

# Central Oregon Flyfisher

Vol. 37, Number 7

July 2014



## CONTENTS

### General meeting

2 Fishing the Lower Deschutes

### Outings

2 East Lake

### Wild women of the water

3 Have you been fishing?

### Membership

3 Welcome new members

### Next cast flyfishers

3 Awesome youth fly fishing!

### Library

4 Western Mayfly Hatches

### Other News

4 Macroinvertebrate monitoring on Whychus Creek

5 August barbeque

5 Prineville Reservoir crappie challenge report

### Conservation

5 Anadromous fish reintroduction

6 ODFW budget

### Tyer's corner

7 Tan Pontoon Caddis

### Upstream Events

8 Calendar of Events

## ■ PRESIDENT'S MESSAGE

June was a busy month with multiple outings and great weather for fishing. And there are more outings to come. Outings provide an opportunity to fish new waters and meet potential fishing partners.

COF held a fly-fishing camp for kids in conjunction with Bend Parks and Recreation. Karen Kreft and her crew organized a very special, three-day camp for twelve young anglers. The kids had a great time and were exposed to the fundamentals of fly fishing. They also caught fish! A special thanks to all those who helped out.

Remember, the annual COF BBQ will be held **Tuesday, August 19** at Shevlin Park. We need volunteers to help set up and clean up afterward.

COF needs members who will step up and take a leadership role in the Club and the Board. The Club succeeds only when new people join the mix and help out with the many activities to keep things going. There's something for everyone—responsibilities large and small and many jobs that need to be done. Call me to find out the best fit for you.

— Dave Dunahay ([president@coflyfishers.org](mailto:president@coflyfishers.org))



Kids just want to have fun! Photos from the Next Cast Flyfishers three-day fish camp in Shevlin Park. PHOTOS: Karen Kreft



## GENERAL MEETING

Jul 16 | 5:45 p.m. pre-meeting | 7:00 p.m. general meeting | Bend Senior Center, 1600 S.E. Reed Market Road, Bend

## Fishing the Lower Deschutes

Brian Silvey owns and operates Brian Silvey's Fly-Fishing Guide Service, a year-round fly-fishing guide service located in Maupin, Oregon. Brian, an Oregon native, has been involved in many facets of the fly-fishing industry for years:

- Worked as a fly-fishing guide along the Deschutes and Sandy rivers for 30 years
- Has a degree in Fish Biology & Fisheries Management
- Tied flies as a private and commercial tier for 35 years and was a signature tier for Umpqua Flies – Several of Brian's flies have appeared in books and magazines.
- Certified fly-fishing casting instructor for conventional fly rods and spey rods. – Brian won the 1999 Best of the West Fly-Casting Competition (5-wt. rod, 102-foot cast).

**Brian is especially well known for his fly-tying skills. He has offered to demonstrate fly-tying, starting at 5:45 p.m.** The meeting will begin at 7:00 p.m.

## OUTINGS

### East Lake

Jul 10 | 10:00 am | East Lake campground boat ramp

East Lake is my favorite lake, and I fish it 20 to 25 times a year. For me, a typical July fishing day at East Lake starts around 10:00 a.m., but sometimes hours later. I launch my drift boat at the Hot Springs boat ramp. The first thing I do is check the water for bugs. What is hatching or flying? Is there a mass of callibaetis (CALBS) spinners on the water from a night hatch? Next, I look to see what the fish are doing (e.g. whirling, boiling, sucking, jumping or nothing). During the day, I also watch the osprey to see where they are fishing, as it tells me that fish are coming to the surface.

Normally, I rig up a floating line with a CALBS dun on top (size 12) and a CALBS emerger (size 14) as a dropper (about 20 to 22 inches below). Sometimes I will use a Parachute Adams, Purple Haze or a smaller black caddis as the top fly and use a CALBS spinner, black gnat or Griffith's gnat as a dropper. I often start casting the dry flies around the weed beds near the hot springs. If I get no fish, my next stop is the weed beds in the north eastern corner of the lake. If that area is not productive, I will then go to the shallow areas on the south western corner of the lake (to the left from the East Lake campground boat ramp).

