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President's Message

Hello,

As I wind up my two-years of service as President of COF I have a few thoughts I'd like to pass on.

First, it has been a great honor and pleasure to serve on the board of this great organization. We have a dedicated Board who make this organization run so smoothly. Also, my thanks go out to all who have helped me this past two years.

Second, Central Oregon Fly-fishers is an integral part of this region. We add a lot to our communities with programs such as Next Cast, Kokanee Karnival, and the Sportsman's Show Trout Pond to name a few.

Lastly, like all great organizations, it's the folks who volunteer to help maintain and improve the club who make a difference. I would like to solicit members who appreciate this club and want it to prosper to consider stepping up and helping shape it's future.

In early November the annual board retreat will be held. We will be planning, among other things, activities, presentations and the budget for 2020. Any suggestions, input or other ideas are welcome. Please contact any board member and give them your input. Better yet, consider joining the board and helping plan this clubs activities for next year. We have several vacancies in club leadership for 2020.

As always, anyone interested in leading an outing or having an idea for one please contact Lee Ann Ross.

Happy Trails!

"Somebody just back of you while you are fishing is as bad as someone looking over your shoulder while you write a letter to your girl." - Ernest Hemingway

- Allen



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John Kreft is this month's featured speaker and will present a program entitled "Fly Fishing the Metolius River" which will cover access points, available fish, insects, effective flies, and how to fish the river.

John is renowned for his famous "John Kreft flies" which he has graciously donated dozens to the club's monthly raffle. He has managed the club's Winter Fly Tying Sessions from 2012 – 2019 and contributes to the Fly of the Month column in this newsletter.

In addition to COF activities, John was the treasurer for the Oregon Council – FFI for 4 ½ years and Chaired the 2015 and 2016 NW Fly Tying Expo in Albany. He has been an exhibition fly tyer at the NW Expo, Western Idaho Fly Fishing

Expo (Boise), Northern California Fly Tying Expo (Redding) and several national FFI Fairs. He is the recipient of the 2017 Stan Walters Memorial Tyer of the Year.

Lastly, John started the website *RiverKeeper Flies* (www.johnkreft.com) in March 2014, which is a great resource for novice and experienced anglers. His weekly posts include a variety of topics including fly fishing, fly tying, and volunteer work. A couple of notable tabs on the webpage includes Fly Patterns and Resources (knots, hooks, and bead conversion charts. Many pictures accompany the posts and fly patterns to help with his story-telling style.

John and wife Karen (a noted fly fisher in her own right) live in Sisters.

PARTNERSHIP CORNER

Camp Polk Meadow Preserve

Camp Polk has been the site of many activities over the past years; for a detailed history check out this web site <https://www.deschuteslandtrust.org/protected-lands/camp-polk-meadow-preserve/cpm-cultural-history>

I will concentrate on the riparian restoration begun in 2009 by the Deschutes Land Trust. This restoration project has improved the fish habitat on 1.4 miles of Whychus Creek. This was accomplished by spreading the stream over a wide floodplain to create a large diverse riparian zone on the 151 acre site by activating several side channels. This is now considered an excellent example of riparian restoration. Details can be found at this web site <https://www.deschuteslandtrust.org/protected-lands/whychus-canyon-preserve/whychus-canyon-preserve-creek-restoration> Next month this column will tell the story of current work being completed in the Whychus Creek Canyon and Rimrock Ranch areas by the Deschutes Land Trust.

I visited the site on October 9 and met with Amanda Egertson of the Deschutes Land Trust. She said that this fall radio tagged Chinook salmon returned to this section of stream and were monitored by ODFW thru helicopter surveillance. This is some of the monitoring of adult fish that I described this month in the Conservation Corner. The following picture shows a typical section of Whychus Creek on the 151 acre Deschutes Land Trust property. This stream now contains many beaver dams and other features



that provide great fish habitat.

ODFW is currently constructing a salmon and steelhead acclimation site on the Camp Polk Meadow Preserve to be used in the Spring of 2020 to release both salmon and steelhead smolts. Taylor Mc Croskey told me ODFW plans to start operation of this site in March 2020 and part of the operations crew will include COF members to feed the smolts and maintain the site facility. The acclimation pond is approximately 120 feet long by 12 feet wide. This site will be operated from March 1st until the first week of May. The acclimation pond is located behind a locked gate, and access will be provided for COF members during the smolt feeding and acclimation process.

