

The Central Oregon Flyfisher

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RANDOM CAST

You know, this is a great club! I had the pleasure of helping out with the Team USA qualifying competition over Mother's Day weekend. It was a wonderful event. Thanks go to Scott and Sarah Robertson and Lee Ann Ross for all their hard work organizing and putting the event together. Thank you everyone who helped with the competition, and thanks to all of the competitors. I learned a lot from watching the competitors' different techniques and styles of fly fishing in rivers and lakes. I also got to meet and know some great people in the club and among the competitors. Great things happen when you get involved.

I met one of the competitors, Tony Felicilda, at the Sheep Bridge outing on the Wednesday prior to the competition and then was lucky enough to be the controller on his beat on Saturday morning at the Crooked River and again on Sunday morning at South Twin Lake. We hit it off, and Tony and his partner, Karen Yescavage, ended up spending a couple of days with my wife and me. We fished and got to know one another better. A week later, we met again at the coast for a great five days with Tony and Karen. I look forward to an ongoing friendship with a very interesting couple. This friendship never would have happened if COF had not hosted the competition. It never would have happened if I had not volunteered to help out.

The fishing is turning on this time of year—so many possibilities and so little time. In addition to the fishing opportunities, there are many COF activities happening in June: Prineville Reservoir outing, John Anderson's aquatic macroinvertebrates class, FFF casting instructor class, Stream Stewardship Day and Gordon Chandler's beginning fly-fishing class. And that is just the first weekend in June! Diamond Lake, Dave Hughes Seminar, B.C. trip, The Art of Float Tubing outing/class...WHEW...there is a LOT from which to choose. Don't let these opportunities pass you by. Take part. Get to know someone new. Who knows, it may develop into a lifetime friendship.

—Dennis Rockwell



Kokanee Karnival Angling Clinic 2009. Photos: Frank Turek



GENERAL MEETING

Matching the hatch simplified

June 17 | 6:30 p.m. | Bend Senior Center, 1600 S.E. Reed Market Road, Bend

Dave Hughes will present a Latinless introduction to matching hatches, based on the knowledge that size, form, color and behavior are more important to trout than the Latin name of any insect. Within each order of aquatic insects there are just a few repeated color themes that are easy to match with a few pattern styles, each tied in an narrow range of sizes.

Dave Hughes is the author of more than 20 books about fly fishing for trout. Dave was founding president of Oregon Trout in 1983 and was awarded life membership in the Federation of Flyfishers in 1985. He is an accomplished amateur aquatic entomologist. His presentation will be based on his book *Handbook of Hatches*.

OUTINGS

Check the schedule for more great outings in June. Want to lead a trip? Have questions or comments? Please contact me.

- Yancy Lind, Outings Coordinator

Outings 2009			
Month	Day	Leader	Destination
Jun	5-7	Bob Mullong	Prineville Reservoir
Jun	12-14	Dave Semich	Diamond Lake
Jun	18-27	Daryl & Nancy Loveland	British Columbia
Jul	10-12	Yancy Lind	Williamson River
Jul	24-26	Bob Mullong	Upper Deschutes at Cow Camp
Aug	7-9	Don Schnack	Willamette River
Sep	8-13	Mark Reisinger	Cascades Lakes
Sep	25-27	Scott Robertson	Diamond Lake
Oct	8-11	Larry Godfrey	Lower Deschutes (steel-head)
Nov	21	Bill Seitz	Crooked R. cleanup & outing

yancy_lind@ml.com or 788-5514

Prineville Reservoir

Jun 6 | 9:00 a.m. | Meet at Prineville Reservoir Resort Marina.

Our primary target will be crappie with a side of bass tossed in. The reservoir is a powered-boat fishery, and a launch is available. The marina also rents boats. Camping is available with hook-ups.

The crappie are heavy insect feeders and are not fussy when it comes to fly patterns: (sizes 10 to 12) Black Gnat, Light Cahill, Zug bugs, poppers, Hare's Ear, Mickey Finn, Wooly Worm, Wooly Bugger, anything bead head, anything with rubber legs. If it looks like a bug and moves like a bug, a crappie will grab it. If interested, contact Capt Caddis (capt@bendnet.com or 389-4372).

Diamond Lake

June 12 to 14

A few years ago, Diamond Lake was treated with rotenone and restocked. Last year the fishing was great! The elevation at Diamond Lake is 5100 feet; the lake is over 2800 acres in size. We will camp on the southeast part of the lake in the Broken Arrow Campground. Everyone will be responsible for their own meals.

