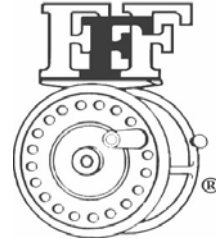


The Central Oregon Flyfisher



www.coflyfishers.org

An Active Member Club

Volume 29

Number 7

July 2006

GENERAL MEETING Steelhead and Salmon Migration

6:30-8:30 PM
Bend Senior Center
1600 SE Reed Market

OUTINGS Hosmer Lake July 12

BackPacking
July 29 + 30

See p. 2 for details

Classes

Steelhead Fishing
on the Deschutes
August 13

See p. 3 for details

Fly of the Month

A.P. Nymph

See p. 4 for details

Random Cast

Hope all who attended the Canada Trip had a great time. We want to hear your stories. Although the summer months keep many of us busy with fishing, vacations and family COF continues to grow. The club is doing quite well with close to 240 members. As you may or may not know COF does not have membership drives so much of this growth is due to our activities and the many opportunities that we offer for those interested in fly fishing. As always we welcome all and any suggestions to better this organization, don't be shy and no matter how long you have been a member let your board know what you're thinking.

The club has a few new developments that I would like to share with everyone. Yancy Lind has stepped up and will be taking the position of Education Coordinator from Ron Anderson. Also, Yancy has agreed to fill a vacant COF board position and will surely be an outstanding addition. He coordinated the Inaugural Fly Fishing Rendezvous that was a hit this Spring and will bring that energy to COF's future planning and education.

Also, your board has decided to hire out the upkeep of COF's website which has been stagnate for quite a while except for the newsletter. We will be working with a member who does this for a living and knows the club's operations very well. So keep your eye on the website for updates and information in the near future.

Lastly, and not without a bit of sorrow and excitement, I am preparing to step down as president of COF in coming months as my family is relocating to the far NE corner of Oregon. I love this club, the members, its mission, and its activeness in the community. I have not known many organizations, fly fishing or otherwise, that actively offer so much to their membership and local community as COF. It is truly something special and I will take that with me. Thank you COF.

Carl Sanders

"I look into ... my fly box, and think about all the elements I should consider in choosing the perfect fly: water temperature, what stage of development the bugs are in, what the fish are eating right now. Then I remember what a guide told me: 'Ninety percent of what a trout eats is brown and fuzzy and about five-eighths of an inch long.'"

Allison Moir

July Program

How would you like to see Steelhead and Chinook Salmon migrating into the middle Deschutes, the lower Crooked River and the Metolius River as far as Suttle Lake?

A series of short presentations by representatives of Portland General Electric, the Warm Springs Tribes, O.D.F.W., and the U. S. Fish and Wildlife Service will be given to C.O.F. members at the July meeting.

Come prepared with some tough questions for this difficult problem. I for one, often only read about these projects in the newspaper or a flyfishing magazine after some judge has already made a court decision.

This is an opportunity for us to find out what is going on and offer our input.

Don Schnack

July Outings

Hosmer Lake

I hope that you have already received the club email on this outing. This late newsletter will be released very close to the day of this fishing trip or later.

Backpacking Trip

We haven't had a pack-in trip in a long time. My daughters still talk about the trip that we took with Bob Mullong and his daughter, a couple other guys, and two gals. That was probably about 15 years ago and my daughters loved it.

Larry Godfrey has agreed to head up this outing. He would like all those interested in going on a backpacking outing to either give him a call at 382-5860 or come to the July club meeting and discuss the options with him at that time. Larry has been getting some information from the people at fish and game on which lakes might be the best to go into. He just needs to know how far people are willing to hike, when they can leave (Friday evening/Saturday morning), and when they need to return. So either call Larry or come to the July meeting and sign up for the backpacking trip.



June 17, 2006 - Deschutes River
Delores Marsh releasing a nice rebside.

July Volunteer of the Month Bob Mullong

Known as Capt. Caddis by most COF members or "Bob the Fish Guy" if you happen to be an elementary school teacher or one of hundreds of kids that have seen him in their classroom. He is busy. He is elusive but active. He sports a signature beard and smile that would make any of Snowwhite's friends jealous. He is July's COF volunteer of the month. His name is Bob.....Capt. Caddis.

Capt. has been a member of COF since the beginning of time or at least COF's time anyway. Instrumental in the establishment of COF, Kokanee Karnival, and the club's healthy connection to conservation and community education, Bob is still going strong. This continual dedication to COF and its mission is why Capt. Is always at the top of COF's volunteer awards list.

The volunteer hours this member pours into COF is astonishing. Along with others, he leads the classroom education portion of Kokanee Karnival. He is a standard attraction at the Spring Angling Clinic. He has been working for the past year or two cataloging COF's library for future posting on the Website. He has gotten KK's new website up and running in the past couple months. He continually appears at the Kid's Pond, COF booths, and fund raising events. Capt. Caddis has been featured in the Bulletin for his volunteer efforts and also serves on Oregon Restoration and Enhancement Board of Directors.

