The annual COF Banquet and Fundraiser is coming March 31. Debbie Norton has been very successful obtaining donations. We will have an abundance of fly-fishing and non fly-fishing items for the raffle and auction. This year we have four trips donated with some new destinations. Check out the information at the end of this newsletter to register.

The month of March is packed with several activities and outings. There is the Redmond Sportsmen’s Show. So far, 25 members have volunteered to work the kids’ trout pond. We could use some extra help during a few slots on Saturday. Give me a call or send email (president@coflyfishers.org). The Oregon Council of the Federation of Flyfishers (FFF) is having their annual show in Albany. After a day of volunteering for the trout pond, pack up the car and drive over to see over 100 fly tyers and 50 vendors and take in one of the 90 plus classes.

On the education front, COF continues to have an abundance of successful classes. You really should take advantage of them. Roger Vlach did just that. He participated in the rod-building class taught by Harry Harbin and Bob Griffin last month. He built a new Beaulah Platinum Spey rod, 12 feet, 6 inches. He went out a couple of weeks later for steelhead fishing and, as noted in the pictures below, he was very successful. Roger said, “I am SO pumped; can’t wait to get back on the river. I’m going to do the rod-building class again next year.”

I say to the rest of us – get out there and fish!

– Eric Steele, President
**GENERAL MEETING**

Mar 21 | 6:30 p.m. | Bend Senior Center, 1600 S.E. Reed Market Road, Bend

**Salmon and steelhead reintroduction project**

Brett Hodgson, Mike Harrington and Tim Porter of Oregon Department of Fish and Wildlife will present information about the salmon/steelhead reintroduction project for the Crooked River, Deep Creek, East Lake, Crane Prairie and other Central Oregon waters of interest.

**OUTINGS**

**2012 outings**

The 2012 outings schedule offers some great educational and service opportunities for COF members. If you have never led an outing, please consider offering your knowledge and skills to your fellow COF members.

Wild Women of the Water still needs a leader/organizer. If interested, please contact Eric Steele (president@coflyfishers.org).

Lee Ann Ross will lead an outing to East Lake in August (date TBA). East Lake is a great pontoon boat or float tube fishing destination, and it’s a short drive from Bend.

Plan to participate in the April 7 Crooked River Cleanup. Clean up the river in the morning, have a BBQ lunch and fish in the afternoon.

Specific dates have not been set for the Antelope Flat Reservoir or Davis Lake outings due to the unpredictable weather conditions (snow).

Members are already signing up for the June 14 tour of the Round Butte Fish Passage Facility at the Round Butte Dam, but there is room for more. If interested, please contact me.

— John Tackmier, Outings Coordinator
outings@coflyfishers.org or 541-549-6252

**Metolius River**

Mar 26 | 10:00 a.m. | Contact John Tackmier | Meet at Bridge 99

On Monday March 26, Jeff Perin of the Fly Fisher’s Place in Sisters will conduct an on-the-stream seminar for COF members. Jeff will provide specific information to help anglers become more successful. Jeff’s presentation will describe three different methods used to fish the Metolius: dry fly, nymph and his personal approach to catch large, native bull trout. (These piscivorous bull trout are genetically different from the dolly varden). Jeff will have fully-rigged rods and terminal tackle available for demonstration.

The latter part of February usually brings a mayfly hatch (Pincinygmula – a small yellow mayfly – size 14 or 16 PMDs or BWOs). Check with the fly shop for the most effective flies. A container of dry-shake fly drier and 12 foot, 6x leaders are also useful. When the seminar wraps up at noon, apply your newly acquired knowledge/skills and spend the afternoon fishing the river. Jeff plans to fish, so you can observe him in action.

continued on next page
There are still openings for the seminar. If you are interested, please sign up. Meet at 10:00 A.M. at the Lower Bridge Campground (just north of the 99 Bridge) on Monday, March 26. Layered clothing is recommended. If you plan to spend the full day on the outing, bring snacks, lunch and beverages of your choice.

Contact John Tackmier (outings@coflyfishers.org or 541-549-6252).