During mid-day the lake is often very sunny with little or no wind and few fish at the surface. Now I switch to a full-sink line (type IV or VI). I like multi-colored wooly buggers (with black, olive, green or orange) that have some flash. For a dropper, I most often use a CALBS nymph, blue prince or a holo/chrome lightening bug. I fish these flies at 15 to 20 feet deep on the north and east sides of the "mound" or "hump," which is about 100 yards out from the East Lake boat ramp (toward the beach at the west end). To attract more action, I give the flies lots of little (two-inch) jerks to cause the flies to flash. Every so often, I let the flies fall four to eight inches, then hold for a couple of seconds with

## OUTINGS 2014

Month	Day	Destination	Leader
Jul	10	East Lake	Quentin Stanko
Aug	19	Aspen Hall - BBQ	Herb Blank
Sep/Oct	TBA	Lower Deschutes River	Robert Gentry

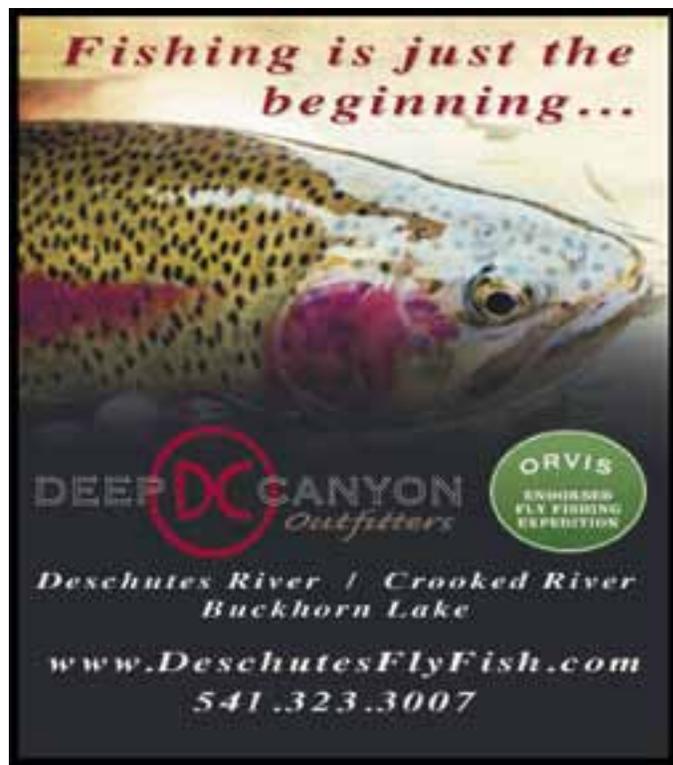
minimum slack. The drop really attracts the fish, but don't have too much slack to be more efficient at setting the hook. This drop technique also works well with chironomids when NOT using a strike indicator. I am trying to improve setting the hook by using only a small yank on the line with my left hand.

At early evening, I watch for rises. Often, the first place fish rise is between the white slide and the western beach. In late July and early August, there are grasshoppers behind the beach for the hungry fish. I will cast dry flies along the western shore until it starts to get fairly dark. Many weekday nights, I am often the only one fishing near the white slide in the evenings; this time is some of the best fishing with good potential for larger fish. If not productive at the white slide, head to the southwest corner near the hot springs weed beds directly off the large rock formation. This area can be one of the most productive spots when it starts to get dark.

I prefer to use 3X to 4X leader and 4X to 5X tippet. Otherwise, some fish will steal my fly. When using a dropper, check the tippet for knots once in awhile.

If you would like to join me and other COF members at East Lake on Thursday, July 10, meet at the East Lake campground boat ramp at 10:00 a.m. for a short briefing. Remember your NW Forest parking pass. If you have any questions (e.g. more information on chironomids) or comments, please contact me.

– Quentin Stanko (Qffys@aol.com or 541 647-2685)



## WILD WOMEN OF THE WATER

Have you been out fishing with the Wild Women of the Water yet? We've been to Hosmer Lake and the Crooked River as a group this last month. Everyone had great fun. If this is all news to you, you haven't been getting our email messages, which means you don't yet belong to Wild Women. When you (and/or your significant other) joined COF, you had to check the box for Wild Women on the membership form. If you have an email address that you would like to use, please let me know. If you have questions or a change needs to be made, send an email to me. Hope to see you on our next trip!

– Kari Schoessler ([wildwomen@coflyfishers.org](mailto:wildwomen@coflyfishers.org))

## MEMBERSHIP

Pick up free COF logo decals at the membership table at the July meeting. To join COF, go to [www.coflyfishers.org](http://www.coflyfishers.org) and click JOIN. To view the current roster, go to <https://coflyfishers.wildapricot.org> and sign in.