This award is meager in comparison to Capt. Caddis' efforts within this organization. There is not enough room in this newsletter to list everything, but we say thank you Bob...for everything.

COF Volunteer Opportunities

*Interested? Contact Carl Sanders
4cesanders@earthlink.net*

Metolius Bamboo Rod and Fly Fishing Fair

Volunteer help needed to be at COF's booth during this two day event on July 15th and 16th.

Education Committee Members

There are positions open for members who would like to help coordinate an education class or two a year under the direction of the Education Coordinator. Member would help committee decide on the classes to offer to the COF membership and coordinate a class by making contacts, organizing enrollment, payments and other specifics.

Wild Women of the Water

On the morning of June 19, the only ripples on East Lake were those made by jumping fish and diving osprey. Russ Seaton from Fly and Field Outfitters picked the perfect day for this outing. Delores "fish on" Marsh netted too many fish to count. (I think Delores's success had something to do with her zippy new, sports car red kayak. When you're on the lakes, watch out for Delores!) Claire Peters wrestled with the "big fish" of the day. She managed to net a 17-inch brown trout -- not bad for her first time in a float tube. When those pesky afternoon winds put a damper on fishing in a float tube, several women experimented with the Hobie pedal-power kayaks that Scott Harrin brought for us to try. I was impressed. These kayaks are easy to steer and maneuver, and they move through the water with minimal effort. (You can check out the Hobie kayaks at the Gear Peddler in Bend.)

Watch your email for news about our July outing.

With more people on the water during the summer months, it's important to always exhibit good fishing etiquette and respect other anglers -- even if their behavior is not exemplary. Remember: always carry your fishing license; know the state and local regulations; don't trespass; if you bring it in, take it out; use existing, visible paths; and get the lead out -- use a substitute. When another angler is present, the right-of-way goes to the angler casting upstream; any angler with a fish on; or any stationary angler. The floating angler yields to the walking/wading angler. The first angler to arrive has "the rights" to a pool. (reprinted from *Northwest Women Flyfishers Newsletter*, June 2006)



COF Class - Steelhead Fishing on the Deschutes Sunday, August 13th

The COF Education Committee has arranged for an on the water steelhead fishing class before the steelhead fishing season is in full swing. If you want to learn about the steelhead fishing or if you want to increase knowledge you have already then this class is for you. Many COF members consider steelhead to be the premier fish in Central Oregon because of steelheads' strength and fighting abilities.

The class will be taught by Amy Hazel, co-owner of the Deschutes Angler fly shop in Maupin. Amy will cover reading steelhead water, swinging a fly on a floating line and a sink tip, skating dry flies, wet fly presentation, swinging deep sunk flies on sink tips, effectively working the water, steelhead fishing etiquette, hooking/playing/landing a steelhead, hatchery versus wild steelhead, Spey casting versus single handed casting, best flies to use, best weather and times of day, and more.

What: Steelhead Fishing on the Deschutes
When: Sunday, August 13th, 12 noon to 4 PM
Where: Maupin area on the river, specific location to be determined
Equipment: waders, boots, fly fishing gear, water
Cost: \$30 per person

To register, contact Ron Anderson via email at randerson@bendcable.com. Class space will be limited so register early.

-- Terri Grimm

Lost Cap

I was told that a COF member picked up my COF cap at the Sunriver Anglers club meeting in May. I walked off and left it on my chair and the fellow sitting next to me thought it belonged to a COF friend of his, so he took it to return it. I don't know any of their names, but if a stray cap with my sweat band on it turns up, could you let me know?

Thanks,
Jim Pease

--

JAMES PEASE
54949 MALLARD DRIVE
BEND, OR 97707
TEL & FAX 541-593-4398

Fly of the Month

It has been a good months fishing here in Central Oregon. I have been having mixed success on the Fall River and on Hosmer Lake. The Deschutes at Warm Springs was ok with high water the order of the day. For those who didn't hear the story I finally got my big fish on the Fall River at the end of May a very nice 30" Rainbow, which weighted about 61/2 lbs. I got him on a double nymph rig with about 22 grams between the two nymphs. He broke me off 3 times in an hour and half before I just cut a 5x leader in half and used that and a piece of 3x fluorocarbon for the rest of the rig.

This month's fly is a pattern by: Andre' Puyans. The "A. P. Nymph" was an original fly invented by Andy quite some years ago. It can be found today in shops and is supplied by: Umpqua Feather Merchants. It isn't tied quite like the original but the pattern below is how it was taught to me by: Andy. It can be tied with Pheasant Tail in place if the Moose Hair which works well also. You can add weight to the hook for working in the deeper runs. I like sizes 16 to 12, with 14 being what I tie most. It is a very good searching nymph and it works very well in today's multiple fly rigs. The one technique that comes from tying this fly is how the tail wing case and the legs are from the same bunch of material, this aids in keeping the body of the fly nicely tapered and keeps the amount of thread wraps down too a minimum.