Owyhee River
Mar 22 to 26

The Owyhee River downstream from Lake Owyhee Dam is one of Oregon’s best-kept tailwater secrets. Fishing picks up in March as the ice eases off the river. It looks and fishes like the Crooked River, except for the big brown trout. To prepare, you can check out the Clackamas Fly-Fishers club website, available from: http://clackamasflyfishers.org/meetings-a-events-mainmenu-33/fish-alongs/104-owyhee-2008. Within the article are two links to reports about their trip. Hatch chart available from: http://www.where-to-fly-fish-in-america.com/Owyhee-River.html. If you are interested in the trip, contact Lee Ann Ross (rossleeann@yahoo.com).

Fifth annual Crooked River Cleanup and fishing outing
Apr 7 | 9:00 am | Meet at Big Bend Campground

COF will hold its fifth annual Crooked River Cleanup on Saturday, April 7, 2012. Our regularly-scheduled cleanup in November 2011 was snowed out. Last year’s cleanup effort on the 12 miles of river on public land below the Bowman Dam was a big success due to a lot of volunteer effort by more than 20 COF members. Like last year, meet at Big Bend Campground (the campground just downstream from Bowman Dam) at 9:00 A.M. Around noon, everyone will meet back at the campground for lunch. Hot dogs and all the fixings will be served. After lunch, there will be a club fishing outing on the river. Members will be available to provide instruction on nymphing techniques. For new members, check out the Crooked River fishing Power Point presentations on the COF website (www.coflyfishers.org>Presentations). The presentations provide a good start for a successful trip to the Crooked. This outing is good opportunity to volunteer for a club conservation activity, get a free lunch, and catch a few rainbows and lots of whitefish. If you would like to help out, email me so we can we can get a head count for lunch.

– Bill Seitz (wseitz@bendbroadband.com or conservation@coflyfishers.org)

Lakes of Central Washington

As an alternative to the annual club outing to British Columbia, COF is planning a trip to the multitude of lakes in Central Washington. Matt Paluch will be our tour leader and resident expert. We will stay near Soap Lake, WA (a six-hour drive from Bend), which has motel and camping options. The camp site will be determined. Matt said there are over 20 lakes nearby to fish. If there is enough interest, we will bring the COF trailer and assign meal preparation.

The tentative dates are May 2 through 7. If you are interested, please contact Lee Ann (rossleeann@yahoo.com). More details in the April newsletter.

Chewaucan River
Jun 19 through 24

Join us for great fishing on the Chewaucan River (only three hours from Bend) June 19 through 24. We will camp at Jones Crossing campground, right on the river. Stay for a few days or all. Besides the Chewaucan River, there’s Withers, Slide, Campbell, and Deadhorse lakes to fish, and we’ll make a side trip to Deep Creek. Potluck dinner at least one night.

– Rick Sironen (Rick@nwqc.com or 503-704-9517)
EDUCATION

Fishing the Crooked River

Don’t miss the Crooked River Cleanup in April. The reward for your labor, besides having a clean environment, will be a chance to get some fishing advice from Bill Seitz and other experienced fly fishers. They’re expecting you, and the advice will be gladly given, as always.

Recommended reading

We’ve had great fly-tying sessions on Tuesdays, and one of our presenters was Wes Wada, a former art professor. He gave us a valuable presentation on color. Among other things, Wes recommended mixing colors, the way Seurat did in his pointillist paintings. Wes also recommended a book: No Hatch to Match by Rich Osthoff. It’s full of information that promises to expand your universe, including a section on fly-fishing parlor tricks.

Introduction to volunteer opportunities

COF is working on a presentation about volunteer opportunities with the club. Designed for all members, this presentation will cover opportunities that are available, who does what, where and when and what’s expected of volunteers. If you have any suggestions for this presentation, please contact me. One of the best ways to learn to fish is to volunteer at the Kokanee Karnival and help with other educational opportunities.

– Kathleen Schroeder, Education
(541 480-3185 or education@coflyfishers.org)

Targeting springtime hatches and their water within an hour’s drive

Free seminar. Orvis store in Bend. March 24. 10:00 A.M.

Indicator Nymphing Strategies: Demystifying indicators, rigging, and where to fish

Free seminar. Orvis store in Bend. April 14. 10:00 A.M.

Winter fly-tying series continues!

This will be the last month for the COF Winter Fly-Tying Series. Our instructors have done an excellent job teaching very “fishy” flies. Some of our members have even tied a few extra flies for upcoming club banquet raffle. If you haven’t attended one of our classes, there is still time. We meet every Tuesday at 6:00 P.M. at the Bend Senior Center. Cost is $5 per session to offset the room and materials.

