

# The Central Oregon Flyfisher

Vol. 33, Number 5, May 2010

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## RANDOM CAST

Before writing this column, I review what we've done over the past month and events that are coming up. I'm always impressed by what this club accomplishes, as well as the number of members who volunteer their time and energy to staff our many activities. This time is no exception.

I'll start by thanking our Banquet committee for organizing a splendid COF banquet, held this year at the Broken Top Club for the first time. Also, thanks to all those who donated prizes for the raffles and auctions (both sponsors and members), and all of you who attended, and you who bid on these great prizes at our primary fundraiser of the year. It was nice fellowship opportunity and a huge financial success.

At this banquet, we accomplished another first. We presented awards to four key corporate sponsors to recognize the major support they've provided to COF over the past two years. This year's award recipients were: Fly & Field, Deep Canyon Outfitters, Spirit Rive, and The Fly Fisher's Place. They've been awfully good to us, so please patronize them, as well as the others listed on page 7.

There has been lots of recent action in Kokanee Karnival. The Eggs to Fry, Angler Education, Fish Dissection, and Spring Angling Clinic programs have been in full swing, and the Angling clinic continues May 2 and 3. Thanks to everyone involved in the Kokanee Karnival events.

There's so much going on in our Outings, Conservation and Education programs – far too much to cover here – so browse the schedule (page 9), read the trip descriptions, and contact the leaders. Add trips to your calendar and contact the leaders ASAP.

We have some crucial openings we must fill. We need a new Membership Chairperson to replace Craig Dennis at year-end, when his term expires. Please contact Craig or me if you're interested. We also must replace Donna Hathaway as Raffles chairperson immediately. She and Don Morgan just moved to Arizona to be near to her ailing mother. (I'll miss their smiling faces, but Mom needs them.) We also need a volunteer to make coffee before the monthly general meetings. Please see me if you want to help.

Finally, I won the banquet silent auction for a trip to "Three Lakes Fly Fishing" in north-east Washington. My son-in-law and I fished there yesterday, and we caught about 40 rainbow and brook trout up to 23 inches. We had Horseshoe Lake and the lodge all to ourselves, a gorgeous place well worth the winning bid. Too bad we only had the time to fish one day!

– Dick Olson



COF members tour the Pelton-Round Butte Dam Fish Transfer Facility. Photos: Bob & Jackie Cooper



## GENERAL MEETING

May 19 | 6:30 p.m. | Bend Senior Center, 1600 S.E. Reed Market Road, Bend

### Nymph fishing streams and rivers

The May program will feature Rick Hafele, noted fly-fisher, entomologist, and author/co-author of several books and many magazine articles. His books include: *Western Mayfly Hatches*; *The Complete Book of Western Hatches*; *An Anglers Guide to Aquatic Insects and Their Imitations*; and *Nymph Fishing Streams and Rivers*. With a Masters degree in aquatic entomology and minor in fisheries biology, Rick is among the most knowledgeable of fly fishers in the Northwest. His specific topic for our meeting will be Nymph Fishing Streams and Rivers, with an emphasis on what goes on below the surface of a stream and how to catch trout with nymphs. Among other things you will learn about are types of equipment, fly patterns, and different tactics – all from a master nymph fisher.

– John Anderson

## OUTINGS

### Outings for 2010

Let me know if there is a trip that you would like to lead. Outings require a minimal amount of organizing, and I can give you some tips on how to make things go smoothly.

– Yancy Lind, Outings Coordinator  
yancy\_lind@ml.com or 788-5514

### Davis Lake large mouth bass

May 1 | Meet at Lava Flow Campground at 8:00 a.m.

Davis Lake is located on the west side of the Cascade Lakes Hwy, about three miles south of Wickiup Reservoir and just south of where the lava flow comes next to the road. Meet at the Lava Flow Campground at the NE corner of the lake at 8:00 a.m. We'll discuss where to fish, what flies to use, and how to fish them. Bring your lunch and a two-way radio. We won't come back to shore for lunch, but we will keep in touch with the radios.

#### What to bring

**Floating device** – boat/motor, float tube, pontoon boat, kayak, or pram – Davis Lake is nearly impossible to fish from the shore.

**Rod – STOUT!** Some of the bass are over six pounds. I use my 9 ½ foot, eight-weight steelhead rod.

**Lines** – Floating for the shallow, weedy areas and fast sink for around the dam

**Leader – NO NONSENSE!** I use three feet of 40-pound and three feet of 20-pound monofilament. These fish are not

Outings 2010			
Month	Day	Leader	Destination
May	1	Dave Semich	Davis Lake (bass)
May	6	Harry Harbin	Ana River
May	13	Mike Tripp	Lower Deschutes float trip (Warm Springs to Trout Creek)
May	22	Yancy Lind	Little Cultus Lake
Jun	5-6	Bob Mullong	Prineville Crappie Marathon
Jun	10-11	John Anderson	Diamond Lake
Jun	17-25	Dave Dunahay	British Columbia
Jun	18	Yancy Lind	Malheur Wildlife Refuge
Jun	29-30	Mike Tripp	Upper Williamson River
Jul	24-25	Bob Mullong	Cow Camp Dry Fly Challenge
Aug	TBA	Gordon Chandler	East Lake
Aug	27-29	Yancy Lind	Lower Williamson/Wood River
Sep	9	Jerry Criss	Fall River
Oct	7-10	Eric Steele	Deschutes steelhead
Nov	20	Bill Seitz	Crooked River Cleanup & Outing

leader shy, and I can rip my flies out of the reeds with a heavy leader. A seven-foot leader tapered to 15 pound will be fine.

