





Volume 28 Number 11 November 2005

# **GENERAL MEETING**

Jessica Maxwell
Author and World
Traveler
November 16
6:30-8:30 PM
Bend Senior Center
1600 SE Reed Market

- Dues It's that time of the year!
If you pay your dues by the end of the year, they are only \$30.
If you wait until
January 1, they are \$36

#### **ELECTIONS**

Voting for new Officers and Board Members will take place at the November general meeting

#### **Random Casts**

The nominations for new officers and board members signals that my term as President is coming to an end. You might think that activities slow down. In fact the opposite is true. Besides the nomination process, budgets for next year need to be put together and approved. A training schedule is planned and outings are identified. The Board will have a planning retreat on November 5 to help move the process along. The day long retreat will include an evaluation of how the year has gone and determine where adjustments are needed. New areas of emphasis are debated and decided. The budgets are adjusted to reflect the plan for the new year. At the November general meeting the election will be held for the new officers and board members. The budget is also presented for approval. If you have thoughts on items that you want the Board to consider, let one of us know. We only get better if we continue to meet the membership's interests and needs.

Good fishing, Dave Dunahay

## November Program

The November meeting will be busy with some once a year business. The election of officers and board members is very important. But when that is finished, we will be entertained by the stories of Jessica Maxwell. Jessica is a truly amazing woman. She was formerly a columnist for *Audubon* magazine, writes the "Great Outdoors" column for *Millionaire* magazine and publishes regularly for *Esquire*, *Forbes*, and *Travel and Leisure*. She loves a challenge and has written many books describing her adventures. She decided to tackle golf and then wrote

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### **November Program (continued)**

Driving myself Crazy. She has taken on skiing and flyfishing also. Some of you may have read her book on flyfishing titled I Don't Know Why I Swallowed the Fly. We originally had her scheduled for our September meeing but had to reschedule. Seems that her trip to Bhutan and the Himilayas wasn't going to end in time! She has even fished the Amazon River. Her next adventure book, tentatively titled *Flyfishing for Piranha*, will be part of her discussion at the meeting. She told me that she would entertain us with topics of fly fishing for Piranha and night fishing for 800-pound catfish!!! This should be good.

#### Volunteers Needed

ODFW-STEP is looking for 2-3 volunteers to help plant willow cuttings on the Deschutes River just downstream form Spring River Road in Sunriver. Some willows are already established in this area, but there is still plenty of exposed stream bank that could benefit from willows taking hold.

The willow cuttings need to be planted deep enough so their roots reach water during very low flows, but high enough they won't be inundated during high flow. We will be experimenting with water jet stingers, which make a deep 6', small diameter hole to plant the cuttings, getting them deep enough to reach the water table.

Our goal is to plant a short section of the river with approximately 50 cutting. We need volunteers to assist with running stingers and cutting willow whips.

When: November 17, Thursday

Time: 9:00AM-3:00PM

Where: Meet at Spring River Road Bridge at

9:00AM or the ODFW office at 8:30

Lunch will be provided

If you are interested - contact Jennifer Bock 388-6350 x25 jennifer.a.bock@state.or.us

#### **Your 2006 Board Nominees**

It's that time of the year once again where we do a little movement of board members. We have a few long time board members leaving and some great nominees willing to fill those positions.

Your COF Board is made up of 12 COF members including 4 officers. Board positions are a minimum two year commitment. The board meets the first Thursday of each month at the Environmental Center from 6-9pm. COF members are encouraged to attend any board meeting and voice any recommendations, concerns, or information to the board.

Retiring from the board this year is Dave Dunahay (President), Frank McKim (Treasurer), Ron Anderson (Education) and Harry Harbin (Newsletter). All of these board members have made outstanding contributions to COF during their many years on the board and will I'm sure continue to be leaders within the club. Dave Dunahay will continue on the board in a nonvoting support role as past COF president. Harry Harbin will be the new webmaster and Ron Anderson will continue to chair the Education Programs that we all love so much. A huge thank you for their service goes out to these folks.

