Random Casts

The nominations for new officers and board members signals that my term as President is coming to an end. You might think that activities slow down. In fact the opposite is true. Besides the nomination process, budgets for next year need to be put together and approved. A training schedule is planned and outings are identified. The Board will have a planning retreat on November 5 to help move the process along. The day long retreat will include an evaluation of how the year has gone and determine where adjustments are needed. New areas of emphasis are debated and decided. The budgets are adjusted to reflect the plan for the new year. At the November general meeting the election will be held for the new officers and board members. The budget is also presented for approval. If you have thoughts on items that you want the Board to consider, let one of us know. We only get better if we continue to meet the membership’s interests and needs.

Good fishing, Dave Dunahay

November Program

The November meeting will be busy with some once a year business. The election of officers and board members is very important. But when that is finished, we will be entertained by the stories of Jessica Maxwell. Jessica is a truly amazing woman. She was formerly a columnist for Audubon magazine, writes the "Great Outdoors" column for Millionaire magazine and publishes regularly for Esquire, Forbes, and Travel and Leisure. She loves a challenge and has written many books describing her adventures. She decided to tackle golf and then wrote...
November Program (continued)

Driving myself Crazy. She has taken on skiing and flyfishing also. Some of you may have read her book on flyfishing titled I Don't Know Why I Swallowed the Fly. We originally had her scheduled for our September meeting but had to reschedule. Seems that her trip to Bhutan and the Himalayas wasn't going to end in time! She has even fished the Amazon River. Her next adventure book, tentatively titled Flyfishing for Piranha, will be part of her discussion at the meeting. She told me that she would entertain us with topics of fly fishing for Piranha and night fishing for 800-pound catfish!!! This should be good.

Volunteers Needed

ODFW-STEP is looking for 2-3 volunteers to help plant willow cuttings on the Deschutes River just downstream from Spring River Road in Sunriver. Some willows are already established in this area, but there is still plenty of exposed stream bank that could benefit from willows taking hold.

The willow cuttings need to be planted deep enough so their roots reach water during very low flows, but high enough they won't be inundated during high flow. We will be experimenting with water jet stingers, which make a deep 6', small diameter hole to plant the cuttings, getting them deep enough to reach the water table.

Our goal is to plant a short section of the river with approximately 50 cutting. We need volunteers to assist with running stingers and cutting willow whips.

When: November 17, Thursday
Time: 9:00AM-3:00PM
Where: Meet at Spring River Road Bridge at 9:00AM or the ODFW office at 8:30

Lunch will be provided

If you are interested - contact Jennifer Bock
388-6350 x25
jennifer.a.bock@state.or.us

Your 2006 Board Nominees

It's that time of the year once again where we do a little movement of board members. We have a few long time board members leaving and some great nominees willing to fill those positions.

Your COF Board is made up of 12 COF members including 4 officers. Board positions are a minimum two year commitment. The board meets the first Thursday of each month at the Environmental Center from 6-9pm. COF members are encouraged to attend any board meeting and voice any recommendations, concerns, or information to the board.

Retiring from the board this year is Dave Dunahay (President), Frank McKim (Treasurer), Ron Anderson (Education) and Harry Harbin (Newsletter). All of these board members have made outstanding contributions to COF during their many years on the board and will I’m sure continue to be leaders within the club. Dave Dunahay will continue on the board in a nonvoting support role as past COF president. Harry Harbin will be the new webmaster and Ron Anderson will continue to chair the Education Programs that we all love so much. A huge thank you for their service goes out to these folks.

Nominees are chosen by a 3-4 member nomination committee that recommends the names of active members for nomination to the positions. Voting will take place at our November general meeting at the Bend Senior Center. Prior to voting, the floor will be open for any nomination of others who would like to serve. If you have an interest in volunteering for a committee chair, leadership role, or program coordinator in COF please let any board member know.

