

# Central Oregon Flyfisher

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May 2014



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## ■ PRESIDENT'S MESSAGE

April was a big month for volunteers. Bill Seitz once again led an eager bunch of trash pickers on the Crooked River. Terri Grimm prepared a great pulled-pork sandwich lunch. I am always dismayed by how much trash people leave in our waterways. It is hard to visualize what the Crooked River would look like if the club did not have an annual cleanup event. Thanks to all.

Frank Turek and Kokanee Karnival volunteers manned the stations at the spring angling clinic at Shevlin Park. The kids loved playing hooks and ladders, visiting each of the four stations and having the opportunity to fish. Oregon Department of Fish and Wildlife (ODFW) supplied 2000 legal fish for the event. Many kids landed their first fish. Volunteers from Sunriver Anglers prepared and served the lunches every day.

Dan Pebbles organized volunteers to go into local classrooms to teach angler education and fish dissection. Teachers who participate in Kokanee Karnival are impressed with the quality of the program and the volunteers. Thank you to the many volunteers who make this program such a success.

The budgets and manpower allocations for ODFW are being reduced. Members of COF will be asked to help with even more projects. There are a variety of opportunities available to volunteer and give back. Find your place and help out whenever possible.

— Dave Dunahay ([president@coflyfishers.org](mailto:president@coflyfishers.org))



After the Crooked River cleanup, lunch was served: pulled pork sandwiches, coleslaw, baked beans and Dutch oven desserts. PHOTO: Terri Grimm



## GENERAL MEETING

May 21 | 6:00 p.m. pre-meeting | 7:00 p.m. general meeting | Bend Senior Center, 1600 S.E. Reed Market Road, Bend

### East Lake

Fred Foisset of The Hook fly shop in Sunriver is known for diverse pursuits: stripped bass on the Sacramento River, steelhead on the Trinity River and flats fishing in the Bahamas. In Central Oregon, his shop is recognized for its expertise in stillwater fisheries. This month he'll give us guidance on fishing East Lake.

Fly fishermen have embraced the recovery of the East Lake. The club heard an update on the chub removal program, commonly given credit for the lake's recovery, last month. Whether new to East Lake or seasoned in its challenges, this month's program should be of interest to everyone.

Bill Seitz will present the pre-meeting educational program – furlled leaders.

## OUTINGS

### Davis Lake (bass)

Saturday | May 3

Davis Lake is located on the west side of the Cascade Lakes highway, about three miles south of Wickiup Reservoir and just south of where the lava flow comes next to the road. Meet at the Lava Flow Campground at the northeast corner of the lake at 8:00 a.m. We'll discuss where to fish, what flies to use, and how to fish them. Bring your lunch and a two-way radio. We won't come back to shore for lunch, but we will keep in touch with the radios. More information: <http://www.flyfishusa.com/about-our-waters/lakes/davis/davis-lake.htm>

### What to bring

**Floating device** – boat/motor, float tube, pontoon boat, kayak, or pram – Davis Lake is pretty tough to fish from the shore.

**Rod** – STOUT! Some of the bass are over six pounds. I use my 9½ foot, 8 weight steelhead rod.

**Lines** – Floating for the shallow weedy areas and fast sink for around the dam.

**Leader** – NO NONSENSE! I use three feet of 40# and three feet of 20# mono. The bass are not leader shy, and I can rip my flies out of the reeds. A seven-foot tapered leader to 15# would be fine.

**Flies** – Weedless flies are extremely helpful. I use the following, in order of preference: POPPERS (black, yellow, frog); RABBIT STRIPS (black, purple, olive green) four to five inches long w/ barbell eyes; DRAGONFLY nymphs; DAHLBURG Divers

