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## RANDOM CAST

**REMINDER: Due to the Thanksgiving Holiday, the November meeting has been changed to THURSDAY, November 15.**

The future of the Orvis casting course in the Old Mill District is of concern. At the November general meeting, Tye Kruegar of Orvis will provide an update prior to the program.

An important training event, Angler Education Certification class, will be held December 1. ODFW teaches this class as part of Kokanee Carnival. I have taken the class, and it has been very beneficial for Kokanee Carnival. It is also a great class for anyone who teaches or assists with the older youth classes and adult classes. The class covers helpful information and skills and tools to use anytime you teach youth and adults. See the details on page 6. I encourage you to join us on December 1. Hope to see you there.

It's time to plan and prepare for the fun at the December meeting — the annual COF fly-tying meeting. There will also be a gear swap. All fly tyers should contact Mike Tripp to reserve a free table. Show us some fly patterns and techniques to improve our fishing. Gather that gear you no longer use and bring to the December meeting to swap or sell.

Thanksgiving will soon be upon us. I would like to take this time to say THANK YOU to all who support the COF through their time and effort.

— Eric Steele, President  
(cell 541-420-8108 or home 541-549-2072)



Team USA Flyfishing competition on the Deschutes River, October 2012. PHOTO: Todd Carey

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## GENERAL MEETING

Nov 15 | 6:30 P.M. | Bend Senior Center, 1600 S.E. Reed Market Road, Bend

### Flats Fishing in Ascension Bay, Mexico

Scott Cook of Fly & Field Outfitters is well known to most of us as a guru of local stillwater fisheries. During the November program, Flats Fishing in Ascension Bay, Scott will share his recent experiences with fly fishing in saltwater. To help you plan your next cold-weather escape, attend Scott's presentation and get an introduction to this challenging fly-fishing experience.

**REMINDER: The November meeting has been changed to THURSDAY, November 15.**

### December meeting

Local fly tiers demonstrate will demonstrate their techniques at the December meeting, and Sherry Steele will teach simple fly-tying techniques to beginners. If you plan to tie, please contact Mike Tripp (programs@coflyfishers.org) so he can have enough tables available.

There will also be a gear swap during the meeting. Bring whatever you would like to sell or swap.

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## OUTINGS

### Programs for 2013

Scheduled outings for 2012 have all been completed. To have a list of 2013 outings ready for the January newsletter, please let me know as soon as possible if you would like to lead an outing. Dates and details can be finalized in the future.

– John Tackmier, Outings Coordinator  
(outings@coflyfishers.org or 541-549-6252)

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## EDUCATION

### Winter fishing technique

Nov 13 | 6:30 P.M. | Fly and Field Outfitters, Bend

Dave Merrick of Fly and Field Outfitters will talk about fishing during the winter. There is no reason to stop fishing when the snow flies, but a change of tactics is in order. Dave will discuss where to fish, flies, fish behavior and our local rivers. This evening talk will take place November 13.

### Fly tying for beginners

Sherry Steele will bring several of her vices to the December general meeting and teach simple tying techniques to beginners. Come early to get a seat.

### COF winter fly-tying series

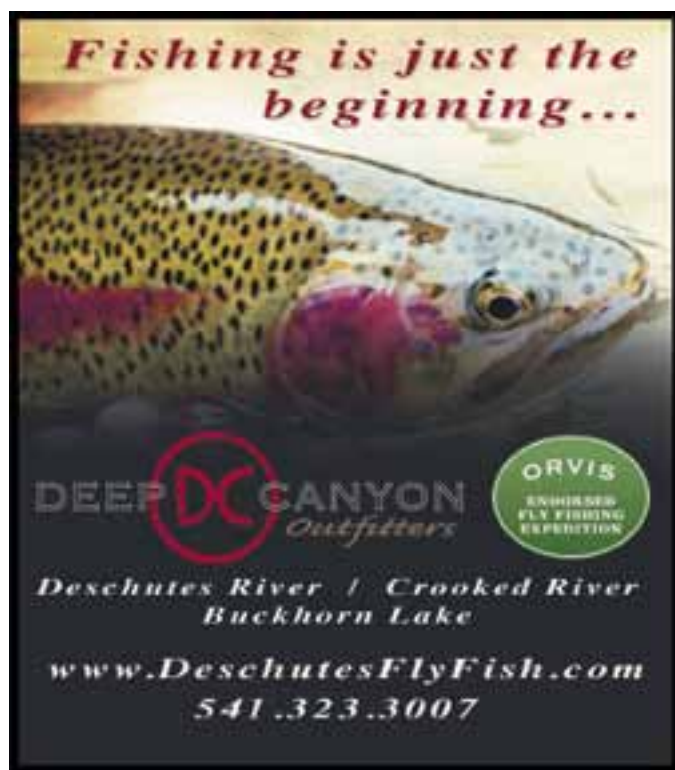
Snow is in the forecast, which means it must be time for the COF Winter Fly-tying Series. The series begins January 8, 2013 and meets every Tuesday from 6:00 to 9:00 P.M. at the Bend Senior Center through March 26 (12 weeks).

