President’s Message

I know that this is the March newsletter, but I want to write about April events/activities. April is a big non-fishing month for Central Oregon Flyfishers (COF). April 15, 2023 is the Crooked River cleanup. I have participated in the cleanup several times and enjoyed the walk and the fellowship. This year after the clean up, there will be a picnic lunch. The Spring Angling Clinic will be held on April 24th, 25th, 27th, 28th and May 1st and 2nd at Shevin Pond/Aspen Hall. The Spring Angling Clinic is one of the major youth educational activities for COF.

Due to a scheduling mix-up by the Elks Lodge, we are having to change the date of the spring Banquet & Fundraiser to Saturday, May 6, 2023. We hope the change won’t affect your plans and that you’ll be able to attend. We’ll be reaching out to all persons already registered. If you have already registered and can’t attend on May 6, we will refund your payment. See the Banquet flyer on page 3.

At the last meeting I had the opportunity to visit with several new members of COF. Everyone I visited with was excited to become member. Their comments were similar. They wanted to: learn more about fly fishing in Central Oregon, get to know fellow fly fishers, improve fly fishing skills and they were looking forward to engaging in the club activities. It was exciting to visit with the new members because of their enthusiasm.

In last month's President's Message, I said I was going to do a pre-season maintenance of all my fly fishing equipment. I serviced reels, cleaned fly line, put in new tip and even tied on flies for the May 22nd opener of the upper deschutes on my Euro Nymphing rods. I also organized all my fly boxes.

Check out the Venture Fly Co. “How to find fish (Part4): pools

Finally, if you have any comments or suggestion on how Central Fly Fishers can provide great benefit to you, please contact me.

Fred A. Cholick
fcholick@gmail.com
785-410-1866
President
FRED CHOLICK
PRESIDENT@COFLYFISHERS.ORG

Vice President
JOHN HOWARD
VICEPRESIDENT@COFLYFISHERS.ORG

Treasurer
TIM SCHINDELE
TREASURER@COFLYFISHERS.ORG

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KARI SCHOESSLER
SECRETARY@COFLYFISHERS.ORG

Wild Women of the Water/FFI Rep
SUSAN COYLE
WILDWOMEN@COFLYFISHERS.ORG

Membership
ROBERT SHIMANE
MEMBERSHIP@COFLYFISHERS.ORG

Programs
YANCY LIND
PROGRAMS@COFLYFISHERS.ORG

Education
OPEN

Outings
ALLEN CAUDLE
ASCAUDLE@GMAIL.COM

Kokanee Karnival
FRED A. CHOLICK
KK@COFLYFISHERS.ORG

JENNIFER L. LUKE
JENNIFER.A.LUKE@ODFW.OREGON.GOV

Next Cast
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NEXTCAST@COFLYFISHERS.ORG

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CONSERVATION@COFLYFISHERS.ORG

Members At-Large
DANNY KARA/JACK PATTERSON
DANNY.KARA@OUTLOOK.COM
JFPAT44@GMAIL.COM

Winter Fly Tying
JOHN HOWARD
WINTERFLYTYING@COFLYFISHERS.ORG

Banquet/Auction
TIM & RENEE SCHINDELE
TJSFISHES@BENDBROADBAND.COM
RENEESCHINDELE@GMAIL.COM

 Classified Ads
PETER MARTIN
CLASSIFIEDS@COFLYFISHERS.ORG

Social Media
MOLLY VERNARECCI
SOCIALMEDIA@COFLYFISHERS.ORG

Website
MARY BARRON
WEBMASTER@COFLYFISHERS.ORG

Past President
TIM QUINTON

SHOP ONLINE     ONLINEFLYFISHINGSHOP.COM

ADDRESS:
35 SW CENTURY DR
BEND, OR 97702
WWW.FLYANDFIELD.COM
BOOK A TRIP TODAY!