- THOMAS SHUMAN

CONSERVATION Sockeye Spawning

Salmon spawn in the fall and the eggs remain in the gravel all winter until hatching in the spring as the water temperature warms. Steelhead arrive at the Pelton fish trap in the winter and spawn in the spring so their eggs do not remain in the gravel as long as the Salmon species. The PGE website below shows the arrival times of adult fish to the PGE fish trap below Lake Billy Chinook.

Spring Chinook arrive in the spring months (May to July) and find some holding water to wait out the summer season till their fall spawning period. Fall Chinook arrive later and spawn in the fall season along with the spring Chinook.

Sockeye begin arriving in July and continue thru September. This



is not like the Red Salmon or Sockeye I fished for in the Kenai River in Alaska. The Sockeye in the Kenai mostly arrive before the start of July and are bright silver in color and big deep bodied fish. The Deschutes fish are smaller, skinny in shape and show some of their fall spawning colors when collected at the Pelton fish trap. Biologists from CRITFC (Columbia River Inter Tribal Fish Commission) said at the PGE fish conference in June of this year the Deschutes river fish may spend more of their time rearing in the slack water behind the Columbia River Dams instead of migrating out to the ocean. They call these Sockeye “riverine” fish indicating they may spend most of their time in fresh water and may not migrate out to the ocean.

Steelhead arrive in the winter months (September to April).

The PGE website for fish counts is <https://www.portlandgeneral.com/corporate-responsibility/environmental-stewardship/water-quality-habitat-protection/fish-counts-fish-runs/deschutes-daily-fish-counts>. Feel free to examine the yearly fish counts

to determine which month you wish to fish the Deschutes River. Months when many fish are arriving may be a good choice to be on the water attempting to catch one of these fish.

The adults that arrive this year are going to have small radio transmitters implanted. ODFW biologists will be checking the many miles of streams above the dam to determine where these adults choose their spawning locations. These key locations will guide future stream improvements to aid in survival of these fish thru their pre smolt stages of life. If you see ODFW biologists carrying radio antennas walking along your favorite fishing stream this fall and winter you will know what they are doing. These returning adults are the winners of the fish survival lottery above Lake Billy Chinook. Knowing where they successfully survived in the headwaters is important information.

The following picture shows a mature Sockeye salmon in spawning colors.

- THOMAS SHUMAN

Wyden Announces Statewide Effort for Wild and Scenic Rivers

On anniversary of Wild & Scenic Rivers Act, Senator asks fellow Oregonians to nominate new rivers and streams for protection

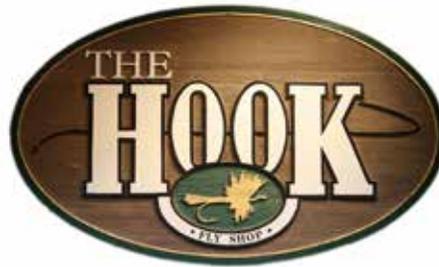
Washington, D.C. – U.S. Sen. Ron Wyden today announced he is taking nominations from Oregonians through Jan. 20, 2020 for rivers in the state that deserve addition to the national Wild and Scenic Rivers list.

“Whether you are a whitewater rafter, an angler or simply an Oregonian who believes strongly in protecting the river or stream that provides safe drinking water to your community, I want to hear from you,” Wyden wrote in an open letter to Oregonians seeking river nominations for new wild-and-scenic river legislation he plans to introduce. “Now is your chance, once again, to speak up for your favorite rivers and highlight the outstanding values that make each river worthy of protection.”

Submissions can be sent through Jan. 20, 2020 to rivers@wyden.senate.gov.

With today marking the 51st anniversary of the Wild & Scenic Rivers Act, Wyden noted the proposed new rivers that would be part of his upcoming Wild and Scenic Rivers legislation builds on legislation included in what Congress passed in February that added more than 250 miles of Wild and Scenic rivers in Oregon.

Wyden said he is proud Oregon now has 2,173 miles designated in the Wild and Scenic Rivers system, but that the total remains a small fraction of Oregon’s 110,994 miles of rivers and streams.