Directions: Meet at the Albertson's on south Hwy 97 at 8:00 a.m. on Friday, June 12. (If you can't leave on Friday, meet us at the lake on Saturday and/or Sunday.) Drive south on Hwy 97 about 75 miles, then turn west onto Hwy 138 and go for about 22 miles. Diamond Lake is on the west side of the road. Broken Arrow Campground is on the southeast end of the lake by the boat ramp. Central Oregon Flyfishers has reserved loop "M".

What to bring: rain gear and warm clothes; two-way radio tuned to channel 5, code 5; suntan lotion and insect repellent; floating device of some type (The lake is huge; a float tube will work.); floating and intermediate fly lines

Flies: chironomids (red, black/silver rib, black/red rib, brown/gold rib, green/silver rib) size 14; Callibaetis nymphs size 14; GHRT; damsel nymphs; micro leeches (black or red); and (my favorite!) Denny Rickard's seal buggers (green/rust hackle, black/burgundy) size 8

If you have questions, contact Dave Semich (flyshndave@webformixair.com).

British Columbia

June 18 to 25

For more information about the 2009 BC outing, see the link on the COF Web site Home page. Hermann Fischer, a world-class fly tyer, has graciously agreed to demonstrate a few of his designs on Sunday, June 21. He has some "killer"

continued on page 3

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patterns that you will find highly worthwhile. If you are even a “maybe,” please contact Nan or Daryl Loveland (daryllove-land@hotmail.com or luckypat242@yahoo.com or 322-2882) to get on the mailing list.

– Daryl and Nan Loveland

Williamson River

July 10 to 12

This is the second year I would like to lead a group of anglers down to the Williamson River area. Last year’s trip was a great learning experience and yielded a few very large fish. If you are not familiar with the Williamson, it is well known as a trophy-trout river with fish over 10 pounds. Folklore has it that these fish were steelhead before being landlocked by the dam in Klamath Falls. I can vouch that they are as big as steelhead.

This year we will stay at the Water Wheel Campground. Though not as attractive as Collier State Park, it is the perfect location for the evening hex hatch. This year I am going to focus on the river between Water Wheel down to Modoc Bridge. Other options are the float from Chiloquin to the Water Wheel as well as the Wood River float.

You will need a boat. I am going to bring my little pontoon and a small trolling motor. You can’t fish the Williamson upriver from Modoc Bridge while the motor is running, but there are some long slow stretches where a motor will help.

I will leave Friday morning, July 10, and leave Sunday afternoon, July 12. Let me know if you are interested, and I’ll get more information to you. If you want to get in on the block of camp sites I have reserved at the Water Wheel, let me know right away (group discount: \$22/night for full hook ups). Here’s a link to a good article on the Williamson:

<http://www.flyfisherman.com/southwest/bqthewilliamsonriver/index.html>

– Yancy Lind

yancy_lind@ml.com, 788-5514

Cascades lakes

Sep 8 to 13

Last month we announced a mid-week Cascade Lakes outing scheduled for September 8 to 13, which would be a joint outing with two other clubs, The Southern Oregon Flyfishers and the Rogue River Flyfishers. We are planning to camp at the Wickiup campgrounds directly across the road from South Twin Resort, which provides easy access to all our favorite Cascade lakes.

COF will take our club trailer and provide breakfast and dinner each day for all attendees. This trip is a BC-like trip, only a lot closer to home. The cost is estimated to be about \$70 per person for all meals plus your camping fee.

If you have any interest at all, please contact Mark Reisinger (mreisinger@bendcable.com or 389-4124) as soon as possible.

WILD WOMEN OF THE WATER

Be sure to check out the outings and classes available through COF during June. From identifying aquatic insects to the art of float tubing, it’s all available in June. The salmon-fly hatch is happening on the Deschutes River too. Make sure you get out to fish. Stay tuned to your email for details about our outing in June.

– Terri Grimm

EDUCATION

Youth Fly Fishing Camp

Jun 15 to 17 | 9:00 am to noon | ages 9 to 14 | Shevlin Park | \$60 In District, \$81 Out of District | #3625.301 | Instructors: COF

For more information and to enroll, contact Bend Parks and Recreation.

Aquatic macroinvertebrates for fly fishers (Bugs that fish eat)

June 6 | 9 a.m. to noon | \$10 | Limited to 10 students. | Meet at John Anderson’s residence.