Nominees are chosen by a 3-4 member nomination committee that recommends the names of active members for nomination to the positions. Voting will take place at our November general meeting at the Bend Senior Center. Prior to voting, the floor will be open for any nomination of others who would like to serve. If you have an interest in volunteering for a committee chair, leadership role, or program coordinator in COF please let any board member know.

The current nominees for your 2006 Board are:

Officers:

President Carl Sanders
Vice President Dave Semich
Secretary Joel Bailey
Treasurer Linda Cheney

New Board Members: Herb Blank Carl Cavallo Larry Godfrey Steve Iverson

### Fly of the Month

The BH Estaz
A fly tied for fish, not angler

A few years back I studied up on light, translucence and how that intermingled with color and what is believed that fish actually see. A great place to start is a book titled How Fish Work by Thomas J. Sholseth. It is a super book on fish physiology with the angler in mind. Anyhow, this months fly is one of my creations (however, not very creative) from those studies. It went through its refinement period on the Crooked River, and today I have super fishing days with this fly on the Crooked, all reaches of the Deschutes and other non-spring creek waters. It has not performed near as well on the Metolius or the Fall Rivers. I have had limited success on lakes. This fly has accounted for my 5 largest fish on the Crooked River, the largest over 20 inches. You can start laughing now, but this fly seems to increase my average catch size by about 3 inches on every water it fishes well on. It seems to fish best in the Fall months when dead drifted and then swung cross current at the end of the drift.

I played with many other materials for this fly, usually I'm not that picky, but the body material listed here significantly out fished all the others I've tried. As I've said, it's not very creative, but more of a choice in general profile, material, and size to attract the fish not anglers which makes it an easy tie.

Hook: #12-14 3x long nymph

Thread: Black

Tail: Pheasant Filo Plume

Abdomen: Medium gold Estaz chenille trimmed

Thorax: Same as body but untrimmed

Head: Black nickel bead

Tie in a full tail the same length as hook shank. Tie in and wrap the Estaz chenille pulling the fibers back with each wrap so it is tight and full. Wrap all the way to the bead. Tie off. Trim the Estaz short along the abdomen with a slight taper to the thorax. Leave some long fibers in the thorax area for legs. That's it. Also tie some with a black marabou tail and a black Estaz body.

Carl Sanders



### Big ol Fish

This month's whopper comes to us from Brian O'Keefe. This monster was caught by his wife Judith at Davis Lake (see the Lava Dam in the background).

Send me your picture of the 'Big ol Fish' you catch and you may see your picture in next month's newsletter.



#### Wild Women Take to the Tubes

Russ Seaton from Fly and Field raised our hopes with hints of a 40-fish day and the lake entirely to ourselves. (Truth be told, most of us would have been thrilled with a 2-fish day.) But events conspired against us. Members of the Sunriver Anglers had scheduled their outing for the same day and place, and they were already at Hosmer when we arrived. After inflating our tubes, shuffling around equipment, packing and unpacking the cars, and discussing float tube fishing technique. we finally got into the water. Russ had a colorful selection of flies available for us in hot pink, glowin-the-dark yellow, and his white woolly-bugger special—all guaranteed to catch fish at Hosmer, except for the day of our outing. At least a dozen big fish cruised right next to the boat ramp. They were unperturbed by the parade of float tubes, pontoon boats, flippers, oars, and flies. We called it a day near 3:00 when the weather turned a bit ugly and a storm started rolling in. Ladies who tried a float tube for the first time declared the day a complete success. They're ready to get their own float tubes and take to the lakes. Wild Women truly appreciate the time and effort Russ put into this outing. Watch your email for details about the Wild Women potluck on Tuesday, November 8. This meeting will be our last one for 2005.



#### KOKANEE KORNER

## **Membership Donation Drive**

It's that time of year when dues for 2006 are due and everyone has the opportunity to make their annual donation to our Kokanee Karnival Youth Education Program. The dues reminder may be out by the time this newsletter reaches you so why not grab your checkbook, pay your dues early to take advantage of the discount, and include a donation for this outstanding outdoor education program for our Central Oregon youth.

