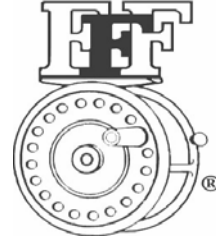


# The Central Oregon Flyfisher



[www.coflyfishers.org](http://www.coflyfishers.org)

An Active Member Club

Volume 29

Number 3

March 2006

**GENERAL MEETING**  
**Upper Deschutes Water Management Panel**  
March 15  
6:30-8:30 PM  
Bend Senior Center  
1600 SE Reed Market

**Metolius River OUTING**

**March 18**

See p. 2 for details

**Annual Banquet**

March 11  
6:00 PM  
Bend Senior Center

## March Random Cast

I hope everyone stayed warm last month. Let's keep our fingers crossed for March in hopes of some hatches to indicate spring is on its way. Then again this is Central Oregon.

Wow, that is all I can say after attending COF's 2-day seminar with Jack Dennis and Mike Lawson. A big thanks goes out to Ron Anderson, Carl Cavallo, Frank McKim, Lee Ann Ross, Max Johnson and all who made this event happen. Also a thank you to Papa's Pizza in Bend for doing an incredible job of providing the space and buffet both days. It looks as though this was a hugely successful well attended (80) event. Two full days of fly fishing programs could have become very long days if it wasn't for the wealth of practical information and entertaining nature of both speakers. If you attended the event or happened to miss it please give your thoughts to the education committee and let them know if you would like to see more of this type of event.

There are some signs of Spring on the horizon especially for COF. We have the annual Banquet coming up March 11<sup>th</sup> and with a new menu, new location and the sure to entertain "Members Fish Tale Competition". This year's banquet is also gearing up to have one of the best selections of items we have seen available for raffle and auction. Please get your registrations in so you can take part in the early bird raffle and we can better plan the dinner orders.

If you haven't had a chance to look at the calendar in the newsletter please do so, there are some great outings lined up. If you have any suggestions for outings or any questions you can talk to Dave Semich, COF's vice president and outings coordinator.

**"A trout always knows your there. Every time." ... "You can't hide" ... "Hell, even a hatchery fish knows you're there. The difference is that he's glad to see you."**

**From "The Dry Fly, New Angles," Gary LaFontaine**

Carl Sanders

## March Meeting

This month's meeting was organized by Max Johnson with the help of Scott McCaulou of the Deschutes Resources Conservancy. They have put together an outstanding panel of the leading experts on Deschutes River and fisheries management. If you have lived here in Central Oregon very long, you know of the past debates on water usage in our area. If you have just moved to the area recently, you need to catch yourself up on the issues at hand. This program is intended as an informational evening. It will not be a debate and will not take the time for individuals to voice their opinions. This is a great opportunity to get up to date.

### Summary:

Representatives of local agencies, non-profits, and irrigation districts will discuss challenges and opportunities associated with water management and streamflow restoration in the Upper Deschutes River.

- |            |   |
|------------|---|
| 10 minutes | Upper Deschutes Fisheries Issues- Steve Marx, Oregon Department of Fish and Wildlife                            |
| 15 minutes | Reservoir and Instream Flow Management- Kyle Gorman and Jeremy Giffin, Oregon Water Resources Department        |
| 10 minutes | Deschutes Water Alliance and Irrigation District Perspective- Steve Johnson, Central Oregon Irrigation District |
| 10 minutes | Crane Prairie Pilot Storage Lease- Kate Fitzpatrick, Deschutes River Conservancy                                |
| 15 minutes | Q&A- All  |

## March Outing

Wellll, lets try the Metolius River this month. The Crooked had extremely high flows (2000 cfs !!) in January and the day on the Deschutes was 9 degrees and I had the for real Influenza. That's winter in Central Oregon! The Metolius can be very good all year around. It can also be very tough fishing. The best dry fly action this time of the year is during the warmest hours of the day - which means early afternoon. Different midges and caddis could hatch nearly any day of the year. We could see some little black winter stones hatch also. We may need to call The Fly Fishers Place in Sisters and ask Jeff Perrin what is happening.

Don't forget that there are Bull Trout in the river also. Bing your steelhead equipment if you choose to try and hunt down one of these monsters. They eat fish, so bring your big streamers and bunny flies. One time I caught a 10 inch whitefish at bridge 99 and a Bull Trout came up and ate it. What an exciting, but short, fight that was on a 5 weight!