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Laureen Lampe



Liz Jones

WILD WOMEN OF THE WATER

Wild Women had a great time at Lake in the Dunes. The pictures posted are of Lizzy Jones catching the largest fish of the weekend and our Laureen Lampe with her big catch. Laureen is relatively new to fly fishing and she has taken advantage of all the education available and has become quite the fly fisher. We have been fishing lakes and rivers this past month and looking ahead to November fishing before the weather changes. For our active Wild Women, be sure to check out and like our Wild Women of the Water Facebook page so you can stay connected for any last minute fishing meetups. Mark your calendars for our annual Wild Women Holiday gathering, Dec. 15th, 3-5pm, at the home of Lee Ann Ross.

- SUE COYLE
 WILDWOMEN@COFLYFISHERS.ORG

EDUCATION

Beginning Rod Building

This year the club will be holding a beginner rod building class. In this class, you will be able to select from one of four pre-selected kits to build. The kits available include three 4 piece 9' rods in a 3,4 or 5 weight, and a 4 piece 11' 3 weight Euro nymphing rod. All kits are \$40 each. Kits include rod blank, reel seat, burlwood insert, cork handle, wrap check, strip guide, hook holder, snake guides and a tiptop. Additional equipment for wrapping the rods is supplied by the club. These are same quality rods Charlie S. has been building for the club raffles the past few years. Class size is 6 participants. First class is Tuesday, January 21, 2020 at 6:00 to order kits. Building classes will be held the following four consecutive

Tuesday nights to complete the rods. For more information on these kits, our local provider also sells these on eBay, and you can find them by searching on Rods by Roger. If you're interested in this beginning rod building class please contact education@coflyfishers.org

- JEFF AND LIZ JONES

Net Building Class

The club will be hosting a net building class November 19 and December 3, 2019 from 6:00 to 8:00 pm. Just in time to build that perfect net to give to a loved one for Christmas. You will be able to select from one of two sizes of a preformed net frame to drill, sand, finish and string your own beautiful wooden net. There are 8 openings. The cost is \$40 per person to cover supplies. The class is open to

members only. If you are interested please send us a note at education@coflyfishers.org.

- JEFF AND LIZ JONES



COF Winter Fly Tying

COF's Winter Fly Tying begins January 7 and will run through March 31. We meet every Tuesday night at the Bend Senior Center at 6:00 pm. This is not a beginning fly tying class so you will need to know the basics of fly tying. Each session will be led by an experienced instructor who will teach a couple of flies. Materials are provided but you must bring your vise, tools, and thread. There is no charge for the class if you are a COF member. Guests are welcome (\$5 fee) for the first class and then asked to join COF.

I'm creating an email list of participants, so let me know if you are interested and if there are any patterns or techniques you would like included in this year's program. Also, a small group of volunteers will be getting together weekly on an "ad hoc" basis to prepare and package the materials for the upcoming meeting. Let me know if you'd like to participate in that group.

- RON GIAIER
(908) 400-2680
RONGIAIER@GMAIL.COM



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OTHER NEWS

COF Banquet Chair Wanted!

The Central Oregon Flyfishers is a 100% volunteer organization. There will be a number of empty chairs available on the board of directors next year but as the outgoing banquet chair I'm going to write about the empty banquet position.

Our banquet is THE social event of each year for COF. Shortly after joining many years ago my wife and I attended a COF banquet (smaller) which was held then at the Senior Center. We knew no one but while looking at auction items club member Bob Griffin introduced himself and said there were empty chairs at his table. We met a lot of nice people that evening and I've enjoyed every banquet since then. Active participation at special events and outings is how you meet club members and learn about fly fishing. As a member you have to make an effort!

If you think your \$35.00 pays for all the good that COF funds think again. The banquet serves as our non-profit's primary fundraising event to support our Kokanee Karnival Youth Education program, Next Cast Flyfishers, and local conservation programs.

COF needs someone, two people make the job easier, to step up immediately to take over the banquet chair duties. The banquet process is written down and is available in the member's section of the COF website. Last year, Eric Steele and I assumed and split banquet duties due to unforeseen events. Eric took on publicity and Riverhouse liaison duties and I took the chair position.

I have heard many people say they don't want to work on the banquet

because they don't want to walk into a store and "beg" a business for a donation. As an experiment last year the only businesses I visited were Central Oregon fly shops (who you see advertised in the club newsletter). Thus, the 2019 banquet items came from the donation request letter I sent to numerous businesses, member collection events at two COF meetings, and our sponsoring fly shops.