The current nominees for your 2006 Board are:

Officers:
President Carl Sanders
Vice President Dave Semich
Secretary Joel Bailey
Treasurer Linda Cheney

New Board Members:
Herb Blank
Carl Cavallo
Larry Godfrey
Steve Iverson

www.coflyfishers.org
Fly of the Month

The BH Estaz
A fly tied for fish, not angler

A few years back I studied up on light, translucence and how that intermingled with color and what is believed that fish actually see. A great place to start is a book titled How Fish Work by Thomas J. Sholseth. It is a super book on fish physiology with the angler in mind. Anyhow, this months fly is one of my creations (however, not very creative) from those studies. It went through its refinement period on the Crooked River, and today I have super fishing days with this fly on the Crooked, all reaches of the Deschutes and other non-spring creek waters. It has not performed near as well on the Metolius or the Fall Rivers. I have had limited success on lakes. This fly has accounted for my 5 largest fish on the Crooked River, the largest over 20 inches. You can start laughing now, but this fly seems to increase my average catch size by about 3 inches on every water it fishes well on. It seems to fish best in the Fall months when dead drifted and then swung cross current at the end of the drift.

I played with many other materials for this fly, usually I’m not that picky, but the body material listed here significantly out fished all the others I’ve tried. As I’ve said, it’s not very creative, but more of a choice in general profile, material, and size to attract the fish not anglers which makes it an easy tie.

Hook: #12-14 3x long nymph
Thread: Black
Tail: Pheasant Filo Plume
Abdomen: Medium gold Estaz chenille trimmed
Thorax: Same as body but untrimmed
Head: Black nickel bead

Tie in a full tail the same length as hook shank. Tie in and wrap the Estaz chenille pulling the fibers back with each wrap so it is tight and full. Wrap all the way to the bead. Tie off. Trim the Estaz short along the abdomen with a slight taper to the thorax. Leave some long fibers in the thorax area for legs. That’s it. Also tie some with a black marabou tail and a black Estaz body.

Carl Sanders

www.coflyfishers.org

Big ol Fish

This month's whopper comes to us from Brian O'Keefe. This monster was caught by his wife Judith at Davis Lake (see the Lava Dam in the background).

Send me your picture of the 'Big ol Fish' you catch and you may see your picture in next month's newsletter.
**Wild Women Take to the Tubes**

Russ Seaton from Fly and Field raised our hopes with hints of a 40-fish day and the lake entirely to ourselves. (Truth be told, most of us would have been thrilled with a 2-fish day.) But events conspired against us. Members of the Sunriver Anglers had scheduled their outing for the same day and place, and they were already at Hosmer when we arrived. After inflating our tubes, shuffling around equipment, packing and unpacking the cars, and discussing float tube fishing technique, we finally got into the water. Russ had a colorful selection of flies available for us in hot pink, glow-in-the-dark yellow, and his white woolly-bugger special—all guaranteed to catch fish at Hosmer, except for the day of our outing. At least a dozen big fish cruised right next to the boat ramp. They were unperturbed by the parade of float tubes, pontoon boats, flippers, oars, and flies. We called it a day near 3:00 when the weather turned a bit ugly and a storm started rolling in. Ladies who tried a float tube for the first time declared the day a complete success. They're ready to get their own float tubes and take to the lakes. Wild Women truly appreciate the time and effort Russ put into this outing. Watch your email for details about the Wild Women potluck on Tuesday, November 8. This meeting will be our last one for 2005.

**KOKANEE KORNER**

**Membership Donation Drive**

It’s that time of year when dues for 2006 are due and everyone has the opportunity to make their annual donation to our Kokanee Karnival Youth Education Program. The dues reminder may be out by the time this newsletter reaches you so why not grab your checkbook, pay your dues early to take advantage of the discount, and include a donation for this outstanding outdoor education program for our Central Oregon youth.

The program made great progress this year in working toward expanding the program in order to include additional classrooms. These accomplishments include:

- Obtained funding totaling $72,500 from two sources to hire a Development Specialist
- Hired Callan Chase, Development Specialist, to be shared 50/50 with Wolftree
- Assigned Project Managers/Volunteers for all program activities
- Had a record number of volunteers at Streamside activities in September thanks to the outstanding work of Kurt Boettger
- Web site is up and running thanks to Capt Caddis
- Updated the Kokanee Karnival brochure and had second printing of the program manual

Our goals and objectives for 2006 are all in support of continuing the effort to expand the program and meet the goal of adding two Comprehensive Level classrooms and three Elective Level classrooms for the 2006-2007 school year. COF partners with four other organizations including Sunriver Anglers, ODF&W, US Forest Service/Deschutes National Forest, and the Central Oregon Llama Association, and due to our overwhelming size and availability of resources, COF has taken responsibility for leadership and success of this outstanding program which is in its tenth year of operation. When paying your dues please consider a donation of any amount. COF is a 501 (c) (3) non-profit organization so your donation is fully tax deductible.

