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President's Message

Hello,

June will herald the Salmon Fly Hatch, the opening of the Cascade Lakes Highway and perhaps Newberry Crater as well. One of the reasons we all call this home are the many opportunities to fish in this area. Time to get out the rod and make like an angler.

Kudos go to all who volunteered at the Spring Kokanee Karnival. The kids had a great time and so did I! Once again, Frank Turek and his board did a fantastic job, way to go!

A nomination Committee is being formed to identify folks who are willing to help lead this club in the coming years. We will have several vacancies in 2020. This includes President, Treasurer, Education, Winter Fly Tying and possibly several others. Please consider serving to keep this great club moving forward.

Again, the Bend Senior Center is being remodeled this summer and we will NOT be meeting there in June, July or August. We have reserved Aspen Hall at Shevlin Park for those months. The meetings in June and July will be held the third TUESDAY instead of the third Wednesday. The dates are June 18th and July 16th. In August we will have our annual BBQ and picnic. More details on the picnic to follow.

See you on the water

*"Do not tell fish stories where the people know you. Particularly, don't tell them where they know the fish."* — Mark Twain

- Allen

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*Kokanee Karnival*

FRANK TUREK  
KK@COFLYFISHERS.ORG

*Next Cast Flyfishers*

KAREN KREFT  
NEXTCAST@COFLYFISHERS.ORG

*Conservation*

TOM SHUMAN  
MADRASFISH@GMAIL.COM

*Banquet*

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BANQUET@COFLYFISHERS.ORG

*Social Media*

MOLLY VERNARECCI  
SOCIALMEDIA@COFLYFISHERS.ORG

*Librarian*

HELEN GUERRERO-RANDALL

*Raffle*

LEE ANN ROSS

*Newsletter Design & Production*

KELLY ALEXANDER  
SUBMISSIONS.COF@GMAIL.COM



The Lower Sacramento River is one of the finest metropolitan trout fisheries and fly fishing destinations in North America, and fly anglers from all over the world, including many Oregonians, travel to Redding CA to fish it. This month **Bryan Quick**, the Director of Outfitters for The Fly Shop, will give a presentation on this fabled fishery. The Fly Shop is Northern

California's premier provider of guiding services for the Lower Sac the fish over 3500 guide days per year.

Bryan Quick spent his early years chasing bass, trout, and carp in California's Bay Area and Western Sierra lakes and streams with his fly rod. After retiring from the U. S. Air Force, he returned to Northern California to fish and guide.

## NEXT CAST FLYFISHERS

Coming up mid-month is the beginners fly fishing camp at Shevlin pond. Each year, COF volunteers lead a group of young anglers through the different skills of fly fishing. By the time they leave the camp after the third day, they can cast like pros and hook and land fish!

Over the past few years, we have been able to purchase equipment to use in the camp and provide a safe, quality experience for the kids. We have great rods and reels, waders and

boots, and fly tying vises and materials to produce some killer flies!

This year, Fred Cholick will be leading the 3-day camp. Any COF members that would like to help out, be sure to contact Fred to volunteer for one, two, or all three days! Contact Fred: fcholick@gmail.com

**UPCOMING ACTIVITIES:**  
**THIS EVENT IS FULL: NEXT CAST 3-DAY FLY FISH CAMP**—June 17-19, Shevlin Pond/Aspen Hall, Bend. This camp is for beginners

and includes all aspects of fly fishing. The curriculum includes wading in a local stream, identifying aquatic insects, casting, tying flies, and fly fishing in Shevlin Pond. Registration for this camp is through Bend Parks & Rec and will be available with the Summer Activity Catalog distributed in March. Attendees must be 10-14 and is open to all local youth. Oregon fishing licenses are required for all attendees 12 years and older.

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The Next Cast Flyfishers program provides opportunities and coordinates activities for young fly anglers in the area. We offer fly fishing instruction through classes and activities, fly fishing summer camps, ongoing COF events, and individually through mentorship and teaching.

Providing these opportunities, young anglers will be exposed to fly fishing and increase their interest and level of involvement.

Please contact me directly if you have questions.