**Net** – You don't need one. Stick your thumb in their mouth and grab their lower jaw.

**Stringer** – Bass are good to eat, and they are an illegally introduced species in Davis.

**RSVP to the outing leader: Larry Godfrey (lgodfrey@bendbroadband.com or 541-382-5860).**

## OUTINGS 2014

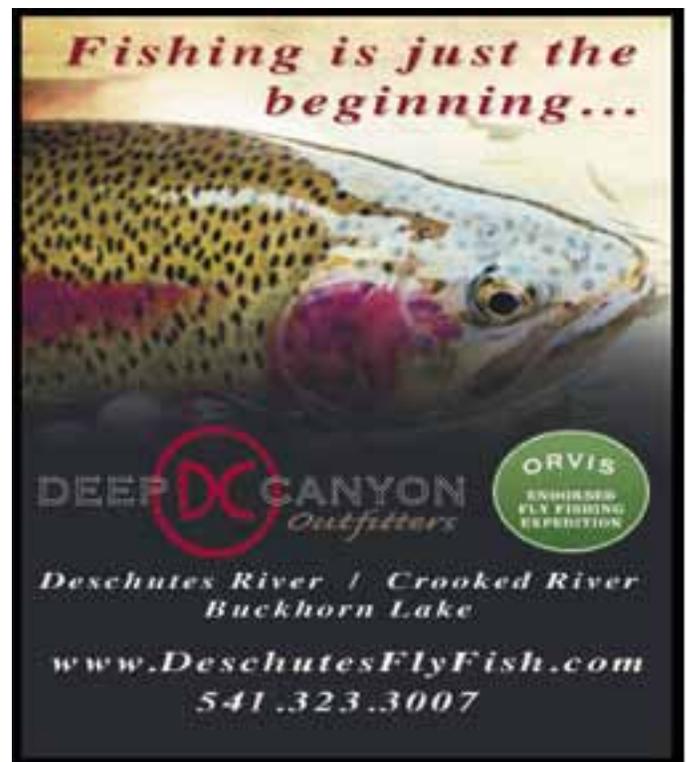
Month	Day	Destination	Leader
May	3	Davis Lake	Larry Godfrey
May	10	Lower Deschutes R. float trip	Eric Steele
Jun	6, 7, 8	Prineville Reservoir	Betsy Brauer Mullong
Jun	7-11	Chewaucan River	Rick Sironen
Jun	14-15	Wild Women at Hosmer	Kari Schoessler
Jun	19-25	Upper Rogue River	Eric Steele
Jun	20-23	Blitzen river	Richard Yates
Jul	10	East Lake	Quentin Stanko
Aug	19	Aspen Hall - BBQ	
Sep/Oct	TBA	Lower Deschutes River	Robert Gentry

### Lower Deschutes float trip – Warm Springs to Trout Creek

Saturday | May 10

Many people consider this stretch of river to be the premier trout-fishing trip in Oregon. We will drift from Warm Springs to Trout Creek. The famous Deschutes redband rainbow is the fish of choice this time of year. It will also be the beginning of the salmon fly hatch. Anglers come from all over the country to fish this hatch. This outing is a drift trip, so a boat of some sort is required. Drift boats and pontoon boats are common. It is mostly flat, with some minor rapids. I will be in my drift boat. If you have a drift boat and would be willing to row other club members, let me know. This is not a beginner's trip, but beginning rowers should feel comfortable with signing up. Also, strong wading skills are needed. For fishing, I would rate this an intermedi-

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ate/advanced skill-level trip. I'll send out more information about what to expect along with gear and fly options about one week before the trip. **RSVP to the outing leader: Eric Steele (steel-efly2@msn.com or 541-549-2072).**

## Capt' Caddis Crappie On-a-Fly Challenge

June 6, 7, 8 | Meet at Prineville Reservoir RESORT

"Fins Up" fisherfolk. Plan now to join us on the high seas of Central Oregon for the annual Capt' Caddis Crappie on-a-fly Challenge at the Prineville Reservoir RESORT, June 6, 7 and 8. You'll need a float tube, boat, pontoon boat, kayak or other watercraft plus fishing gear.

**For more information or to RSVP**, contact Betsy Brauer-Mullong 541-389-4372 (call before noon) or Andy Smith (541-388-4346 or [Andysmithbend@gmail.com](mailto:Andysmithbend@gmail.com)).

For resort information (camp site reservations, boat rentals and all accommodations), contact Prineville Reservoir Resort (541-447-7468 or [Prinevilleresort@yahoo.com](mailto:Prinevilleresort@yahoo.com)).

## Chewaucan River

June 7 to 11

Join us for some great native redband trout fishing on the Chewaucan River, which is less than three hours from Bend. We will camp at Jones Crossing National Forest Campground, right on the river (free). Stay for a few days or all. Once again, we should have fishing passes for the J Spear Ranch land. This private land has some of the best fishing. To get your fishing pass, I need your name and address by May 26, if you plan to attend.

