

The Central Oregon Flyfisher

Vol. 30, Number 11, November 2007

GENERAL MEETING

Fishing KAMCHATKA!

Nov 21

See page 2.

6:30 - 8:30

Bend Senior Center, 1600
SE Reed Mkt Rd

2008 BOARD OF DIRECTORS

See page 2.

JOIN FFF AT A DISCOUNT

See page 2.

CROOKED RIVER CLEANUP

Nov 17

Big Bend Campground

See page 4.

TELEMETRY TRAINING

Nov 2

ODFW office, Prineville

See page 5.

UP-STREAM EVENTS CALENDAR

See page 7.

2007 COF Board Members

Dave Semich

PRESIDENT

Yancy Lind

VICE PRESIDENT

Education

Bob Cooper

TREASURER

Joel Bailie

SECRETARY

Don Schnack

Programs

Bob Griffin

Historian

Dennis Rockwell

Raffle

Emil Seidel

Larry Godfrey

Banquet

Carl Cavallo

Dick Olson

Membership

Herb Blank

Bill Seitz

Conservation

Lee Ann Ross

Outings

Dave Dunahay

Kokanee Karnival

Delores Marsh

Wild Women of the Water

Newsletter

Terri Grimm

Editor & Designer

Scott & Sarah Robertson

Distribution

www.coflyfishers.org

Random Cast

Several current members of the COF Board of Directors will step down at the end of the year. Herb Blank has kept us well informed on environmental issues. Mark Reisinger has been our Kokanee Karnival liaison for many years. Bob Cooper volunteered to be the treasurer when the club was in desperate need of a qualified person. For the last two years, club secretary Joel Bailie has kept minutes and records. Program director Don Schnack has arranged speakers for monthly meetings for the last two years. The club could not have functioned without the great volunteer work that these members performed. I personally want to thank each of them for all that they have accomplished for COF.

The new officers and Board members, who were elected by COF members at the October monthly meeting, will begin their terms in January. Yancy Lind, who served as vice president in 2007, will become president. I know that he will lead us through a great year in 2008. Dennis Rockwell will be vice president, and he will continue to organize monthly raffles. Susan Telford will take over as treasurer. Earl Rettig will be the new secretary. Dave Dunahay will be the Kokanee Karnival liaison. Bob Evermore will be in charge of monthly club outings. Dave Magaret will be the programs director.

New Board members and outgoing Board members will attend a planning retreat on November 10 to evaluate club events during the past year, and we will discuss changes for 2008. This meeting provides incoming Board members an opportunity to learn more about how the Board functions. Board members will also discuss the 2008 budget, which will be presented at the November monthly meeting for the club's approval.

I encourage all club members to contact any current or incoming Board member with comments or suggestions that you would like us to discuss at the upcoming retreat. We welcome ideas. The club improves and grows when we meet the changing needs of our members.

Dave Semich

General meeting **2** • 2008 COF Board of Directors **2** • New FFF liaison **2**
Join FFF at a discount **2** • 2008 Annual Banquet **2** • Steelhead trip **3** • Fly-tyer meetings **3**
Do you fish lakes? **3** • The River and Raku **3** • Crooked River Cleanup **4** • Redd Counts **4**
Wild Women of the Water **4** • Kokanee Karnival **5** • Thank you volunteers **5**
Fly of the month **6** • Don Edmunds **6** • Up-stream events calendar **7**

GENERAL MEETING

Wed, Nov 21, 6:30 pm, Bend Senior Center

In mid-August, Damien Nurre accompanied COF members Herb Blank and Lee Ann Ross to Kamchatka. The trio will present a slide show that shows the good, bad, ugly, and beautiful side of Kamchatka. Nurre, Blank, and Ross were some of the first to fish the remote Lehvia River where they caught rainbows, dolly varden, kundzha, grayling, silvers, char, and chums. Kings were spawning in the river.

Damien Nurre is the head guide for Fly and Field Outfitters in Bend and an avid fly-tyer. He invents new patterns for trout and steelhead. Montanafly markets Nurre's flies.