- KAREN KREFT, 503-409-0148  
NEXTCAST@COFLYFISHERS.ORG

## **WILD WOMEN OF THE WATER UPCOMING ACTIVITIES:**

### **WILD WOMEN OF THE WATER - HAPPY HOUR @ GREG'S GRILL AT OLD MILL - JUNE 11TH 5-6:30ISH**

The Wild Women have been busy connecting with one another and fishing on the newly open lakes and fishing the improved water flows on the Crooked. We want to acknowledge and thank our local fly shops which opened their doors to us after hours during the winter for education and personalized

attention, Fin & Fire, Fly & Field, The Fly Fishers Place and we had a time scheduled with Confluence but February's snowmageddon hindered that one. We appreciate our local shops, Bend Fly Shop, Patient Angler and The Hook Fly Shop included, for being intentional about creating a positive and welcoming atmosphere for our Wild Women and for carrying women's gear and accessories in their shop. Ladies, I encourage you to support your local fly shop. If you don't see something you are looking for let them know. Women are the strongest growing demographic in the sport of fly fishing and our local shops recognize this and desire to become YOUR shop! Remember ladies, there is always time for one more cast.

- SUE COYLE  
WILDWOMEN@COFLYFISHERS.ORG

## **CONSERVATION**

### **Pond Management 101**

My cousin was a formally trained fish biologist. He talked a lot about basic pond management. In any body of water there is a maximum carrying capacity in terms of pounds of fish per surface acres. Say this limit is 100 pounds of fish per acre. In an over populated stunted pond there may be 100 small fish averaging 1 pound each of various ages. In a balanced healthy pond there may be 10 large older 5 pound fish and an assortment of smaller younger fish that will replace the large fish when they die or are harvested by fisherman.

A fundamental truth was that fish heads and eyeballs continue to grow over time. In a healthy balanced pond the fish resemble footballs

with small heads and large bodies. In stunted overpopulated ponds where too many fish compete for a limited supply of food the fish have larger than normal heads and eyes and smaller bodies. A casual inspection of a fish shows much about the condition of the body of water. This visual inspection of a typical fish works for bass and trout in various bodies of water.



Enclosed are two pictures of kids displaying their catch. The boy in the purple shirt shows two normal healthy bass from a balanced pond.



The boy in the red shirt shows a stunted bass from a pond with too many fish for the food source. Notice the larger head and smaller body in the second picture.

Stunted populations are a result of too many fish surviving from egg to 1 year old. The normal method of correcting a unbalanced pond is to remove say 50% of the adults.



Photo: R. Todd Cary

The electro fishing of Davis Lake in May is an attempt to remove large quantities of the unwanted bass and transfer them to bodies of water where they may have a beneficial use. Hook and line removal of fish may be more enjoyable but is a less efficient method of control.

This is a normal and approved method of fish management. Another method used on ponds with too many small bass is to introduce another predator. In Baker County the 203 pond and Haines pond were overpopulated with small bass. ODFW caught and placed a few large channel catfish in the Haines pond to prey on the small bass. These fish grew to impressive size. I witnessed one lucky fisherman pull a 20+ pound catfish from the small Haines pond. The average size of bass from the

Haines pond were consistently larger than the 203 pond.

This example of warm water fish management was conducted by professional fish biologists working for the state of Oregon. This type of activity should never be illegally practiced by private individuals. Every time a fish is caught it is appropriate to note the condition and general shape. This is a quick method to determine the health of a body of water and fish population.

- THOMAS SHUMAN

**OTHER NEWS**  
**Crooked River Cleanup Report**

The rain stopped falling at 10 a.m. as twenty-two COF members met at the Big Bend Campground on April 20 for the annual Crooked

River cleanup. By lunchtime the sun was shining. Thank you to all who turned out with special thanks to Jill Bazemore for rounding up the food and Dave Dunahay for barbecuing lunch.

- PETER MARTIN

**Kokanee Karnival**

We completed the Kokanee Karnival Youth Education Program Spring Angling Clinic the end of April 2019. It was held at Shevlin Pond in Bend. We lucked out with the weather because it was nice all six days. The students, teachers, parent chaperones and volunteers all had fun. Students learned a lot as well. ODFW stocked the pond with trout twice and fish were caught every day. We changed the stocking schedule so the trout were

stocked on Mondays to eliminate the weekend fishing pressure. The students got to watch the stockings. Lots of smiling students and for many it was the first fish they ever caught. We provided more time for practice fly casting and this was a big hit with the students.

We had about 354 students attend this year and it would not have been successful without the dedication of the following volunteers. We had 48 volunteers and these people donated 675 hours and 2,902 miles to Kokanee Karnival. This year many of the folks volunteered for 4 to 6 days and it really increased our efficiency at the stations and for daily clean up. Sorry if we missed someone or misspelled a name but we got the names from the sign-in sheets.

Thanks for volunteering.