Contact me if you have questions.

*Welcome New Members:*

*Ben Medley*

– Tim Schindele ([membership@coflyfishers.org](mailto:membership@coflyfishers.org))

## NEXT CAST FLYFISHERS

### Awesome youth fly fishing!

During June, the nine-week fly-fishing curriculum with REALMS (local Bend middle school) was completed and a three-day youth fish camp was held. Students who participated in these activities had a ton of fun and caught some fish!

Students at REALMS had already completed other courses. They finished the curriculum with outings to the Crooked River and Shevlin Park. COF volunteers assisted the students with nymph-fishing techniques, resulting in several fish hooked and landed.

The Two Bulls fire was brought under control and Shevlin Park was reopened just in time for the Next Cast Flyfishers three-day fish camp.

Twelve young fly fishers attended the camp; two campers had attended camp last year, and several had previous fly-fishing experience. The fast-paced, three-day event covered a variety of fly-fishing activities. Students practiced casting each day and fished in Shevlin Pond. There was also classroom instruction in fly tying, knot tying,

regulations and fish identification, and collection and identification of aquatic insects.

The kids put on waders and used kick nets in Tumalo Creek to collect aquatic insects. In the classroom, students inspected the different insects, identifying differences in the mayflies, stoneflies, and caddis. Their favorite insect was preserved in a vial for them to share with their families.

Many fish camp participants reported that improvement in casting was perhaps their greatest success. Hooking and landing fish improved greatly on the last day due to a stocking truck. Many fish were hooked and landed; several were 12 to 15 inch beauties.

We had a drawing for a fly-fishing lanyard equipped with zingers, nippers and forceps and a drawing for a Redington Crosswater Y fly rod/reel/line combination, donated by Redington. The winner of the fly rod had come to the camp having never fished before and not owning his own equipment! We strung up his newly-acquired rod, tied on a fly and headed to the pond. Within the first half hour, he hooked and landed his first fish EVER!

The recipient of the lanyard was equally thrilled with his prize. He had arrived with his own fly rod and had landed some fish, but of course the lanyard made it all better!

Of course, fish camp was made possible by our volunteers and the support of COF. This year, John Kreft, Eric Steele, Kari Schoessler, Dave Dunahay, Cliff Price, Sandy Dunahay and Max Johnson helped the kids with each activity. We had a lot of fishing success due to the time and patience provided by these volunteers. Thank you so much for supporting the Next Cast Flyfishers! Look for us at the COF Annual BBQ in August!

Please let me know if you are interested in volunteering at any future events! Hope to see you! Karen Kreft (503-409-0148 or [nextcast@coflyfishers.org](mailto:nextcast@coflyfishers.org)).

– Karen Kreft



**FLY FISH**  
CENTRAL OREGON  
WITH THE EXPERTS FROM  
THE FLY FISHER'S PLACE.

FULL-SERVICE SHOP, GUIDED TRIPS,  
INDIVIDUAL AND GROUP LESSONS.  
PRIVATE LAKE ACCESS AND THE  
BEST FLY SELECTION IN THE NORTHWEST!

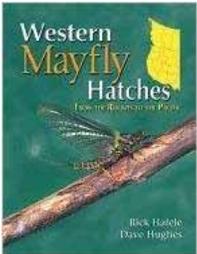
*The Fly Fisher's Place*

FIRST CLASS IN SERVICE,  
SELECTION & KNOWLEDGE

541-549-FISH | 151 W. MAIN AVE., SISTERS | OPEN 7 DAYS A WEEK  
GREENDRAKEHATCH@GMAIL.COM | WWW.FLYFISHERSPLACE.COM

## LIBRARY

Remember, the COF library surplus book sale will end at the July general meeting. Approximately 50 older, but classic fly-fishing books that cover diverse topics will be offered for sale at \$2.00 each or three for \$5.00. The funds generated from this sale will be added to our general fund. The sale is run on the honor system, so simply browse the available materials, make your selections and place your cash in the container on the table.



### Western Mayfly Hatches

This month's featured library item is the new and updated book *Western Mayfly Hatches* by Rick Hafele and Dave Hughes. This huge, detailed and beautifully crafted book offers an incredible look at the various mayflies that can be found in the Western United States.

"In their first book together since their 1981 classic *Western Hatches*, aquatic entomologist Rick Hafele and fly fishing author Dave Hughes, combine their extensive knowledge to describe in detail the widespread and diverse western mayflies, unraveling their mysteries, revealing how to identify them, how to match them, and how to fish their imitations.