This is an opportunity to learn new techniques and re-stock your fly boxes. Send me a list of the flies you would like to tie or the river/lake you plan to fish, and I'll find a guest tyer. In one evening, each guest tyer will demonstrate two patterns. You will be able to tie a few of each fly, reinforcing the technique or pattern.

Do you already tie flies? Are you willing to lead an evening of fly tying? We are always looking for club members to share their expertise. Let me know if you would like to lead a session.

If you are interested in attending, please send me your email address and phone number.

– John Krefit (503-559-3811 or jckrefit@gmail.com)



## Winter seminar 2013: Phil Rowley & Brian Chan

Feb 9 & 10, 2013

COF and SRA will host the 2013 Winter Seminar at the beautiful new SHARC facility in Sunriver on Feb 9 and 10, 2013 (Saturday and Sunday). We are delighted to have Brian Chan and Phil Rowley present their Stillwater Seminar covering topics such as: lake biology/entomology, fishing chironomids, floating line tactics, knots, early season tactics, sinking line tactics, fly tying and damsel/leech techniques.

With the SHARC facility, there will be no restrictions on the number of attendees. Fishing clubs throughout Oregon will be invited. Members of COF and SRA will receive a discounted rate (to be determined). Lunch and snacks will be provided each day. Take advantage of this great opportunity to learn (or refresh your knowledge) about stillwater fishing in the western states. Registration information will be available in December.

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## NEXT CAST FLYFISHERS

### REALMS Students fish at Bend Pine Nursery

The students from REALMS were able to practice their casting and learn how to fish for trout at the Bend Pine Nursery. Several students had “bites” or fish on, and we landed one 13-inch trout. The wind made casting a challenge, but we had a great turn out of COF volunteers to coach students and help them get the flies in the water, with one exception. One volunteer accessorized with a woolly bugger in his cheek! Otherwise, there were no mishaps and everyone stayed relatively dry!

Students will be in the classroom for the next couple of weeks. First they will learn about bugs and identification of macroinvertebrates. Then, Darek Staab of Trout Unlimited will talk about conservation and stewardship. There will be one more outing on Friday, November 9 — students will have a field trip to



collect and identify bugs. Please let us know if you would like to volunteer for this outing; we will need extra help.

Details of the remaining classes are on the COF Calendar. If you have questions or need additional information, please contact Karen Kreft

(503-409-0148 or [nextcast@coflyfishers.org](mailto:nextcast@coflyfishers.org)).

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## MEMBERSHIP

Renewal forms were mailed at the end of October. Renew your membership before January 1, 2013 for \$30. After January 1, membership renewal will be \$36.

To join, go to [coflyfishers.org](http://coflyfishers.org) to print a form. Current rosters are available by request, so please contact me at the next meeting or send email to [membership@coflyfishers.org](mailto:membership@coflyfishers.org) with ROSTER as the subject.

– Gary Meyer, Membership Chair

Welcome  
New  
Members

Robert & Joan Drake • Phillip Greenlee  
Patrick Griffiths & Aimee Serrurier  
Will Griffiths (Next Cast Flyfishers)  
Gary Sheldon and Pru McDonald

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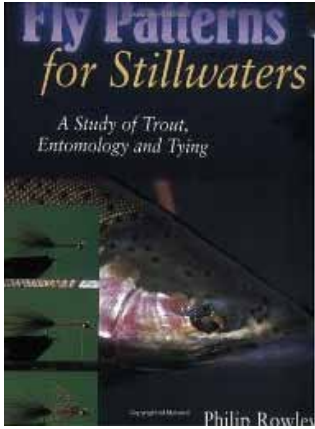
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## LIBRARY NEWS

If you would like for COF to add a particular book or DVD to the library in the coming year, please send the author and title to the COF librarian (John Tackmier, [outings@coflyfishers.org](mailto:outings@coflyfishers.org)). COF members will have the opportunity to vote for their preferences.