– John Kreft (Cell: 503-559-3811 or jckreft@gmail.com)

Fly-tying classes

Local shops will offer fly-tying classes during the winter months. For details, see the December newsletter or contact the shops: Fly Fishers Place in Sisters (541-549-3474), Patient Angler in Bend (541-389-6208), Fin and Fire Fly Shop in Redmond (541-548-1503), Orvis in Bend (541-312-8200).

WILD WOMEN OF THE WATER

Upcoming events:
• Pronghorn Reservoir - May 4 to 6 (tentative)
• Canyon Creek Ranch - June 1 to 3 (tentative)
For more information about these events, contact Sherry Steele (steelefly@msn.com or 541-549-2072).

MEMBERSHIP
To join, go to coflyfishers.org to print a form. Current rosters are available by request, so please contact me at the next meeting, or send email to membership@coflyfishers.org with ROSTER as the subject.

– Gary Meyer, Membership Chair

VOLUNTEER OPPORTUNITIES

Kid’s fishing pond
There a few slots available to volunteer to help with the kid’s fishing pond at the Sportsmen’s Show, coming to the Deschutes County fairgrounds March 8 to 11. COF will again manage the kid’s fishing pond, and we would love to have your help staffing this fun-filled weekend. This is one of the most rewarding volunteer opportunities of the year and a major fund raiser for COF. The club receives $1200 for managing the fish pond. If you are interested, please contact Eric Steele (president@coflyfishers.org).

OTHER NEWS

Project Healing Waters accepting donations
Project Healing Waters (PHW) is accepting donations of used fishing equipment (rods, reels, lines, waders, boots, fly-tying equipment, feathers, dubbing, hooks, etc.). Gear will be used by veterans who are learning about fly fishing and fly tying through PHW. To make a donation, please contact Brad Emery (541-536-5799 or BDEMERY1@aol.com).

Northwest Fly Tyer and Fly Fishing Expo
Mar 9 & 10 | Linn County Expo Center, Albany, OR

Have you ever attended the NW Fly Fishing Expo? If so, you know what a great show it is. If you haven’t, then take a few minutes and read about what you can experience. It is well worth the drive to the Mid-Willamette Valley.

You can view over 70 tyers showcasing their tying skills. Feel free to sit down and talk with them about their tying techniques. Surrounding the tyers are over 50 vendors in booths. These vendors of the fly-fishing industry represent fly fishing products, services and destinations. An area of special interest is the Entrepreneur tables where small start-up fly fishing oriented companies are able to introduce their innovative new products or businesses.

In addition to the fly-tying venue, casting is a welcomed feature event at the Expo. The Expo features a 70-foot casting pond on the main floor where certified casting instructors give demonstrations each hour. Spey casters have an outdoor Spey casting pond to practice and receive instruction. There is also an acre of indoor space for individual and group casting instruction. With over 70 classes on tying, casting or fishing techniques to choose from, there is surely one that would be of interest.

The Expo also features an hourly raffle where attendees are able to win prizes donated by attending vendors and companies throughout the fly-fishing industry.

The Expo finishes with a banquet on Saturday evening. The highlight for the dinner is an oral auction. Auctions of the past have featured guided trips, lodge trips, rods, reels, artwork, sculptures and just about anything associated with fly fishing.

For more information or if you want volunteer at the expo...and get in Free, Contact:
Sherry Steele (541-549-2072 or steelefly@msn.com)

Spring Angling Clinic

The Kokanee Karnival Spring Angling Clinic will be held at Aspen Hall in Shevlin Park, April 23 to 27, April 30 and May 1. Fourteen classes will participate, with two classes attending each day.
We need volunteers to staff the four educational stations and assist the students fishing for trout in the afternoon. The fun begins at 8:30 A.M. We wrap things up by 3:00 PM.

If you want to learn about Kokanee Karnival, please go to kokaneekarnival.org or contact me (waldo1ft@msn.com or 541 318-7507). The website has lots of text and a video about the program. If you are a new volunteer, we will team you with an experienced volunteer.