**Contact outing leader: Rick Sironen (Rick@nwqc.com) for more details.**

## Donner und Blitzen River and Fish Lake

Jun 20 through 23 | Richard Yates

Meet at Page Springs campground at 9:00 a.m. on Friday, June 20. If you want to fish the lakes sooner, contact me.

### Where to Stay -

Camping is available at Page Springs campground and Fish Lake campground (if it stops snowing). Full hook ups are available at Steens Mountain Wilderness Resort (800-542-3765). Rooms are available at Frenchglen Hotel. (Call for reservation! 541-493-2825)

### What to expect -

Fish Lake (if open) has brook and rainbow trout. Krumbo Reservoir has rainbow trout and bass. Blitzen River has redband trout.

**What to bring** - float tube/ pontoon boat or non-motorized boat for the lakes

**Flies** - green/black wooly buggers, damsel nymphs, hoppers, prince nymphs, zug bug, etc.

On your way out, stop by the fly shop in Hines: Steens Mountain Outdoors (541-573-2002 or <http://www.steensmountainflyshop.com>). Excellent, home-cooked meals are available at the Broadway Deli (530 N. Broadway, Burns). If you bring your own pie pan and leave it, the owner will bake a pie for you. Pick up the pie on your way home. Call ahead to arrange (541-573-7020).

**For questions or more information about this outing, contact Richard Yates (541-403-0602 or [oldman58@ymail.com](mailto:oldman58@ymail.com)).**

## EDUCATION

### Pre-meeting program

The following pre-meeting mini programs have been scheduled:

- May 21 - Bill Seitz of COF: Furled Leaders: What They Are and How They're Made
- June 18 - Tye Krueger of Confluence Fly Shop: All About What Fly Lines to Use and Where to Use Them

Please continue to give me your comments for future classes.

- Steve Stevens ([education@coflyfishers.org](mailto:education@coflyfishers.org))

## WILD WOMEN OF THE WATER

At the end of April, the Wild Women of the Water hosted Hatch Chat at Fly and Field. We learned about what's working on our local streams right now...extremely informative! We hope to have more of these nights in the future.

Judith O'Keefe talked about the non-profit program Casting for Recovery. The program involves teaching fly-fishing skills to

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breast cancer survivors. For more information, go to [www.castingforrecovery.org](http://www.castingforrecovery.org). Judith would love to know about women who might be interested in their FREE retreats. Please pass along any names to me, and I'll get them to Judith.

## Spring outing

May 23 will be the next Wild Women outing. As we get closer to the date, we'll look at weather and water flows and decide where to go. Any special requests?

– Kari Schoessler ([wildwomen@coflyfishers.org](mailto:wildwomen@coflyfishers.org))

## MEMBERSHIP

In April, the number of active members reached 287. To join COF, go to <https://coflyfishers.wildapricot.org/>. To view the COF roster, go to <https://coflyfishers.wildapricot.org/> and sign in. Contact me if you have questions.

### Welcome New Members

Merv Abe    Lanny Cook    Ron Smith  
 Jim Hollands    Jerry Hubbard    Linda Love    Ted Fowler  
 James Fournier    Jeannette Launer    Carleigh Romeis

– Tim Schindele ([membership@coflyfishers.org](mailto:membership@coflyfishers.org))

## NEXT CAST FLYFISHERS

### Spring schedule

May and June will continue to be very busy with weekly youth fly-fishing activities. We've kicked off classes with REALMS (local Bend middle school). In our introduction day, the students viewed a fly-fishing video, reviewed ODFW regulations, tied knots and assembled a rod, complete with tying on tippet and a fly! They are ready to go. In the upcoming classes we will have fly tying, casting, bug collection and identification, along with two fishing outings.

In addition to the weekly classes at REALMS, we will support the ODFW Youth Fishing Day and host our own fly-fishing camp at Shevlin Park. Any or all of these events are options for

club members to volunteer. Please let me know if you have an interest and I can help you get involved!

- May 2, 9, 23 & 30 – REALMS, Friday classes
- May 17 – ODFW Youth Fishing Day at Bend Pine Nursery, Saturday
- June 6 – REALMS, Final Friday class
- June 16, 17, 18 – Next Cast Flyfishers Three-Day Fish Camp, Shevlin Pond, Monday, Tuesday, Wednesday

All of these dates and the planned curriculum are on the COF calendar [[calendar@coflyfishers.org](mailto:calendar@coflyfishers.org)], or click "Event Calendar" on the COF Home page.