Researched, written, and photographed over a period of more than twenty years, *Western Mayfly Hatches* covers all mayfly hatches important in the entire range of western states and provinces. Color photos reveal the important aspects of each stage of each important mayfly hatch. Scientifically accurate illustrations by artist Richard Bunse depict the details that will allow you to recognize key differences between species for both nymph and adult stages. A series of fly patterns, from suggestive through impressionistic to imitative, are listed for each state of each hatch. The full dressing is given for each fly, and each is photographed in color by Jim Schollmeyer.

Also included is information on collecting and observing mayflies, mayfly behavior and natural history, fly-tying techniques, presentation methods for nymphs, emergers, duns, and spinners,

plus much more. Unique 'hatch ranking tables' list the important aspects of each hatch, and provide a means for determining its importance relative to all other hatches. Hatch charts show graphically the emergence period of each hatch throughout the year, and the time of day you might encounter the insect on the water being fed upon selectively by trout.

Includes more than 350 color photographs, 75 illustrations, and more than 175 fly patterns. You'll be amazed how much information you'll discover within the pages of this book. *Western Mayfly Hatches* leaves no stone unturned".

Stop by the Library table and take a look at this book.

— John Tackmier, COF Librarian (541-549-6252)

## OTHER NEWS

### Macroinvertebrate monitoring on Whychus Creek

August 16, 2014 | 8:30 a.m. to 3 p.m. | Creekside City Park, Sisters, OR

Join the Upper Deschutes Watershed Council (UDWC) and the Xerces Society for Invertebrate Conservation to collect aquatic macroinvertebrates in Whychus Creek on August 16. Aquatic macroinvertebrates, the aquatic life stage of familiar bugs like stoneflies, caddisflies, and mayflies, are excellent indicators of stream health. On Whychus Creek, where extensive restoration work is taking place to improve habitat for returning steelhead and salmon, UDWC is using macroinvertebrates to measure how stream conditions are changing as restoration progresses.

Volunteers will learn sampling methods and spend the day collecting macroinvertebrate samples in teams along the creek. These samples will give UDWC and our partners essential information about the quality of stream conditions for aquatic life. Macroinvertebrate monitoring with UDWC is a great opportunity to get involved in taking care of a local watershed, spend time in a beautiful place, learn first-hand about stream ecosystems, and contribute to developing a better scientific understanding of the rivers you love.

**What to bring:** two to three quarts of water, lunch and snacks, sunscreen and hat, rain jacket, old sneakers or waders, shorts or quick-dry pants, small backpack

*continued on next page*

**Fly & Field**  
OUTFITTERS

**NEW Website - [www.flyandfield.com](http://www.flyandfield.com)**

- Up to date fishing reports
- Real-time river & weather conditions

**Guided Fly-Fishing Adventures**

- Deschutes, Crooked and Fall rivers
- Cascade Lakes
- Trout and steelhead

**Full-Service Fly Shop**

35 SW Century Dr., Bend OR 97702 • 541-318-1616 • [www.flyandfield.com](http://www.flyandfield.com)

To sign up or for more information: Contact Lauren Mork (lmork@restorethedeschutes.org or 541-382-6103 x39) or Herb Blank (hblank@yahoo.com or 541-312-2568).



## August barbeque

Tuesday, August 19 | Serving starts at 6:30 p.m. | Arrive early to help set up.

The COF annual August barbeque replaces the August general meeting. Bring the family and enjoy the evening at Aspen Hall in Shevlin Park. We need volunteers to set up, cook and clean up afterward. Call Herb Blank (541-312-2568) if you can help out. More details about this event in the

August newsletter.