Full Service Fly Shop and Guide Service
Central Oregon Flyfishers
Annual Banquet & Fundraiser

Saturday
May 6th, 2023
5:30 P.M.
Bend Elks Lodge
63120 Boyd Acres Road
(one block north of Empire Ave)

PLEASE NOTE: BANQUET DATE HAS BEEN CHANGED TO MAY 6, 2023

We’re pleased to be bringing back COF’s gala spring Banquet fundraising event after a three-year absence. The funds raised support the Kokanee Karnival Youth Education Program, Fish Eggs to Fry, Angler Education, Next Cast Flyfishers for older youth, important conservation programs and habitat restoration efforts, Wild Women of the Water activities, classes, club outings and events. Join the fun and enjoy dinner with friends. Try your luck with the bucket raffles of many great prizes and member-tied boxes of flies. Have your credit card or checkbook handy and bid on quality silent auction items such as name-brand gear, fine dining, and float trips. It will be a special evening. Don’t miss it!

Cost is $40 per person.
Deadline to register is April 26

Purchase raffle tickets in advance when you register or in-person at the event. Raffle tickets are 6 tickets for $5 and are sold in $5 increments only.

Questions? Contact Tim or Renee Schindele at banquet@coflyfishers.org or 206-819-5605.

Please register online at coflyfishers.org
Cash, credit card or check will be accepted at the event for raffle tickets and auction purchases.

If you don’t want to register online, use this form. Indicate those attending, dinner choice and number of raffle tickets you wish to pre-purchase. Mail complete form, along with check payment, to COF Banquet, PO Box 1126, Bend OR 97709. We need this information by April 26, so allow 3-4 days for mail delivery.

PRINT CLEARLY

Name________________________________________________________ Steak _____ Chicken _____ Veg. _____ 1 x $40 = ______

Guest(s) ___________________________________________________ Steak _____ Chicken _____ Veg. _____ 1 x $40 = ______

Guest(s) ___________________________________________________ Steak _____ Chicken _____ Veg. _____ 1 x $40 = ______

Raffle Tickets - $5 for 6 tickets
How many sets of 6? ____ x $5 = ______

Total Amount Enclosed $______________

Email_____________________________________________________

Telephone_________________________________________________
Fly Fishing Warmwater – Bass, Pike, Carp and More

Like most fly anglers I know, I primarily target salmonids but there are ample “rough fish” in local rivers and lakes and across the state. Bass are the first thing that come to mind, but Crane Prairie is loaded with catfish and massive numbers of large scale suckers come out of Lake Billy Chinook to spawn in tributaries. There are fly anglers who specifically target rough fish, search on “fly fishing for rough fish” and you might be surprised. So much fishing to do, so little time…

This month we will hear from Jeff Currier on fly fishing for warm water species. Here’s how he describes the presentation:

“Despite all the different species of fish out there to catch on a fly most anglers only fly fish for trout, salmon and char. They’ll drive right past the neighborhood bass pond and then travel four hours to fish a crowded river on opening day. Just the thought doesn’t make sense to Jeff and because of this he’s made it a personal campaign to share his passion of fishing for warmwater fish species.

“Warmwater Fly Fishing – Bass, Pike, Carp and More” not only encourages you to give some new fish species a try but also teaches tactics for many fish such as smallmouth and largemouth bass, pike, carp and more. Learn the best flies, what rods to use and what leaders work best. You’ll be amazed at Jeff’s gorgeous fish photos and entertaining stories about some incredible fish that very possibly live down the street from you!

Jeff is a professional fly angler with a long list of accomplishments on his website, www.jeffcurrier.com. He has fished around the world, worked with equipment manufacturers, appeared in magazines and in video, and frequently gives presentations.

- YANCY LIND
PROGRAMS@COFLYFISHERS.ORG

OUTINGS
Crooked River Cleanup and Lunch
SATURDAY, APRIL 15, 2023
MEET AT 10:00 A.M., BIG BEND CAMPGROUND

Bring your work gloves and walking shoes to the Crooked River cleanup Saturday morning April 15. We will meet at the Big Bend Campground at 10:00 a.m. Big Bend is the first campground just below the Bowman Dam.