My banquet committee never had a committee meeting. In addition to Eric and me committee members included Craig Dennis, registration, (which is simplified by the system on the COF website). The COF treasurer, Renee Schindele, was in charge of checkout and payment and she enlisted John and Karen Kreft. Tim Schindele made the raffle and auction items attractive with his table displays. Special raffle tickets were sold by Ron and Shelley Giaier, Kathleen Martin, Susan Coyle, and Jill Bazemore. Bucket raffle runners included Kage Kossler and James Duvall. Board members always turn out on Saturday morning to make setup easy.

Club members should be proud of the projects and programs that successful COF banquets have funded beyond Kokanee Karnival and Next Cast Flyfishers. I think our club can be most proud of the \$5,000 donation to the Deschutes River Fire Restoration Project via the Oregon Wildlife Foundation. The board established a "rainy day reserve" fund, enhanced funding of meeting presenters, winter fly tying, support to ODFW's Tui chub removal project, OSU Cascades student research projects, Casting for Recovery, Friends of Middle Deschutes restoration and a supplement to fund the winter seminar.

Recent banquet chairs have included Eric Steele, Debbie Norton, Tom Wideman, and Peter Martin. We have a contract with the Riverhouse for 2020. Now is the time for the new banquet chair, (or one of those other empty board of director chairs) to step up. How about you?

- PETER MARTIN
BANQUET@COFLYFISHERS.ORG

THANK YOU TO KOKANEE KARNIVAL FALL STREAMSIDE VOLUNTEERS

I want to thank all the volunteers who helped make our Fall Streamside successful. We held our 2019 Kokanee Karnival Fall Streamside September 23 through 27. We had 12 classes of 4th and 5th grade students from the Bend La Pine and Redmond School Districts attend our sites at Sheep Bridge, Fall River Hatchery and Spring Creek. Teachers and parents told me how valuable this program is to them and how much they appreciate all the time the volunteers donate to make Kokanee Karnival a success. I echo their feelings. The weather was great, cool but sunny. We really got lucky with the weather because think about how the weather changed the Saturday after the Fall Streamside. The Kokanee cooperated too. Lots of fish in the rivers for the students to see. I hope you saw the report on the Spring Creek Fall Streamside on Central Oregon Daily. We are working to get the report on the Kokanee Karnival website.

This year we had a total of 38 volunteers participate from Central Oregon Flyfishers, SunRiver Anglers, Oregon Department of Fish and

Wildlife, U.S. Fish and Wildlife Service and Deschutes National Forest.

The students were excited but well behaved, willing to participate in discussions and were very attentive. Our thanks to the teachers because they prepared the students for these outdoor activities and had parents to chaperone the students. Our volunteers had a lot of fun too. Working with these students is very rewarding.

We want to thank the following people for volunteering to make the Fall Streamside a success. These folks donated a total of 525 hours of time and 5,052 miles.

Allen Caudle	Kathleen
Allison Dobacha	Schroeder
Angela Sitz	Kim Clark
Anne Gilmartin	Kevin Gilmartin
Art Agnew	Jaym'e Schiker
Bill Lincoln	Jerry Criss
Bill Raleigh	Jerry Hubbard
Charlie	Jim Adams
Schillinski	Micah Bennett
Corol Ann Cary	Mike Quan
Curtis Sexton	Oliver Wasserman
Dan Pebbles	Quinton Stanko
Dave Greiber	Randall Davis
Dave Kreps	Ron Angle
Dick Olson	Rynie Miyashiro
Erika Gorey	Sara Mann
Frank Turek	Terry Shrader
Fred Cholick	Tim Quinton
Herb Blank	Tim Schindele
Jen Luke	Tom Carpenter
Joe Temple	Tom Wideman

Now that the Fall Streamside is complete, the Kokanee Karnival Board will start planning for the Spring Angling Clinic in April 2020. I hope to see all of you there.

- FRANK TUREK
KK@COFLYFISHERS.ORG

SUNRIVER ANGLERS HOLIDAY PARTY

DECEMBER 02, 2019

6:00 PM - 9:00PM, SUNRIVER RESORT IN THE GREAT HALL

Sunriver Anglers Annual Holiday Party Monday night, December 2nd, 2019. Great Food, great fun, and phenomenal auction items at the Sunriver Resort Historic Great Hall 6:00pm - 9:00pm. All going to support local Fishing, Conservation, and Education. \$65.00 per person.