## Prineville Reservoir crappie challenge report

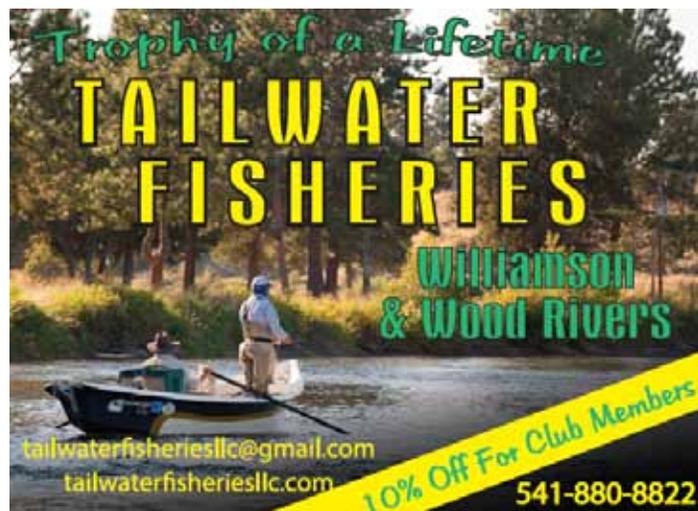
We had really wonderful weather, 22 really wonderful people and really wonderful food. And really wonderful BASS! A camp neighbor said the crappie were dining on worms. Who'da thunk that? It was great to see old friends and welcome new ones. Lannie Cook and Neal and Terri Dunbar all caught a lot of bass. Many thanks to everyone who made it to this outing in support of the Capt.' Caddis crappie challenge. Fins up! See you all next year.

— Betsy Brauer Mullong

## ■ CONSERVATION

### Anadromous fish reintroduction

As I have detailed in prior columns, the attempt to reintroduce salmon and steelhead into the upper Deschutes basin (above



The Central Oregon Flyfisher

## LIND | WHITE GROUP

Yancy Lind & Eric White

Financial Planning & Investment Management



**Merrill Lynch**  
**Wealth Management®**

PROUD SUPPORTERS OF COF

541-312-6821 | yancy\_lind@ml.com

Lake Billy Chinook) has not been going as well as hoped. One of the major remaining issues is adequate upstream fish passage at Opal Springs dam on the Crooked River just above Lake Billy Chinook.

About one million anadromous fry and smolts have been planted in the upper basin every year for the past seven years. This year 630,000 steelhead and 300,000 Chinook have been planted. Steelhead have been planted in the Crooked River and Wychus Creek with a focus on Wychus due to the barrier at Opal Springs.

Unfortunately, steelhead have shown an overwhelming preference for the Crooked River over the middle Deschutes and Wychus Creek. No one knows why. In three years of adult returns, it is believed that a total of three steelhead have gone up Wychus. All the rest have attempted to go up the Crooked. There is a crude "trap and haul" system in place at Opal Springs. It was intended to trap returning fish so they could be manually hauled around the dam and released. Unfortunately, this system has had very limited success. The majority of returning steelhead adults have remained in Lake Billy Chinook. Some have failed to get past Opal Spring and then attempted to go up the Metolius, a river that has never been steelhead habitat. The bottom line is that the Crooked is where the fish want to go, and they are literally willing to die rather than go up Wychus.

In recognition of this, COF organized a meeting in Salem with Tom Byler, Oregon Watershed Enhancement Board (OWEB) Executive Director, and Meta Loftsgaarden, OWEB Deputy Director. OWEB is in charge of spending lottery dollars on water enhancement projects. They have already spent \$16 million on restoration of Wychus Creek in support of the reintroduction effort. This meeting was also attended by representatives of Trout Unlimited, WaterWatch, NW Steelheaders and Native Fish Society. Our goal was to make sure that OWEB was aware of the latest information on the reintroduction and the critical need for fish passage at Opal Springs and to ask that they allocate additional funds for this purpose.

The owners of the Opal Springs dam have agreed to install permanent fish passage if others will split the bill with them. Total cost is projected to be around \$7.5 million to \$8 million, so about \$3.5 million to \$4 million must be raised. OWEB has already agreed to fund \$1 million of this project. We requested that they allocate additional funds, given that the overall success of the reintroduction effort hangs in the balance. They agreed to consider the request, but they made no commitments.

*continued on next page*

The consortium of angling and water organizations in attendance at the meeting will continue to work on this issue and look for other sources of funding.

## ODFW budget

As mentioned last month, ODFW is in the process of creating their 2015-2017 budget. See last month's column for more details. Your board of directors approved sending the following email to Roy Elicker, Director, Oregon Department of Fish & Wildlife. The good news is that Director Elicker personally responded the same day thanking us for our comments.

"Central Oregon Flyfishers is an angling club located in Bend with approximately 291 member families residing throughout Central Oregon and the rest of the state. We are an active club with year-round meetings, outings, education programs, and conservation activities where we work closely with our local ODFW field biologists. We also partner with the local office on STEP programs like Kokanee Karnival, an award-winning year-long fisheries and angling education program for fourth and fifth graders in the Bend-La Pine School District.