**Flies** – Weedless flies are extremely helpful. I use the following (in order of preference): **poppers** (black, yellow, frog); **rabbit strips** (black, purple, olive green) four to five inches long with barbell eyes; **dragonfly nymphs**; **Dahlburg divers**

**Net** – You don't need one. You just get 'em by sticking your thumb in their mouth and grabbing their lower jaw.

**Stringer** – Bass are good to eat and they are an illegally introduced species in Davis. Keep as many as you catch.

**RSVP** – Please send me an email (flyfishndave@webformixair.com) if you plan to go.

– Dave Semich

### Ana River Outing

Thursday, May 6 | 8:00 a.m. depart from WalMart

I am always searching for good dry-fly fishing in the spring. The Ana River is one of those strange little gems of Oregon geography that almost always provides good fishing in March (sometimes in February too), but last year when I arranged an outing in March, the wind was blowing so hard that I could hardly stand up, and it simply blew the hatch away. We will try it in gentler weather this year.

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Located on Highway 31 about 100 miles from Bend, between Silver Lake and Summer Lake, the river arises at springs in the bottom of Ana Reservoir, a very small but deep reservoir known for its hybrid bass. The state hybrid record was caught here (18.5 pounds, the last of five records caught here!), but it is pretty much bottom fishing that doesn't lend itself to fly fishing. The overflow from the lake ignominiously flows through two big pipes through the earthen dam, and voila' – the Ana River. The river flows through a fairly deep earthen canyon for about three miles before it flows into the Summer Lake Wildlife Refuge and disappears in the desert. The water starts out very clear, with a year-round temperature of about 52 degrees Fahrenheit. Farther downstream, it picks up some color from the soil and eventually becomes very alkaline. Depending on the temperature and how clear the sky is, there is almost always a good midday hatch with rising fish starting right below the dam.

Most of the bugs are fairly small this time of the year, with midges, blue wing olives and small caddis late in the day (and sometimes pale morning duns). The river is never over 20 to 30 feet wide, but it can be too deep to wade in places. You can usually fish most of the river by crossing it once on a thigh-deep gravel bar that I can show you. The shallow gravel bars are easy wading, but if you get into the soft silt in slow water, you may need a tractor to pull you out! If it is raining or wet, the soil on the bank can be muddy and slippery in places, so a wading staff is a must. I like to start near the dam where there are lots of small fish. For bigger fish, I walk downstream high on the bank where you can sometimes spot larger, rising fish. Small fish (10 to 12 inches) abound, but 14 to 16 inchers are common, and really big ones are about. It's mostly dry-fly fishing, but before and after the hatch, nymphing works well also. There are chubs in the river, so big imitations can sometimes catch big fish. A four weight with a long, light leader is great for dry flies, a three or five would also be fine.

Meet at the south end of the WalMart parking lot at 8:00 a.m. sharp; we can car pool and/or caravan. We should get to the Ana Reservoir parking lot between 9:30 and 10:00 a.m. If you know the way and want to meet us there, just meet in the parking lot near the pit toilet. You need a full tank of gas, lunch, and water; once we get south of La Pine, you will be in the middle of nowhere. There is gas in Summer Lake, but it is very expensive. The hatch usually fades at 3:00 p.m. or there about, so you can be home for a late dinner with no problem. Bring a walkie-talkie if you have one. The Ana is five fish a day, with bait allowed, so you can bring your lead split shot. The river is stocked with Deschutes River redband stock.

**Because this is a pretty small body of water, I am going to limit the number of participants to eight.** Please let me know if you plan to go so I can notify you if we have to change the date due to weather. I hope to see you there.

– Harry Harbin ([harryharbin@bendcable.com](mailto:harryharbin@bendcable.com))

## Warm Springs to Trout Creek float trip

May 13

If you are unfamiliar with the nine-mile stretch of the Deschutes River from Warm Springs to Trout Creek, this outing is for you. Several club members have volunteered to take you in their drift boats or accompany you in your pontoon boat. Numbers will be limited. (If you fish this stretch of river regularly, let me know if you'd like to take another member through the float.)

I have been fishing this stretch of river for over 25 years; it is still one of my favorites, and I learn something new each year. This year, the Lake Billy Chinook regulating tower may change hatches significantly. (See the March newsletter.)

