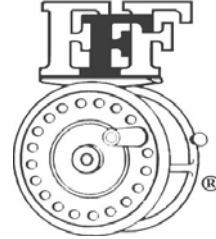


# The Central Oregon Flyfisher



[www.coflyfishers.org](http://www.coflyfishers.org)

An Active Member Club

Volume 28

Number 10

October 2005

## GENERAL MEETING

Hiram Li  
"Diversity of Trout in Oregon"  
October 19  
6:30-8:30 PM  
Bend Senior Center  
1600 SE Reed Market

## Outing at East Lake

October 15  
10:00 AM

Cinder Butte  
Boat Launch

## WILD WOMEN OF THE WATER

Outing Oct 25

"Float Tubing on Hosmer Lake"

## Random Casts

The club outing to Maupin was a great success. Thanks to Neal Buxton for getting us organized and bringing the Club trailer to the campsite. The trailer is proving to be a wonderful asset. Amy Hazel, Deschutes River Fly Shop, did a super class on fishing the Lower Deschutes. It was held at the Beaver Tail Campground where we were camping. No one hooked up with a steelhead but most landed beautiful reddsides trout. Three of us brought pontoon boats which opened up more areas to fish. The rapids are not bad down stream from the camp to Mack's Canyon. Perhaps we will do better on the steelhead next year.

Kokanee Carnival is the last week of September. Kurt Boettger has everything well organized again this year for the Browns Creek site. Sun River Anglers and the Lama Association are covering the Fall River Hatchery. We will be filming the presentations and plan to use the film at future fund raising events. Thanks to all of the volunteers for their time and effort. It is a special time for the kids. We have other opportunities to volunteer and give back to the resources. DO NOT be bashful- step up. It is a great way to meet people and have fun at the same time.

Good fishing, Dave Dunahay

## Membership Reaches a New High!

Membership is now over 250 member families! Help us make everyone welcome at the monthly meetings and help them find what they are looking for in our fly fishing club. If you see a "new face" at a monthly meeting (those people that have a HELLO name tag on) introduce yourself. You may be meeting a new fishing buddy.

## October Program

Dr. Hiram Li will present this month's program. Dr. Li is a fisheries biologist from Oregon State University. He will be talking with us about trout biology and their biodiversity in Oregon. Dr. Li is active in Oregon fisheries research specializing on desert trout streams. I couldn't get him to come over to talk to us until the Fall - he was too busy!

He will be speaking to us on the great diversity in the geologic history of our state, volcanism, plate tectonics, great floods, and the rise and fall of expansive lakes. He will explain how these changes resulted in the wide variety and distribution of trout throughout Oregon.

I have heard that Dr. Li considers fly fishers the eyes and ears of the scientists. He has a great respect for the conservation approach that most fly fishers (clubs like ours) have on the sport of fly fishing. This should prove to be a very informative and entertaining program.

## Upcoming Programs

In November we will host Jessica Maxwell. I just got a confirmation email that she had returned from her trip to the Himalayas! The author and world traveler will be talking to us about her adventures fishing from the Himalayas to the Amazon. December will be our annual program on fly tying and knot strength testing. We only have one (1) confirmed fly tyer at this time. Please call Dave Semich at 382-1969 and let me know that you would be able and willing to tie one of your favorites at the meeting. And finally, on board for April 2006 is my favorite, Bob Borden, owner of Hareline Dubbin.

Mark your calendars now!

## Gold Lake Outing

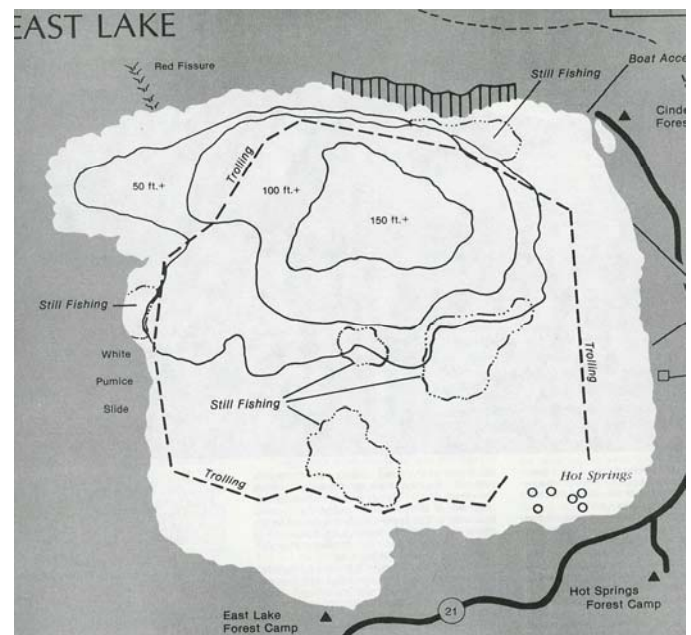
Bad weather is the first thing that comes to mind for the September 10 outing. Those of us who camped at Waldo Lake were greeted with roadside snow in the morning. We had fairly strong winds and cold rain throughout the day while fishing. The fishing crew included 6 Wild Women (Delores Marsh, Lee Ann Ross, Vivian Rockwell, Nancy Sheldon, Terri Grimm and Jackie Cooper) and 3 mild men (Steve Sheldon, Dennis Rockwell and Bob Cooper). The best news is that everyone caught fish and plan to return to Gold Lake in the future —