Please let me know if you are interested in volunteering at any of these events! Hope to see you! Karen Kreft (503-409-0148 or [nextcast@coflyfishers.org](mailto:nextcast@coflyfishers.org)).

– Karen Kreft



Knot tying at fly-fishing camp. PHOTO: Karen Kreft

## LIBRARY

All of the materials in the COF library are available for check out by any COF member. Simply stop by, browse the nearly 300 titles in our portable library cabinet, make a selection or two (or three), sign the checkout sheet and enjoy some great fly-fishing literature (or DVD viewing).

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**Fly & Field**  
 OUTFITTERS

**NEW Website - [www.flyandfield.com](http://www.flyandfield.com)**

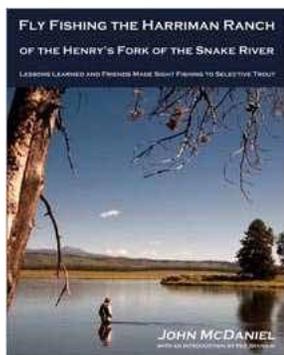
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## Fly Fishing the Harriman Ranch of the Henry's Fork of the Snake River

Did you ever fish the Harriman ranch in Idaho? I have not, but after reading sections of this new library addition I feel confident I could spend some productive time there. This month's new and featured library addition is John McDaniel's *Fly Fishing the Harriman Ranch of the Henry's Fork of the*

*SNAKE RIVER*. This book provides all the information you need to know to have a successful trip.

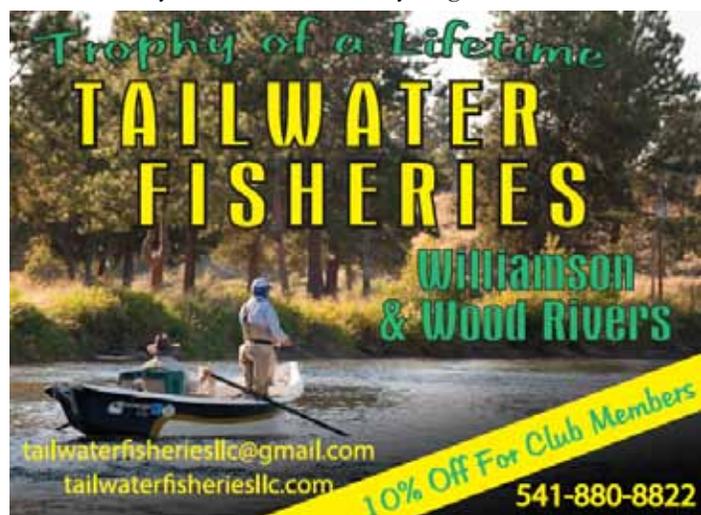
"Experienced anglers argue that the Ranch offers the most challenging light tackle fly fishing on the planet. There are reasons for the legendary difficulty: prolific hatches of aquatic insects occur throughout the season. The slow, clear water allows our trout to carefully inspect potential food sources. Finally, the rainbows are educated daily by skilled anglers.

Our difficult fishing is great fun. The broad, open, flat water allows the angler to locate rising fish at remarkable distances. Ninety-eight percent of the time, we sight fish. The Ranch is the perfect place to fly cast. The water is shallow, the bottom is even, the current is gentle, and there are no obstacles to hit with your back casts.

I recorded data for every hour I have fished or guided since 1983. The 10,500 hours provided many insights including the type of fly I used to take each of the 1,523 fish that my clients or I landed that was 17 inches or longer in length. Ninety-three percent of those fish were taken on dry flies. No less than 514, or 34 percent, of the 1,523 rainbows were twenty inches or longer in length—any of which would be the fish of a lifetime if it were taken on a dry fly on most flowing trout water of the world.

I am proud of my detailed descriptions and many photographs of our trout. These are not just targets in the most exciting fishing imaginable—they are incredible creatures. You do not have to seek Atlantic salmon to find a salmonid with stunning power, speed and acrobatic ability. Our twenty-inch class fish will thrill you.

