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President's Message

Hi everyone!

Happy Independence Day!

Summer is in full swing, Hope everyone is getting out and enjoying Central Oregon.

At the May General Meeting, we saw a short presentation by Chris Foster on a proposal to amend the ODFW regulations covering the Metolious. River. The current wording in the regulations apparently make it hard for law enforcement to protect the resource. The proposal is for the entire river to become fly-fishing only and barbless hooks. This issue is something all club members may want to become aware of and let the ODFW know their position. I consider this river a true gem and feel we should do whatever we can to protect it. The timeline is very short and input is needed right away. A letter supporting these changes has been send by the club to ODFW. To read Chris Foster's entire handout, [click here](#). For more information, contact Chris Foster at [cfoster@bbnw.com](mailto:cfoster@bbnw.com)

Our annual club picnic is Tuesday, August 14th at Shevlin Park. This event is in lieu of our August General Meeting. The club sponsors the entree and asks for attendees to bring a side dish (add not chips) and and your own (add adult) beverage. Water and soft drinks will be provided. The event begins at 6:00pm. If you would like to volunteer to help set-up, cook, clean-up ETC. please contact Herb Blank. [hblank@yahoo.com](mailto:hblank@yahoo.com)

Enjoy the summer!

- Allen

*"If I fished only to capture fish, my fishing trips would have ended long ago." — Zane Grey*



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This month we are pleased to have a Central Oregonian fly fisher and fly-fishing photographer Brian O’Keefe as our guest speaker. Brian is no stranger to COF and will again entertain the membership with his humor and fantastic fly fishing photography. This month program will be on fly fishing for Central Oregon Bass. To any “bass junkie” this pictorial pursuit brings hours of enjoyment when the trout are not biting. Central Oregon rivers, lakes and ponds provide a variety of large and smallmouth bass fly fishing opportunities with many large bass residing in some places and big numbers of smaller bass in others. Brian will talk will

cover how, when and where to take advantage of this important fishery. He will cover tackle and techniques along with his outstanding fly fishing photography.

Brian sold his first fly fishing photograph at the age of 16 and since then has made fly fishing photography his passion and pursuit. Brian is a world traveler having fly fished and photographed some of the greatest fly fishing destinations. His photographs have appeared in Field and Stream, The Drake Magazine, Outside Magazine, Outdoor Life, American Angler, Catch Magazine, Fly Fisherman Magazine, and many more.

## NEXT CAST FLYFISHERS

Another 3-Day Fly Fishing camp is in the books! The Next Cast Fly-fishers crew holds a camp at Shevlin Park for local beginner fly fishers each year immediately following school release.

The camp targets 10-14 year olds, and works to make each participant a self-sufficient angler at the end of three days. We work on tying knots, selecting flies and understanding aquatic insects, tying flies, assembling a fly rod and stringing it up, along with casting and fishing. We hope to experience releasing fish safely, too!

Our COF volunteers show up each year to help us deliver the camp activities. This year, three of our Next Cast members are also returning to help teach fly fishing skills. Branson Broderick (who attended one of our first 3-day camps), Micah Brown, and Joe Cross (also a former camp participant) are all eager to help the young anglers.

It is always fun to see the kids interact and become successful over the course of the camp.



We are also continuing our regular schedule for the Next Cast members. For July, we will meet at the Old Mill for casting practice. See the time and place details below.

Each month, the topic, instructors, and location may be different, so be sure to check this newsletter for the details. The sessions will be open to all of the Next Cast members and we encourage everyone to attend any and all the sessions you can!

### UPCOMING ACTIVITIES: MONTHLY NEXT CAST FLY-FISHERS MEET-UP—JULY 18 FROM 3:30-5:30.

Casting, Old Mill Casting Course (meet at water holes near Chico's). Plan to bring a 4wt or 5wt rod with a floating line and sunglasses. Please RSVP and let me know if you need equipment. Each month, we will schedule a meeting time prior to the COF monthly meeting (3rd Wednesday). The topic and location may vary, so check here each month to see details. Open to all Next Cast members.