This is our springtime cleanup event from Bowman Dam downstream along the seven-mile Chimney Rock segment of the Lower Crooked Wild and Scenic River. With a good volunteer turnout, we will pick up litter from the river to along the highway, including all campground and picnic areas.

After the litter pickup lunch will be provided by COF back at Big Bend. Please complete the event registration when it is available or RSVP me, so that we bring enough hot dogs, hamburgers and drinking water. Let me know if you require a vegetarian meal. Terri Grimm has promised her popular Dutch Oven desert following lunch.

We were snowed out of the November 2022 cleanup so there may be more litter than usual. Due to water levels, I have avoided the Crooked since last April’s cleanup so I cannot provide a water or fishing report. If you plan to fish afterwards, I recommend you check your favorite local fly shop’s fishing report.
EDUCATION

COF Winter Fly Tying Classes

WINTER FLY TYING CLASSES - COF's Winter Fly Tying continues. Tuesday evenings till the end of March, 5:30 – 8:30, Larkspur Community Center Multipurpose room. Upcoming classes include those by John Kreft, Ed Rinker, Pete Martin and Jerry Criss. Classes intended for Intermediate level tiers. Please Register on the COF Webpage, under Calendar and Events, drop down to Upcoming Events. Pattern sheets emailed out on Wednesdays to all COF members for the upcoming classes. (Please check Spam/Junk Folders in your email in case your server bounced them there). We are awaiting word on a Educational Grant request sent in earlier this year to the Oregon Council of FFI.

- JOHN HOWARD
WINTERFLYTYING@COFLYFISHERS.ORG

Wading Safety – An Engineer’s Perspective

Several years ago, COF member Frank Turek gave a talk in which he included a brief warning about wading in fast water – advising that the force on a fisherman increases substantially with current speed. It caught my attention because fluid flow was a significant part of my professional work and the phenomenon he mentioned is something I dealt with on a regular basis. Having come across the subject recently, it occurred to me that illustrating how fluid flow and hydrostatics affect wading safety could be helpful and important to my fisherman friends.

It shouldn’t be surprising that the two most significant factors are how fast the water moves and how deep one wades. Both are more threatening than is apparent. In the case of water speed, the drag force, be it on a rock, an anchored boat or a wading fisherman, increases in proportion to the square of the speed. Doubling the current speed quadruples the force. If the speed triples, the force increases almost ten times (nine times, actually – three squared is nine). That fact of fluid mechanics explains why a tornado can lift and automobile from the ground, and that’s why an airplane can fly (i.e. the lifting force on an airplane wing increases with the square of the speed).

What about water depth? When you venture into deeper water, two bad things happen. The first is that more of your body is exposed to the force of the current. And the force on your body increases in direct proportion to the body area that is exposed. The second thing is that you float. Buoyant force tends to lift your feet from the bottom of the stream, destroying your connection to Mother Earth. The buoyant force is equal to the weight of water your body displaces. Most of us have heard the size of a ship expressed as the weight of water it displaces. That’s just a fancy way to express it. Since the human body has about the same density as water, there’s essentially no anchoring effect when you are completely submerged.

On an Alaska fishing trip, a guide described for me the classic wading crisis – walking down a slowly falling gravel spit in the direction of the current. By the time you realize you don’t have good footing, it’s almost impossible to turn around and go back upstream!

In other words, wading hazards are subtle but powerful and several can act together to make things worse than one would expect. Beyond current speed and wading depth there are other hazards – hypothermia, fatigue, inadequate equipment, etc. Be aware and be careful!

- BILL RALEIGH
BRALEIGHBEND@GMAIL.COM

COF has been cleaning up this segment of the Crooked River Highway since 2016 under the Oregon Department of Transportation’s Adopt a Highway program. Our name appears on highway signs at milepost 12 and 19. The COF cleanup map is dated 1995 so we have been performing this public service long before ODOT’s program. Under the program, ODOT supplies safety vests, litter bags, litter grabbers, litter patrol signs and they pick up the bags the following week. Our job is to pick up the litter and leave filled bags along the highway shoulder.

