

The Central Oregon Flyfisher

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General Meeting

- 2 Fly fishing on the cheap

Education

- 2 The art of float tubing
- 2 In the future
- 2 Winter fly-tying classes

Outings

- 2 Steelhead trip
- 2 Grande Ronde

Kokanee Karnival

- 4 Fish eggs to fry
- 4 KK donation

Wild Women of the Water

- 4 October outing

Other News

- 5 Newsletter ads
- 5 Get involved!
- 7 OWEB conference
- 7 Auction for WaterWatch of Oregon
- 8 2009 COF Banquet

Volunteer Opportunities

- 5 Crooked River fish tagging

Conservation

- 6 Crooked River cleanup

Tyer's Corner

- 6 GHRT

Up-stream events

- 7 Calendar

RANDOM CAST

For the first time in a few years, I had an entire month go by without casting a line. With all the stories I've been hearing, I know I missed a good month. I hope you got out on the water; I hope to do it soon.

When the year began, your board of directors had a full slate of goals and projects. Two of these had been on our plates for some time, and I made it a personal goal to resolve these two in 2008.

- 1) Deciding what to do, if anything, with some of our cash reserves, which have been building over time. As reported here last month, we have made significant progress on this topic.
- 2) For nearly two years, your board has been discussing whether to include advertisements in the newsletter. There are no ads in the newsletter this month, but we plan to include ads in the near future. (See page 4 for more detail.)

At this month's general meeting, a vote will be taken for the 2009 board of directors. The board-nominated slate of candidates is:

- president – Dennis Rockwell
- returning board members who need to be re-elected – Delores Marsh (Wild Women), Dick Olson (at large), Lee Ann Ross (education), and Bill Seitz (conservation)
- new board members – Craig Dennis (membership) and Eric Steele (banquet)

Other returning board members are Dave Dunahay (Kokanee Karnival), Earl Rettig (secretary), Susan Telford (treasurer), and Bob Evermore (outings).

As I stated last month, COF is an excellent organization, one that has received awards for a variety of accomplishments. This standard will be upheld only through the efforts of dedicated volunteers. If you want to get more involved in the club or explore the idea of joining the board, please contact me.

This year we moved the June meeting from the traditional third Wednesday in June to the second Wednesday to avoid conflicts between the meeting and people traveling to the club's outing to British Columbia, Canada. For those of you planning your calendars well in advance, for a variety of reasons, we have decided to move the June meeting back to the third Wednesday in 2009.

– Yancy Lind



August outing to Three Creeks Lake. Photo: Frank Turek

Newsletter: Terri Grimm, Editor & Designer • Scott & Sarah Robertson, Distribution



GENERAL MEETING

October meeting

October 15 | 6:30 p.m. | Bend Senior Center, 1600 S.E. Reed Market Road, Bend

Fly fishing on the cheap

World traveler, expert flyfisher, and professional photographer Brian O'Keefe will entertain us with a Cheap Trips presentation. Brian's presentations are always sprinkled with humor and include stunning photography.

Brian will showcase several fly-fishing trips that are fun and easy on the wallet. Here's a sample of some destinations you'll want to know about:

- Alaska float trip – DIY and guided
- Bahamas bonefish and tarpon – DIY, hotel and Jeep for \$100 a day
- Baja roosterfish
- Texas Gulf Coast redbfish
- Lake Shasta family vacation – with a houseboat and lots of bass

EDUCATION

The art of float tubing

Oct 4 | 10:00 a.m. | Lost Lake | \$20 | Bill Meyers

Learn how to fish from a float tube (or any other floating device of your choice). Meet at Lost Lake (located just on the west side of the Santiam Pass) at 10:00 a.m. Bring your fishing gear, waders, floating device and lunch. We will meet in one of the first campsites on the right as you pull into Lost Lake. Lost Lake is a small lake with great fall fishing. Class will be held from 10:00 a.m. to 4:00 p.m. Bill Myers will go over how to use your float tube, lake fishing strategies and what flies to use and why. He will also help each person individually on the water.

Contact Lee Ann Ross (rossleeann@yahoo.com or 312-2568).

In the future

Lee Ann is discussing with Jason Borger a two-day winter seminar. The date will be on or about February 16.