A.P. Nymph André Puyans



Pattern: "A. P. Nymph"

Hook: Heavy wire 1x nymph hook or a TMC 200R 18 to 12

Thread: 8/0 Black

Tail: Good bunch of moose hair, enough to make a good wing case and long enough to make a set of legs.

Body: The preferred material here is dark almost black beaver fur for the original and the dark brown beaver if tying with the pheasant tail.

Ribbing: Fine Copper Wire, the finer the better.

Thorax: The same material as the body

Legs: The end pieces of the wing case trimmed and only 3 legs on each side.

Head: A very small amount of the same body material. Then a nice whip finish.

Tying the fly:

Attach thread at the mid point and then attach all the tailing material. If adding lead, add it only in the thorax area.

Just before you reach the hook barb you attach the wire with a few tight turns of thread.

Here is the trick part, cut over half the tailing material from the rear of the fly just in back of the last thread wraps, then continue the thread to just behind the barb point this hides the cut ends and aids in tapering the fly. Dub the body and wind forward to the 2/3rds point and stop.

Lift the tail and take one wrap of copper under the tail and then wrap the rib forward and tie off at the 2/3rds point. Pull back the forward part of the tailing material and dub in the thorax to just behind the hook eye leaving enough room for the wing case tie in. If leaded use less dubbing for the thorax.

Pull the tailing material forward and over the thorax creating the wing case, tie it down and cut the ends leaving only 3 ends for each side. Pull the ends down and back to the lower half the hook and tie off with tight thread wraps. Trim all the legs at once, about halfway between the eye and hook point.

With just a small amount of dubbing added to the thread make a couple of wraps to form a furry head and end with a nice whip finished head that is hidden almost completely by the last bit of dubbing.

If you have any questions or suggestions please, Email me at-- tlfly@myl80.net.

Good hunting, and see you at Hosmer, Jerry Criss

EDMUNDS WELL WILDLIFE SANCTUARY

This sanctuary, located near Summer Lake, consists of 640 acres of which 300 acres are wetlands and many ponds stocked with rarely fished large trout and bass. Established by Don and Carol Edmunds to provide a safe haven to wildlife that inhabits or migrates through the region and to make available to youth, especially the disadvantaged, a place to commune with and learn from nature.

The Edmunds donated a two day fly fishing outing to the COF for our Annual Banquet fund raiser and joined us at our May meeting to communicate their purpose. They also extended an invitation to COF members to visit the sanctuary on July 14th to fish the ponds. A group of 10 children from the Bend Boy's and Girl's Club will be there and some of us will demonstrate fly fishing to the kids.

Anyone interested in visiting the sanctuary and enjoying some great fishing on the 14th should contact **Earl Rettig who will coordinate our attendance**. Please contact Earl at herettig@msn.com or at 330-9670

UPSTREAM EVENTS – 2006

July	6	COF Board of Directors Meeting - Carl Sanders
	12	Outing, Hosmer Lake - Dave Semich
	19	COF General Membership Meeting, Steelhead and Salmon migration
	29/30	Outing, Backpacking to a Cascade Lake - Larry Godfrey
August	3	COF Board of Directors Meeting - Carl Sanders
	9	Outing, Little Lava Lake - Dave Semich
	13	Class - Steelhead Fishing, Amy Hazel --Ron Anderson
	16	Annual Picnic , Shevlin Park -
	19	Outing, East Lake - Dave Semich
September	7	COF Board of Directors Meeting - Carl Sanders
	9	Outing, Gold Lake - Bob Cooper
	20	COF General Membership Meeting, -----?
	28-1	Outing, Deschutes Steelhead - Neal Buxton
October	5	COF Board of Directors Meeting - Carl Sanders
	18	COF General Membership Meeting, -----?
	21	Outing, Metolius - Dave Semich
November	2	COF Board of Directors Meeting - Carl Sanders
	15	COF General Membership Meeting, -----?
	18	Outing, Crooked River - Dave Semich
December	7	COF Board of Directors Meeting - Carl Sanders
	9	Outing, Deschutes County Library - Dave Semich
	20	COF General Membership Meeting, -----?

Notes: (1) For more information about an event - contact the last name on the lines above.

Emails that you might need:

Dave Semich	-	flyshndave@webformixair.com - Editor and Outings
Carl Sanders	-	4cesanders@earthlinck.net - President
Bob Cooper	-	fishcoop2@bendcable.com - Outing
Neal Buxton	-	nealab@aol.com - Outing
Larry Godfrey	-	lgodfrey@bendbroadband.com - Outing
Don Schnack	-	389-4440 - Monthly Programs
Phil Ogburn	-	pogburn@hughes.net - Classes
Carl Cavallo	-	fishincarl@yahoo.com - Classes

New members

John & Barbara Dillon
Debra Huestis
Del Kyger
Joe Parenzan
Jim Saleen
Bob Beraud

Classified

ROD

Temple Fork Outfitters, Lefty Kreh TiCr 10wt 9'0" 4pc.
Used only about 3 hours. New \$229 asking \$139

Ken Gutowski 318 - 7422.