Anglers captured by the Ranch are an important part of the American story. These are not wealthy English lords who have



The Central Oregon Flyfisher

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exclusive access to the best rivers of Europe. Citizens of modest economic means fish our water for many days each year. The Ranch is democratic. If it were the exclusive domain of the rich, it would not be the place it is.

The sub-culture language of Ranch anglers indicates how fly fishing a specific piece of water can significantly impact the way we organize data in our brains. The sub-culture language is also an index of how important fly fishing can be to contemporary humans.

From a historical perspective, it is important to describe the Ranch during the first thirty years of public access. It is a sobering comment—and it should challenge all of us to do as much as we can to protect it—but it is essential to document the fishery today, because there is no guarantee it will be of the same quality in the future.

The Ranch is spectacularly beautiful. The most avid anglers enjoy seeing otters, badgers, moose, bear, antelope, deer, coyotes, elk, and yes, wolves. If you have curiosity, you will learn the birds' names—including many species of raptors, shore birds and waterfowl.

Serenity is conferred by the Ranch. The water is calm and comforting. I suspect very few of us fully appreciate how much we derive psychologically from the pervasive tranquility.

Many Ranch regulars have gained solace and support from the Ranch after suffering difficult problems. It is sustaining for those of us who love it. For me, and others, it is more sacred than any religious place, structure or shrine in the world."

If you took the time to read this introduction to this book you can sense the perception and quality of what the author has to say. Even if you have no plans to fish the Ranch, this is a beautiful and enjoyable book to read. Stop by the library table, look through this and other quality materials and, if you find something that interests you, check it out.

—John Tackmier, Librarian (541-549-6252)

## OTHER NEWS

### Wild Reverence

*Wild Reverence* is a movie about west coast steelhead. More than cool shots of catching these amazing fish, *Wild Reverence* is an examination of the big picture. It delves into steelhead population trends, habitat quality, the impact of dams, and interaction with hatchery fish. *Wild Reverence* shares the stories of steelhead, rivers, and people. It illustrates where things are working, where

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**AUGUST 5-9** | **LIVINGSTON, MT**

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they are broken, and how we can turn the decline around and save wild fish for future generations. Learn more about the movie at [www.northforkstudios.net](http://www.northforkstudios.net).

Join the Native Fish Society and the Wild Steelhead Coalition for a screening of *Wild Reverence* on May 2 at the Volcanic Theater Pub. Doors open at 6 p.m. for a Texas-style BBQ dinner and raffle with items donated by Fly & Field Outfitters. Movie at 7:00 p.m., followed by a discussion with filmmaker Shane Anderson.

Tickets are \$13 at Fly & Field or \$15 at the door. This is a small venue and will likely sell out, so be sure to head over to Fly & Field to get your tickets ([www.flyandfield.com](http://www.flyandfield.com)).

## CONSERVATION

### Caddisfly time on the Crooked River

As some members are aware, May is the month that the American Grannom (*Brachycentrus occidentalis*), otherwise commonly known as the Mother's Day Caddisfly, hatches from the Crooked River in enormous numbers. From a fly-fishing perspective, this hatch is one of the most important hatches that occurs at the river. On some days the number of females flying up river to lay their eggs is so large that a person can hardly see the trees on the opposite side of the river, and it may be difficult to keep the caddisflies out of eyes, nose, ears and mouth.

Most years this hatch begins about a week or so after Mother's Day (depending on water temperature). It continues for about only two weeks, so don't procrastinate or you will miss out on some great fishing. The hatch first begins down river and progresses up river. This is why on some days egg-laden females can be seen flying up river at the same time newly-hatched caddisflies can be seen crawling onto stream side vegetation in the same area. The hatch begins when pharate adults cut their way out of the larval case and pupal shuck. After squirming free, they use oar-like movements of the fringed first two pair of legs to swim towards the water surface. If the swimming adult doesn't initially break through the surface tension of the water, it will fold back its legs, slowly sink, and float along in a tucked position until it again begins to swim upwards.