See you Saturday morning, April 15, 10:00 a.m. at Big Bend. Remember we need a good count of people attending for lunch so please register or RSVP.

- PETER MARTIN
PCMARTIN@BENDBROADBAND.COM
OTHER NEWS

Sportsmen’s Expo In Redmond
THURSDAY, MARCH 9 - SUNDAY, MARCH 12

COF volunteers manage the KIDS TROUT POND at the Expo every year. Please volunteer for a roughly 4 hour shift. We maintain the equipment, help young anglers, net fish, safely release or bag fish for those who want to keep their catch (we don’t clean the fish for them). Signup sheets will be available at the February COF meeting and at the Winter Fly Tying classes. A preferred alternative is to email me directly at ExpoFishPond@outlook.com.

Approximately 6-8 volunteers are required for each 4+ hour shift. The times we need most help are the Thursday night and Friday night shifts, and all day Saturday. Shifts are:

• Thursday, March 9th: 3 shifts, 9:30-11:45 (set up), 11:35-4:00 and 3:45-8:00
• Friday, March 10th: 2 shifts, 11:35-4:00 and 3:45-8:00
• Saturday, March 11th: 3 shifts, 9:45-1:00, 12:45-4:30 and 4:15-8:00
• Sunday, March 12th: 2 shifts, 9:45-1:00, 12:45-4:30

It is a great opportunity to see trout feeding - how they move to eat, and just how very quickly they could spit out something unappealing. Beyond meeting new friends and watching the excitement of a youngster catching a fish, you will be helping COF - We receive a $1,500 donation for managing the pond.

In addition to helping the club you get FREE admission to the show.

- DANNY KARA
EXPOfishPond@Outlook.com

Kokanee Karnival

The Spring Angling Clinic is approaching fast. The dates are April 24th, 25th, 27th, 28th and May 1st and 2nd at Shevin Pond/Aspen Hall. The clinic starts at 8:30 and end at about 2:00. Sun River Anglers serve lunch which is hot dogs, cookies and a drink. The Spring Angling Clinic provides approximately 60 5th graders each day the opportunity develop skills on water safety, care of the catch, casting, fishing equipment and fun fishing.

This is a great opportunity for COF members to volunteer and have fun. We do not expect that individuals to volunteer for all six days but would hope that COF members can volunteer for a day or two. Each day we need: 3 individuals for water safety, 2 individuals for knot tying, 3 individuals for Fishing equipment and fly fishing casting, 2 individuals for care of the catch and 2 individuals for fish station/certificates.

- FRED CHOLICK (COF) FCHOLICK@GMAIL.COM
- JEN LUKE (ODFW) JENNIFER.A.LUKE@ODFW.OREGON.GOV

Call For 2021/2022 COF Awards Nominees

If you know of a member who is deserving of an award from COF, please send me their name with a short description of which award you are recommending them for, a list of their accomplishments, and why you feel they should be given the award. We didn’t give out awards for 2021, so we are also including that year here if there is anyone you would like to nominate. The nominating committee is Tim Quinton, Bob Shimane, and John Howard. We will be presenting the awards at the COF Banquet on May 6th, so I need your nominees no later than April 1.

The following is a description of the awards and the process for selecting recipients. (From the COF Board Book, page A-7)

**Awards of The Central Oregon Flyfishers**
The Central Oregon Flyfishers recognizes service by its members through awards. *The Fly Fisher of the Year*, the *Honorary Life Member* and the *Conservation* award recipients are determined by an annually-appointed awards committee. On occasion, a *Special Award*, authorized by the Board of Directors, is presented to recognize other service or efforts consistent with the Club’s mission and goals. Also,
the outgoing president is recognized with a name tag (stating name and “past president”) and a vest, fishing bag or hat embroidered with his/her name. COF members who provide 30 hours or more in a year are presented with the 30-Hour Fly Box award.