The Next Cast Flyfishers program provides opportunities and coordinates activities for young fly anglers in the area. We offer fly fishing instruction through classes and activities, fly fishing summer camps, ongoing COF events, and individually through mentorship and teaching.

Providing these opportunities, young anglers will be exposed to fly fishing and increase their interest and level of involvement.

Please contact me directly if you have questions.

- KAREN KREFT, 503-409-0148  
NEXTCAST@COFLYFISHERS.ORG

## CONSERVATION

Mann Like is a destination in Eastern Oregon about 80 miles south of Burns. The lake contains Lahonton Cutthroat trout. The lake averages 6-8 feet deep and is a prolific aquatic insect producing machine that grows BIG Lahontons. Yeah, that beautiful golden-orange with black spots and the blood red slashes on the jaws. That same Salmo that is on record of growing to 41. Lbs from Pyramid Lake in Nev. That is where I caught and held in my hands my first Lahonton Cutthroat and the same Salmo that is listed as an endangered or an extinct species throughout its historic ranges. To get an opportunity to hold a Lahonton in your hands let alone fly fish for them is a privilege that not many anglers ever get a chance to experience. I have had the privilege. And now it might be too late for anglers in Oregon to experience that privilege, of that amazingly beautiful salmonid species, any longer either.

And this is where the conservation piece gets to the point.

Bend Bulletin article; by Tim Trainor,  
[Click Here to Read Full Article](#)

## Springtime on the Skagit

After years of anticipation, the first spring Skagit season since 2009 is now officially in the books. Our good friend Greg Fitz weighed in with a blog post in The Fly Fish Journal that highlights some of the sights, sounds, trials, and travails of this twelve-day fishing season. As is the case with all steelheading, it was tough sledging for many. However, as Andy Walgamott noted in

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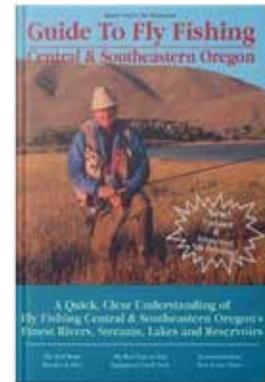
Northwest Sportsman, “if you were lucky enough to be steelheading in Washington’s North Cascades on April 18, you most likely had a very, very good day.”

That day, with the rivers falling after days of heavy rain, creel estimators believe anglers landed an estimated 118 steelhead, roughly one-fifth of all the wild winter-run steelhead caught during this special season. Days like this one remind us of the importance of rebuilding imperiled runs across Steelhead Country and the potential quality fisheries we could experience if the steelhead community works together to advance the best long-term interests of wild steelhead and the anglers that pursue them.

[Click here to read more.](#)

- WARREN D. SNYDER  
WD.SNYDER@YAHOO.COM

## LIBRARY



*NO NONSENSE GUIDE TO FLY FISHING  
IN CENTRAL & SOUTHEASTERN  
OREGON BY HARRY TEEL*

Have you organized your fly fishing equipment? Have you filled up your fly box? Have you patched up your leaky waders? If you've answered yes, then you're ready to get out on the water and this book is for you. Harry Teel combined his 60



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years of Oregon angling into the first No Nonsense fly fishing guidebook. Hatch charts, maps and illustrations direct you to the best waters in this popular region. The Deschutes, McKenzie, Williamson, Metolius rivers, Cascade Lakes and many more. Get a quick, clear understanding of the essential information you'll need to fly fish the outstanding waters in Oregon's most popular region. Why No Nonsense? You won't waste time. In a few moments you'll know how to fly fish the most enjoyable and rewarding waters in Oregon's High Desert region. Detailed, maps, annotated by the author show you how to get there and where to fish. Illustrations show you flies, fish and everything you need. Use this guide to plan your Oregon fly fishing trip. Or, take this guide along for ready reference. ~ If you are a club member and would like to peruse the library and/or check out one of our books, just look for the rolling bookcase at the club's general meeting. The librarian arrives at the meeting early to give members extra time to look for books before the meeting starts. Sign in on our website <https://coflyfishers.wildapricot.org>, click on Members Area and select Library to see a list of our books. If you have any questions, comments, or new book suggestions, email Helen.