[www.coflyfishers.org](http://www.coflyfishers.org)
The following information is used in the roster. Include all contact data and other interests that you wish to have appear in the roster. Print legibly using block letters, all caps.

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<tr>
<th>LAST NAME</th>
<th>FIRST NAME</th>
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How do you want to receive the COF monthly newsletter? E-mail saves big $$ (Check one.)  ______Email  ______US Postal Service

Why did you join COF? (Check all that apply. List other interests on reverse.)

___ Acquire more knowledge  ___ Find fishing partner  ___ Volunteer for projects  ___ Improve technique  ___ Social functions

You must sign this release EACH year when you renew to attend or participate in club activities.

**LIABILITY RELEASE AND HOLD HARMLESS AGREEMENT**

As a condition of membership or of participation in any activity encouraged or publicized by The Central Oregon Flyfishers, I voluntarily assume all risks of my participation. In acknowledgement that I am doing so entirely upon my own initiative, risk and responsibility, I do hereby for myself, heirs, executors, and administrators agree to remise, fully release, hold harmless, and forever discharge The Central Oregon Flyfishers, all its officers, board members and volunteers, acting officially or otherwise, from any and all claims, demands, actions or causes of actions, on account of my death or on account of any injury to me or my property that may occur from any cause whatsoever while participating in any such COF activity.

I acknowledge that I have carefully read this hold harmless and release agreement, and fully understand that it is a release of liability. I further acknowledge that I am waiving any right I may have to bring legal action to assert a claim against The Central Oregon Flyfishers for its negligence. I have read the above statement and agree to its terms as a condition of my membership in The Central Oregon Flyfishers.

X

SIGNED BY  PRINT NAME  MONTH DAY YEAR

X

SIGNED BY  PRINT NAME  MONTH DAY YEAR

**DUES SCHEDULE**

Memberships are renewable on January 1 of each year. New members joining prior to June 1 shall pay a full year’s dues of $36. New members joining after June 1 shall pay a prorated amount according to the chart below. New members who reside outside Deschutes County shall pay $12.

<table>
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<tr>
<th>THE MONTH YOU ARE JOINING</th>
<th>JUN</th>
<th>JUL</th>
<th>AUG</th>
<th>SEP</th>
<th>OCT</th>
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<td>THE DUES YOU PAY ($)</td>
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<td>15</td>
<td>12</td>
<td>9</td>
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**RETURN THIS FORM** Mail or deliver this form and your check payable to The Central Oregon Flyfishers to the membership chairman. Forms unaccompanied by dues payment or that lack signature, name, or date on the liability release statement are considered invalid and will be returned to sender.

The Central Oregon Flyfishers
Membership Chairman
PO Box 1126
Bend, OR 97709
### UPSTREAM EVENTS – 2005

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<th>Date</th>
<th>Event</th>
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<tr>
<td>November</td>
<td>5</td>
<td>COF Board of Directors Meeting, Dave Dunahay</td>
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<td>16</td>
<td>COF General Membership Meeting, Jessica Maxwell, Author/Adventure Traveler</td>
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<tr>
<td>December</td>
<td>21</td>
<td>COF General Membership Meeting, Club members Fly Tying</td>
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Note: For a complete calendar for the year, see Upstream Events on www.coflyfishers.org

### 2006 - Planning Ahead

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<tr>
<td>March</td>
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<td>COF Annual Banquet</td>
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<td>If you are interested in helping at the Banquet (set up, take down, organization, etc.), please contact Larry Godfrey at 382 - 5860</td>
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<tr>
<td>April</td>
<td>16</td>
<td>COF Annual Picnic at Aspen Hall</td>
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