For November, COF is adding *Fly Patterns for Stillwaters – a Study of Trout, Entomology and Tying* by Philip Rowley to the COF library. Here is what Jim Schollmeyer had to say about this beautiful book: “Fly Patterns for Stillwaters is a book every lake fly fisher should read. Phil’s fishing knowledge, his insights into the insect, their behaviors and trout responses to them, make

for informative and enjoyable reading as well as showing you how to tie some proven lake patterns.”

– John Tackmier, librarian, [outings@coflyfishers.org](mailto:outings@coflyfishers.org)

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## CONSERVATION

### Barbless Hooks: Do they save fish?

That question was recently addressed by Dr. Gary Grossman, University of Georgia, in the recent issue (November/December 2012) of *American Angler*. He stated that it would seem intuitive that barbless hooks would result in lower fish mortality, but there is little evidence to support this view. Most studies base their conclusions on short-term mortality (that is, 24 hours to several days), which may not represent long-term mortality, especially un-

der natural conditions. Several state resource agency biologists have suggested abandoning barbless hook regulations because they felt natural mortality of wild trout is much higher than the small reduction in acute mortality produced by barbless hooks.

How does a hook cause mortality in fish? Mortality is either caused by wound damage and/or handling stress. In earlier newsletter articles, I have addressed the proper catch and release procedures. Barbless hooks may not produce less wound damage, but these hooks clearly result in less blood and reduced handling times. Dr. Grossman felt that, given the lack of good information on long-term mortality but known positive effects, it would be unwise to abandon barbless hook regulations. I agree and would add that fly anglers should be encouraged to use barbless hooks even though not called for in the regulations. My experience in heavily fished catch and release waters in Alaska (Yes, Alaska has many rivers with catch and release requirements for rainbows.) and the Lower 48, is that barbed hooks and/or improper handling techniques can cause significant physical injury to the fish (for example, missing mouth parts). I observe injured fish frequently on the Madison River in Montana and the Crooked River in Central Oregon.

Of course, another reason to use barbless hooks involves the fly angler. Barbless hooks are relatively easy to remove from your body and clothes. (I speak from painful experiences.) I also think barbless hooks, especially larger gap hooks on large fish, penetrate the fish’s mouth parts with less hooking pressure, resulting in more hookups and landed fish.

So, my take home message is: Please pinch the barbs on your hooks even if not required. The fish, you and your fishing partner will appreciate the effort.

– Bill Seitz, Conservation chair

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OUTFITTERS

**NEW Website - [www.flyandfield.com](http://www.flyandfield.com)**

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## OTHER NEWS

### Family rescued at sea

Chris Palle of Lost Coast Excursions ([www.lostcoastexcursions.com](http://www.lostcoastexcursions.com)) and speaker at the COF September meeting leads an adventurous life that sometimes involves facing dangerous situations. Read about his harrowing rescue of a family off the coast of Costa Rica in 2011 (<http://www.knowledgeatwork.com/know-fear-in-the-workplace/#.UJB834aMPQo>).

– Terri Grimm

### Sunriver Fly Fishing Festival

The first Sunriver Fly Fishing Festival was a great success. With bamboo rod makers, collectable fishing items, classic wooden boats, boats, contemporary equipment vendors, destination resorts, guides, noted Northwest fly tiers and a full day of casting programs, fly fishers had much to see and do. A youth area offered information and casting. Over a dozen COF members manned a COF informational booth and fully staffed a youth fly-tying room. Proceeds were donated to the DRC and Three Rivers School. The Hook Fly Shop/Cascade Guides wanted to continue the spirit of the recently canceled Bamboo Rod festival that had been an annual Camp Sherman event.

– Bob Griffin



COF volunteers staffed a fly-tying table at the Sunriver Fly Fishing Festival.  
PHOTO: Bob Griffin

### Thank you Kokanee Karnival Streamside volunteers

Eleven classes of fourth and fifth grade students from the Bend La Pine and Redmond School Districts attended Kokanee Karnival at Browns Creek, the Fall River Hatchery and Spring Creek September 24 through 28. The program was a success thanks to the help of many volunteers.

Students told me how much they enjoyed Kokanee Karnival and how much they learned. Teachers and parents told me how valuable this program is to them and how much they appreciate all the time the volunteers donate to

The Central Oregon Flyfisher

make Kokanee Karnival a success. Marlena Little, a fourth grade student at Terrebone Elementary, summed it up when she wrote, “You guys are so perfect at your job and how generous you are to volunteer, you probably have way better things to do in your life than work for no money.”