Let's meet at Allen Springs Camp Ground and decide where to go from there. Meet there at 10:00 for a short informational discussion of the area (where to split up to fish, what might be hatching and when, and to wish each other good luck)

Last note - a member called the other day and asked if it was to late to sign up for the outing. The regular monthly outings are open to any and all members. We do have a sign up for BIG trips like the BC outing, but we will ask for names at that time and make it clear that you do need to sign up.

Be looking for an email (or ask a friend with email to tell you) about Haystack Reservoir. When I here that it is planted with the yearly big brood stock I will post a notice and a quick outing date.

Dave Semich

## The COF Crooked River Macroinvertebrate Study

Because many new individuals have joined COF since this project began this is a brief explanation of what members have been doing and an invitation to new members to observe or join in the field sampling. Following a preliminary pilot study in January 2004, this project was initiated in February 2004. During the study 30 different members of COF volunteered on 33 sampling days; 5 non-COF members volunteered on 6 sampling days. The field sampling was scheduled to end after April 2005, but because of the unusually high-water/flood conditions on the river during the past few months I would like to sample in March and April of 2006 – if flow rates are low enough to safely sample. Such samples may allow us to determine if the persistent high flows this winter have had a negative impact on macroinvertebrate populations.

The fundamental goal of this project is to provide information on the macroinvertebrate fauna of the Crooked River. Specific objectives are: (1) to determine and quantify the macroinvertebrate fauna caught in drift nets operated at two different sites on the river (near Poison Butte campground and Castle Rock CG); (2) to determine the density and diversity  
(continued on the next page)

of macroinvertebrates found on rocks and submerged vegetation in the two areas where drift nets are operated; and (3) to determine the stomach contents of redband trout and whitefish caught in the general area of the two sites where drift nets and bottom samples are taken.

Members who are not on my Crooked River Project group emailing and who wish to observe or participate in this project should contact me at: [jranderson@bendbroadband.com](mailto:jranderson@bendbroadband.com). As previously, I will inform those on this mailing list of the dates we will be sampling. We have an efficient "hard core" base of experienced samplers but new blood certainly will be welcome to learn what this project is all about. Sampling dates probably will continue to be Monday through Friday. This allows us to avoid disturbing the many weekend fishers.

John R. Anderson  
retired entomologist and project leader.

## March Volunteer of the Month Frank McKim

When you think of words like responsible, diligent, organized, a member who has given and continues to give so much to COF comes to mind, Frank McKim. Frank is a former Board member and former Treasurer of COF. Not a glory position but arguably the most important volunteer position in the club. Frank volunteered for this position a couple years ago with little accounting experience but a willingness to learn and to help the club. The job he did was spectacular. He kept us all on track when this club was going through some serious growth both in membership and financial responsibility. Frank is a person the club could always count on to be where he was needed and to be thorough. Let Frank know what needs to be done and you can rest assure that it will happen 110% of what you were a expecting. It is just the kind of person he is. A couple of weeks ago, as many of you know, the club had Jack Dennis and Mike Lawson give a two day seminar. Even though Frank's term as club Treasurer had ended Frank graciously agreed to manage the money and the registration for the event. The seminar was a huge success in part to Frank's thoroughness and organization. Registration went off without a hitch and the seminar looks to be a huge success. I know all who were involved with the seminar appreciated Frank's almost daily updates on registration, his work in procuring a screen for the event and his overall input. Thanks Frank for all your hard work

and congratulations on being COF's volunteer of the month for March 2006.

**Note:** At the February board meeting, COF's board voted to recognize volunteers of the month with a COF cap and coffee cup. In addition, the VOM's for each month will have their names put in a raffle drawing at the December meeting for a \$75 dollar gift certificate to the local fly shop of their choice.

## Volunteers Build "Egg to Fry" Displays

COF volunteers, Emil Seidel and Tommie Speik, assembled 20 "egg to fry" displays for participating Kokanee Karnival elementary school classrooms. Emil donated materials and constructed the wood frames. The displays show specimens of the four early life stages of a trout; green egg, eyed egg, alevin and fry. Classroom trout incubator projects, which entail students raising trout eggs to the fry stage, are offered by the Kokanee Karnival Youth Education Program.