[Register here.](#)

BOARD BITS

(a summary of last month's board meeting)

October 5, 2019

- The COF BOD yearly retreat will be held Nov 2, 9am, Unity Christian Church. Tate & Tate will cater. It is important that we follow up on issues discussed at the retreat and BOD meetings. A CPR class discussed at the last retreat was not implemented.
- The BOD voted to appoint Tim Quinton to the board as a Member-at-Large.
- The BOD voted on and passed a change to the annual dues for COF membership. We will now have a basic membership fee of \$35. This will be for first time members as well as a renewal membership. For our out of area folks, the renewal remains the same at \$23. For those under 25 years old, membership continues to be free.
- The Crooked River Clean-Up will be held on Oct 26, 10AM, Big Bend campground.

- In lieu of payment for Yancy Lind's Sept meeting presentation, his membership dues are gratuitous.
- It was clarified that Mary Barron takes care of our website and Kelly Alexander takes care of the newsletter. Allen and Liz will contact Kelly regarding newsletter format. Kari will check the calendar in the newsletter.
- Bill Raleigh has asked for any updates to information in the Board Book.
- Sue (membership) reported around 400 members.
- Liz & Jeff (education) are preparing a survey to question members about education classes they would like to see. They will use Survey Monkey. They are planning two classes – net building and rod building already.
- The banquet is currently scheduled for April 4 at the River House.
- Frank (Kokanee Karnival) reported that the Fall Streamside program was very successful. Plans are in the works for the Spring clinic.

MEMBERSHIP

MEMBERSHIP RENEWAL

UPDATE ON MEMBERSHIP DUES

The COF Board has amended the annual dues for COF membership. We will now have a basic membership fee of \$35 dollars. This will be for first time members as well as annual membership renewal. In addition, the annual membership of \$35 will continue to cover a family. For our out of area folks the renewal remains the same, \$23. And for those under 25

years old, membership continues to be free.

Watch for your November 1st email from COF, as your annual membership renewal invoice will have been sent to you. You will be able to renew online and pay by credit card using PayPal. You do not need a PayPal account, you can sign in as a guest to make your renewal payment. The email also makes note of the club PO Box address if you prefer to mail a check. You can also bring checks to the monthly meeting. Thank you in advance for paying your dues in a timely fashion, by Jan. 1, 2020.

Please be aware, if we have not received your renewal dues by January 1, 2020, your membership will be archived. This will prevent you from receiving update emails on club events and access to membership information on our web site. In addition, our club offers many activities to active members which are included in your membership (rod building, net building, fly tying classes, outings etc). If your membership has been removed from active status it will be archived and you will not have access to these activities.

You will also have an opportunity to make a donation to Kokanee Karnival by credit card using PayPal, or mail your check to the club PO Box. If you have any questions about the renewal process or about the Wild Apricot membership management system, please contact Sue Coyle.

- SUE COYLE, 541-668-3565
MEMBERSHIP@COFLYFISHERS.ORG

HOW TO ACCESS THE COF MEMBER DIRECTORY

If you would like to contact a fellow COF member, you can find a member email and phone number in

the member directory. Just sign into the COF website. If you have never signed in before, click on the "Login" button into upper right of our screen. On the next screen click the "Forgot Password" button on the lower left of the screen. After logging in, go to the members area then click on the club roster.

On Our Web Page Members can now load a photo and it will show in your profile page. To do this: 1. Login to the website 2. In the upper right click on your name 3. Click on Edit profile in the upper left 4. Scroll down and click on Choose File next to Member Photo 5. Choose your picture 6. Click on Save 7. Click on My Directory profile in the upper left to see your work. To look someone up: 1. Login to the website. Member pictures can ONLY be seen by members and only if the member has added one.

- SUE COYLE, 541-668-3565
MEMBERSHIP@COFLYFISHERS.ORG

NEW MEMBERS

Kate Eng - Bend

- SUE COYLE, 541-668-3565
MEMBERSHIP@COFLYFISHERS.ORG

COF CLASSIFIEDS

FOR SALE by Gary Cima:

Fly Rods: TFO 11' 6 weight, Deer Creek Series switch rod, never used, includes warranty card, sock and tube case, \$250

-ECHO Ion 10' 8 weight, hardly used, includes ECHO lifetime warranty, \$125

-ECHO Dec Hogan Original Spey Rod, 13' 7 weight, includes ECHO lifetime warranty, \$300

-Colorado Pontoon Boat, \$150

-Bino Harnesses- Have 2, S4

brand, both are +\$75 new. \$40 each

-Eagle Brand Fish Finder for your boat, canoe, float tube or pontoon, \$30.00

-BOOKS- Some of the finest angling in print right here! Contact me and I will email you the list.