some of the Wild Women stayed and fished on Sunday. Kudos for those who attended. The best excuse I heard for not going to the outing was from Carl Sanders. Carl has a new boat and was attaching the final accessories and managed to fall on the side of the boat and break two ribs. The season doesn't close at Gold until the end of October and the fishing should be good until then.

Bob and Jackie Cooper

## - Last Outing of the Year - East Lake, October 15<sup>th</sup>

Our last scheduled outing of the year is Saturday, October 15<sup>th</sup>. The water temp should be down and the fish stocking up for winter. Plan to meet at the Cinder Butte boat launch on the northeast side of the lake, past the resort, at 10am. Fishing on this lake changes quickly so this time is for general purpose in meeting. There should be some good fishing earlier at dawn but it will be cold. This is a good place to launch and will put float tubers and pontoons in easy reach of productive water. Hopefully some of the larger fish should be coming into the shallower water and taking streamers at this time. This should be your concentration when choosing flies to bring, but don't count out the other stillwater staples in your box. Plan on hatches to be very slow. Dress warm, weather up there can change in an instant this time of year. Don't be surprised to see anything. This is an informal outing, no classes, instruction etc., just a come and enjoy a day with fellow members on one of Central Oregon's Stillwater gems.



## Fly of the Month Consistency on the Crooked

Have you been out on the Crooked River lately? To be honest it has been a while for me, a couple months. Fall is my favorite time of the year on this wonderful river. The canyon cools down, the occasional mosaic of autumn color lines some of my favorite reaches and the fishing seems to pick up considerably after the summer heat is on its way out. I have many flies that I like to fish with on the Crooked. For the exception of a few, most of the flies I choose for this river are smaller, dark in color, and have a little bit of flash incorporated into the design. This month's fly fits right in this description, although it probably is not the most productive fly that I have for the Crooked, it is by far the most consistent fly in my box for this water. It will get me into fish any time of the year here. It's a midge style pattern. Its black, flashy ribbing and contrasting color I believe account for its productivity. It is a small pattern, but don't let that turn you away. It is very easy to tie.



### CR Midge Emerger

**Hook:** Scud style curved shank in #16-20  
**Thread:** Black  
**Abdomen:** Black thread  
**Ribbing:** pearl Krystal flash  
**Wing case:** Mottled grey Medallion Sheeting  
**Thorax:** Polar ice dub

Tie in your thread behind the eye and work it back along the shank well behind the barb of the

hook. Tie in the ribbing so it hangs out the back of the fly and then smoothly and evenly wrap the shank back up to the eye. Be sure to cover the shank with thread leaving no hook or ribbing showing through. Counter wind the ribbing up the shank and tie off behind the hook eye. At this point I like to coat the entire fly with glossy cement. It enhances the krystal flash and extends the life of the fly. Next, tie in a narrow strip of the Medallion Sheeting behind the eye with the long end overhanging the eye. Dub a small ball of dubbing back from the eye one quarter the length of the hook shank. Pull the sheeting back over the thorax and tie off behind the thorax. I like to cut the sheeting off at a 45 degree angle leaving a little tag. This resembles emerging wings. That's it!