- HELEN GUERRERO-RANDALL  
LIBRARY@COFLYFISHERS.ORG



## OTHER NEWS

### Lower Sacramento Trip Review

This is Mike McClean giving you a fishing report on the trip that I set up to the lower Sacramento River in Redding, California. Sadly the response to attend was slim to none and I can tell you that you missed out on a great opportunity, and how fabulous the fishing was! But without these pictures, you would think it was just another “fish tale”. So I have attached the photos to show you what a great fishery the lower Sac is. Yes – right inside of Redding, and the type of trout these waters hold.

- MIKE MCCLEAN  
MIKEBENDMCCLEAN@GMAIL.COM

**TYER'S CORNER**



ALL AROUND CALLIBAETIS EMERGER

**Hook:** Dry fly 12-16  
**Thread:** Rusty Dun  
**Tail:** Mallard flank feathers  
**Body:** Emergence dubbing-Callibaetis  
**Rib:** Small copper or gold wire  
**Hackle:** Body hackle-small grizzly, Front hackle-partridge

This fly is my knock off of an Irish lake fly. Fishing: I soak the fly in a silicone pre-treatment. It can be fished in the film, just under the surface, or on a sinking line.

**Tying Instructions:**

Feathers can be marker dyed with a water proof tan marker or dyed by boiling the skins of 4/6 yellow onions until a tea colored solution is achieved. Strain the skins out; put all of the feathers in along with a 1/3 of a cup of white vinegar. Stir and let the feathers sit in the water until you like the color. Dry and tie.

1. Start the thread about 1/4 of the shank length back from the hook eye & wrap to a point even with the barb.
2. Tie in 6/7 mallard flank fibers as a tail slightly longer than the hook shank. Tie in the rib
3. I use dubbing wax to touch dub the emergence fibers or you can dub them onto the thread in the regular manner. Wrap the body to the point near the eye where the thread was started.
4. Tie in the body hackle with the dark side facing forward and wrap back towards the barb. ( four or five wraps). The body hackle should be smaller than the hook gape.
5. Use the small wire to secure the feather and wrap forward as a rib taking care not to tie any feather barbs down. Tie off the rib.
6. Dub the remaining hook shank with emergence fibers, tie in the partridge feather and wrap it forward soft hackle style. Whip finish.

- MIKE TELFORD  
 MANDSTELFORD@BENDBROADBAND.COM



**WILD WOMEN OF THE WATER**  
 FROM LAKE OF THE DUNES & DILLON FALLS. JOIN US!



## MEMBERSHIP

Please reach out to our new folks at our next meeting.

**Elliot Henson**  
**Chris Johnson**  
**Lauren Johnson**

Questions? Contact Sue Coyle.

- SUE COYLE

MEMBERSHIP@COFLYFISHERS.ORG

## COF CLASSIFIEDS

No classifieds advertisements were received for this month.

**MEMBERS:** Got a fishing related item to sell? Ads are free and run for one newsletter. If the item is not sold the ad can be resubmitted.

- CLASSIFIEDS@COFLYFISHERS.ORG

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### JULY ROD RAFFLE

Charles Schillinsky is building a four piece 9½ foot six weight rod. This has become his favorite rod for lake fishing with nymph imitations, streamers and indicators.

Purchase your raffle ticket(s) at the next COF meeting. Tickets cost \$10 each, no limit of number that can be purchased.

All proceeds go to benefit the club and members.

- CHARLES SCHILLINSKY

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## 2018 UPSTREAM EVENTS

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DATE	TIME	ACTIVITY	LOCATION
August 14th	6:00 PM	COF Annual Picnic	Shevlin Park



Central Oregon Flyfishers  
PO Box 1126  
Bend, Oregon 97709