Winter fly-tying classes

The tying season is approaching. Here is list of classes for beginners, intermediate and advanced tyers that will be available:

COF Winter Tying Series | Bend Sr. Center | every Tuesday night starting January 6, 2009 | for intermediate and advanced tyers

COCC Community Learning Winter Tying | COCC Campus | starts on Mondays | for beginners | To register, go to <http://noncredit.cocc.edu/> and choose Recreation, fall 2008 or winter 2009.

Fly Fishers Place, Sisters Oregon | Thursday evenings starting January 8 | for beginner and intermediate tyers

The Patient Angler, 822 S.E. 3rd ST. #B Bend | for all levels | Call Peter Bowers (541-389-6208) for more information.

For more information about classes through COF, COCC and The Fly Fishers Place, contact Sherry Steele (steelefly@msn.com or 541-549-2072).

– Sherry Steele

OUTINGS

According to a report from Larry Godfrey, the September outing to Diamond Lake was a success. Bill Seitz, Dennis Rockwell and John Anderson attended the outing too, and they all caught several nice fish. Most fish measured in the 16 to 20 inch range and were plump and full of fight! Larry didn't see any other club members while they were at the lake, so it looks like a lot of us missed out on a good day of fishing!

If you attend an outing, call me (541-728-0077 or 619-606-7400) or send email afterward to let me know how things went.

–Bob Evermore (bob@poesociety.com)

2008 Outings

October 9 to 12	Deschutes steelhead trip (Larry Godfrey)
October 25 to 27	Grande Ronde River
November 15	Crooked River (after the cleanup)

Deschutes steelhead trip

Oct 9 to 12 | Beavertail Campground (about 20 miles below Maupin)

- Bring your own food, camping and cooking supplies.
- Bring a steelhead/salmon tag.
- Obtain a boater's permit if you plan to boat the river on any boat, including a pontoon boat. To obtain a permit, go to www.boaterpass.com.
- **If you plan to attend, contact Larry Godfrey (382-5860 or lgodfrey@bendbroadband.com).**

I will arrive at the campground early to reserve a large, group camp at Beavertail campground. If I can't find a suitable campsite, we will try to camp at Mack's Canyon. These campgrounds are about 20 miles downstream from Maupin on the east side of the Deschutes river.

– Larry Godfrey

Grande Ronde River

October 25 to 27 | Meet at Powwatka Bridge access south of Troy at 9 a.m. | Camp at Griz Flats campground.

This outing will be a first for COF. The town of Troy is remote, and facilities are limited. Be sure to read all of the information about this outing BEFORE you decide to go.

The Grande Ronde River in Wallowa County, Oregon is the premier steelhead fishery of the upper Columbia River Basin. The river is nearly 220 miles long from its origin in the Blue Mountains to its terminus at the Snake River on the Washington/Idaho border. As of late September, steelhead counts over Lower Granite dam were running at 125% of the ten-year average, or 60,000 fish.

We'll fish the section starting at the Powwatka Bridge access about 7 miles upstream (south) of Troy. For shore fishing, access the river from Asotin CR 100 (Grande Ronde Road) at several locations upstream (south) of Boggan's Oasis (where Washington SR 129 crosses the river). This river is fast flowing and the rocks are slick, so wear cleats and carry a wading staff. If you're taking your boat, there are four take outs downstream from Powwatka Bridge. Depending on how far you want to go, you can use the official Troy take out or the pebbled beach take out just downstream about a half mile from the Troy take out. This stretch is approximately 7 miles, and the rapids are rated Class I, II, and III.

If you decide to continue downstream to Boggan's Oasis, you'll be on the water (again, Class II and III rapids, mostly Class II) for about 25 miles, which can make for a very long day. The Grande Ronde is characterized by a good bit of white water, which can be dangerous. **(Caution: Only experienced boaters familiar with the hazards of navigating rapids should undertake floating this river. Scout all rapids BEFORE entering.)**

The heaviest section of the river is downstream of Boggan's Oasis to the confluence with the Snake River; several treacherous rapids occur along the way. We'll avoid this section.

This outing will give you an opportunity to get into some late-season steelhead as they migrate up from the Snake River. To make the most of this outing, we recommend you purchase a Washington State fishing license. (The farthest downstream section of the river that we'll fish (at Boggan's Oasis) is in Washington.) Anglers may keep only hatchery-raised steelhead. Native steelhead are protected and must be released unharmed. Bull trout and native rainbows are also protected in the Grande Ronde and must be released.