This water offers great variety. It is not unusual to find different bugs and activity patterns from one bend of the river to the next. Whether fishing wet or dry, one can choose to target different water types and feeding behavior. The salmon flies and the golden stones that follow are probably the most notable hatches of the year. However, an often overlooked reality is that some of the best fish taken during the peak of the salmon fly emergence are hooked on caddis (quite a variety) or mayfly patterns (PMDs and occasionally green drakes). I carry a variety of nymphs, soft hackles, and dries, and change tactics frequently. I prefer a six-weight rod to throw the bigger flies in the ever present wind.

Fishing is allowed on the reservation side from Dry Creek to Trout Creek only. A permit is required by the Confederated Tribes. Purchase a permit at Wholesale Sports or online ([www.tribalpermit.com](http://www.tribalpermit.com)). This is great water – you'll want to have a Tribal permit. Consider the yearly permit if you anticipate more than a few days fishing.

Wading can be difficult in some spots, so be sure to have a good wading staff with you. I prefer spiked boots too. Wearing an inflatable vest is a plus.

Access is easy. The Warm Springs boat ramp is on the east bank, just upstream from the Warm Springs Bridge. Mecca campground is located two miles below the ramp. It is reached via a gravel road just east of the bridge. Trout Creek campground and ramp are reached by taking highway 197 out of Madras. In three miles, turn north on the road to Gateway. Gateway is about seven miles from the turn. At Gateway, cross the tracks, then turn north to Trout Creek. The road progressively roughens over about 5 miles. I do not advise taking travel trailers or motor homes on this road.

I prefer to boat this piece of river. It is a steady gradient flowing at four miles per hour. Pontoon boats work fine, but I would not advise using a float tube.

A boater's pass and invasive species permit are required ([www.boaterpass.com](http://www.boaterpass.com)). A portable toilet is required in the boat, in addition to usual safety gear. Shuttles can be arranged

*continued on page 4*

through Fish's Shuttle (\$45, 541-475-3129). River camping is at designated sites only.

If you are fishing from shore, you can work this stretch easily because an old railroad grade follows the river, allowing hiking or biking from either end on the east side. Contact me if you are interested.

*Michael Tripp*

541-312-2193 or [mtripp@bendcable.com](mailto:mtripp@bendcable.com)

## Little Cultus Lake

May 22 | Meet at the Little Cultus Lake boat ramp at 9 a.m. | Bring your walkie-talkie so we can share ideas on the water.

It is a minority opinion, but Little Cultus Lake is one of my favorite lakes in Central Oregon. It is largely unloved because there are no dumb, monster hatchery trout to go after, no big fish at all in fact. This lake is not stocked. A big fish in Little Cultus is 14 inches. What Little Cultus offers are wild brook trout, which can be difficult but satisfying to catch. It is a small lake that is manageable in whatever floating device you like. I typically use a Jon boat here. Pontoon boats and drift boats work too. Little Cultus offers the opportunity to use whatever fishing technique you like. It has an hourglass shape and offers two lakes in one. The eastern section is pretty shallow, with average depths less than 10 feet, but with a long trench that gets to about 15 feet in depth. This section of the lake is excellent for surface fishing, (I have been in incredible mayfly hatches in May and June.) along with intermediate sinking lines. The western section of the lake is over 50 feet deep. There is an underwater cliff you can see on your depth finder as you go over it. This transition area offers good fishing as does casting into the shore and retrieving with full sinking lines. The center of the western section can be productive using deep-water Canadian-style chromomid techniques. Like with Hosmer, don't expect to catch many fish at Cultus. Instead, when you land one, be happy knowing that you solved what is often a difficult problem.

**Directions:** Take Cascade Lakes Highway to the Cultus Lake exit and follow the signs to Little Cultus. It's about an hour from Bend.

**Reminders:** You now must have an invasive species prevention permit to launch any craft over 10 feet. (<http://www.boatoregon.com/OSMB/programs/09LawsFAQs.shtml>)

Also, you can buy a second rod permit and fish a second rod on lakes.

Contact me with any questions: [yancy\\_lind@ml.com](mailto:yancy_lind@ml.com) or 541-788-5514

– Yancy Lind

## Second annual Prineville Reservoir crappie marathon 2010

Jun 4 to 6

Come join in a weekend of fun, friendship, camping, and fishing for crappie in the upper end of Prineville Reservoir.

**What:** A unique opportunity to seek the notorious and sometimes elusive crappie, using fly rod techniques.

**When:** Friday, June 4 to Sunday, June 6. If you can't camp, attend just the main event.

**Who:** Anyone interested in learning new tricks as well as honing old skills.

**Where:** We will camp at Prineville Reservoir Resort, space #19. Each campsite has water and electricity. There are nice restrooms and showers. There is a café serving breakfast and lunch. For reservations call 541-447-7468. Check out [www.prinevillereservoirresort.com](http://www.prinevillereservoirresort.com) for rates and directions.

**The Main Event:** We will meet at the Marina at 9:00 a.m. on Saturday. This fishery is best approached with powered craft, as we have to boat several miles up the reservoir. There is a dirt road that can be driven to a few spots that would accommodate float-tubes and pontoon boats. The Marina rents boats and has launch facilities. Bring your hand-held radio.