The Awards Committee decides on award recipients, purchases award materials and makes arrangements for presentation. The committee must be made up of active COF members appropriate for the awards to be determined. A three-person committee is ideal. Since the identity of recipients is confidential until presentation of the award, the committee must be selected with that in mind. If a committee member is to be considered for an award, a separate combination of members must be convened to consider that candidacy. The committee must be appointed early enough to allow time for selection of recipients and procurement of awards. Appointment in November or early December is appropriate.

The awards committee’s responsibilities include:

- Solicitation of nominations for awards from the Board of Directors and the general membership by placing notices in the COF newsletter.
- Deciding on those who are to receive awards and maintaining confidentiality until the awards are presented.
- Procurement of plaques or other recognition paraphernalia to be presented to awardees.
- Arranging for presentation of awards at COF meetings or events and provision of appropriate background information to the presenter(s).
- Arranging for recognition of award recipients in the COF newsletter.
- Provision of the names and other appropriate information on award recipients to the COF historian, so that the information can be placed in permanent records.
- Arranging for procurement and presentation of the past president’s pin and vest. The recipient may choose an alternative to the vest, within a cost limit of $60 or other limit set by the Board of Directors.

The Fly Fisher of the Year, the Honorary Life Member and the Conservation and Special awards are often presented at the annual club banquet, which is normally held in March or April. Past president recognition is normally done in January, when a new president takes office. 30-

Hour Fly Box awards are presented at a COF monthly meeting or at other appropriate events as determined by the Board of Directors.

The Fly Fisher of the Year award recipient must meet the following criteria:
- Has participated in multiple club activities.
- Is an active member who has made sustained contributions to COF over a number of years.
- Has engaged in activities that have resulted in benefits for COF.
- Has made unique contributions that advanced COF and the sport of fly fishing.
- Has achieved competency in fly fishing.
- Has earned respect within the club.

The Honorary Life Member award recipient must have met the preceding criteria over an extended period of time.

The Conservation award recipient must have made special contributions in conservation through communication, advocacy, field work, or other service to advance the club’s mission and goals.

- TIM QUINTON
  CGTIMQ@GMAIL.COM

Banquet Volunteers Needed

We hope you’re coming to the spring Banquet. We need some help to make this a great event. We can use helpers before the event to transport raffle/auction items to the venue, and set-up the auction and raffle area. During the evening, we need help greeting guests, selling raffle tickets, tracking winners of the silent auction, monitoring bucket raffle, auction check-out using the Square App and runners. Please let us know if you can pitch in. Send us a message at banquet@coflyfishers.org.

- RENEE & TIM SCHINDELE
  BANQUET@COFLYFISHERS.ORG
Call or email if you have questions or want to look at them in person, Tim Quinton, cgtimq@gmail.com, 509-392-3516

FOR SALE:  POWELL SIGNATURE 256-8 LTSH (LIGHT STEELHEAD MODEL) ROD, 9 ½’, 7/8 WT. 2-PIECE GRAPHITE, WITH ORIGINAL SOCK AND CASE, $175, excellent condition, Peter Martin, landline, 541-388-8956, pcmartin@bendbroadband.com

FOR SALE:  SCIENTIFIC ANGLERS SYSTEM 2 89 REEL - Excellent condition, reel for 8 –9 weight lines. Comes with ~200 yds of 30 lb braided Dacron backing in good condition. Call or email if you have questions or want to look at them in person. Tim Quinton, cgtimq@gmail.com, 509-392-3516

FOR SALE:  SAGE MODEL ONE 7116-4 TWO HANDED SWITCH ROD, 11’ 6”, 7 WT., 4-PIECE, SOCK AND TUBE, $500, comes with Rio Scandi Shooting Head, 420 gr. and Rio Powerflex Shooting Line, Like new, rod and line fished perhaps twice, retail; rod-$860, shooting line-$40, scandi line-$55, total cost $955, Peter Martin, landline, 541-388-8956, pcmartin@bendbroadband.com