Lee Ann Ross



Herb Blank with a kundzha

OTHER NEWS

2008 COF Board of Directors

At the October general meeting, members elected the 2008 Board of Directors. Many Board members are returning, but some are new. (See the list of 2008 Board Members near the end of this article.) Herb Blank, Carl Cavallo, Mark Reisinger, Bob Cooper, Joel Bailie, and Don Schnack will resign from the Board. We thank them for their service to the club and the greater Central Oregon fly-fishing community.

Contact any Board member with questions, concerns, observations, or offers to help on a committee. Better yet, attend a Board meeting; meetings are always open to all club members. Board meetings are held the first Thursday of every

month, 6:30 p.m., at the Environmental Center in downtown Bend.

2008 Board Members

Yancy Lind President	Bill Seitz Conservation
Dennis Rockwell Vice President & Raffle	Dave Dunahay Kokanee Carnival
Larry Godfrey Banquet	Earl Rettig Secretary
Bob Griffin Historian	Susan Telford Treasurer
Delores Marsh Wild Women of the Water	Bob Evermore Outings
Dick Olson Membership	Dave Magaret Programs
Lee Ann Ross Education	Emil Seidel Dave Semich

Yancy Lind

yancy_lind@ml.com or 312-6821

New FFF liaison for COF

The Board has asked Jerry Criss to serve as the Federation of Flyfishers (FFF) liaison and represent COF at the FFF Oregon Council. (The liaison is not a Board member.) Criss will attend quarterly Council meetings, report COF activities to the Council, and let COF know about Council events.

Join FFF at a discounted rate

From now until December 31, 2007, members of COF may join the Federation of Fly Fishers at the special discounted price of \$15.00 for a regular, one-year individual membership. Use the current FFF application; cross off the regular \$35.00 rate and write \$15.00. **The president of COF, Dave Semich, must sign the application to certify that you are a member of an affiliate club.** This offer does not apply to membership renewals.

2008 Annual Banquet

On Saturday, March 29, COF will hold its Annual Banquet at the Bend Senior Center. The banquet is the club's main fund-raising event. Your Board members and other volunteers are planning now for the food, raffle and auction items, door prizes, and awards.

Our membership has been growing every year, and we hope to have a record-breaking number of members attend this year. Plan now to support

your club and enjoy a fine time at the 2008 banquet.

Larry Godfrey

Steelhead trip a success

Ten COF members camped at our regular site at the Beavertail campground from October 4 to 7. We caught suckers, whitefish, trout, a steelhead, and a salmon. Everyone enjoyed the camaraderie that goes along with sharing meals and swapping fish stories.

Bill Raleigh caught the only steelhead, a fine 22-inch beauty. And, he caught the only salmon. According to Bill, it was about two feet long. Several steelhead were hooked but not landed.

Reserve late September to early October in 2008 and plan to attend next year's steelhead outing.

Larry Godfrey

Pacific Northwest Fly Tyers Rendezvous

Sat, Nov 3, 2007, 9 am to 5 pm

Mt. Hood Community College (in the large cafeteria)

Forty to fifty tyers from the Pacific Northwest will show their skills. There will be a silent auction, raffle, and live auction.

Gary Muck

503-490-9363 or gvmuck@msn.com

Northwest Fly Tyer and Fly-fishing Expo – 20th Anniversary

March 7 to 8, 2008

Albany, OR, Linn County Fair and Expo Center

Attendees can expect some changes at the 2008 expo. Classes will increase from 40 to 60, and additional youth programs will be available. Brian O'Keefe will host a two-day casting tournament. Over 100 fly tyers have registered. The number of vendor booth spaces will increase to 45.

Admission will be same as last year (free to FFF members with their cards and youth under 16, \$5.00 to the general public). Rooms are available at the Comfort Suites in Albany (\$64.00 single, \$69.00 double occupancy, 541-928-2592). RV sites are available at the fairgrounds (541-926-4314).

Check the Web site weekly for updates. As of December 1, 2007, class registration forms and banquet tickets will be available from:

www.nwflytyerexpo.com

Jim Fisher

flytierfisher@hughes.net

Do you fish lakes?