I have been authorized by the COF Board of Directors to write to you regarding your proposed 2015-2017 budget. We appreciate the difficulty the projected \$32M budget shortfall presents. We understand that all cuts will be painful and you have a tough problem. We would like to make a few comments:

1) We believe that it is imperative that you make no further cuts to field biologist staffing. We know firsthand how important these individuals are to monitoring, maintaining, and improving the health of the fisheries we anglers cherish. We also believe that your efforts to create "efficiencies" in the field should not limit the ability of the field biologists to effectively do their jobs.

2) We support your proposal to increase angler license fees as well as adding a fee to the Pioneer License. In fact, we believe that you are being too modest in your proposed rate increases. While no one likes to pay more for anything, if an Oregonian can afford to go fishing they can afford to pay more for a license. When compared to the cost of gear, travel, food, lodging, etc., a license is a minor expense. An annual license is less than the cost of a single tank of gas. We believe that license fees, including those for the Pioneer License, should be raised enough to at least cover the expense of keeping your field biologists.

3) We do not support lowering the age at which a youth license is required. Nor do we support increasing youth license fees. As you have pointed out, the number of licensed anglers in Oregon has declined over the years. We believe that providing an easy path to introducing new, young anglers to our sport should be provided. Lowering the age or increasing the fees for a youth license would not be consistent with that.

Thank you for your consideration. We appreciate the work you and everyone at ODFW does."

– Yancy Lind ([conservation@coflyfishers.org](mailto:conservation@coflyfishers.org))



Mealtime on the Rogue River outing. PHOTO: Kari Schoessler



Thank you for two hours of your time to teach us regulations. I liked the magazines because they had lots of zoom-ins and pictures. Also, I liked the knot tying. One time my dad got hooked in the head with a trouble hook. Finally it was fun to learn the names of rods and reels. Thank you for coming into our classroom.

– Kokanee Karnival student



## TYER'S CORNER

Now that fishing season is in full swing, it's time to remember the little things that can make it a great year on the wonderful waters that are in Central Oregon. Keep the SUN SCREEN ON, and use a good hat and glasses. Let people know where you are going if going alone. Take plenty of water no matter where you go.

This month's pattern is an updated version of an older pattern. I felt it was time to revisit my old find the Pontoon Caddis, a dry pattern by Andre' Puyans. Andre' presented the fly at one of the advanced classes I took in the late 90s. Everyone tied and fished the fly over a couple of weeks and offered their comments. We were using new materials for old patterns. The pattern used CDC for the lay-back wings (no hackle), but the fly rolled on its side when fished. When tying in the CDC wing, it would not roll down the side of the hook very far without losing the shape we wanted. When tying caddis-hair wing patterns, it is important to make the wing material come down the side and at least even with the hook shank; otherwise, the fly will lay on its side when fished, even when the fly is hackled. By drawing back the butt ends of the CDC feathers used for wings perpendicular to the hook shank and trimming all but 1/8 to 1/4 inch, the fly will stay upright. Hence the name, Pontoon Caddis.

I have made changes to the wing of the fly. I have added a little underwing of z-lon or EP fiber (your choice), and the wing is composed of different shades of the same color to give the wing a life like view from below. This is very important when designing a new version or a new fly, after all that's the fish's view! "Good Luck and Good Hunting."

—Jerry Criss (541-536-3581 or [tlfly44@msn.com](mailto:tlfly44@msn.com))

## Tan Pontoon Caddis



Hook: #16 to #10, 1x long, dry fly hook

Thread: tan 8/0 to 14/0, color to match your choice

Body: medium olive, good dry fly dubbing

Under-wing: cream or white z-lon or EP fibers

Wing: two tan and two callibaetis CDC feathers, color to match your choice

Head: tying thread

1. Secure the thread at the head and wind back to just above the hook point.
2. Dub the body and bring it forward, tapering the body as you come toward the hook eye and stop well before the eye. Tapering the body at the front allows the wing to lay down low over the body. Remember, two wings and the pontoons need to go behind the eye.
3. Tie in the sparse under wing and roll the wing down the sides a little so the CDC wing will have a tent shape to follow.
4. Select feathers, keeping them close to the same size. Place two feathers together, with curves matching and the lighter shade on the inside. Do the same for the other half of the wing.
5. With the two wings curving out, tie in the four feathers for the CDC wing all at one time. Keep the feathers vertical while pinching and tightening the thread wraps.