COF member (and retired Berkeley entomologist) John Anderson will teach this class. The class will focus on the biology, life cycles and identification/recognition of the immature stages of preserved specimens. Illustrations, hand lenses and microscopes will assist participants in distinguishing macroinvertebrates such as scuds, aquatic sow bugs, mayflies, stoneflies, caddisflies, midges and a few other insects. Bring a sack lunch and plan to car pool to a river in the afternoon for on-site collection and examination of aquatic macroinvertebrates.

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Directions: Meet at John's residence (61040 Minaret Circle in Sunrise Village) from 9:00 a.m. to 12:00 p.m. on June 6. Take SW Century Drive (the road to Mt. Bachelor). Turn left on Mammoth Drive. Proceed on Mammoth until you reach the gate to Sunrise Village; it will open automatically. Continue on Mammoth until you turn left on Minaret Circle.

To sign up, contact John Anderson (jranderson@bend-broadband.com or 385-8693).

The Art of Float Tubing

June 20 | 10:00 a.m. to 4:00 p.m. | Meet at Walton Lake. | \$25 | Instructor: Bill Myers

Learn how to fish from a float tube (or any other floating device of your choice). Bill Myers will cover lake fishing-strategies and flies to use and why. Bring paper and pencil to take notes! This class is for beginners and intermediate anglers. Walton Lake is fairly small, so Bill will paddle around and assist each angler individually. Walton Lake is heavily stocked; this outing is a great opportunity to catch some fish. If the fishing is good, we will stay and fish past 4:00 p.m. Limited to the first 10 members who sign up.

What to bring: fishing gear, floating device, waders, lunch (If you need a floating device, ask around. You can probably borrow one.), sunblock, insect repellent

Directions: From Prineville, take Hwy 26 east for 16 miles. Turn right onto forest road 23 (Ochoco Creek Road). Proceed nine miles. Go past the ranger station and turn left onto forest road 22. Go seven miles and watch for signs for Walton Lake. All roads are well-signed and paved.

To sign up: Contact Bob Hammond (678-8535 or ham-bob@gmail.com).

OTHER NEWS

FFF training workshop- casting

June 6 & 7 | 10:00 a.m. to 4:00 p.m. (Jun 6) and 10:00 a.m. to 2:00 p.m. (Jun 7) | location to be announced

This is an FFF forum for any dedicated fly fisher wanting to develop and advance their casting and teaching skills. The fee for this class is \$175. For more information, contact Dwight [dgklemin@msn.com or 503-302-9484 (cell) or 503-390-8997 (home/office)].

Women's casting clinic

June 13 | Blue Lake park

The Stonefly Maidens Fly Fishing Club will hold its annual free Women's Casting Clinic on Saturday, June 13, 2009 from 10:30 a.m. to 2:30 p.m. at Blue Lake Regional Park. Have you always wanted to learn to fly fish? Do you want to polish your fly-casting skills? Katherine Hart, master certified casting instructor, will lead the instruction, with assistance

from members of the Stonefly Maidens. Women of all skill levels are invited to attend. Lunch is included. For more information or to register, visit www.stoneflymaidens.org or call Tilda Runner (503-819-3415).

— Lisa Wassgren

President, Stonefly Maidens Fly Fishing Club

David Hughes seminar

June 18 | 8:30 a.m. to 4:00 p.m. | Sunriver Lodge

Sunriver Anglers and COF members are invited to join Dave Hughes on Thursday June 18. Spots are limited; first checks received - first served. The seminar will begin at 8:30 a.m. at Sunriver Lodge. The cost is \$50 and includes lunch and morning coffee. Mail checks to: Sunriver Anglers, PO Box 4273, Sunriver, OR 97707 in advance. **To sign up, contact Chuck Devine (593-1539 or cedevine@chamberscable.com).**

Dave will have books for sale and will give casting lessons during lunch and afterward - so feel free to bring your favorite rod. The workshop will include: Reading Trout Water, Selecting Trout Flies, Tactics for Trout and Casting Demonstration.

Dave Hughes is the author of more than 20 books about fly fishing for trout. His next book, due out in January, 2009, is titled *Nymphs for Streams and Stillwaters* and will have almost 400 pages of text and 1,000 color photos of naturals, nymphs, tying steps, and the types of water where you'll want to fish them.

More detailed information about this seminar available from:
www.coflyfishers.org.