There were lots of kokanee in the streams this year, and students had a great time spotting fish in the shallows. Eight first-time volunteers participated this year, and 30 volunteers returned. Hopefully, new volunteers will return next year and become station leaders. Students were excited but well behaved, willing to participate in discussions and very attentive. Thank you teachers for preparing students for these outdoor activities. Our volunteers had a lot of fun too. Working with these students is very rewarding.

Thank you to the following people for volunteering to make the Fall Streamside a success. These people donated a total of 568 hours of time and 4,833 miles.

The Kokanee Karnival Board will start planning for the Spring Angling Clinic in April. I hope to see all of you there. We have an open position on the Kokanee Karnival Board, so if anyone is interested in helping us, please contact me (541-318-7507 or [waldo1ft@msn.com](mailto:waldo1ft@msn.com)).

– Frank Turek

Alex Beattie	Dave Dunahay	Jim Adams
Amy Baker	Daryl Loveland	John Anderson
Andy Smith	Dave Schmerber	Kathy Schroeder
Angela Sitz	Debbie Norton	Lisa Kershaw
Betsy Mullong	Dennis Patterson	Mal Murphy
Bill Figley	Dick Olson	Marv Yoshinaka
Bill Lincoln	Doug Vakoc	Nan Loveland
Bill Raleigh	Eric Steele	Rod Juranek
Bob Griffin	Frank Turek	Sandy Dunahay
Bruce Stendal	Gary Gehlert	Terri Grimm
Cliff Price	George Pagano	Van Lewing
Corol Ann Cary	Herb Blank	Vern Fugate
Dan Pebbles	Jen Luke	

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# Kokanee Carnival Angler Education Instructor Certification Class

- **NEW MEMBERS:** Learn about the Kokanee Carnival program
- **EVERYONE:** Learn how to get the conservation and stewardship message to young people.

**WHEN:** Saturday, December 1, 2012, 9:00 A.M. to about 3:00 P.M.

**LOCATION:** To be announced.

**INSTRUCTOR:** Shahab Farzanegan, leader of the ODFW Angler Education Program

**COST:** Free!

**ODFW provides lunch and all course materials.**

**To sign up or learn more, contact:** Dan Pebbles (206-618-8917 or pebbles@tyeeintl.com) or Jen Luke (Jennifer.a.luke@state.or.us or 541-633-1113). You must complete an application BEFORE the class.

The Kokanee Carnival program has earned praise throughout the state. The mission of the program is to teach young students basic fishing and safety skills as well as aquatic conservation and stewardship. The Angler Education instructor certification class trains volunteers on how to teach these topics. Certified Angler Education instructors have had a tremendous positive impact on thousands of kids in Central Oregon since 1996.

Certified Angler Education instructors have instant credibility for teaching angling instruction, water safety and environmental stewardship in many of the programs sponsored by COF. New members will learn about the Kokanee Carnival program. Learn how to get the conservation and stewardship message out to our kids and grandkids.

The Angler Education instructor class is a comprehensive review of the subjects taught in grade school classrooms as well as instruction given at the Kokanee Carnival Spring Angling Clinic and Fall Streamside. Participants will:

- Learn how to use an easy to follow PowerPoint presentation of the information included in the classroom program.

- Learn how to involve the students while making the instruction fun for everyone.
- Watch a video provided by the State that illustrates techniques on working with and teaching students.
- Review the current Oregon fishing regulations and how to use the regulation handbook.
- Learn fish identification.
- Discuss various types of fishing equipment and techniques as well as water safety related to fishing and boating.
- Discuss ethics and dilemmas faced by anglers, especially young people.
- Learn to tie knots. (Yes, you will tie knots.)
- Watch ODFW personnel demonstrate the steps for fish dissection. (Fish dissection is an elective component of Angler Education. ODFW provides trout or kokanee.)
- Learn about the Eggs to Fry program. (Eggs to Fry is an elective component of Angler Education. Instructors deliver trout eggs to class rooms, and students rear the eggs to fry.)

**We want your help. Please volunteer and join us December 1. And don't forget the nifty uniform that you will receive upon graduation!**

Dear Frank Turek:

Thank you for teaching us about insects and what their names were. Thank you for also teaching us about Kokanee Fish and letting us see them. It was really cool how you caught a scupin. Thanks for teaching us some new vocabulary. Thanks for sharing those sunglasses with us.