As for the fishing, the crappie are heavy insect feeders and are not fussy when it comes to fly patterns: sizes 10-12; black ant, black gnat, light cahill, Zug bugs, poppers, hare's ear, Mickey Finn, wooly worm, wooly bugger, anything bead head, anything with rubber legs. If it looks like a bug and moves like a bug, a crappie will grab it.

If interested, contact Bob Mullong, A.k.a. Capt Caddis ([capt@bendnet.com](mailto:capt@bendnet.com) or 541-389-4372).

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## Carp fishing in Malheur National Wildlife Refuge

Malheur National Wildlife Refuge is mostly off-limits to fishing, but we have been invited for a single day of access on June 18. We will not be fishing recreationally, but assisting with scientific sampling of carp. (See last month's newsletter for more details.) I plan to leave Bend Thursday evening, fish Malheur Refuge on Friday, June 18, fish Krumbo or the Donner und Blitzen on Saturday, and head home on Sunday. **PLEASE LET ME KNOW IF YOU ARE INTERESTED IN FISHING MALHEUR.** I need to get a headcount. Personally, I am very excited about this opportunity. I have heard great things about fly fishing for carp, and there are many to be had in Malheur.

– Yancy Lind ([yancy\\_lind@ml.com](mailto:yancy_lind@ml.com) or 541-788-5514)

## Upper Williamson River

Jun 29 & 30

The upper Williamson is a spring creek. In late June, targeted hatches will be gray drakes, which are followed by Hexagenia. We will fish by hiking. This will be a small party. I plan on primitive camping, to facilitate fishing late into the evening. Collier State Park on Highway 97 offers amenities if one doesn't mind a 45-minute drive. The public reach is bordered by ranches up and down stream that offer access for a rod fee and lodgings. Although mosquitoes can be a pain, this is a unique fishery. Email me or call if interested.

– Mike Tripp ([mtripp@bendcable.com](mailto:mtripp@bendcable.com) or 541-312-2193)

## British Columbia

Jun 17 through Jun 25 | Leighton Lake, B.C. | Bob Griffin (541-389-2070 or [bgriffin@bendcable.com](mailto:bgriffin@bendcable.com))

For detailed information about the annual trip to Leighton Lake in BC, visit the COF website ([www.cofflyfishers.org](http://www.cofflyfishers.org)).

To be on our mailing list, contact Bob Griffin (541-389-2070).

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## EDUCATION

### Fly Fishing for Beginners

May 17, 24, 26 & June 2, 6 | M/W/Su 6:30 to 8:30 pm | Location: Hollinshead Barn | ages 18 and up | \$69 for in district, \$93 for out of district

This class is taught by COF members and is offered through Bend Parks and Rec. To sign up, contact Bend Parks and Rec for course number #108940.S1. This introductory class for novice fly casters includes knot tying, entomology, fly selection, learning to read water, casting practice, and more. Experienced casters are also welcome and will receive help polishing their technique. The first class (May 17) is indoors

at the Barn at Hollinshead Park and includes information on necessary equipment and fishing knots. Remaining evenings (May 24, 26, June 2) are spent at the new Pine Nursery Park pond practicing casting (directions to be provided.) Sunday trip (June 6) to the upper Deschutes allows you to practice your skills on moving water.

### BEGINNING casting

Tuesday, May 11 | 6:00 to 8:00 p.m. | \$10 | Farewell Bend Park | Instructor: Jeff Perin from The Flyfishers Place in Sisters

We've had a lot of requests for a beginning casting class, so this is your chance. If you know how to double haul, this class is NOT for you. The class will begin at the beginning. Bring your rod, set up with a reel, floating line, and a nine-foot leader. Come on out and have some fun. Class size is limited to 12 students. Meet Tuesday, May 11, at Farewell Bend Park on the Deschutes River from 6:00 to 8:00 p.m. The park is located just south of the Healy bridge. Parking can be difficult, so car pool if possible. Cost: \$10.00, Payable to: COF, and write "5/11/2010 Casting Class" in the memo field. Mail check to: Gary Meyer, P.O. Box 1396, Bend, OR 97709 ([gmeyer@earthtravel.net](mailto:gmeyer@earthtravel.net) or 514.633.0934)

### INTERMEDIATE Casting

Tuesday, June 8 | 6:00 to 8:00 p.m. | \$10 | Farewell Bend Park | instructor: Jeff Perin from The Flyfishers Place in Sisters

For those who want to improve their casting, this is the class for you. This class will build on basic casting skills – no advanced casting techniques. Class size is limited to 12 students. Meet Tuesday, June 8, at Farewell Bend Park on the Deschutes River from 6:00 to 8:00 p.m. The park is located just south of the Healy bridge. Parking can be difficult, so car pool if possible. Cost: \$10.00, Payable to: COF, and write "6/8/2010 Casting Class" in the memo field. Mail check to: Gary Meyer, P.O. Box 1396, Bend, OR 97709 ([gmeyer@earthtravel.net](mailto:gmeyer@earthtravel.net) 514.633.0934)

### Youth Fly Fishing Camp

June 21 to 23 | 9 am to noon | ages 9 to 13 | Shevlin Park

This unique program offers children the opportunity to experience and learn fly-fishing basics. The experts from the Central Oregon Fly Fishers will teach campers various fly casts, fishing techniques and strategies, fly tying, safe wading, and the basic bugs that fish like to eat. COF can provide limited equipment.