Thank you Emil and Tommie!  
Jen Bock



## Looking ahead to BC

Bob Griffin, along with the BC club, has planned an outing to Trojan Pond on Saturday the 24th. This would be a group outing to this private 'quality' fishery. They are asking for a \$20 donation be made to the Royal Inland Hospital Foundation. Bob needs a 'head count' of all that would be interested in this. Please let him know if you are interested ASAP - 389-2070

## Fly Of the Month Goddard Caddis

As we head into March and April, the weather gets a bit confused here on the High Desert. We can have nights below freezing, snow in the morning and daytime temps hitting 60F+. Water levels fluctuate inconsistently dependant on weather and manmade controls. Water temperature is still cold and the baetis hatches can become inconsistent, march browns are at peak then quickly fade. There is hope however as this time of year kicks off the caddis activity and consistent hatches occur throughout the spring and summer months.

This month's pattern is not new, but I have found it to be one of the best caddis dry patterns for versatility and durability. The Goddard Caddis (G & R Sedge) was developed as a stillwater pattern by John Goddard but floats so well and low in the water that it makes an excellent fast water caddis pattern as well. The original pattern is a bit different than below but this is a simple pattern to tie and just as functional.

Hook: dry fly hook, 10-16

Thread: Kevlar for spinning and brown or orange 6/0 to finish

Body: Deer hair color to match hatch

Antenna: Brown hackle quills

Hackle: Brown

1. Attach thread near the bend. Cut off a sizable bundle (about the diameter of a wooden pencil for size 10 hook) of deer hair, and comb out under fur and short fibers. Trim off tips.
2. Put bundle on top of hook, add two loose thread wraps around middle of bundle, tighten but don't let bundle spin. Hold bundle on top of hook as you put several more tight thread wraps on top of first two. Wind thread through flared hair and half hitch in front of flared fibers.
3. Cut off an equal size bundle, clean out under fur and trim butts and tips. Position bundle in front of first bunch. Put two loose thread wraps around bundle, tighten thread until hair starts to flair and then turn it loose and let it spin around the hook. Wind the thread rearward into the first bundle; then forward again to front of second bundle. Winding the thread back marries the two sets of flared deer hair and stabilizes the first. Put two half hitches in front of flared deer hair and cut

thread. Front of flared deer hair should be near the 1/3rd point.

4. Take fly out of vise and trim bottom hair flat as close to the shank as possible without cutting the thread.
5. Put hook into vise backwards. That is: Hold hook in vise at bend but have the shank and eye pointing over the barrel of the vise. It is easier to trim the cone shaped body so it is narrow at the front and larger to the rear. (A rotary vise is very handy for trimming a round body.) Trim top of wing parallel to the shank and trim the rear of wing sloping toward the bend a little. Then at back of wing trim sides to give the wing a little wedge pointing backward.
6. Put fly into vise correctly, and attach 6/0 thread. Pick thread color to match the small spots of color on your caddis. Strip barbs off of two feathers from an inexpensive (import) neck, and attach stems so the tips stick out over eye more than total length of fly.
7. Select a hackle feather with barbs about 1-1/2 the gap width. Modern genetic saddle hackles are best. Pull off some barbs at the bottom of the feather and attach hackle to hook by the bare stem. Wind hackle forward leaving room to tie off hackle, secure and trim excess.
8. Whip finish over the antennae and hackle tie off. Use a bit of head cement if you like.
9. Trim antennae to match your local caddis. If antennae don't curve the way you want, simply trap one antenna between your thumb nail and your first finger and slide along antenna. The antenna will curve toward the thumb nail. Push harder with thumbnail to make more curve.

This and more patterns can be found at

[www.fedflyfishers.com](http://www.fedflyfishers.com)



## **Wild Women of the Water**

March is going to be a wild month! There's the Sportsman's Show, COF's Annual Banquet and Fundraiser, John Anderson's sampling on the Crooked River and other events. (See the COF calendar for details.) I encourage you to volunteer for any of these events; it's a great way to meet other fly-fishing enthusiasts and help your club. Delores and I are planning not one, but two Wild Women events for March! We'll let you know as soon as we finalize the details for an evening meeting in a local flyshop. (We have a really different topic in mind for this meeting.) If the weather cooperates, we'll also have our first outing for the year later in the month. Maybe Delores and LeeAnn can tell us about some of their wild adventures in Africa.

- Terri Grimm

## **Fly Fishing Rendezvous**

This April the club is putting together a new event, called the Fly Fishing Rendezvous. As stated in our charter, COF is a non-profit organization dedicated to education, conservation, and the sport of fly fishing. To that end, the Fly Fishing Rendezvous is a free, community-oriented event designed to promote the sport of fly fishing in Central Oregon. This family-oriented, fun event is intended to appeal to beginners and experts alike.