6. Once the wing is secured, pull back the butt ends, two out each side, and "X" wrap them in place. Trim to length.
7. Finish with a small head between the pontoons and hook eye.

### THE GOLDEN RULES OF FISHING\*

Fishing is a great way to spend time outdoors. Keep in mind these tips from veteran angler Clark Shafer to make the experience better for you and the world around you.

**ALWAYS BUY A FISHING LICENSE** and follow local regulations on the number and size of fish you may take and whether live bait is allowed.

**REMEMBER THAT A FISH OUT OF WATER CANNOT BREATHE.** Hold your fish in the water as you remove the hook, and work as quickly as you can.

**TAKE CARE OF YOUR FAVORITE FISHING SPOTS.** If you see trash, pick it up. If a section of the river is crowded, move to a more isolated location.

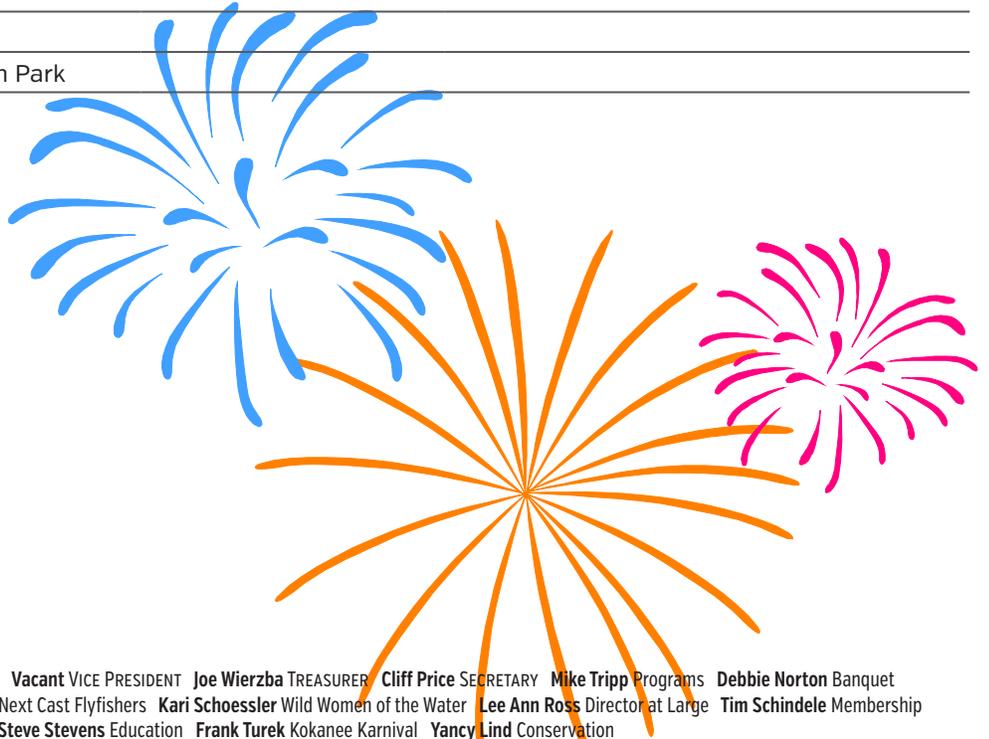
\* From *Nature Conservancy*, June/July 2014, page 26

## Central Oregon Flyfishers Upstream Events 2014

Date	Time	Activity	Location	Contact
<b>JULY</b>				
Jul 10		<b>OUTING</b>	East Lake	Quentin Stanko (Qflys@aol.com)

### In the future

Aug 19, Annual BBQ, Aspen Hall in Shevlin Park



2014 COF Board Members: Dave Dunahay PRESIDENT Vacant VICE PRESIDENT Joe Wierzba TREASURER Cliff Price SECRETARY Mike Tripp Programs Debbie Norton Banquet  
John Tackmier Library Eric Steele Outings Karen Kreft Next Cast Flyfishers Kari Schoessler Wild Women of the Water Lee Ann Ross Director at Large Tim Schindele Membership  
Vacant Raffle Steve Stevens Education Frank Turek Kokanee Karnival Yancy Lind Conservation

Membership application available from: <http://www.coflyfishers.org>

For advertising information, call Mike Shadrach at 541-678-5717.



**Central Oregon Flyfishers**

PO Box 1126 Bend, Oregon 97709



An active  
member club