-Also selling a few of my custom fly tying material boxes at discount prices. You can see some of my work on my Instagram page- #thelivingriverstudio, four ready to go and they make a great gift! If interested in combining items, I will make every effort to make you a great deal. May consider trade for good woodworking tools. Gary Cima, bigtroutchaser@hotmail.com, 541-610-3391



FOR SALE: CADDIS Navigator 2 Float Tube. Excellent condition, never been used, asking \$75, call or leave message for Mary at 541-815-5029.

MEMBERS: Got a fishing related item to sell? Ads are free and run for one newsletter. If the item is not sold please resubmit the advertisement for the next month's newsletter. Submit ads to classifieds@coflyfishers.org by the 15th of each month.

- CLASSIFIEDS@COFLYFISHERS.ORG



FILM CRITIC BWO

This fly style was developed by Bob Quigley and with appropriate color alterations is very effective across the range of mayflies. I have found the Film Critic BWO to be very effective on the Crooked River and a Callibaetis version works well on East Lake especially in the evening.

To fish this style of fly add floatant to just the hackle and thorax area. The rear/abdomen will penetrate the film imitating a mayfly struggling to hatch or perhaps a cripple. It may look like an easy meal to the fish or possibly be visible from a greater distance due to the abdomen below the film. Tied as below, the fly is very durable and floats very well.

Materials:

Hook: Daiichi 1160 sizes 18-20

Thread: Olive Dun Uni Thread 8/0

Tail: Shuck, light dun EP Trigger Point Fibers Tail, teal dyed dun

Body: Olive Dun thread

Thorax: Natures Spirit Emergence, Blue Winged Olive

Post: light dun EP Trigger Point Fibers

Hackle: Grizzly dyed dun

Tying Instructions

1. Start the thread on the shank just above the hook point and wrap down the shank just past the bend.
2. Tie in the EP Trigger Point Fiber to form the shuck and

wrap the thread back up the shank to the tie in point. Trim the EP Fibers and wrap the thread back down the shank to the shuck tie in point.

3. Cut the tip out of a teal feather and stroke all of the fibers back except for three on each side of the feather stem. Stroke the six fibers together and tie in just above the shuck tie in point.
4. Wrap the thread back up the shank to the starting point of the body. Tie in a two inch piece of EP Trigger Point fiber (about the width of the hook gap) leaving about ½ inch towards the rear.
5. I use a gallows tool to hold the post up which makes wrapping the hackle on this style of fly much easier. Tie in a feather (I use a feather the same size as the hook) and wrap it up the post and back down. Measure the amount of hackle needed by tipping the post towards the eye. The wrapped hackle needs to reach the eye when the post is tipped forward. Tie off by wrapping the thread around the post.
6. Dub the thorax with Natures Spirit Emergence.
7. Pull the post and hackle over the thorax and tie off the post. Lift the post and wrap some thread in front to make it stand up. Trim the post even with the top of the hackle.

- MICHAEL TELFORD
MIKETELFORD76@GMAIL.COM

NOVEMBER 2019 UPSTREAM EVENTS

DATE	ACTIVITY	LOCATION	CONTACT
November 2nd	COF Board Retreat	Unity Christian Church	
November 2nd & 3rd	Dynamic Nymphing course	Fin & Fire Fly Shop	Fin & Fire Fly Shop
November 19th	Net Building Class	Bend Senior Center	education@coflyfishers.org
November 20th	COF Monthly Meeting	Bend Senior Center	

In the Future

DATE	ACTIVITY	LOCATION	CONTACT
December 2	Sunriver Anglers Holiday Party	Sunriver Resort, Great Hall	
December 5	COF Board Meeting	Bend Environmental Center	
December 15	Wild Women OfThe Water Holiday Party, 3-5pm		Wildwomen@coflyfishers.org
December 18	COF Monthly Meeting	Bend Senior Center	
January 7th	COF Winter Fly Tying	Senior Center	rongiaier@gmail.com
January 21	Beginning Rod Building		education@coflyfishers.org



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