Caddis hatches often continue into October along the Grande Ronde, but streamers will probably be your best friend. According to local guide Dennis Dickson, patterns such as The Undertaker, Max Canyon and Skunks are reliable here. Also, try marabou leeches in blue or Motorola green. The Joseph Fly Shoppe recommends black or purple marabou leeches, prince nymphs, stone fly nymphs and size 12 or 14 copper johns used as droppers. Another pattern, the Akroyd, appears to have some fans on this river.

As I write this, flows at Troy are 725 cfm. The Joseph Fly Shoppe reports heavy rains have increased the flow by 50 cfm overnight. This volume is very navigable. However,

it would be prudent to check the flows with ODFW just before you leave. Storm runoff can have a dramatic effect on flows, so also take into consideration the weather forecast for the area.

Camping: Primitive camping is permitted along the river on BLM land wherever you can find enough space to pull off the road and safely pitch a tent. Two sites are located near the Powwatka Bridge access and Mud Creek access points. There is an ODFW-managed camping facility called Griz Flats located south of Troy and up the Wenaha River on Wenaha Game Road, about a half mile west of Bartlett Road. **We will try to camp at Griz Flats, which is first come, first served.** Another ODFW camping facility is located just downstream from Troy along Grande Ronde Road. Both of these facilities offer no services and are primitive sites with no running water or toilets. There is also a commercial RV and tent campground in Troy.

Amenities: The Shiloh Inn in Troy offers showers for a fee. Troy also has a cafe, bar and laundry.

Accommodations: The Shilo Inn in Troy is a rustic facility with separate cabins and offers no frills — fish camp atmosphere. The Shilo Inn proprietors also own Boggan's Oasis, which is located 17 road miles from Troy. Boggan's Oasis offers lodging, restaurant, packed lunches, guide service and car shuttles.

Overnight rates at Shilo Inn range from \$50 to \$95 for the first person and \$9 for each additional person in the room. Boggan's rates range from \$110 to \$125 and \$40 for each additional person per room. Boggan's Oasis is a little more because they include three meals per day (including a packed lunch to take with you on the river).

If you plan to stay at the Shilo Inn or Boggan's Oasis, make reservations NOW. Call 541-828-7741 for a direct connection to the Shilo Inn. Or make reservations for the Shilo Inn or Boggan's Oasis by calling Boggan's Oasis at 509-256-3372.

Gas: You should be able to purchase gasoline in Troy, but it would be best to fill your tank BEFORE entering Troy.

Before you leave Bend: Check the river flows with ODFW, and check the weather forecast just before you leave. If snow has fallen or if snow is expected, take route 3/129 through Flora to just past where the road crosses the Grande Ronde. Then turn left on the River Road and take that into Troy. The other routes into Troy are a combination of steep and partially paved and unpaved shortcuts and are not suitable for inclement weather with a trailer in tow.

If you plan to attend this outing: Call Bob Evermore (541-728-0077 or 619-606-7400) NOW; we need to have a head count. Bring a Hatchery Harvest Tag to record any steelhead you catch. If you plan to camp, bring your own camping supplies and food.

continued on page 4

October 2008



Fish Eggs To Fry

late October (date TBA)

Every year, Kokanee Karnival sponsors trout-egg incubators to elementary classrooms in Central Oregon. Students raise rainbow trout or Chinook salmon eggs to the fry stage and release them into local streams or ponds. It is a wonderful educational experience for students, and they will learn many important facts about fish and their habitat during the process. As part of the Upper Deschutes salmon reintroduction, some classes will raise Chinook salmon eggs and release the fry into the Metolius River.

We need volunteers to contact teachers and deliver eggs in late October. (We don't have an exact date yet, because it depends on when the eggs will be ready.) Some volunteers may want to give a brief presentation; associated materials will be provided. There are 15 participating classes.

Please contact Jen Luke at ODFW (Jennifer.luke@state.or.us) or 541-388-6363).