This class will be taught by COF in conjunction with Bend Parks and Rec. To sign up, see the summer Bend Parks and Rec guide.

## Aquatic macroinvertebrates for fly fishers (bugs that fish eat)

Jun 5 | 8:30 a.m. | \$25 | Instructor: John Anderson

Class will be limited to 10 students, with a minimum of five students. COF member (and retired entomologist) John Anderson will teach this class. The class will focus on biology, life cycles, and identification/recognition of the immature stages of preserved specimens. Microscopes, hand lenses, and illustrations will assist participants in distinguishing macroinvertebrates such as scuds, aquatic sow bugs, and nymphs and larvae of mayflies, stoneflies, caddisflies, midges, and a few other insects. These will be compared to fly patterns. Bring a sack lunch and your fishing equipment and plan to car pool to the Crooked River in the afternoon to collect and examine aquatic macros and, time permitting, to fish.

Directions: Meet at John's residence (61040 Minaret Circle in Sunrise Village) at 8:30 a.m. Take SW Century Drive (the road to Mt. Bachelor); after the last traffic circle turn left onto Mammouth Drive. Proceed on Mammouth and pass through the gate into Sunrise Village. After passing through the gate, stay on Mammouth and take the third left turn (Minaret Circle).

Contact John Anderson (541-385-8693 or [jranderson@bendbroadband.com](mailto:jranderson@bendbroadband.com)).

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## WILD WOMEN OF THE WATER

### Ladies fly-fishing clinic

May 8 | Crooked River, Lone Pine Campground | \$25

Learn to fly fish from Steve Light and other experts who have years of experience teaching basic and advanced techniques. This event is designed for women who are beginners and also for experienced anglers who want to learn more and improve their techniques. Instruction covers fly fishing gear, basic knots, stream side entomology, casting, reading the water, playing and landing a fish, and catch and release.



There is a \$25.00 fee for this clinic. Make check payable to COF. Mail check to: COF c/o Kristin Lambson, 2969 NW Merlot Lane, Bend, OR 97701.

If you have questions about this clinic, contact Kristin Lambson ([wildwomen@coflyfishers.org](mailto:wildwomen@coflyfishers.org) or 541-306-6549).

Thank you to Bill Seitz for leading our April outing to the Crooked River. We left feeling much more confident in our nymphing technique and rig set-up.

– Kristin Lambson ([wildwomen@coflyfishers.org](mailto:wildwomen@coflyfishers.org))

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## OTHER NEWS

### Pelton fish-transfer facility tour

On April 3, 29 COF members toured the new fish transfer facility at Pelton–Round Butte dam, led by PG&E biologist Don Ratliff. Ratliff gave a historical presentation about the dam, which was built around 1964. He also explained the cause of the unexpected demise of the salmon and steelhead runs around 1968. Eventually, biologists learned that large differences in water temperatures of the three rivers flowing into Lake Billy Chinook caused unusual currents in the reservoir that confused juvenile fish migrating downstream. Ocean-bound migrating fish never reached the dam, so they couldn't be captured and transported below the dam to continue their journey.

Fast forward to today. After many years of study and planning in a cooperative effort between PG&E and the Warm Springs Indian tribe, a decision was made to proceed with the transfer facility project. Juvenile salmon and steelhead were planted in tributaries upstream of the reservoir starting two years ago, and the Pelton Transfer Facility was completed this year, just in time to capture downstream-migrating anadromous fish and transport them below the dam. At a cost of more than \$100M, it was designed not only to restore salmon and steelhead runs, but also to improve temperature control of the lower Deschutes River to comply with state water laws that had previously been violated. This facility controls temperature by mixing water drawn from the top and bottom of the reservoir to obtain a more constant temperature sent downstream. At the same time, it was believed that this would modify reservoir currents so fish could find their way downstream. However, this facility design was the first of its kind, and success was not a certainty.

We saw that the automated fish capture, size separation, and tagging facility design is working marvelously. Many fish, mostly chinook salmon, were tagged before downstream transport in special tank trucks. The separation facility is a well-designed, complex engineering feat. To learn more, visit [www.deschutespassage.com/deschutes-passage-background.html](http://www.deschutespassage.com/deschutes-passage-background.html).

Thanks, Bob Hammond, for organizing this tour, and thanks to Don Ratliff and his associate for conducting the tour.

– Dick Olson

### Annual banquet a success

Thanks to the 117 people who participated in this year's COF Banquet at beautiful Broken Top Club on April 10. I want to thank the banquet committee for their support and hard work to make this a success this year: John Anderson, Craig Dennis, Rick Gillespie, Donna Hathaway, Delores

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Marsh, and Don Morgan. A significant part of the COF fund raising is supported by the generous donations of many individuals and businesses. Please take the time to note the donors list, thank them personally, and support the businesses that support us. Most importantly, support our local fly shops and guides (Bend: Deep Canyon Outfitters, Fly & Field Outfitters, Orvis of Bend, and The Patient Angler) (Redmond: Fin & Fire) (Sisters: The Fly Fisher's Place).