- FRANK TUREK

#### OUR 2018 TEAM OF VOLUNTEERS

Allen Caudle  
 Angela Sitz  
 Allison Dobscha  
 Art Agnew  
 Bill Lincoln  
 Bob Hickman  
 Charlie Schillinsky  
 Chris Berault  
 Carol Ann Cary  
 Dan Pebbles  
 Dave Dunahay  
 Dave Greiner  
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 Julie Weber  
 Kathleen Schroeder  
 Kage Koessler  
 Kimble Clark  
 Leah Hough  
 Mike Quan  
 Peter Martin  
 Quentin Stanko  
 Rob Theodersen  
 Rynie Quan  
 Savanna Scheiner  
 Tim Quinton  
 Todd Cary  
 Tom Carptnter  
 Tom Walker  
 Trent Daivto

## ODFW & Forest Service Needs Volunteers

ODFW and the Forest Service Needs Volunteers for Free Fish Day, June 1 9am-Noon, Wizard Fall Hatchery

All, once again it is getting close to our Free Fishing day event Sat. June 1st at Wizard Falls fish hatchery on the Metolius River. This is a great opportunity to educate youngsters on fishing and all things aquatic. In the past we have had 200-500 kids show up. The event runs from 9am to noon for kids 10 and under.

This event is in partnership with

ODFW and volunteers. Generally ODFW handles running the pond and the fishing part of things and Sisters Ranger District does the aquatic education stations, fly tying and parking control. I need help with some aquatic education booths, fly tying and parking.

Immediately after the event there is a BBQ for employees and volunteers. After the BBQ anyone that helped with the event can fish in the pond, catch and release with barbless flies and lures, which has some very large fish. This is a once in a lifetime opportunity to fish the hatchery pond and be over the age of 10!

Please forward this email to anyone you think would be interested in helping or volunteering. [nate.dachtler@usda.gov](mailto:nate.dachtler@usda.gov)

## SOCIAL MEDIA

Do you have photos from your latest fishing outing, fishing reports, or information you'd like to share on the COF Facebook Page? Send them my way! This doesn't only help the club out, but it's also a great way for us to show the community how active our members are.

If you haven't already connected with us on Facebook and LinkedIn, make sure you do so! Here are the links:

- LIKE us on Facebook: [www.facebook.com/CentralOregonFlyfishersClub](http://www.facebook.com/CentralOregonFlyfishersClub)
- FOLLOW us on LinkedIn: [www.linkedin.com/company-beta/6419050](http://www.linkedin.com/company-beta/6419050)

Until next time,

- MOLLY VERNARECCI  
[SOCIALMEDIA@COFLYFISHERS.ORG](mailto:SOCIALMEDIA@COFLYFISHERS.ORG)

## BOARD BITS

a review of last month's COF board meeting)

May 2, 2019

- Dick Olson discussed the importance of reporting your volunteer hours. We need these hours for grants, etc. Everyone should report your hours to [fishingfool.olson@gmail.com](mailto:fishingfool.olson@gmail.com)
- Dave Dunahey discussed water issues in Central Oregon. The COF BOD will write a letter in support of the hydroelectric plant to be built at Bowman Dam, We will also state that the fish ladder is not needed and that we would like redd reparations below the dam.
- The Sr. Center is closed June, July & August for remodel. Meetings will be held on the 3rd Tues of the month at Aspen Hall... June 18, July 16 and the BBQ-August 20.
- The By-laws change was presented at the last general meeting. It passed. Officers do not have to be present or past BOD members, just COF members.
- COF BOD will apply for 2 grants from the Oregon Council of IFFF
  1. tui chub nets for ODFW
  2. student interns at East Lake to help with tui chub nets
 COF BOD has already passed these and is giving to the appropriate organizations. We are asking for reimbursement. Tom S. and Susan (our IFFF rep) will apply.
- Casting for Recovery has said thank you for our \$1000 donation.
- We need a nominating committee for officers for next year. All BOD members should be talking to people at our meetings about becoming an officer.
- Terrebonne School has asked for

volunteers on May 30 for their student fishing project. Karen will send out an email blast to all members.