Sincerely, Gloria

Thank you for teaching us about the riparian zones. It was really cool when you caught that scupin. Now I know how to find and identify water insects.

Sincerely, Dylan

Thank you for teaching us about the life cycle of the salmon. It was fun catching bugs. It was to see the salmon. Thank you for letting us use the waders and the bots.

Sincerely, Harley

Thank you for teaching us about a Kokanee's way of life and what they eat. I learned that most insects that the Kokanee salmon eat have gills so they can breathe underwater. Also I thought that it was very interesting to see the fish swimming up river with the polarized glasses.

Sincerely, Issac

## TYERS CORNER

This fly works anywhere sculpins live and can be tied in a variety of colors to represent other forms of bait fish. With a mono weed guard it would be a great bass fly. Susan used a black form of this pattern a few years ago to catch a pair of trout — a rainbow and large brown.

— Mike Telford

### Bow River Bugger



HOOK: 4xL, size 4 to 8

THREAD: 6/0 uni thread

LEAD: .20

TAIL: marabou

BODY: variegated chenille, variegated rubber, legs and grizzly hackle

HEAD/COLLAR: deer hair

1. Starting at a point  $\frac{1}{4}$  of the hook shank back from the eye, wrap a thread base
2. Starting at a point on the shank even with the hook point, wrap .20 lead to the start of the thread base behind the eye and wrap back on it to the midpoint of the hook shank.
3. Pluck the tip out of a whole marabou feather and stroke all of the fibers toward the tip. Measure a length equal to the length of the hook shank and tie in the marabou at a point even with the barb of the hook. Trim the feather butts so they line up with the end of the lead wrap and tie down to create an even body.
4. Tie in the chenille and a grizzly hackle (barbs should extend just past the hook gape). Wrap the chenille forward to the beginning of the lead. Wrap the feather forward; make sure it is between the chenille wraps to help protect the quill.
5. Tie in two or three legs on each side.

6. Cut hair off the hide about twice the diameter of a pencil; stack to even the tips. Put the eye of the hook through the center of the hair bundle so that the hair surrounds the hook shank. The tips of the hair should reach to the center of the body. Make a couple of loose wraps around the hair and slowly pull straight down as the hair spins around the shank. Adjust the distribution of hair by hand. Make several turns and tighten, taking care not to break the thread.
7. Lift some of the butts of hair and wrap the remainder tight. Repeat until all have been wrapped tightly to the shank. Take smaller bundles of hair, trim the tips off and spin as in step 6 until reaching the eye of the hook.
8. Trim the butts of the hair into a bullet shape, taking care not to cut the collar or rubber legs.



Fish caught on the Bow River Bugger. PHOTOS: Mike Telford

## Central Oregon Flyfishers Upstream Events 2012

Date	Time	Activity	Location	Contact
<b>NOVEMBER</b>				
Nov 1	6:30 pm	<b>monthly board mtg.</b>	Environmental Center	Eric Steele (president@coflyfishers.org)
Nov 2, 9, 30	1:15 pm	<b>REALMS</b>	REALMS Charter School	Karen Kreft (nextcastflyfishers.org)
Nov 13	6:30 pm	<b>EDUCATION</b>	Fly and Field Outfitters	Kathleen Schroeder (education@coflyfishers.org)
Nov 15		<b>general meeting</b>	Bend Senior Center	

### IN THE FUTURE

Feb 2013		<b>EDUCATION</b>	Winter Seminar	TBA
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### NON-CLUB ACTIVITIES & FYI 2012

Dec 8, "Thinking Aside" class in innovative techniques, effective new materials and problem solving, \$24, [www.FlyFoundry.com/Thinking-Aside/](http://www.FlyFoundry.com/Thinking-Aside/) or 541-306-4316



2012 COF Board Members: Eric Steele PRESIDENT Dave Dunahay VICE PRESIDENT Susan Telford TREASURER Bill Raleigh SECRETARY Mike Tripp Programs  
Howard Olson Banquet John Tackmier Outings Karen Kreft Next Cast Flyfishers Lee Ann Ross Past President Gary Meyer Membership Bill Seitz Conservation  
Debbie Norton Raffle Kathy Schroeder Education Frank Turek Kokanee Carnival

**Membership application available from: <http://www.coflyfishers.org>**

For advertising information, call Mike Shadrach at 541-678-5717.



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NEWSLETTER - Terri Grimm