## 2010 Banquet Donors

Alan Allison	Allyson's Kitchen	Alpaca by Design, Steven Segal	Bill Myers
Bill Seitz	Bob Cooper	Bob Griffin	Cat's Catch Guide Service, Phil Castalano
Charlotte Sara Oakes & Dan Pebbles	Craig & Rebecca Dennis	Dave Semich	Dean Crouser
Deep Canyon Outfitters, Damien Nurre	Delores Marsh	Denny Rickards	Donna Hatheway & Don Morgan
Dornbusch Photography, David & Kim Dornbusch	Earl Rettig	Eric & Sherry Steele	Federation of Fly Fishers
Fin & Fire	Fly & Field Outfitters, Scott Cook	Frank Turek	Fred Lindsey
Fred Meyer	Gary Hager	Gary Meyer	Gene McMullen
Harry Harbin	James & Jillane Thomas	Jennifer Lake Gallery	Jerry Criss
Judy and Harry Harbin	Kah-Nee-Ta High Desert Resort & Casino	Kay & Terry Steele	Lee Ann Ross
McCartney Carpet Cleaning, Pat McCartney	Michael Tripp	Mike Matney, Three Creeks Flyfishing	Mike Telford
New York City Sub Shop	Newport Market	ODFW	Oil Can Henry's, Berny Montgomery
Old Mill District, Noelle Fredland	Peter Martin	Phillip Ogburn	Rebecca Dennis
Richard Yates	Robert D. Fox	Ron Nicpon	Scott Robertson
Sky's Guide Service, Skylen Freet	Spirit River, Bill Black	Steve Kimple	Stoneart, Valarie Anderson
Sun Country Raft Tours	Sun Mountain Fun Center	Susan Felder	TFO (Temple Fork Outfitters)
The Broken Top Club	The Coleman Company	The Crossings Riverhouse	The Evening Hatch Guide Service, Jack Mitchell
The Fly Fisher's Place, Jeff Perin & Steve Erickson	The Orvis Company	The Patient Angler	The Pine Tavern & Restaurant
Trout Unlimited	Wes Wada	Whippersnappers Studio, Lisa & Casey Flynn	Wholesale Sports, Bob Pengra
Yancy Lind	Young's Fishing Service, Jack LaFond		

## CONSERVATION

### 2010 Conservation Volunteer Opportunities with the Oregon Department of Fish and Wildlife

Recently, the Central Oregon Flyfishers and Sunriver Anglers met with Oregon Department of Fish and Wildlife (ODFW) biologists to discuss their volunteer needs for 2010. Following is a summary of our discussions:

**Crooked River/ Prineville Youth Fishing** – ODFW will conduct their annual **electroshocking mark and recapture activities** on the Crooked River on June 14 to 17. They will need four to six volunteers daily to help move marked fish. On June 12, ODFW will hold a **youth fishing event** at the Prineville Youth Fishing Pond. They would like four to five volunteers to help with the event. There may be an opportunity to run a casting station for kids to try fly fishing. (ODFW contact: Mike Harrington)

**Mann Lake** – Mann Lake used to be a popular Lahontan cutthroat trout –fishing destination. The lake is about 70 miles southwest of Burns at the foot of the Steens Mountains. Goldfish, illegally introduced to the lake, have taken over the lake. In August, ODFW will treat the lake with rotenone,

then restock Lahontan trout next spring. ODFW needs 10 to 15 volunteers from July 1 through 3 to help evaluate lake levels and Lahontan trout populations, conduct a bio-assay to determine the effectiveness of rotenone on the goldfish, determine turbidity, and conduct plankton surveys and invertebrate sampling. (ODFW contact: Shannon Hurn/Jen Luke)

**Little Lava Lake** – ODFW will sample Little Lava Lake and conduct a mark and recapture survey of tui chub for two to three days in late June. There also will be trout sampling. (ODFW contact: Jen Luke)

**Metolius Bull Trout** – ODFW will need volunteers in September to help work up fish in the bull trout traps and weirs. (ODFW contact: Ted Wise)

**East Lake** - ODFW will initiate a five-year tui chub removal project this year. Volunteers are needed to help empty chub traps and dump the fish. Chub removal will occur during the chub spawning season from June 14 to July 2. Jen Luke, ODFW STEP Coordinator, will coordinate volunteer efforts. This effort will be done annually for three years. (ODFW contact: Jen Luke)

I will send out an email notice to club members outlining the specifics for each of these important volunteer projects.