Club members, interested individuals, and fly fishing industry professionals are all invited to participate. The goal is to have table top exhibits and 30 minute presentations in our "presentation theater". Hands-on educational exhibits are the focus, but professionals will be invited to display their products and services in a small, table top format.

Club members are invited to participate on a number of levels. Educational displays and presentations are encouraged. Organizational and logistical help would also be appreciated.

Sample ideas for exhibits/presentations include:

- Fly casting – from basic to expert (an outdoor casting area is available)
- Fly tying – with a focus on patterns for local waters
- Fly tying for kids
- Rod building
- "The Basics" – rod, line, leader and other equipment selection
- Entomology – understanding food sources and fly matching

- Boats and floatation devices – the range of options
- Local waters – lakes, streams, rivers and the fish they contain

If you wish to exhibit and/or present on the above topics, or other related topics, you are encouraged to participate. We are also looking for someone to provide a simple food service during the event. A kitchen is available.

Our hope is that the Fly Fishing Rendezvous will be well attended. In addition to the approximately 250 members of Central Oregon Flyfishers, the Rendezvous will be promoted to other local fishing clubs, fliers will be made available at local fly fishing shops, at outdoor shops, etc. Public-service advertising is also expected in The Bend Bulletin, The Source, and other print publications.

The inaugural Rendezvous will be held Saturday, April 22, from 10 am to 4 pm at the Bend Senior Center, 1600 SE Reed Market Road in Bend. This is a completely free event; there will be no charge to attend or exhibit.

The application deadline for exhibiting at the Rendezvous is March 31<sup>st</sup>. Space is limited, however, and early applications are encouraged. To reserve your spot, ask questions, volunteer to help, or make comments, contact Yancy Lind at 312-6821 or [yancy\\_lind@ml.com](mailto:yancy_lind@ml.com).

## **FFF Fly Tyer's Expo - Saturday March 25th in Eugene**

Many COF members travel to Eugene for the annual Fly Tyers Expo, a benefit for the Oregon Council - Federation Of Fly Fishers. A one day event featuring state, national, and international tiers. Last year about two hundred tyers were tying on tables that rotated 4 times during the day. You are face to face, seeing techniques and asking questions of the best tyers in the west. The fly tying materials sale in the same hall is worth the trip. A dinner follows with auctions and awards. It will be in Wheeler Pavilion located in the Lane County Fairgrounds. Take Highway 20 west connecting to 126 through Springfield becoming 105 in Eugene. The "Downtown" exit becomes Jefferson that runs into the fairgrounds in about 10 blocks -- real easy.

See Bob Griffin at the March meeting for more information or to sign up to share a ride.

Contact Keith Burkhart at (503) 363-8324 for dinner reservations by March 15th.

# The Central Oregon Flyfishers Annual Banquet 2006

*"Celebrating our success - a tribute to our members"*

Join COF for its premier gathering and fundraising event. There will be plenty of food, raffle items, auction items, door prizes, awards, "fish tale" competition, and lots of laughs.



**WHEN:** Saturday, March 11, 2006  
**WHERE:** Bend Senior Center, 1600 SE Reed Market Road  
(541) 388-1133

**TIME:** 6:00 PM Social Hour  
7:15 PM Dinner

**FOOD:** Appetizers early and then a catered meal by TLC

**MENU:** **NW Salmon with lemon caper aioli**  
**Bbq pork ribs with a spicy dipping sauce**  
**Scalloped potatoes with Gruyere cheese and baby carrots**  
**Roasted green beans**  
**Mixed greens with a champagne vinaigrette**  
**Bread and butter**  
**Assorted dessert platter**

**DRINKS:** BYOB wine, beer, and liquor with set ups provided by COF

**"FISH TALE" COMPETITION:** Volunteer members can enter a contest the biggest "fish tale". You will be allowed 3 min. An award will be given to the winner.

**RESERVATIONS:** Pay by February 28 and be entered in a special "Early Bird" drawing. Cost is \$24 per person.

## **BANQUET RESERVATIONS**

Please complete the form below, attach your check for \$24 per person, and mail to COF at PO Box 1126, Bend, OR 97709. We need a HEADCOUNT for the caterer, and those who pay by Feb 28th will be entered in a special "early bird" prize drawing.  
(PRINT CLEARLY)

Name \_\_\_\_\_

Spouse/Guest(s) \_\_\_\_\_

Mailing Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Telephone \_\_\_\_\_

Amount enclosed @ \$24 per person \_\_\_\_\_

# NEW MEMBERSHIP

The following information is used in the roster. Include all contact data and other interests that you wish to have appear in the roster. Print legibly using block letters, all caps.