Kokanee Karnival donation

The Kokanee Karnival Youth Education Program recently received a donation of \$1500.00 from John Bushnell and Robert Holley of the Tumalo Feed Company. John and Robert are the restaurant proprietors and the organizers of the annual Rattlesnake Open Golf Tournament at Eagle Crest Resort. The event is an annual fundraiser that has been running for years and a donation is made from the proceeds. This year they chose to honor our program.

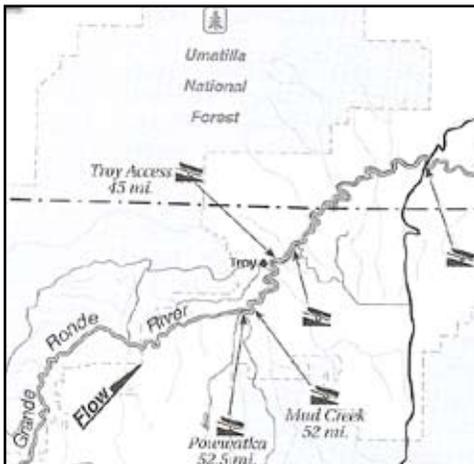
Yancy Lind is involved with the donors through the local Rotary Club and put together an intrepid foursome including himself, Ron Anderson, Mark Reisinger and Lee Ann Ross. As luck would have it, not only did we receive the donation, but we won the tournament! In addition, they provided a great dinner and lots of fun prizes for many of the participants so it was a fun day for all.

We thank John and Robert for a job well done and for the generous donation to our program.

– Mark Reisinger

Directions: Take US Hwy 97 north approximately 135 miles to I-84 East (toward Pendleton). Proceed 157 miles east to exit #261, OR 82 toward Elgin/La Grande. Turn right onto OR 82/Island Ave for 1.5 miles, then turn left on OR 82/B Street and proceed 45 miles to Old Troy Road. Turn left on Old Troy Road for 5.5 miles then take a sharp left at Troy Road. Proceed about 13 miles on Troy Road to reach the town of Troy. (**Caution:** Do not take the Troy Road during inclement weather. This road is partially unpaved and very steep in places.)

Total distance is about 360 miles so allow about seven hours to make the trip safely. **Bring a detailed map of the area.**



WILD WOMEN OF THE WATER

Once again, Delores and I were not disappointed by Yellowstone. Fishing was sometimes difficult, but the magnificent scenery and wildlife were impressive. We fished through rain, sleet, snow and sunshine and dealt with the usual characters — bison, elk, moose, bears and coyotes.

I encourage everyone to try to get out in October before the weather changes. If you can, join Shivonne Nesbit on the Crooked River and stay tuned to your email for information about our October 14 outing.

– Terri Grimm



Delores fishes on the Firehole River with elk behind her. Photo: Terri Grimm

OTHER NEWS

Newsletter ads

Over the years, people, companies and organizations have contacted COF and asked how to place advertisements in our newsletter. We are very proud of our newsletter, do not want to devalue it in any way and have cautiously discussed the pros and cons of including ads for a couple of years.

After lengthy study and evaluation, including looking at sample issues with ads, discussing ad sizes and rates and types of acceptable advertisers, and considering impact on current club donors and contributors, our COF board has decided to move ahead and sell advertising space in the newsletter.

The ads must be supportive of the COF mission. Therefore, ads will be limited to fly-fishing shops, guide services, charitable organizations that support watershed and fisheries conservation efforts, fly tyers, equipment manufacturers and similar business interests. The ads will not be on the first or last page of the newsletter and will occupy no more than one-fourth of any page.

The board believes these ads will provide the following benefits to the COF membership:

- enhance the quality of our newsletter by providing information about providers of fly-fishing goods and services to our membership
- highlight organizations that support the COF mission
- generate incremental revenue to support our programs

If you have questions regarding our new ad policy for the newsletter, please contact any board member or Mike Shadrach (shadrmi@prodigy.net or 678-5717), who will be coordinating the implementation of the new ad policy. Also contact Mike if you know of an organization or individual that would be interested in placing an advertisement in our newsletter.

– Yancy Lind

VOLUNTEER OPPORTUNITIES

Crooked River fish tracking and tagging

Oct 4 & 10 – Anglers needed | Meet at Chimney Rock campground at 9:30 a.m.

Oct 5 & 11 – Radio tracking & training | Meet at Chimney Rock campground at 9:30 a.m.