FOR SALE:  KORKERS DEVIL’S CANYON WADING BOOTS, SIZE 12 – $75, These boots have been worn quite a bit but have plenty of life left in them. The cable one of the boots was replaced last year, and both cables are in good shape. Comes with 1 pr of Studded Kling-On Soles and 1 pr of Kling-On Sticky Soles. Check out the Korkers website for the details: https://korkers.com/collections/fishing-footwear/products/devils-canyon?variant=24521933848676

COF MEMBERS: Got a “fishy item,” (broadly defined), to sell, find, or giveaway? Ads are free and run for one newsletter. If the item is not sold, please resubmit your ad for the next month’s newsletter. Submit ads to classifieds@coflyfishers.org by the end of the third week of each month. JPEG photos are useful.

- CLASSIFIEDS@COFLYFISHERS.ORG

MEMBERSHIP
Welcome to Our New Members
Jim Carmack - Bend
Brad Cleaves - Phoenix, AZ
Katherine Hall - Bend
Ann Jamison - Bend

- ROBERT SHIMANE
MEMBERSHIP@COFLYFISHERS.ORG

COF CLASSIFIEDS
The blue dun is a classic pattern that seems to have become lost in all of today’s many choices. Many rivers in the central Sierra’s where I now live, have an evening hatch of light gray mayflies. I suspect that may be the case across the west but could be obscured on rivers with more varied insect populations. It’s worth having a few in your box to give the trout a different look especially when light gray mayflies in the mix during a hatch.

**MATERIALS**

**Hook:** dry fly hook 14-18

**Thread:** black size 8/0

**Post:** EP fibers, white

**Hackle:** medium dun

**Body:** superfine, blue dun

**Tail:** emerger yarn, dun, medium dun hackle fibers

**TYING INSTRUCTIONS**

1. Start the thread ½ of a hook eye behind the eye and wrap to a point even with the barb.
2. Tie in a loop of EP FIBERS about a ¼ of a hook shank in back of the eye and trim the butts off at angle to form a taper. I like to use loop posts because it keeps the wing full.
3. Tie in the emerger yarn and over the top of the emerger yarn tie in approximately a dozen hackle fibers the length of the shank
4. Dub a sparse body
5. Wrap thread around the post to form a base for the hackle.
6. Strip barbs off the feather to expose the quill and tie in the feather wrapping up the post.
7. Dub the thorax around the post using a criss-cross application.
8. Wrap the hackle down the post with each wrap under the last.
9. Tie off in your preferred method. I like tying off around the post as it helps to put the hackle in the same plane.
10. Finish dubbing to the eye and whip finish

- MICHAEL TELFORD
MIKETELFORD76@GMAIL.COM
# MARCH 2023 UPSTREAM EVENTS

<table>
<thead>
<tr>
<th>DATE</th>
<th>ACTIVITY</th>
<th>CONTACT</th>
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<tbody>
<tr>
<td>March 7,14,21, 28</td>
<td>Winter Fly Tying, Larkspur CC 5:30-8:30</td>
<td><a href="mailto:winterflytying@coflyfishers.org">winterflytying@coflyfishers.org</a></td>
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<tr>
<td>March 9-12</td>
<td>Sportsmans Show Kids Pond</td>
<td>Danny Kara</td>
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<tr>
<td>March 14</td>
<td>WWW Zoom - Bug Basics, Sue Coyle</td>
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<td>March 15</td>
<td>Monthly Member's Meeting, 7:00pm @ the Elks Lodge</td>
<td>Fred A. Cholick</td>
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<tr>
<td>March 23</td>
<td>BOD Meeting @ 6:00 PM</td>
<td>Fred A. Cholick</td>
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## In the Future

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</tr>
<tr>
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</tr>
<tr>
<td>May 6</td>
<td>Banquet/auction, 5:30 @ Bend Elks Lodge</td>
<td><a href="mailto:tjsfishes@bendbroadband.com">tjsfishes@bendbroadband.com</a>, <a href="mailto:reneeschindele@gmail.com">reneeschindele@gmail.com</a></td>
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