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COF Members get 15% off 2009 Freshwater Fishing Trips!

Maps and directions available on Web site

The COF Web site now has a link for Maps and Directions. Click the link to display the map. Currently, the map includes markers for popular local lakes, including Diamond Lake and Prineville Reservoir. If you would like to add a marker to the map, contact Terri Grimm (cof@sonatainc.com or 541-318-0567).

VOLUNTEER OPPORTUNITIES

Stream stewardship day

June 6 | Contact: Kolleen Yake (541-390-3665)

This event is an outstanding opportunity for community members to participate in hands-on stewardship activities on the Deschutes River, Tumalo Creek and Whychus Creek.

Please contact Kolleen Yake (541-390-3665 or kyake@restoredeschutes.org) for information about how you can participate!

— Kolleen Yake, Education Coordinator

CONSERVATION

Gas bubble disease in fishes

What is gas bubble disease?

Gas bubble disease (GBD) is a condition that affects aquatic organisms living in waters that are supersaturated with atmospheric gases. Gas bubbles are essentially a precipitate formed from the gases within the water itself, and these gas bubbles accumulate on the surfaces of fish. Gas bubbles are observed most commonly in caudal fins, but bubbles can also develop on the head, opercula, jaws and mouth. Pop-eye is also commonly observed as a sign of GBD and results from inflammation in the membrane behind or within the eye.

Why does supersaturated water and gas bubble disease occur in the Crooked River?

Turbulence or agitation in water bodies can result in air bubbles becoming trapped and transported into the water column. Air can be entrained in water whenever air and water are in contact at pressures greater than the ambient atmospheric pressure. Variable water discharges from Bowman Dam have created problems with elevated total dissolved gases (TDG), resulting in supersaturated water during spill events and high-discharge releases. Below Bowman Dam, TDG levels can reach supersaturated levels and may be directly lethal or cause sub-lethal stress for the fish species present.

Monitoring total dissolved gas levels in the Crooked River and what you can do

To gain a better understanding of the relationship between flow discharges from Bowman Dam and TDG levels, we are monitoring total dissolved gas levels in the Crooked River at six sites below Bowman Dam. We are interested in documenting signs of gas bubble disease in redband trout and mountain whitefish.

You can help by checking for signs of gas bubble disease when fishing the Crooked River below Bowman Dam. The pictures shown here were taken by ODFW staff on the Crooked River during the spring of 2006. Any information we can gather on the incidence of gas bubble disease in the Crooked River will be beneficial to the Crooked River research project.

— Shivonne Nesbit



Examples of gas bubble disease in fishes. Photo: Shivonne Nesbit



Kokanee Karnival received a \$750 grant from the Bend Rotary Foundation for the purchase of three aquariums used in the Eggs to Fry program. Many thanks to the Rotary of Bend for their generous support. KK is now taking applications from teachers in the Bend-Lapine School District who wish to participate in the KK program.

TYERS CORNER

I have had a good three-month break, and I want to thank Peter Martin, Bill Seitz and Frank Turek for sharing fly patterns during my absence.

The shows I attended were all excellent. Ideas for new flies and future columns resulted from the many conversations I had with the great tyers that I encountered along the way. During the 2009 Northwest Fly Tyers Expo, I was named the FFF Oregon Council Fly Tyer of the Year. I am truly humbled by this award. It definitely was not expected, nor did it ever enter my mind that it was even possible to achieve this great honor. I just know that *The Great One*, Andre' Puyans', is laughing out loud and making fun, along with feeling some pride knowing that he had a hand in making me the tyer that I am. Without his patience and persistence, I would not have the skills I possess today. Thanks Andy. I would also like to thank all the tyers who, through the years, have shared their techniques and beautiful flies with me, so that I could pass this wonderful craft on to others.

Hair Hackled Streamer



Hook: TMC 7989 light wire salmon/steelhead hook, size #8
Bead: 1/8", any color, your choice
Thread: burnt orange or color to match the body or ring color
Tail: marabou, color to match the fly or red/claret to add another trigger
Body: Trilobal STS dubbing, to match the fly, in this case, claret
Ribs: Fuzzy Stuff, reddish brown, with fine copper wire wound in the same direction
Hackled Collar: possum hair, reddish brown, formed in a dubbing loop
Thread ring: contrasting color

After installing the bead, start wrapping .015-inch lead over the front half of the hook shank. Tie in the tail about one-half the hook shank in length. Tie in the ribbing materials at the base of the tail and leave them there until the body is wound forward. To make a smooth transition to the lead, wrap the tying thread forward and back again until there is

The fly this month incorporates some of the new ideas and materials that I have come across in the last few months. There is a trend to leave a gap just behind the bead and fill in the gap with a contrasting thread color to create a ring behind the bead. Many of the new streamer patterns use this technique. Supposedly, this ring of color is a trigger that makes the fly more fishable.