Carl Sanders

## Why We Tie a Fly

It's October and that means cooler and cloudier weather ahead, but no need to fret. It also means that the tying season is approaching. This excites me. I started tying the same time I started fishing. My first fish caught with a fly rod was also caught with one of the first flies I ever tied. I was in college at OSU and had just met my wife. She propelled me into fly fishing and tying as she grew up fly fishing in the Reno area. She didn't tie, but had a source (her father) who kept her in flies. I bought a fly fishing set up and she purchased a tying kit for me one Christmas. And the rest is history, I fell in love with her, fly fishing and tying and she got a new supplier of free flies. At that time, and still today, fly fishing and tying seem to go hand in hand to me and I enjoy both endeavors equally. I am a biologist at heart, I enjoy learning about our natural world, and the scientist in me loves detail. A good fit for tying. A while back I came across a quote in a book titled "The Art of the Trout Fly" authored by Judith Dunham. It's a beautiful coffee table book filled with writings of many famous tiers and some of their favorite flies. The quote is by Darrel Martin and I think it really sums up the essence of tying and its grasp on those of us who enjoy this portion of our fine sport.

In a way, tying is trouting.  
Tying extends our understanding of nature.  
We seek the perfect pattern, even if the perfect pattern never exists.  
It matters only that we seek.

We seek the perfect feather,  
the perfect method,  
the perfect theory.

To the thoughtful tier,  
it is the quest and not the pattern that matters.  
And in the search,  
fragments of fur and feather continuously transform  
into a new alchemy.

Part of the pleasure of tying is discovery.  
So, we finally net more than trout.  
We net knowing the spotted *Callibaetis*,  
the under fur of the muskrat,  
the scarlet flank of a rainbow  
and the *peent* of whispering nighthawks.

Darrel Martin

If you haven't tried tying, for whatever reason, I highly recommend it. COF has many opportunities for you to dabble in tying as the winter months begin to roll in. Our December meeting is a chance to see some the great tiers the club has in its mist and learn some new patterns. Also, look for our weekly tying nights to begin in November and run into spring. This is a great chance to get fun tying lessons at little to no cost.

Carl Sanders

### Big Old Fish

This month's Big old Fish award goes to Max Johnson. Max has had the great opportunity to travel a little this summer. He is the only one that sent me pictures of some 'whoppers' that he has caught recently, but I don't think that anybody would have beaten out his beauties anyway. Max (on the left) caught this monster in Loteto, Mexico.



## Kokanee Karnival Activity Calendar

Since Kokanee Karnival is kicking off our tenth anniversary school year and since we have so many new COF members I thought I would provide everyone with a summary of program activities.

During the last week in September each year we begin the program with the Streamside & Hatchery Experience. The purpose of Streamside is to involve students in a field trip to a local stream to observe naturally spawning kokanee salmon. Students also rotate among three stations where volunteers present information about trout and salmon food requirements, fish habitat, and salmon life cycles. At the Fall River Hatchery students learn about the role of Oregon's hatcheries. At six stations, trained volunteers give presentations about brood fish, eggs and milt spawning, incubation, feed room, rearing and liberation, and stocking.

In the late fall and once again during the winter, classrooms participate in the Fish Eggs to Fry program where students incubate and hatch trout eggs in the classroom, observe development of the eggs, record relevant data, and release the fry. This project models events that occur within a redd in natural stream conditions.

Typically in the early spring volunteers will provide classroom instruction about Fish Dissection and Angler Education. During Fish Dissection students learn basic fish anatomy and physiology. At Angler Ed, certified instructors assist students to complete a course that emphasizes basic fishing skills, principles of stewardship, responsible and ethical conduct, and safety around water.

In late April, the Angling Clinic Experience is held at Aspen Hall/Shevlin Pond. Students take a day-long field trip where they learn about fish biology, safety around water, fishing tackle and methods, knot tying, and safe a responsible angling. In the afternoon volunteer coaches assist the student while they fish at the pond.

Participating classrooms are also required to complete a Community Stewardship Project that encourages caring for natural resources.

As you can see this very successful program provides a comprehensive education to our local elementary school children about clean water, healthy watersheds and safe and responsible angling. There are approximately 35 classrooms and 1,000 students that participate each year so we can always use additional volunteer help. If you are interested feel free to contact Mark Reisinger at 389-4124 to obtain more information about what you can do.



## **The New Zealand Mud Snails Come to Oregon** **By Redge Heth**

(taken from Southern Oregon Fly Tiers 9/05)

### **The Potamopyrgus Antipodarum Threat**

They are about as large as a single letter in their name. They have achieved a density of 28,000 per square foot. They threaten the abundance and diversity of our native stream macroinvertebrates by grazing upon indigenous food sources. They came from the southern hemisphere, and have been found in Montana, California, Washington, and Oregon. And they are now in the lower Rogue River. They are the New Zealand Mud Snail, and the only known defense is prevention of their spread.