– Bill Seitz, Conservation Chair

## TYERS CORNER

This month's pattern is the Ugly Duckling. Use this fly to imitate a stillborn or emerging midge in lakes and ponds. All serious stillwater trout fly fishers need to have this fly in their fly box. This fly has saved the day for me when trout get selective on midge emergers. In the spring and fall, trout in Central Oregon lakes and ponds feed heavily on midges (commonly called chironomids). Many of you fish chironomids successfully to catch these trout. However, there are times when the fish start feeding on midges in the upper water column, especially the surface film. Many fishermen try to catch these fish with the classic dry fly patterns like the Griffith's Gnat and usually end up frustrated because of the many refusals they get. Yes, they may catch a few "village idiots" but, for the most part, they do not do well.

When you see fish feeding on midge emergers or stillborn midges, this is the time to use the Ugly Duckling (Duck). According to an article I read on a Westfly.com blog by Dave Hughes, the Duck was invented by Gary Anderson, a lake-fishing expert from Wenatchee, WA. Before I give you tying instructions, let me give you a few tips on how to fish this fly. From the photo, you see the fly has no hackle and, as such, sits low in the surface film. This is why the fly is so successful!

### Ugly Duckling



Hook: TMC 206 BL hook (Substitute a standard size 16 dry fly hook.)

Thread: black 8/0 or 70 denier thread

Foam: Cut a strip of 1 mm black foam about 1/8 inch wide and 2 to 3 inches long. Cut a strip of 1 mm red/orange foam about 1/8 wide and 2 to 3 inches long.

Start the thread in the center of the hook shank. Coat the thread with 2 to 3 drops of super glue. Cut a point on the end of the foam. Attach the tip of black foam at the glue area with the strip facing toward the hook bend. Repeat the process with the red foam with the strip facing toward the hook eye. Attach a 1/2 inch length of white antron crosswise (like a bow tie) between the two pieces of foam. Whip finish behind the hook eye and under the red foam. Trim the red foam in front of the hook eye (see photo). Trim the black foam behind the

You see some red foam on the fly, but don't expect to see it on the water. You can use a standard 9-foot tapered leader with a 4x or 5x tippet to present the fly. However, most of the time you can only guess where the fly landed. The smaller fish will make a splashy rise and take, but most takes will look like a minor surface disturbance on the water surface. I always fish this fly as dropper to a larger dry fly. I use a size 10 Chernobyl Ant and a tippet of 5x leader material about 3 to 4 feet long. Do not use fluorocarbon material. Using this setup, I can see the ant drop on the water and know that the Duck is nearby. When I fish chironomids under a strike indicator and see the fish start taking midge emergers, I remove my strike indicator and flies and attach the ant/Duck combination. The ant/Duck conversion is quick and relatively easy to cast. I cast the Duck in the vicinity of feeding fish and let it sit for 10 to 20 seconds. If fish-feeding activity moves to other nearby areas, pick up the fly and repeat the cast in the active feeding area. Don't give the fly any movement. When you hook a fish, remember you are using a 5x tippet. Good luck with the Duck.

– Bill Seitz

hook bend (see photo). Trim the white antron to form short gills. Put a drop of head cement on the thread windings. You can treat the fly with floatant before fishing.

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## Central Oregon Flyfishers Up-Stream Events 2010

Date	Time	Activity	Location	Contact
<b>MAY</b>				
May 1		<b>OUTING</b>	Davis Lake	Dave Semich (flyshndave@webformixair.com)
May 6	6:30 pm	<b>monthly board mtg.</b>	Environmental Center	Dick Olson (president@cof.org)
May 6	8:00 am	<b>OUTING</b>	Ana River	Harry Harbin (harryharbin@bendcable.com)
May 8		<b>Ladies Fly-fishing clinic</b>	Crooked River	Kristin Lambson (wildwomen@coflyfishers.org)
May 11		<b>Class - Beginning Casting</b>	Farewell Bend Park	Gary Meyer (gmeyer@earthtravel.net)
May 13		<b>OUTING</b>	Lower Deschutes R. float	Mike Tripp (541-312-2193 or mtripp@bendcable.com)
May 17, 24, 26, Jun 2, 6		<b>CLASS</b>	Fly fishing for beginners	Bend Parks & Rec
May 22	9 am	<b>OUTING</b>	Little Cultus Lake	Yancy Lind (yancy_lind@ml.com)

### IN THE FUTURE

Jun 4-6		<b>OUTING - Prineville Res.</b>	Bob Mullong (capt@bendnet.com or 541-389-4372)
Jun 5		<b>Class - Aquatic Macroinvertebrates</b>	John Anderson (jranderson@bendbroadband.com)
Jun 8		<b>Class - intermediate Casting</b>	Gary Meyer (gmeyer@earthtravel.net)
Jun 10-11		<b>OUTING - Diamond Lake</b>	John Anderson (jranderson@bendbroadband.com)
Jun 18		<b>OUTING - Malheur Refuge</b>	Details to be announced.
Jun 17-25		<b>trip to British Columbia</b>	Dave Dunahay (541-317-5843 or dunahay@bendbroadband.com)
Jun 29-30		<b>OUTING - Upper Williamson R.</b>	Mike Tripp (541-312-2193 or mtripp@bendcable.com)

### NON-CLUB ACTIVITIES & FYI

May 14 (Ladies Day), 15, 16, Sandy River Spey Clave, Oxbow Park, Sandy, OR, <http://www.flyfishusa.com/spey-clave.htm>