The autumn 2007 issue of *Fly Tyer* magazine features an article on Hermann Fischer, winner of the 2003 Jack Shaw B.C. FFF Fly-tying Award. The article discusses hatch timing (the same on our lakes as in B.C.), includes photos of and instructions for tying 10 of Fischer's favorite patterns, and provides information about how to fish each fly.

Members who attended Fischer's fly-tying session at Leighton Lake during the 2007 trip to B.C. learned a lot.

Mark your calendar for Sunday, June 22, 2008 for another morning of informative tying and fishing methods with Hermann Fischer during the next COF outing to B.C.

For more fly-tying information, see these books:

- *Fly Patterns for Stillwaters* by Phil Rowley, (Amato)
- *Contemporary Fly Patterns of British Columbia* by Art Lingren (Amato, 2006) – This book features 14 flies by Hermann Fischer. The photos and instructions are excellent.

Winter is a great time to reload your fly boxes. Save a few to donate to COF's Annual Banquet on March 29.

Bob Griffin

The River and Raku at the Sunriver Library

The similarities of color and texture found in Jolene Cap's Raku Leaf and the colors and reflections found in Patrick Windsor's photograph Deschutes Redside are amazing. The two media result in a striking exhibit that will run November 4 through December at the Sunriver Library.

The public is invited to a reception for the artists on Sunday, November 11, 2:00–4:00 p.m. At 2:30 p.m., Patrick Windsor will present a program, Getting Hooked on Photography. He will discuss the relationship between fly fishing and photography.

This exhibit is free and open to all during regular library hours. For more information, call 312-1080.

CONSERVATION

Crooked River Cleanup – 2007

Sat, Nov 17

7:00 a.m. – Meet at Jake's Diner for breakfast and carpool

9:00 a.m. – Meet at Big Bend campground on the Crooked River

The Central Oregon Flyfishers, in conjunction with the Deschutes Chapter of Trout Unlimited, will hold a river cleanup that focuses on a section of the Crooked River below Bowman Dam on Saturday, November 17. If you want to carpool, meet at Jake's diner for breakfast at 7:00 a.m.; we'll go to the Crooked River from there. Otherwise, meet at the Big Bend campground directly downstream from Bowman Dam at 9:00 a.m. We'll divide the river into manageable sections from Bowman Dam downstream to the cattle guard (about 8 miles). We'll supply trash bags to volunteers and give directions to a designated section to clean. We'll clean both sides of the river, but not the road. Don Schnack, COF member, has agreed to bring his pickup truck and trailer to haul the trash to designated areas. Dress warmly and bring your lunch, work gloves, waders, and wading staff to cross the river. Flows should be below seasonal levels of 100 cfs. If you have any questions, please give me a call or send email.

Bill Seitz

wseitz@bendbroadband.com

Metolius Basin Bull Trout Redd Counts

Every fall, hundreds of bull trout from Lake Billy Chinook migrate up the Metolius to spawn, and biologists conduct ambitious surveys to find their redds. Ted Wise (ODFW) and Nate Dachtler (USFS) coordinated surveys, assisted by volunteers from COF and Sunriver Anglers. Individual teams hiked and waded 1 to 3 miles of small streams (usually through downed wood and brush where bull trout like to spawn), searching for gravel nests or redds. (We apologize for any ripped waders.)

Spawning surveys allow biologists to estimate numbers of spawning adults in a given year. This year, we counted 601 redds in 7 tributaries. Redd numbers have been declining since 2004, when a peak of 1,045 redds were observed. (See the chart on page 7.) This decline is seen as a response to lower numbers of kokanee salmon in recent years, which are an important food source for the bull trout.

Thank you everyone who helped gather this data.