LAST NAME	FIRST NAME	OCCUPATION (PAST OR CURRENT)	
SPOUSE'S FIRST NAME	SPOUSE'S LAST NAME IF DIFFERENT	HOME PHONE	
HOUSE NUMBER	STREET	WORK PHONE	EXT
CITY		STATE	ZIP CODE
EMAIL ADDRESS			
How do you want to receive the COF monthly newsletter? (Check one.) <input type="checkbox"/> Email <input type="checkbox"/> US Postal Service			
Why did you join COF? (Check all that apply. List other interests on reverse.) <input type="checkbox"/> Wild Women of the Water			
<input type="checkbox"/> Acquire more knowledge <input type="checkbox"/> Find fishing partner <input type="checkbox"/> Volunteer for projects <input type="checkbox"/> Improve technique <input type="checkbox"/> Social functions			

*You must sign this release EACH year when you renew to attend or participate in club activities.*

## LIABILITY RELEASE AND HOLD HARMLESS AGREEMENT

As a condition of membership or of participation in any activity encouraged or publicized by The Central Oregon Flyfishers, I voluntarily assume all risks of my participation. In acknowledgement that I am doing so entirely upon my own initiative, risk and responsibility, I do hereby for myself, heirs, executors, and administrators agree to remise, fully release, hold harmless, and forever discharge The Central Oregon Flyfishers, all its officers, board members and volunteers, acting officially or otherwise, from any and all claims, demands, actions or causes of actions, on account of my death or on account of any injury to me or my property that may occur from any cause whatsoever while participating in any such COF activity.

I acknowledge that I have carefully read this hold harmless and release agreement, and fully understand that it is a release of liability. I further acknowledge that I am waiving any right I may have to bring legal action to assert a claim against The Central Oregon Flyfishers for its negligence.

I have read the above statement and agree to its terms as a condition of my membership in The Central Oregon Flyfishers.

**X** \_\_\_\_\_  
 SIGNED BY PRINT NAME MONTH DAY YEAR

**X** \_\_\_\_\_  
 SIGNED BY PRINT NAME MONTH DAY YEAR

## DUES SCHEDULE

Memberships are renewable on January 1 of each year. New members joining prior to June 1 shall pay a full year's dues of \$36. New members joining after June 1 shall pay a prorated amount according to the chart below. New members who reside outside Deschutes, Crook and Jefferson County shall pay \$12.50.

THE MONTH YOU ARE JOINING	JUN	JUL	AUG	SEP	OCT	NOV
THE DUES YOU PAY (\$)	18	15	12	9	6	3

**RETURN THIS FORM** Mail or deliver this form and your check payable to The Central Oregon Flyfishers to the membership chairman. Forms unaccompanied by dues payment or that lack signature, name, or date on the liability release statement are considered invalid and will be returned to sender.

**The Central Oregon Flyfishers**  
**Membership Chairman**  
**PO Box 1126**

Bend, OR 9770

## UPSTREAM EVENTS – 2006

<b>March:</b>	2	COF Board of Directors Meeting - Carl Sanders
	11	<b>COF Annual Banquet</b> If you are interested in helping at the Banquet (set up, take down, organization, etc.), Please contact Larry Godfrey at 382-5860
	18	Outing, Metolius River - Dave Semich
<b>April:</b>	15	COF General Membership Meeting, Upper Deschutes Water Management Panel
	6	COF Board of Directors Meeting - Carl Sanders
	19	COF General Membership Meeting, Dave Brown, Flyfishing the Canadian Rockies
<b>May:</b>	22	Outing, Krumbo Reservoir - Dave Semich
	4	COF Board of Directors Meeting - Carl Sanders
	6	<b>Class</b> , Entomology for the Fly Fisher, by Rick Hafele - Ron Anderson
	17	COF General Membership Meeting,
<b>June:</b>	20	Outing, Lower Deschutes River - Dave Semich
	1	COF Board of Directors Meeting - Carl Sanders
	17	Outing, John Day River - Dave Semich
	21	COF General Membership Meeting

**Finalization of the year's outings will be made in the next newsletter.**

**If you have any suggestions, send them to Dave Semich at [flyshndave@webformixair.com](mailto:flyshndave@webformixair.com) by March 15th.**

Notes: (1) For more information about an event - contact the last name on the lines above.