Because emerging adults may drift for long distances during their attempt to hatch, a very effective method to fish during hatches is to use a "pupal" pattern subsurface. Examples of fly patterns that can be used effectively when fished subsurface are LaFontaine's Emergent Sparkle Pupa, the Translucent Pupa, the Bird's Nest and Bob's Fly. Tan, olive or brown colors in **The Central Oregon Flyfisher**

sizes 16 and 14 are all effective. All such pupal patterns can be fished at any depth under the surface, but they are most effective when fished in the upper water column. To fish subsurface, use the techniques described by Frank Turek and Bill Seitz on the COF website. Adult patterns also can be productive when fished subsurface to imitate a swimming pharate adult. However, when trout are splashing at the surface, dry fly enthusiasts much prefer to fish any of their several elk or deer hair or foam caddisfly patterns on the surface. Tan, olive or brown colors are all effective.

—John R. Anderson



Eric Steele and Jen Luke prepare to welcome students to the Kokanee Carnival Spring Angling Clinic in Aspen Hall. PHOTO: Delores Marsh



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## TYER'S CORNER

I never go to a fly tying expo without finding many things that are new and interesting. This year's NW Fly Tyers and Fishing Expo didn't disappoint. While visiting "Stew" Stewart, a member of the Shasta Fly Fishers, I noticed the "dubbing machine."

As you can see from the picture, it is a plastic jar that commonly holds nuts or trail mix. Approximately 12, 1/4-inch holes are drilled in the lid. A smaller, 1/16-inch hole is drilled at the bottom. Add a coffee filter (to keep the dubbing from escaping while mixing), a can of compressed air and the machine is ready to go. Place the materials inside, insert the tube attached to the compressed air can, and pulse three to five brief spurts of air into the machine, and the dubbing is mixed.

I have been using it to make Stillwater blends of goat and angel hair or thin flashabou. What I really like about the machine is the ability to mix longer fibers without them getting tangled or cut. It also eliminates the need for expensive hackle. (See photo of the seal bugger.)

Please feel free to contact me at [mandstelford@bendbroadband.com](mailto:mandstelford@bendbroadband.com) with any questions.

— Mike Telford



Kokanee Karnival Spring Angling Clinic 2014. PHOTOS: Todd Carey and Delores Marsh

## Central Oregon Flyfishers Upstream Events 2014

Date	Time	Activity	Location	Contact
<b>MAY</b>				
<b>May 1</b>	6:30 pm	<b>monthly board meeting</b>	Environmental Center	Dave Dunahay (president@coflyfishers.org)
<b>May 2, 9, 23, 30</b>		<b>REALMS</b>	REALMS	Karen Kreft (nextcast@coflyfishers.org)
<b>May 3</b>	8:00 am	<b>OUTING</b>	Davis Lake	Larry Godfrey (lgodfrey@bendbroadband.com)
<b>May 10</b>		<b>OUTING</b>	Lower Deschutes R.	Eric Steele (steelefly2@msn.com)
<b>May 17</b>		<b>youth fishing day</b>	Bend Pine Nursery	
<b>May 21</b>	7:00 pm	<b>general meeting</b> [educational session begins at 6:00 p.m.]	Bend Senior Center	Dave Dunahay (president@coflyfishers.org)

### NON COF EVENTS

May 2, Wild Reverence, Volcanic Theater Pub, 6:00 p.m., tickets at Fly and Field]

### IN THE FUTURE

<b>Jun 6</b>	REALMS
<b>Jun 6-8</b>	OUTING - Prineville Reservoir
<b>Jun 7-11</b>	OUTING - Chewaucan River
<b>Jun 16-18</b>	Next Cast Fly-Fishing Camp; Shevlin Pond/Aspen Hall
<b>Jun 19-25</b>	OUTING - Upper Rogue River
<b>Jun 20-23</b>	OUTING - Blitzen River

2014 COF Board Members: Dave Dunahay PRESIDENT Vacant VICE PRESIDENT Joe Wierzba TREASURER Cliff Price SECRETARY Mike Tripp Programs Debbie Norton Banquet John Tackmier Library Eric Steele Outings Karen Kreft Next Cast Flyfishers Kari Schoessler Wild Women of the Water Lee Ann Ross Director at Large Tim Schindele Membership Vacant Raffle Steve Stevens Education Frank Turek Kokanee Karnival Yancy Lind Conservation

**Membership application available from: <http://www.coflyfishers.org>**

For advertising information, call Mike Shadrach at 541-678-5717.



## Central Oregon Flyfishers

PO Box 1126 Bend, Oregon 97709



An active member club