The program made great progress this year in working toward expanding the program in order to include additional classrooms. These accomplishments include:

- Obtained funding totaling \$72,500 from two sources to hire a Development Specialist
- Hired Callan Chase, Development Specialist, to be shared 50/50 with Wolftree
- Assigned Project Managers/Volunteers for all program activities
- Had a record number of volunteers at Streamside activities in September thanks to the outstanding work of Kurt Boettger
- Web site is up and running thanks to Capt Caddis
- Updated the Kokanee Karnival brochure and had second printing of the program manual

Our goals and objectives for 2006 are all in support of continuing the effort to expand the program and meet the goal of adding two Comprehensive Level classrooms and three Elective Level classrooms for the 2006-2007 school year.

COF partners with four other organizations including Sunriver Anglers, ODF&W, US Forest Service/Deschutes National Forest, and the Central Oregon Llama Association, and due to our overwhelming size and availability of resources, COF has taken responsibility for leadership and success of this outstanding program which is in its tenth year of operation. When paying your dues please consider a donation of any amount. COF is a 501 (c) (3) non-profit organization so your donation is fully tax deductible.

# The Central Oregon Flyfishers www.coflyfishers.org

## **New Membership**

The following information is used in the roster. Include all contact data and other interests that you wish to have appear in the roster. Print legibly using block letters, all caps.

LAST NAME	FIRST NAME		OC	OCCUPATION (PAST OR CURRENT)			
SPOUSE'S FIRST NAME	SPOUSE'S LAST NAME I	F DIFFERENT	НО	ME PHONE			
HOUSE NUMBER STREET			WC	PRK PHONE	EXT		
CITY			S	ГАТЕ		ZIP CODE	
EMAIL ADDRESS							
How do you want to receive the CO Why did you join COF? (Check all the	•	•	(Check one.)	Email	US Posta	al Service	
Acquire more knowledge	Find fishing partner	Volunteer fo	or projects	Improve technique	eSocia	Il functions	
As a condition of membership all risks of my participation. In ack heirs, executors, and administrators board members and volunteers, action account of any injury to me or n I acknowledge that I have care acknowledge that I am waiving any I have read the above stat	or of participation in an anowledgement that I am agree to remise, fully reing officially or otherwise property that may occur fully read this hold harm right I may have to brir	y activity encoura doing so entirely elease, hold harmlese, from any and a cur from any cause nless and release a ng legal action to a terms as a condition	ged or publiciz upon my own i ess, and forever ill claims, dema whatsoever what greement, and assert a claim ag	ed by The Central Onitiative, risk and restricted actions or cause hile participating in a fully understand that gainst The Central On	regon Flyfisher sponsibility, I c ral Oregon Fly so of actions, or any such COF a it is a release or regon Flyfisher Oregon Flyfish	lo hereby for my fishers, all its of account of my activity. of liability. I fur- rs for its neglige	rself, fficers, death or ther ence.
X							_
SIGNED BY		PRII	NT NAME		N	MONTH DAY YEA	R
DUES SCHEDULE  Memberships are renewable on members joining after June 1 sh County shall pay \$12.							
THE MONTH YOU ARE JOINING	JUN	JUL	AUG	SEP	OCT	NOV	
THE DUES YOU PAY (\$)	18	15	12	9	6	3	

**RETURN THIS FORM** Mail or deliver this form and your check payable to The Central Oregon Flyfishers to the membership chairman. Forms unaccompanied by dues payment or that lack signature, name, or date on the liability release statement are considered invalid and will be returned to sender.

The Central Oregon Flyfishers Membership Chairman PO Box 1126 Bend, OR 97709

## **UPSTREAM EVENTS – 2005**

November:	5	COF Board of Directors Meeting, Dave Dunahay	
	16	COF General Membership Meeting, Jessica Maxwell, Author/Adventure Traveler	
December	21	COF General Membership Meeting, Club members Fly Tying	

Note: For a complete calendar for the year, see Upstream Events on www.coflyfishers.org

## 2006 -Planning Ahead

March	11	COF Annual Banquet If you are interested in helping at the Banquet (set up, take down, organization, etc.), please contact Larry Godfrey at 382 - 5860
April	16	COF Annual Picnic at Aspen Hall