Shivonne Nesbit needs your help with tracking and tagging 30 to 40 fish in the Crooked River. Nesbit hopes to tag most of the fish during the first weekend (Oct 4 to 5). She'll use the second weekend (Oct 11 to 12) to finish the tagging and track the fish.

Volunteers are invited to camp for the weekend or come out for just the day. Bring fishing gear, warm clothes and lunch. If you plan to camp, bring your camping supplies and food.

Please contact Shivonne Nesbit (541-805-5320 or shivonne.nesbit@oregonstate.edu) and let her know which days you plan to attend.

Get Involved!

In last month's Random Cast, Yancy wrote about the strong messages we received from members during the special membership meeting on August 20. One of the clearest messages was the need to enhance our membership experience. Some of that enhancement may come in the form of expenditures, but I believe the greater message was that we, as a club, need to involve more members in our activities. What does this mean? Very simply, the more you participate, the more enjoyment you will derive from the club. Every member has different talents and expertise. Every member joins the club with different wants, needs and expectations. I invite every member to reflect on what it is you would like to get out of the club. More importantly, ask yourself "What can I contribute to the club?" It is these contributions that move our club from good to great! It is this involvement that creates a sense of pride and increases our enjoyment of this great sport.

We have several committee chairpersons that need your input! Contact them. Let them know what you think. Let them know you would like to help. GET INVOLVED. (See the COF membership list for contact information.)

– Dennis Rockwell

Membership Enhancement: Craig Dennis
Newsletter Editor: Terri Grimm
Newsletter Advertising: Mike Shadrach
Historian: Bob Griffin
Conservation: Bill Seitz
Education: Lee Ann Ross
Programs: Dave Magaret

Annual Banquet: Eric Steele
Fund Raising: Frank Turek
Kokanee Carnival: Dave Dunahay
Outings: Bob Evermore
Wild Women of the Water: Delores Marsh
Federation of Fly Fishers: . . . Earl Rettig or Jerry Criss

TYERS CORNER

It has been a good summer. Now that the weather and natural beauty of Central Oregon is starting its change of seasons, we must change our fishing methods as well. Reports of good steelhead making their way south is a sure sign of what promises to be a great steelhead season. At this time of year, we must also be more careful with the trout we catch and release. It's spawning time, so fight with care and release as quickly as possible. While wading, be mindful of the redds and try not to tread on them.

This month's fly, the GHRT – Green Hornet with Red Tail (Peacock Carey Bugger), has a great reputation in Central Oregon. I'm glad I finally got my hands on this fly. I have never fished this fly. People have told me that it's a great searching fly for the shoreline and along ledges in deeper water of many of the lakes we fish. Fish this fly on any line and at any depth, weighted or not. This fly should work well under all conditions. It is easy to tie. The only material that is difficult to find is the yellow pheasant tail rump. GOOD LUCK and happy hunting!

– Jerry Criss
(541-536-3581 or tlfly44@msn.com)

GHRT – Green Hornet with Red Tail



Hook: Tiemco 200R, size 8 to 12 or a 3x long nymph or streamer hook

Thread: 6/0 olive

Tail: red or crimson, strung Chinese saddle hackle

Body: 3 to 4 strands of peacock herl

Rib: red or hot orange wire, medium to small

Hackle: pheasant rump, dyed yellow

Head: the tying thread

Lead: optional

Start the thread and take it to the rear of the hook. Tie in the red tail fibers, leaving them about ¼ to ⅜ inch long. Leave the excess tail fibers and tie them down after tying in the ribbing wire. Tying down the excess wire and tail material together will give a level base for the body of peacock herl. Tie in the herl and twist it a few turns before winding it counter clockwise. (Twisting helps make a stronger body.) Now wind the rib counter clockwise. (Winding counter clockwise makes the rib stand out a little better and also strengthens the body.) Add the hackle and make a nice neat head. Make sure the hackle barbs lie along the body of the fly, at least to the end of the body.