- There are no BOD meetings in June and July. There are still COF general meetings.
- Membership – 390 members
- Wild Women – lots of events going on.
- Programs – Phil Hager, our May presenter, will have cd's at the general meeting.
- Education – 4 beginning & advanced fly casting classes were full. The rod building class had problems with ordering.
- Outings – the Owyhee trip went well. There was a concern about people signing up for the trip and then not showing up. Please let the organizer know what is going on.
- Banquet – Fantastic! \$9700 was made which was above the budgeted amount. Pete must book the Riverhouse for next year, now. He is looking at April 4 in an upstairs room.
- The Crooked River Clean-up went well.
- Next Cast – The June three day flyfishing camp is full. Fred Cholick is the director. He needs volunteers. Please contact him.
- Conservation – Volunteering at Steelhead Falls with FAN is ongoing.
- Kokanee Karnival – Another successful term has finished. Thank you Frank!
- Welcome Committee – Tom's "Fishers w/o Partners" is going well. Talk to Tom Wideman if interested.



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# BARE BUTT BAETIS (BBB)

(A VARIANT OF DUANE REDFORD'S BUTTCRACK BAETIS)



**B**lue wing olives (BWOs) are the dominant spring and fall mayflies in the Crooked River and other Central Oregon streams. Last year, I developed this variant of Duane's Buttcrack Baetis (BB). It's easier to tie and just as effective. Duane is a very successful long-time guide on many of Colorado's tough tailwater fisheries. He uses the BB pattern year round with and without beads (no beads after July). My variant saved the day for me many times last spring and summer on the Crooked. The pattern also works well during the Pale Morning Dun (PMD) hatch. The pattern incorporates a wing case of white foam. Duane believes white works better than any other color as a wing case – he's right. Tie this pattern in size 18 in spring and then transition to size 20 in the fall. In a size 16, this pattern works well as a PMD nymph imitation. Sometimes, I color the white foam on the PMD version with a neon yellow marker. Often I will fish the fly in combination with a size 18/20 midge pupa pattern. The BBB is my point fly (closest to the bottom). Goggle "Duane's buttcrack baetis" for directions for his original pattern.

- BILL SEITZ  
WSEITZ@BENDBROADBAND.COM

## Materials:

**Hook:** Size 18 and 20 (size 16 for PMD)

**Bead:** 2 mm black for size 18/20; 2.3/2.4 mm for PMD (brass or tungsten)

**Thread:** Dark brown or brown 8/0 Uni-thread

**Tail:** Hungarian partridge or natural Coc de Leon fibers

**Rib:** Small copper wire

**Abdomen :** Dark brown or brown thread

**Wing case:** 1-mm white closed-cell foam (1/2 hook gap in width)

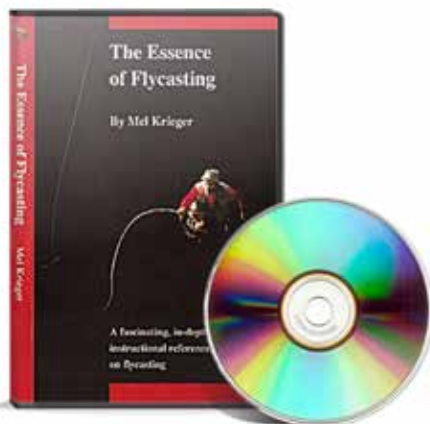
**Thorax:** Rusty brown Ice Dub or brown dubbing

## Tying Instructions

1. Debarb hook. Place bead on hook
2. Start thread near eye and advance to hook bend. Attach 6-7 tail fibers.
3. Attach a 3-inch piece of small copper wire
4. Make a thin, tapered abdomen with thread (see photo) and then wrap thread rib (4 turns)
5. Attach foam strip facing towards hook bend and dub thorax
6. Fold foam over dubbed thorax and secure with thread wraps then a 4-turn whip finish



## LIBRARY



### THE ESSENCE OF FLYFISHING, DVD

- By Mel Kriger

The late legendary teacher, Mel Kriger, used to ask this question "Why do we fish?" We all have our own unique answer. If yours is "I love to cast", then this DVD is for you! But even if that isn't why you fish, it still is for you if you would like to see how you could improve your casting. This DVD has something for all levels of casting expertise. If you're skilled, it will help you clean up your casting. If you're a novice, you will have an excellent teacher to show you the fundamentals. Every important facet of casting is dealt with, from the basics of good hand position to the complexities of fly presentation and the double haul. Fishing sequences for trout, bonefish, and silver salmon in the Bahamas, Oregon, Florida, and Alaska add to the excitement. Kriger utilizes slow motion, animation, and special effects of the biomechanics of fly casting. If you want to work on your casting, check out The Essence of Flycasting from the COF library. The librarian arrives at the meeting early to give members extra time to look for books before the meeting starts. Sign in on our website <https://coflyfishers.wildapricot.org>, click on Members Area and select Library to see a list of our books. If you

have any questions or comments, feel free to email the club librarian. Please note, the library will be on hiatus, when COF meetings are on the road during the Senior Center remodel.