– Frank Turek
COF LIBRARY NEWS

The Complete Steelheader
By John Larison

For all members interested in steelhead fishing, this month's featured book is a real treat. John Larison's The Complete Steelheader – Successful Fly-Fishing Tactics was the most highly-ranked book in last month's member-interest survey. The book is now available from the COF library. During the March meeting, the book will be on display beneath the Featured Book poster on the table in front of the library cabinet. Stop by and look it over or check out the book.

John Larison, currently of Corvallis, got his B.A. from the University of Oregon and an M.F.A. from Oregon State University. He teaches two classes in the English Department at OSU: Technical Writing and Advanced Fiction. He is the Northwest field editor for Fly Fisherman Magazine and the author of two novels set in the Western United States. This background gives some perspective to explain the high quality writing found in his 2008 The Complete Steelheader. The book contains carefully-crafted, high-quality text that provides detailed information and instruction about how to understand and catch steelhead in a variety of water types. The text is fun and witty to read and is supported by the superb photographs taken by John's father, James Larison.

There is a very intelligent organizational approach to the book, which is divided into four sections: Approaching the River, The Fish, The Presentations and Conservation. The Presentations section, comprising more than half the book, is really cool stuff. It provides great descriptions, photographs and illustrations to explain eight different methods of presenting a fly to a steelhead. It includes techniques even an experienced steelhead fisherman will find interesting and informative.

Ted Leeson's paragraph on the back cover provides a professional writer's view of the book: “The Complete Steelheader is a remarkably well-informed and immensely informative book that stems from an indisputable premise – the increasing number of both hatchery steelhead and anglers who pursue them is changing fish behavior. Contemporary steelheaders must adapt with more diverse approaches. From the classic fly-fishing methods to cutting-edge techniques, the level of practical instruction here is rare among angling books. The explanations are clear, pointed, admirably detailed, and above all useful. The chapters on rod play, indicator tactics, and deep-water fishing are the best coverage of these ideas in the literature of steelheading and alone worth the price of admission. Some of John Larison's ideas will undoubtedly prove controversial among traditionalists, but all of them will make you a more effective steelhead angler.”

– John Tackmier, Librarian (Outings@coflyfishers.org)

CONSERVATION

Flooding and impacts to native trout and salmon

Often in Oregon, natural events result in rivers going from near-record lows to flood stage overnight. The floods, primarily on the west side of the Cascades, jeopardize riverside homes and challenge Chinook salmon, steelhead, and other native fish. On the east side of the Cascades in Central Oregon, major flooding is not as prevalent due to the control of flows by dams. In wet years though, high flows on the Lower Deschutes and the Crooked River can be significant. For example, in 2006 and 2011, winter flows from Prineville Reservoir caused the Crooked River to sustain very high levels for several months. Some ranches downstream had minor flooding.

What happens to the fish during high flood stages? Researchers at Oregon State University (OSU) found that small, native fish like redbands and mountain whitefish are adept at surviving floods and using the habitats that humans have provided them. On the west side of the Cascades, scientists found that farmer’s fields inundated with floodwater play a role in creating a sanctuary for native fish, where they find both food and temporary shelter from fast waters. My experience with high water on the Crooked River tracks their findings—the redbands and whitefish stay close to the bank and utilize habitat adjacent to the flooded willows and grass.

Why do floods occur? The reason is mostly evident—heavy rainfall from a strong “pineapple express” storm from the southwest pounds western Oregon and melts the snowpack, adding to the flooding peak. OSU ecologists point out that what once were complex, braided rivers, with multiple channels that spread the impact of flooding, now have been transformed into single channels that act like pipelines. Historically, the multiple channels created holding places for migratory and resident fish. Dams, development, and the transition from natural forests to housing tracts and pastures have eliminated the complexity from many river systems.