Jen Luke

WILD WOMEN OF THE WATER

Crooked River Study

Volunteers from Wild Women of the Water and COF, friends, and representatives from various state and federal agencies gathered on a cold,



October morning at Chimney Rock campground to meet OSU graduate student Shivonne Nesbitt and help with her Crooked River trout/whitefish study. Volunteers caught 8 whitefish and 10 redband trout (12 inches or greater), and Shivonne successfully inserted radio tags into each fish. All fish were alive and doing well by the next morning. Shivonne needed a total of 16 redband trout, so volunteers

returned to the river a week later and caught more fish. If you didn't stay for the Saturday night dinner, you missed Delores's warm-you-to-your-toes chili, Sandy's buttery peanut butter cookies, and my baked-to-perfection Dutch oven pineapple-upside down cake. There will be more opportunities to help with this study. Watch this newsletter and your email for announcements.

If you catch a fish with a radio tag, be sure to release it unharmed.



Cast for Recovery River Helpers

Vivian Rockwell, Cindy Pilliod, and I were volunteer River Helpers at the Cast for Recovery retreat at Rock Springs Ranch in October. The retreat, organized by the Stonefly Maidens in Portland, was an emotionally and spiritually uplifting experience for participants. Earlier this year, Vivian successfully organized a fund-raiser that raised enough money to send one woman to the retreat. The Stonefly Maidens plan to have another retreat in Central Oregon next year, and they look forward to our assistance again.

Annual November Potluck

Join us for our annual potluck, get-together, and story-telling time on Nov 27. Watch your email for details.

Terri Grimm



Eleven classrooms kick off Kokanee Karnival

During the last week of September, nine classrooms from local elementary schools attended the first Kokanee Karnival activities of the new school year – the Hatchery and Streamside Experiences. Two classrooms per day toured the Fall River Hatchery for half a day and then spent the other half of the day at Brown’s Creek where students rotated through learning stations for Incredible Journey, The Comforts of Home, and Nature’s Restaurant.

At the hatchery, students learned about hatchery operations and their importance to our Central Oregon fisheries. Students also learned how llamas are used to transport fish to the high Cascade lakes.

Two classrooms attended the one-day trial venue at Wizard Falls Hatchery and Spring Creek, a tributary of the Metolius. The kids enjoyed climbing into waders, collecting and identifying insects, taking water samples to determine its quality and suitability for fish, and observing migrating kokanee. We’ll evaluate the success of this location and determine whether to add it to the current program.

It was an outstanding week of learning for all students. I sincerely appreciate the support from the large number of volunteers from all six program partners. A special thanks goes to Mark Reisinger of COF, George Pagano and Gary Gelhert of Sunriver Anglers, Jeri Wel-

bourne of the Llama Association, and Jay Hopp of WolfTree for organizing and leading their respective activities.

Dave Dunahay

Volunteers deliver trout eggs for Eggs to Fry program

Fifteen classrooms received trout eggs this fall thanks to COF volunteers. Larry and Mary Thornburg picked up 5,500 rainbow trout eyed eggs from Oaks Springs Hatchery and brought them to Bend for delivery. This activity involves students caring daily for the trout as they develop from egg to fry. Hatching trout eggs helps students learn important concepts about water quality, fish habitat, and fish biology. Thank you volunteers Ron Anderson, Bob Mullong, Bob Griffin, Sandy Dunahay, Jeri Welbourne, and Larry and Mary Thornburg!

Jen Luke



Alevin doing well at Vern Patrick.

Thank you Crooked River volunteers

Thank you COF members for your enthusiasm and dedicated help this fall in the Crooked River. We successfully radio tagged 26 fish and we attribute this success to your angling skills! We look forward to working with you again in the future.

*Shivonne Nesbit, OSU
shivonne.nesbit@oregonstate.edu
Jeff Yanke & Brett Hodgson, ODFW*



(left column) Performing surgery on a whitefish (left) and redband trout (right).

(right column, top) Shivonne Nesbit talks to volunteers.



Telemetry Training

Friday, November 2, 9:30 a.m. - Meet at the Prineville ODFW office for a day of telemetry training on the Crooked River. Four to six hours are needed to track all of the fish. Be prepared for a relatively long day – bring lots of food, water, etc. I hope each person can commit to one day of tracking every 6 weeks or so. Please bring you calenders so I can put together a schedule.