- HELEN GUERRERO-RANDALL  
LIBRARY@COFLYFISHERS.ORG

## MEMBERSHIP



**Ewan Derosier – Next Cast – Bend**

**Robby Chaffin – Bend**

**Kevin Hoaglin – Bend**

**Erle MacDonald – Bend**

**Peter Marana – Bend**

**Vallie Marana – Bend**

**Kathy Powell – Bend**

**Bryan Wilson – Bend**

### HOW TO ACCESS THE COF MEMBER DIRECTORY

If you would like to contact a fellow COF member, you can find members' emails and phone numbers in the member directory. Just sign into the COF website. If you have never signed in before, click on the "Login" button into upper right of our screen. On the next screen click the "Forgot Password" button on the lower left of the screen. After logging in, go to the members area then click on the club roster.

#### On Our Web Page

Members can now load a photo and it will show in your profile page.

To do this:

1. Login to the website
2. In the upper right click on your name

3. Click on Edit profile in the upper left
4. Scroll down and click on Choose File next to Member Photo
5. Choose your picture
6. Click on Save
7. Click on My Directory profile in the upper left to see your work

#### To look someone up:

1. Login to the website. Member pictures can ONLY be seen by members and only if the member has added one.

- SUE COYLE, 541-668-3565  
MEMBERSHIP@COFLYFISHERS.ORG

## COF CLASSIFIEDS

**FOR SALE:** Classic Accessories Wilderness Pontoon Boat, 108" long, 50" wide, very comfortable hard seat, 2 big pouches, 4 small pouches, gear holder with electric motor mount behind seat, anchor system, rod holder, \$150, 541 815 4540 or [csrochelle62@gmail.com](mailto:csrochelle62@gmail.com)



**FOR SALE:** Scadden Outlaw Renegade pontoon boat, fully loaded, bags, oars, anchor. Has room behind adjustable seat for marine battery and small motor if desired. Just in time for some great fishing on East Lake and Hosmer! Why buy new when you can pick this one up for a great price, \$375 Contact Sue Coyle, 541-668-3565, [spcwww@outlook.com](mailto:spcwww@outlook.com)

**FOR SALE:** 9 ft. Outcast PAC 900 Pontoon boat, outfitted with three rod holders. Comes with oars, an anchor, and a Fish Buddy fish finder and side mount, \$750.00, Charles Schillinsky, casrods47@gmail.com

**FOR SALE:** Honda 2000i Generator and a 2000 Generator. I have the connector to join them. \$800 each or both for \$1500, Charles Schillinsky,



**FREE:** Like new Caddis U-shaped float tube but it has no bladder, replacement bladders sell for around \$40 from Caddis or Bass Pro Shop, contact, [classifieds@coflyfishers.org](mailto:classifieds@coflyfishers.org)

**MEMBERS:** Ads are free and run for one newsletter. If the item is not sold the ad can be resubmitted for the next month's newsletter. Submit ads to [classifieds@coflyfishers.org](mailto:classifieds@coflyfishers.org)

- [CLASSIFIEDS@COFLYFISHERS.ORG](mailto:CLASSIFIEDS@COFLYFISHERS.ORG)

**WIN ME!**

**JUNE ROD RAFFLE**

Charles is building a 8½ ft, 4 piece, 3 weight rod.

Purchase your raffle ticket(s) at the next COF meeting. Tickets cost \$10 each, no limit of number that can be purchased.

All proceeds go to benefit the club and members.

- CHARLES SCHILLINSKY



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## JUNE 2019 UPSTREAM EVENTS

DATE	ACTIVITY	LOCATION	CONTACT
June 1	Wizard Falls Kids' Free Fishing Day at 9:00am		
June 11	Wild Women of the Water - Happy Hour at 5:00pm	Greg's Grill	
June 17-19	Next Cast 3-Day Fly Fish Camp	Shevlin Pond/Aspen Hall	nextcast@coflyfishers.org
June 18	General COF meeting, 7pm	Aspen Hall	

## In the Future

DATE	ACTIVITY	LOCATION	CONTACT
July 16	General COF meeting, 7pm	Aspen Hall	
August 20	COF BBQ	Aspen Hall	hblank@yahoo.com



Central Oregon Flyfishers  
PO Box 1126  
Bend, Oregon 97709