28 and be entered in a special "Early Bird" drawing. Cost is \$24 per person.

BANQUET RESERVATIONS

Please complete the form below, attach your check for \$24 per person, and mail to COF at PO Box 1126, Bend, OR 97709. We need a HEADCOUNT for the caterer, and those who pay by Feb 28th will be entered in a special "early bird" prize drawing.
(PRINT CLEARLY)

Name _____

Spouse/Guest(s) _____

Mailing Address _____

City/State/Zip _____

Telephone _____

Amount enclosed @ \$24 per person _____

KOKANEE KORNER

Kokanee Karnival Thanks 2005 Donors

Program donations for calendar year 2005 were outstanding in many ways. First of all we received the required contributions to fund the hiring of our Development Director. These funds were provided by the Oregon Department of Fish & Wildlife, Fish Restoration & Enhancement Board, and by the Juan Young Trust, both of whom have provided much needed funding in the past. We also received a second round of funding from the Oregon Watershed Enhancement Board which helps fund a variety of expenses. Once again the Central Oregon Environmental Center provided funding for much needed classroom chillers for the Eggs-to-Fry program. COEC has been a strong Kokanee Karnival supporter for many years and they have helped us purchase much of the equipment that makes the egg hatching program so successful.

In addition to the above we had a record number of donations from COF members this year. This is especially important because while the cash is always welcome, it also shows support from within when we go out to other organizations for financial assistance.

Below is a list of everyone who made cash donations for the year and we want to send a sincere thank you for your generosity and support for the program and its objectives.

Foundations/Grants

ODF&W Fish R&E Board

Oregon Watershed Enhancement Board

Juan Young Trust

Central Oregon Environmental Center

Producing Partners

Central Oregon Flyfishers

Sunriver Anglers

COF Members

Patty Bowers

John Bloom

Jennifer Yager

Dennis O'Donnell

John Bancroft

Phil Ogburn

Jo Lundsford

Larry Thornburgh

Dennis McMahon

Francis Petersen

Ron Anderson

Dan Wagster

Barbara Burkart

John Bloom

David Delaney

Joe Audia

Carl Cavallo

Don Johnston

Herb Blank

Carl Sanders

Kenneth Arthur

Brandon Ladd

Daniel Re

Bob Gordon

Jim Lough

Mark Reisinger

J. C. Poulton

Chris Zobel

Ann Hutchinson Trust

Harry Harbin

Dave Dunahay

Thomas & Virginia Williams

Local Business/Other

Cascade Natural Gas

Old Mill Mortgage Group

Toro Enterprises

Squeaky Clean Window Washing

Bank of the Cascades

Central Electric Coop, Inc.

Helen Caplan

Trimble & Everton, LLP

Mid-State Electric

Elizabeth Farwell

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COF Volunteer Opportunities

Kokanee Karnival needs a volunteer to replace Rex Harrison who has done a great job over many years of preparing and repairing our spinning rods and reels for the Spring Angling Clinic. This job requires someone who is skilled in the repair of spinning reels and someone who can volunteer time in April to make sure the equipment is in working order, and then be present at the Angling Clinic at Shevlin Pond on May 4/5 and 11/12 for emergency repairs as required. Contact Mark Reisinger at 389-4124 for more information.

Activities Schedule

As our days start to get a little longer and temperatures begin to rise, Kokanee Karnival activities start to heat up as well and we need volunteers to support everything. Over the last two years we have seen many new faces come out and join the fun so don't be shy. There are a number of things anyone can do, but if you have some expertise in anything relating to outdoor activities we can always use your assistance. We also welcome those of you who just want to come out and observe what's going on. It's a good way to see if this program is something you want to get involved with. I've listed all remaining activities below with the name of the responsible person so please feel free to contact them with your interest and questions:

February 22-Fish Eggs to Fry classroom egg deliveries (Jen Bock 388-6363)

April/May-Classroom Angler Education (Bob Mullong aka Capt. Caddis 389-4372)

April/May-Classroom Fish Dissection (Tom Walker 383-4000, Rod Juranek 593-4471)

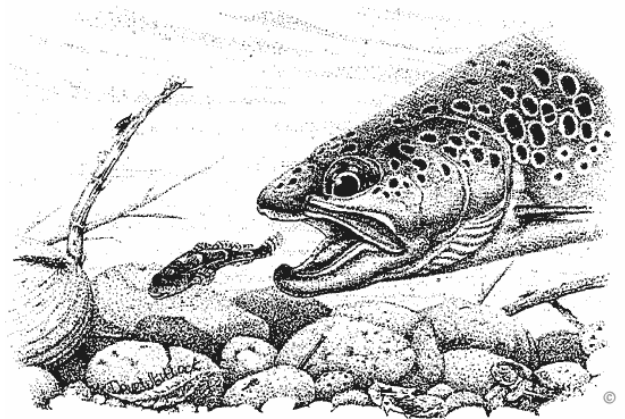
May 4/5, 11/12-Angling Clinic at Shevlin Pond (Jen Bock 388-6363)

All of these activities primarily include our local 4th and 5th grade classrooms and provide the children with a dynamic, hands-on learning experience that will educate and excite them about preserving and improving out local watersheds.