TYER'S CORNER

Fly of the month

The wet and cooler weather has arrived, along with the end to the regular fishing season. Fortunately, there are rivers and lakes that we can fish all winter long. In California, the Upper Sacramento River is now open all year long, and it is only a 4-hour drive from Central Oregon.

I just returned from the Northern California F.F.F. Conclave. It was great to see old friends and learn about new flies. There is a renewed interest in wet flies — my favorites for many reasons. You can fish wet flies subsurface, or dress them with a little Frogs Fanny (dry fly floatant) and float them on top where they look like a cripple. Wet flies are also one of the easiest flies to tie. I'm still experimenting with CDC (an acronym for cul de canard, a type of feather found near the preen gland on most birds); there are some interesting flies that use this great material. I'll include some CDC flies in coming months.

Many members have requested the Copper John. This fly's fish-catching capability is what legends are made of. It uses simple materials and is easy to tie, once you get used to handling the materials. In the last few years, this fly and its variations have been fished worldwide — it just catches fish. It's a great searching pattern because it goes down quickly, looks like something to eat, and has enough attractive parts to get a fish's attention. This fly is a weighted nymph; fish it deep as the point fly or dropper in a multiple-fly rig.

Some changes that you may want to try: different tails, such as pheasant, antron, or moose hair; changing the bead head to something different (I prefer tungsten beads for the extra weight they provide); changing the thorax color with different dubbings.

Copper John with variations

Hook: #18 to #10 heavy wire nymph hook

Bead: small copper or any color

Thread: black 6/0 or 8/0

Tail: 2 goose biots in olive or black

Body: fine copper wire

Thorax: peacock herl or dubbing of your choice

Wing case: flashback material of some kind (Use multiple strand or scud back material if you want to remove the flash.)

Legs: ends of the flashback material (Use partridge feather if you use scud back material.)



Attach the bead. Wrap the thread back and tie in the tails, splitting them neatly. Wrap thread toward the hook eye and stop behind the bead, leaving enough room for the thorax. Tie in the copper wire and wind it back toward the hook bend; return to the tie-in point. Next, add the wing-case material and then dub the thorax. Pull the wing-case material over the thorax and tie it down. Leave the ends short to represent legs, and force them back a little as you tie them down. If using a feather for legs, wind the feather in behind the bead (use 2 wraps at the most, with 2 wraps of thread). Clip the feather top and bottom and finish the thread wraps. Put epoxy or some other hardener on the wing case if you choose.

If you have any problems, please give me a call, and happy hunting.

Jerry Criss

541-536-3581 or tlfly44@msn.com

Donald Raymond Edmunds

Dec 29, 1934 – Oct 7, 2007

Don Edmunds, founder of the Edmunds Well Wildlife Sanctuary, died of complications following heart surgery on October 7.

In spite of numerous medical problems, Don worked tirelessly for many years to create the sanctuary—a legacy that would continue into perpetuity. Numerous club members have participated in events for disadvantaged youth and a fundraiser for Casting for Recovery held at the sanctuary. COF hopes to continue its relationship with the sanctuary.

Memorial contributions may be made to Edmunds Well Wildlife Sanctuary.

Central Oregon Flyfishers Up-Stream Events 2007

Date	Time	Activity/Meeting	Location	Contact
NOVEMBER				
Nov 1	6:30 pm	monthly Board meeting	Environmental Center, Bend	Dave Semich
Nov 10	9:00 am	Board Retreat & planning	Athletic Club of Bend	Dave Semich
Nov 17	9:00 am	Crooked River cleanup	Big Bend campground	Bill Seitz
Nov 21	6:30 pm	Monthly meeting – KAMCHATKA!	Bend Senior Center	
Nov 27		Wild Women of the Water potluck		Delores Marsh or Terri Grimm

COMING IN 2008				
Mar 29		Annual Banquet	Bend Senior Center	Larry Godfrey
Jun 22		Hermann Fischer	Leighton Lakes, BC	