Aug 13-15, Orvis casting tournament and Central Oregon trout festival

**2010 COF Board Members:** Dick Olson PRESIDENT Lee Ann Ross VICE PRESIDENT Susan Telford TREASURER Bill Raleigh SECRETARY John Anderson Programs Eric Steele Banquet, Fund raising Yancy Lind Outings Dennis Rockwell Past President Craig Dennis Membership Bill Seitz Conservation Bob Hammond Education Frank Turek Kokanee Karnival Donna Hatheway Raffle Kristin Lambson Wild Women of the Water

## MEMBERSHIP

Welcome to new members Gary Hager, Gary and Sue Lang, Pat McCartney, Debbie Gentling, Barbara Russell, and Charles and Karen Spradling, as well as to returning member Bill Lincoln! Eighteen guests attended the April meeting, and we hope these guests will join COF.

We now have 218 members and hope to reconnect with 60 non renewals from last year. If you wish to rejoin, go to [coflyfishers.org](http://coflyfishers.org) to fill in a form. Or contact **membership@coflyfishers.org**, and I will mail a pre-filled form for you to edit and sign.

Current rosters are available by request, so please contact me at the next meeting or send email to [membership@coflyfishers.org](mailto:membership@coflyfishers.org) with ROSTER as the subject, or mail me a card at Membership Services, PO BOX 1126, Bend, OR 97709. (Please indicate if you want a PDF file or printed copy.) Printed copies will be available at the next meeting for those who request them by April 19.

If you are interested in learning about keeping the membership records, please contact me (**membership@coflyfishers.org**).

– Craig Dennis, Membership Chairman  
541-548-1689 or 503-577-1179

## CLASSIFIED

**FOR SALE: Men's & ladies' chest waders & hip boots.** Some never used. **3 pairs of fins.** Call for details and prices. 541-593-1546.

**FOR SALE:** Simms G4 Guide Wading Boots, size 10 w/studs. Worn about 12 times (great boot-just want one size bigger). Paid \$235. Make an offer! Dave Semich. 541-382-1969.



Spring is a busy time for flyfishers, gardeners, and Kokanee Karnival volunteers!

**EGGS TO FRY** – KK volunteers delivered trout eggs on April 6 and 7 to 33 classrooms in Bend, La Pine, Redmond, Terrebonne, Sunriver, Culver, and Gilchrist. There are three new classes in the program this year thanks to a grant received from the Rotary Club

of Bend last fall for the construction of three new incubators. Special thanks to Jen Luke of ODFW who got the eggs from the hatchery, counted out 200 eggs for each package, and coordinated the volunteers' delivery efforts. The eyed eggs were raised in the hatchery for 25 days; most will be hatching in three to five days after delivery to the classrooms. Volunteers gave each class a brief presentation about raising the eggs to fry stage, and each teacher received information to aid the students with this science project.

This part of the KK program concludes when students release the fry into water bodies approved by ODFW. Who knows, the trout you catch in the future may be one raised by the students.

**ANGLER EDUCATION** – In early March, volunteers met at ODFW, assembled Angler Education materials for each class, and delivered the materials. In mid-April, volunteers began teaching the Angler Education program in schools in Bend, Sunriver, Redmond, La Pine, and Terrebonne. Class instruction will continue through May. Newly certified Angler Education instructors trained by Capt. Caddis on March 27 were teamed with experienced instructors for the two-hour educational presentation in each classroom. There are 25 classes of 4th and 5th graders (719 students) in the program this year. Capt. Caddis will

teach an additional three classes of 82 third-grade students who were included in the program this year. This was a challenge for Capt. because the course has to be simplified for these younger students. Our hats are off to Capt.

**FISH DISSECTION** – Volunteers continued working on fish dissections in April and May. Volunteers gave demonstrations in 37 classrooms in Bend, Sunriver, Redmond, La Pine, Prineville, Gilchrist, Madras, and Terrebonne. Students had hands-on experience and learned about external features of trout and salmon and internal organs. Most students really liked getting into (literally) the fish dissection. "Eeeuuuwww" was heard on many occasions.

**SPRING ANGLING CLINIC** – On April 26 to 30 and May 2 and 3, volunteers from COF and Sunriver Anglers held the Spring Angling Clinic for 14 classes of 4th and 5th grade students from Bend, Redmond, La Pine, Sunriver, and Terrebonne. Approximately 400 students participated in the spring program this year. The program is limited to 14 classes because each day is an all-day event and requires a lot of volunteer effort and time. Teaching, lunch, and afternoon fishing makes a long, but fun day for both students and volunteers.

**NEXT UP** – During May, the KK Board will evaluate applications from teachers for the 2010 – 2011 school year. Then planning for the fall Streamside Program (Sep 20 to 24) will begin.

**Membership application available from: <http://www.coflyfishers.org>**

For advertising information, call Mike Shadrach at 541-678-5717.



**Central Oregon Flyfishers**

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**NEWSLETTER - Terri Grimm** Editor & Designer