This fly also features a new material for the rib—Fuzzy Stuff. It is tread-based material with short, synthetic fibers sticking out; it resembles bushy chenille.

The fly also has a hair-hackled collar, which is becoming popular. Hair hackles are more durable than feather, and the action is great. You can have almost any color you want by dyeing your own materials. Soft hairs work best, like arctic fox tails and possum. GOOD LUCK. Happy hunting.

—Jerry Criss (541-536-3581 or tlfly44@msn.com)

no hump. Dub the body very lightly, just enough to cover the thread. Bring the ribs forward one at a time starting with the Fuzzy Stuff, then the copper about five or six turns.

Note: If you lay the copper rib just against the forward edge of the other material it will have the right look.

Prepare your dubbing loop, making sure you close the loop so the hair stays in position while you position it in the loop. The length of the collar should just reach the hook point.

Note: The correct length helps to keep the collar from fowling in the bend of the hook.

Leave enough room in front of the collar to add the colored ring of tying thread behind the bead, and wrap the ring about half the way up the bead. Apply head cement to add that little bit of sheen that makes the head look great.

Fuzzy Stuff is available for purchase from the needle point shop, Needle In A Haystack (www.needlestack.com). View their catalog from the Web site.

If you are looking for a source for Rad-Floss, it is also available from Needle In a Haystack. It is sold under a different name, but it is the same material.

FOR SALE – Two kick boats. Assortment of fly-fishing and spin-fishing gear for salt and fresh water: rods, reels, Scientific Anglers Mastery fly lines (still in box), men's and women's waders, and many more items. Some gear never used. **Nothing over \$200!**

28-foot motorhome (only 27,000 miles) also for sale.

For details about these items and others that are for sale, call Steve Sheldon (593-1546).

Central Oregon Flyfishers Up-Stream Events 2009

Date	Time	Activity	Location	Contact
JUNE				
Jun 4		monthly board mtg.	Environmental Center	Dennis Rockwell (rockwell@bendcable.com)
Jun 6		OUTING	Prineville Reservoir	Bob Mullong (capt@bendnet.com or 389-4372)
Jun 6		CLASS -Aquatic Macroinvertebrates	John's residence	John Anderson (jranderson@bendbroadband.com or 385-8693)
Jun 12-14		OUTING	Diamond Lake	Dave Semich (flyshndave@webformixair.com)
Jun 17	6:30 pm	general meeting	Bend Senior Center	
Jun 18-25		OUTING	British Columbia	
Jun 20		CLASS - Float tubing	Walton Lake	Bob Hammond (678-8535 or hambob@gmail.com)

IN THE FUTURE

Jul 10-12		OUTING - Williamson R.	Yancy Lind (yancy_lind@ml.com or 788-5514)
Sep 8-13		OUTING - Cascade Lakes	Mark Reisinger (mreisinger@bendcable.com or 389-4124)

Non-Club Activities & FYI

ongoing	Metolius redd counts. For more information, contact Nate Dachtler (549-7725 or ndachtler@fs.fed.us).			
Jun 6	Free-fishing day			
Jun 6, 7	FFF Training Workshop-casting. Dwight [dkglemin@msn.com or 503-302-9484 (cell) or 503-390-8997 (home/office)]			
Jun 6	Stream Stewardship Day. Kolleen Yake (541-390-3665 or kyake@restorethedeschutes.org)			
Jun 15-17	Youth fly-fishing camp. Contact Bend Parks & Recreation.			
Jun 13, 14	Workshops: Deschutes River & Western Lakes - Rick Hafele & John Smeraglio, Contact Deschutes Canyon Fly Shop (1-866-647-4721 or john@flyfishingdeschutes.com or http://www.flyfishingdeschutes.com/events.php)			
Jun 13	Women's Casting Clinic, www.stoneflymaidens.org or call Tilda Runner (503-819-3415)			
Jun 18	Dave Hughes seminar. Chuck Devine (593-1539 or cedevine@chamberscable.com)			
Jul 28 - Aug 1	FFF International Show and Conclave, Loveland, CO			

Report your volunteer hours!