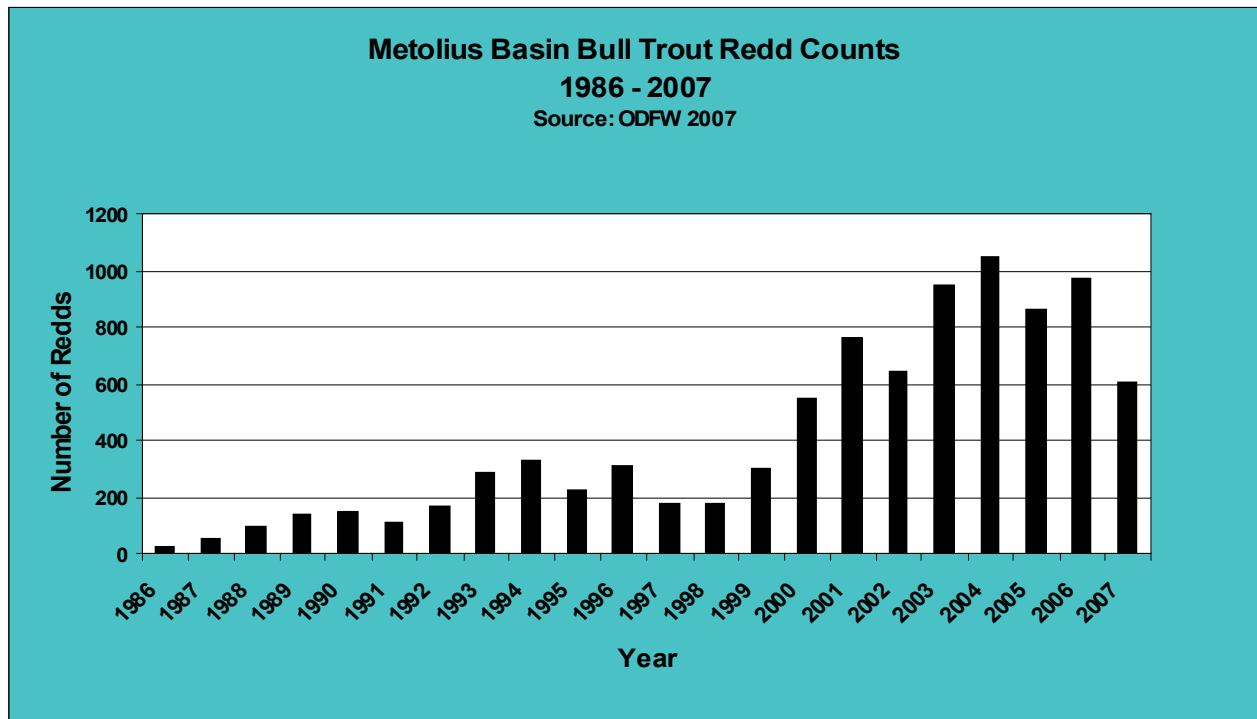
Non-Club Activities and FYI				
Nov 3	9:00 am	Pacific Northwest Fly Tyers Rendezvous	Mt. Hood Community College	Gary Muck
Nov 4		The River and Raku	Sunriver Public Library	
Mar 7-8 (2008)	10:00 am	Northwest tyers and fly-fishing expo	Albany, OR	Jim Fisher

Jim Fisher
flytierfisher@hughes.net
Larry Godfrey
lgodfrey@bendbroadband.com

Terri Grimm
sonata@teleport.com
Delores Marsh
ladyd@bendcable.com

Gary Muck
gvmuck@msn.com
Bill Seitz
wseitz@bendbroadband.com

Dave Semich
flyfishndave@webformixair.com





(top) Volunteers gather at Chimney Rock campground on Oct 6.
(bottom) Measuring redband trout before surgery.

(top) Volunteers gather at Chimney Rock campground on Oct 12.
(bottom) Redband trout in anesthetic tank.

Membership application available from: <http://www.coflyfishers.org>



Central Oregon Flyfishers
PO Box 1126 Bend, Oregon 97709



An active member club

“All the romance of trout fishing exists in the mind of the angler and is in no way shared by the fish.”