Closer to home, the Crooked River is classified as a “flashy” river: about 50% of the flow comes from snow and 50% from rain. A major rain event in the Ochoco and Maury Mountains to the east of Prineville can cause significant increases in flows and can quickly fill Prineville Reservoir. In the winter of 2005-2006, there was significant snow pack in the mountains in the watershed above the reservoir. A

continued on next page 9
Central Oregon Flyfishers
2012 Annual Banquet & Fundraiser

Saturday • March 31, 2012 • 5:30 P.M. • Seventh Mountain Resort

BEFORE March 1 - $37 per person & Automatic entry in the early bird fly-rod drawing
March 1 to 23 - $42 per person (no dinner sales after March 23)
Questions? Contact Howard Olson (541-279-0982 or banquet@coflyfishers.org)

Attend COF’s primary fundraising event to support the Kokanee Karnival Youth Education Program, our new expanding program for older youth, club activities, membership services, conservation program, and habitat restoration efforts. Join the fun, share stories, and dine on fine, delicious food. Have an exciting time with the raffle, pick up some high-quality flies or unique family items in the silent auction, and bid on great opportunities at the live auction. Take advantage of the early bird registration and save $5 and be automatically entered in the fly-rod drawing. You may purchase raffle tickets early using the registration form (six tickets for $5). (See directions to Seventh Mountain Resort on reverse.)

MENU
COF will supply two bottles of wine for each table. A no-host bar will be available.

APPETIZERS
Prosciutto & Cantaloupe Canapes, Roma Tomato & Basil Bruschetta, Rolls with Butter

HOUSE SALAD
Romaine & Butter Lettuce, Shredded Radish & Carrots, Candied Pecans, Crostini & Balsamic Vinaigrette

ENTRÉE
French Cut Chicken Breast - Lemon & oregano-backed with pearl onion pan gravy, roasted garlic mashed potatoes and chef’s choice vegetables
OR
Grilled Top Sirloin - Port wine reduction, garlic mashed potatoes, chef’s choice vegetables

DESSERT
Carrot cake with candied walnuts & caramel sauce
Mail completed form (indicate dinner choice and raffle ticket amounts) and your check ($37/person BEFORE Mar 1 • $42/person Mar 1 to 23) to COF BANQUET, P.O. Box 1126, Bend, OR 97709.

PRINT CLEARLY

Name ______________________________ Steak ___ Chicken ___
Spouse/Guest(s) _____________________________ Steak ___ Chicken ___
Guest(s) _________________________________ Steak ___ Chicken ___
Raffle Ticket Total Enclosed ($5 increments • $5 = six tickets) = $___________________________
Email ____________________________________________________________________________________
Telephone __________________________________________________________________________________

Amount enclosed (circle one): $37 or $42/person BEFORE March 1 • $37 per person & Automatic entry in the early bird fly-rod drawing  March 1 to 23 - $42 per person (no dinner sales after March 23)
TYERS CORNER

One of the most prevalent caddis species in the Crooked River and other tail water fisheries in Central Oregon is the American Grannon or Mother’s Day Caddis (genus Brachycentrus). The caddis hatches by the thousands annually around Mother’s Day (early May) in most years. The caddis larva (bright green body with black head) is enclosed in a slender, dark brown case. If you’ve fished on the Crooked River, you’ve probably “caught” some of the empty cases. The caddis larva is a filter feeder that attaches to the upper surfaces of rocks in riffles and runs. Redbands and, especially, mountain whitefish eat all stages of the insect: larva, pupa and adult. This time of the year, a nymph pattern that imitates the cased larva will be a steady producer when dead drifted near the bottom in a rocky riffle or run. When I fish two nymphs, the nymph is positioned to be closest to the stream bottom. One of the best patterns that I have found to imitate the cased caddis is Pat Dorsey’s Mercury Cased Caddis. It is very effective and quick and easy to tie.

– Bill Seitz

Mercury Cased Caddis

Hook: size 16 1xL or 2xL nymph hook
Bead: size 15 silver-lined glass bead
Thread: black 8/0 Uni-thread
Rib (Optional): uni-wire, small copper or gold
Larva case: any brown or natural tan (I like Wapsi SLF Spiky Squirrel in brown or natural.)
Larva body: Ice Dub Chartreuse
Larva head: black dubbing (I use black Hare's Ear.)

1. Place bead on hook and start the thread behind bead.
2. Attach wire ribbing (optional).
3. Dub a slender, tapered body; about two-thirds of the hook.
4. Dub an Ice Dub collar.
5. Dub a black fur collar and whip finish.