Your volunteer hours help COF to acquire funding and grants for additional projects. Please report your volunteer hours to Delores Marsh. Be sure to include your name, name of the event, month, number of hours and number of miles.

To report your volunteer hours, click [here](#) or send email to ladyd@bendcable.com.

Welcome New Members

Norman & Mary Schafer
Jordan & Steve Zettle • Chris Kerber

If your name, address, email or phone number changes, please notify the Membership chair (membership@coflyfishers.org).

2009 COF Board Members: Dennis Rockwell PRESIDENT Dick Olson VICE PRESIDENT Susan Telford TREASURER Earl Rettig SECRETARY Dave Magaret Programs Eric Steele Banquet, Fund raising Yancy Lind Past President/Outings Craig Dennis Membership Bill Seitz Conservation Lee Ann Ross Education Dave Dunahay Kokanee Carnival
Delores Marsh Wild Women of the Water/Membership

Northwest Regional Qualifier

The Northwest Regional Qualifier for Fly Fishing Team USA finished May 11. South Twin and Paulina lakes and two sections of the Crooked River were the venues. Before the competition, river flows spiked to 1200 cfs, but flows dropped to 750 to 900 cfs during the competition. On the first day, getting fish to the net was quite challenging for most. Lake fishing on the first day was difficult; competitors were not allowed to fish the lakes for practice.

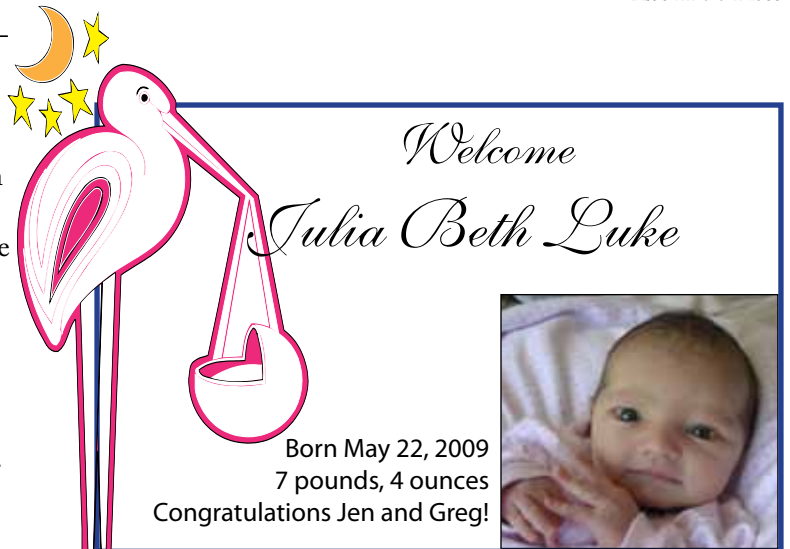
Three of the six U.S. Team members participated in the qualifiers to prepare for the World Fly Fishing Championships in Scotland: Lance Egan, Anthony Naranja and Devin Olsen. Non participating team members were: Bret Bishop, Riley Cotter and Scott Robertson. Robertson also hosted the qualifier. Scott, his wife Sarah and all the volunteers from COF put on a spectacular event. Participants are excited to come back to Bend in the future.

Congratulations to all the anglers on a great job. I look forward to seeing all of you at the next event! Lance Egan won this qualifier with a perfect score of four placing points. Egan won all four events in his group, which has never been accomplished by any U.S. competitor in any U.S. regional qualifier, U.S. National Championships or World Championships.

Results and the competitors that qualified for the National Championships this fall: Gold - Lance Egan, Silver - Anthony Naranja, Bronze - Alec Gerbec

Qualifiers for National Championships: Alec Gerbec, Kurt Finlayson, Tom Smith, *Zach Herbel, *Guy Jeans
* Will go to Nationals if there are five anglers from each region.

— Lee Ann Ross



Membership application available from: <http://www.coflyfishers.org>

For advertising information, call Mike Shadrach at 541-678-5717.



Central Oregon Flyfishers

PO Box 1126 Bend, Oregon 97709



An active
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For advertising information, call Mike Shadrach (541-678-5717).

NEWSLETTER - Terri Grimm Editor & Designer, Scott & Sarah Robertson Distribution