Recent catches on East Lake. Photos: Jerry Criss

CONSERVATION

Second annual Crooked River cleanup

The Central Oregon Flyfishers (COF) will hold their second annual Crooked River Cleanup on Saturday, November 15. Last year's cleanup effort along the 12 miles of river on public land below the Bowman Dam was a huge success due to a lot of volunteer effort by more than 20 COF members. Like last year, we'll meet at the Big Bend Campground (the campground just downstream from Bowman Dam) at 9:00 a.m. Around 1 p.m., we'll all meet at the campground for lunch. Dave Dunahay has agreed to cook hamburgers with all the fixings. After lunch, there will be a club fishing outing on the river. Members will be available to provide nymphing instruction. This event is a good opportunity to volunteer for a club conservation activity, get a free lunch, catch a few rainbows and lots of whitefish and do something good for the river. If you would like to help, email (wseitz@bendbroadband.com) me so we can get a head count for lunch.

– Bill Seitz

Central Oregon Flyfishers Up-Stream Events 2008

Date	Time	Activity	Location	Contact
OCTOBER				
Oct 2	6:30 pm	monthly Board meeting	Environmental Center, Bend	Yancy Lind (yancy_lind@ml.com)
Oct 4	9:00 am	fish tagging	Crooked River, Chimney Rock	Shivonne Nesbit (shivonne.nesbit@oregonstate.edu)
Oct 4	10:00 am	CLASS – Float tubing	Lost Lake	Lee Ann Ross (rossleeann@yahoo.com)
Oct 9-12		OUTING	Beavertail Campground	Larry Godfrey (382-5850 or lgodfrey@bendbroadband.com)
Oct 11	9:00 am	fish tagging	Crooked River, Chimney Rock	Shivonne Nesbit (shivonne.nesbit@oregonstate.edu)
Oct 15	6:30 pm	general meeting	Bend Senior Center	
Oct 25-27	9 am	OUTING	Powwatka Bridge south of Troy	Bob Evermore (bob@poesociety.com or 541-728-0077)
IN THE FUTURE				
Nov 15		OUTING	Crooked River (following cleanup)	Bill Seitz (wseitz@bendbroadband.com)
Non-Club Activities & FYI				
Oct 25-27		COS Symphony performs		Terri Grimm (tgrimm@sonatainc.com)

Welcome
New Members

Gramzow, Gene & Patti
Hart, Ross & Judy
Orazetti, Richard & Carol
Tibbetts, Jack & Diane



Kokanee Karnival, Streamside 2008. Students look at samples. Photo: Delores Marsh



Working for Healthy Watersheds
Climate Change and Watershed Resilience

Oregon Watershed Enhancement Board
10th Biennial Conference
November 5 – 7, 2008
Eugene Hilton and Conference Center

Workshops on:

- climate change impact to watersheds
- community engagement
- effective natural resource organizations
- restoration project management
- invasive species

Special half-day offering for citizen board members.
More information available from:
http://oregon.gov/OWEB/biennialconference_08.shtml

A Celebration of Oregon Rivers

Sixth Annual Auction & Dinner Benefiting WaterWatch of Oregon

Saturday, October 25, 2008, 5:30 PM
Ambridge Event Center, Portland (on the Max Line)

Tickets \$75
Reservations & Information:
Online: www.waterwatch.org
Phone: (503) 295-4039 ext. 4
Email: info@waterwatch.org

Reserve your seats early, space is limited!

2008 COF Board Members: Yancy Lind PRESIDENT Dennis Rockwell VICE PRESIDENT, Raffle Susan Telford TREASURER Earl Rettig SECRETARY Dave Magaret Programs
Bob Griffin Historian Emil Seidel Larry Godfrey Banquet Dave Semich Past President Dick Olson Membership Bill Seitz Conservation Lee Ann Ross Education
Bob Evermore Outings Dave Dunahay Kokanee Karnival Delores Marsh Wild Women of the Water

Planning Ahead

Annual COF Banquet

March 28, 2009

Bend Senior Center

For more information, contact

Eric Steele

(549-2072

or steelfly2@msn.com).



food • fun • friends • prizes • raffle • good stuff



Kokanee Karnival, Streamside 2008. Jen Luke helps a student at the Nature's Restaurant station.
Photo: Delores Marsh

**Membership application available from: <http://www.coflyfishers.org>
Mail all newsworthy items to cof@sonatainc.com by the 22nd of the month.**



Central Oregon Flyfishers

PO Box 1126 Bend, Oregon 97709



An active
member club