During the coming months we will have sign-up sheets at monthly meetings for your convenience, and feel free to call me directly, **Mark Reisinger, at 389-4124** if you need additional information.

Book information

A few months ago Hiram Lee came to the club and gave us a presentation on the native trout of Oregon. At that meeting told us of a good reference book called "Trout and Salmon of North America". David Drake just sent me an email saying that the publication can be purchased at Amazon.com at a discounted price of \$26.40. David said that the usual retail price is \$40.00. You might want to check it out.



NEW MEMBERSHIP

The following information is used in the roster. Include all contact data and other interests that you wish to have appear in the roster. Print legibly using block letters, all caps.

LAST NAME		FIRST NAME	OCCUPATION (PAST OR CURRENT)	
SPOUSE'S FIRST NAME		SPOUSE'S LAST NAME IF DIFFERENT		HOME PHONE
HOUSE NUMBER	STREET		WORK PHONE	EXT
CITY			STATE	ZIP CODE
EMAIL ADDRESS				
How do you want to receive the COF monthly newsletter? (Check one.) <input type="checkbox"/> Email <input type="checkbox"/> US Postal Service				
Why did you join COF? (Check all that apply. List other interests on reverse.) <input type="checkbox"/> Wild Women of the Water				
<input type="checkbox"/> Acquire more knowledge <input type="checkbox"/> Find fishing partner <input type="checkbox"/> Volunteer for projects <input type="checkbox"/> Improve technique <input type="checkbox"/> Social functions				

You must sign this release EACH year when you renew to attend or participate in club activities.

LIABILITY RELEASE AND HOLD HARMLESS AGREEMENT

As a condition of membership or of participation in any activity encouraged or publicized by The Central Oregon Flyfishers, I voluntarily assume all risks of my participation. In acknowledgement that I am doing so entirely upon my own initiative, risk and responsibility, I do hereby for myself, heirs, executors, and administrators agree to remise, fully release, hold harmless, and forever discharge The Central Oregon Flyfishers, all its officers, board members and volunteers, acting officially or otherwise, from any and all claims, demands, actions or causes of actions, on account of my death or on account of any injury to me or my property that may occur from any cause whatsoever while participating in any such COF activity.

I acknowledge that I have carefully read this hold harmless and release agreement, and fully understand that it is a release of liability. I further acknowledge that I am waiving any right I may have to bring legal action to assert a claim against The Central Oregon Flyfishers for its negligence.

I have read the above statement and agree to its terms as a condition of my membership in The Central Oregon Flyfishers.

X _____
 SIGNED BY PRINT NAME MONTH DAY YEAR

X _____
 SIGNED BY PRINT NAME MONTH DAY YEAR

DUES SCHEDULE

Memberships are renewable on January 1 of each year. New members joining prior to June 1 shall pay a full year's dues of \$36. New members joining after June 1 shall pay a prorated amount according to the chart below. New members who reside outside Deschutes, Crook and Jefferson County shall pay \$12.50.

THE MONTH YOU ARE JOINING	JUN	JUL	AUG	SEP	OCT	NOV
THE DUES YOU PAY (\$)	18	15	12	9	6	3

RETURN THIS FORM Mail or deliver this form and your check payable to The Central Oregon Flyfishers to the membership chairman. Forms unaccompanied by dues payment or that lack signature, name, or date on the liability release statement are considered invalid and will be returned to sender.

The Central Oregon Flyfishers
Membership Chairman
PO Box 1126
Bend, OR 9770

UPSTREAM EVENTS – 2006

February:	2	COF Board of Directors Meeting - Carl Sanders
	13+14	Seminar , by Jack Dennis and Mike Lawson - Ron Anderson
	15	COF General Membership Meeting, Peter Bowers, Saltwater Adventures - Don Schnack
	18	Outing, Middle Deschutes River - Dave Semich
	Tuesdays	Fly Tying, 6:30 at the Bend Trap Club - Carl Sanders
March:	2	COF Board of Directors Meeting - Carl Sanders
	11	COF Annual Banquet If you are interested in helping at the Banquet (set up, take down, organization, etc.), Please contact Larry Godfrey at 382-5860
	18	Outing, Metolius River - Dave Semich
	15	COF General Membership Meeting,
April:	6	COF Board of Directors Meeting - Carl Sanders
	19	COF General Membership Meeting, Dave Brown, Flyfishing the Canadian Rockies
	22	Outing, Krumbo Reservoir - Dave Semich
May:	4	COF Board of Directors Meeting - Carl Sanders
	6	Class , Entomology for the Fly Fisher, by Rick Hafele - Ron Anderson
	17	COF General Membership Meeting,
	20	Outing, Lower Deschutes River - Dave Semich
June:	1	COF Board of Directors Meeting - Carl Sanders
	17	Outing, John Day River - Dave Semich
	21	COF General Membership Meeting

Notes: (1) For more information about an event - contact the last name on the lines above.