On August 16, ODFW biologist Jay Doyno led a team which sampled 15 sites on the Rogue, 5 on the Applegate, and 4 on the Illinois. Agency team members were Ian Reid, and Chris Vogel. SOFF participants were Bill Archuleta, Redge Heth, and Mike and Marilyn Canet. Look at samples of these snails and information at the September meeting. (ed. Check recent magazines for pictures to familiarize yourself as to the small size of these snails). Then, while enjoying the river, turn over an occasional rock. If you see large numbers of suspicious looking snails, contact Jay Doyno at ODFW (541-826-8774)

### **New Zealand Mud Snail Control**

Taken from South Bay Fly Fishers newsletter  
FFF Affiliate Club

By Ralph Cutter (cutter@flyline.com)

The study regarding how to control New Zealand mud snails on wading gear has finally concluded. The effort was exhaustive, expensive, and more time consuming than any of us could have imagined at the start. The result is the only scientifically tested and validated protocol for decontamination of wading gear.

Was it worth it? I think this puts things in perspective: During the field trial phase 50 anglers waded through Putah Creek then had their gear examined. 100% of the anglers were infected with New Zealand mud snails and the average angler played host to 33 snails. The majority of the snails were less than 1mm and nearly invisible, yet fully capable of cloning itself in a remote site and infecting an entire watershed.

During the study, many myths were dispelled and three very viable options were proven. All options are doable in the "real world" fishing environment, will kill 100% of the mud snails in 5 minutes, and will not cause undue wear on wading equipment. Lab personnel and biologists might prefer the options that include using benzethonium chloride or copper sulfate; but for the average angler, the following is the most simple and cost effective technique:

Mix equal parts FORMULA 409  
DISINFECTANT and WATER then soak gear for 5 minutes.

Dunk gear in a bucket or put into a river runner's "dry" bag, shake, then let steep for 5 minutes. If these options are not available, soak equipment with a squirt bottle and keep wet for 5 minutes. Pay particular attention to the inside of wading boots, under laces, and inside tongue gussets.

Testing was performed by the California Department of Fish and Game and the US Fish and Wildlife Service in conjunction with the Federation of Fly Fishers, California Trout, and private anglers. Funding was provided by Cal Fed. Wading equipment was generously donated by Orvis, Patagonia, and Simms.

The full report can be downloaded from  
[http://flyline.com/\\_images/nzms\\_final\\_report.pdf](http://flyline.com/_images/nzms_final_report.pdf)

It is a very thorough and interesting review of the mud snail issue and describes step by step the testing that went into the research. I would highly recommend that every angler download a copy.

Please disseminate this information and feel free to contact me if you have any questions. If you can provide me with further media outlets, that would be greatly appreciated!

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Thanks to Delores Marsh for bringing this very important information to our attention. We sometimes forget that when we travel outside our local area (in this case Delores went down and fished the Rogue recently) we set ourselves up for bringing back unwanted 'hitch hikers'. Going to Yellowstone, Washington, California, or anywhere outside of our Deschutes Basin we need to be aware of the Regional problems that may abound.

We have all heard of whirling disease (I hope!) and take precautions when we fish in infected areas. Now it seems that we have another pest that we need to be aware of and take action against!

--- WWW ---

## Wild Women of the Water

September 10 was a downright dreary, cold, you-need-serious-raingear kind of day. But rain, snow and sleet couldn't keep Wild Women from the fish in Gold Lake. If it floated, we had it—float tubes, pontoon boats, kayaks and fishing boats. The secret to personal comfort was a warm base layer and a 100% waterproof outer layer. (A fleece hat, waterproof gloves, and a good supply of hand warmers were a big plus.) The secret to fishing success was wooly buggers (preferably some shade of green) and the "Cooper Special" drifted at different depths. The fish were crazy for them! Thank you Bob and Jackie Cooper for arranging this COF outing and enduring a cold, snowy evening at Waldo Lake! Several Wild Women also participated in Amy Hazel's class *Fishing the Lower Deschutes*. See the newsletter for more great COF outings in October.

Terri Grimm



Delores Marsh is in a kayak at the September club outing at Gold Lake. It was a little cold that weekend, but Delores is a 'trooper'. She looks like she is having a great time!