Conservation – continued from page 6

“pineapple express” resulted in significant, sustained flows that filled the reservoir, necessitating high releases from the dam. Flows were greater than 3,000 cfs for more than a month (normal winter flows are around 100 cfs). When Oregon Department of Fish and Wildlife biologists conducted mark and recapture studies in June 2006, populations of redbands and whitefish were significantly reduced (from about 8,000 fish/mile to 300/mile). Many thought the fish had been washed downstream. What happened was that flows from the dam resulted in loss of adult fish to gas bubble disease. (The fish got the bends.) Fish that remained were able to find shelter along the river bank. To a lesser extent, the same thing happened in 2011. After redband and whitefish populations rebounded somewhat, they again were impacted by gas bubble disease.

Ecologists say that salmon, steelhead, and native fish should be able to survive the floods. The fish have had thousands of years to adapt to flooding. However, there can be short-term damage. For example, recently deposited eggs and young steelhead fry can be washed downriver. The steelhead’s life history (adult fish in the ocean when flooding occurs in freshwater) provides a mechanism for survival. Scientists believe single-flooding events rarely result in catastrophe for all fish.

Flooding events illustrate that all river systems are not equal! To judge the impacts of flooding on a river, it is important to understand the land use conditions and the presence and absence of dams and other development in the watershed. For example, high water in one tributary of the Upper Deschutes Basin may cause unique issues related to flooding that impact fish and their habitats (e.g., a dam/spillway design on Bowman Dam that causes gas bubble disease at flows over 600 cfs), while high water in a natural system like the Metolius River many not adversely impact fish populations. There are also ecological benefits of floods to streams and riparian habitats that need to be factored in to the possible negative impacts.

– Bill Seitz, Conservation chair
Central Oregon Flyfishers Upstream Events 2012

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<th>Date</th>
<th>Time</th>
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<td>MARCH</td>
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<td>Mar 1</td>
<td>6:30 pm</td>
<td>monthly board mtg.</td>
<td>Environmental Center</td>
<td>Eric Steele (<a href="mailto:president@coflyfishers.org">president@coflyfishers.org</a>)</td>
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<td>Mar 6, 13, 20, 27</td>
<td>6:00 pm</td>
<td>fly tying</td>
<td>Senior Center</td>
<td>John Kreft (<a href="mailto:jckreft@gmail.com">jckreft@gmail.com</a>)</td>
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<td>Mar 8-11</td>
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<td>Kid’s Fishing Pond</td>
<td>Redmond Expo Center</td>
<td>Eric Steele (<a href="mailto:president@coflyfishers.org">president@coflyfishers.org</a>)</td>
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<td>Mar 21</td>
<td>7:00 pm</td>
<td>general meeting</td>
<td>Bend Senior Center</td>
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<td>Mar 22-26</td>
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<td>OUTING</td>
<td>Owyhee River</td>
<td>Lee Ann Ross (<a href="mailto:rossleeann@yahoo.com">rossleeann@yahoo.com</a>)</td>
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<td>Mar 26</td>
<td>10:00 am</td>
<td>OUTING</td>
<td>Metolius River</td>
<td>John Tackmier (<a href="mailto:outings@coflyfishers.org">outings@coflyfishers.org</a>)</td>
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<td>Mar 31</td>
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<td>Howard Olson (<a href="mailto:banquet@coflyfishers.org">banquet@coflyfishers.org</a>)</td>
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IN THE FUTURE

Lakes of Central Washington OUTING, May 2 - 7, Contact Lee Ann (rossleeann@yahoo.com).

Chewaucan River, OUTING, June 19 - 24, Contact Rick Sironen (Rick@nwqc.com or 503-704-9517)

NON-CLUB ACTIVITIES & FYI 2012

Jan 28 to Apr 15, Turtle Bay Museum exhibition, Redding, CA (www.turtlebay.org)

Mar 9,10, Northwest Fly Tying & Fly Fishing Expo, Albany, OR, Sherry Steele (steelefly@msn.com)

Jul 10 to 14, FFF National Fly Fishing Fair, Spokane, Washington, Sherry Steele (steelefly@msn.com)

Oct 18 to 21, National Team USA Competition, Bend, OR, Lee Ann (rossleeann@yahoo.com)

Membership application available from: http://www.coflyfishers.org
For advertising information, call Mike Shadrach at 541-678-5717.

Central Oregon Flyfishers
PO Box 1126 Bend, Oregon 97709

For advertising information, call Mike Shadrach (541-678-5717).

NEWSLETTER - Terri Grimm