Terri Grimm seemed to heed her own advice. You look WARM Terry! The key to enjoying yourself on an outing is being prepared.

If you are planning on going to the East Lake Outing on October 15, please realize that the weather could be (read that as most likely) cool (read that as COLD). You can have a wonderful day if you just prepare yourself and dress accordingly. As my dad used to tell me, "If you don't take it with you, you can't wear it". Take a bunch of stuff up there and put on what you personally need to stay warm.

Don't take this wrong - the fishing for the browns at that time of the year could be tremendous! Just be prepared, so that you can enjoy the day.

**Wild Women will have their own outing on Tuesday, October 25, "Float Tubing on Hosmer Lake." Contact Terri Grimm (318-0567 or [sonata@teleport.com](mailto:sonata@teleport.com)).**

**REMINDER** - We still need some members to volunteer to tie their favorite fly at the December club meeting. Please call Dave Semich at 382-1969 if you would like to participate.

The following information is used in the roster. Include all contact data and other interests that you wish to have appear in the roster. Print legibly using block letters, all caps.

LAST NAME	FIRST NAME	OCCUPATION (PAST OR CURRENT)	
SPOUSE'S FIRST NAME	SPOUSE'S LAST NAME IF DIFFERENT	HOME PHONE	
HOUSE NUMBER	STREET	WORK PHONE	EXT
CITY	STATE	ZIP CODE	
EMAIL ADDRESS			

How do you want to receive the COF monthly newsletter? E-mail saves big \$\$ (Check one.)  Email  US Postal Service  
Why did you join COF? (Check all that apply. List other interests on reverse.)

Acquire more knowledge  Find fishing partner  Volunteer for projects  Improve technique  Social functions

You must sign this release EACH year when you renew to attend or participate in club activities.

## LIABILITY RELEASE AND HOLD HARMLESS AGREEMENT

As a condition of membership or of participation in any activity encouraged or publicized by The Central Oregon Flyfishers, I voluntarily assume all risks of my participation. In acknowledgement that I am doing so entirely upon my own initiative, risk and responsibility, I do hereby for myself, heirs, executors, and administrators agree to remise, fully release, hold harmless, and forever discharge The Central Oregon Flyfishers, all its officers, board members and volunteers, acting officially or otherwise, from any and all claims, demands, actions or causes of actions, on account of my death or on account of any injury to me or my property that may occur from any cause whatsoever while participating in any such COF activity.

I acknowledge that I have carefully read this hold harmless and release agreement, and fully understand that it is a release of liability. I further acknowledge that I am waiving any right I may have to bring legal action to assert a claim against The Central Oregon Flyfishers for its negligence.

I have read the above statement and agree to its terms as a condition of my membership in The Central Oregon Flyfishers.

**X** \_\_\_\_\_  
SIGNED BY PRINT NAME MONTH DAY YEAR

**X** \_\_\_\_\_  
SIGNED BY PRINT NAME MONTH DAY YEAR

## DUES SCHEDULE

Memberships are renewable on January 1 of each year. New members joining prior to June 1 shall pay a full year's dues of \$36. New members joining after June 1 shall pay a prorated amount according to the chart below. New members who reside outside Deschutes County shall pay \$12.

THE MONTH YOU ARE JOINING	JUN	JUL	AUG	SEP	OCT	NOV
THE DUES YOU PAY (\$)	18	15	12	9	6	3

**RETURN THIS FORM** Mail or deliver this form and your check payable to The Central Oregon Flyfishers to the membership chairman. Forms unaccompanied by dues payment or that lack signature, name, or date on the liability release statement are considered invalid and will be returned to sender.

The Central Oregon Flyfishers  
Membership Chairman  
PO Box 1126  
Bend, OR 97709

## UPSTREAM EVENTS – 2005

<b>October:</b>	6	COF Board of Directors Meeting, Dave Dunahay
	15	Outing - East Lake
	18-20	Malheur Bull Trout Spawning Survey, Jen Bock, camping
	19	COF General Membership Meeting, Hiram Li, Trout biology and biodiversity in OR
<b>November:</b>	5	COF Board of Directors Meeting, Dave Dunahay
	16	COF General Membership Meeting, Jessica Maxwell, Author/Adventure Traveler
<b>December:</b>	1	COF Board of Directors Meeting, Dave Dunahay
	21	COF General Membership Meeting, Club members Fly Tying

Note: For a complete calendar for the year, see Upstream Events on [www.coflyfishers.org](http://www.coflyfishers.org)

