

The Central Oregon Flyfisher

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Thank you Kokanee Karnival volunteers

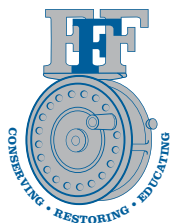
Whew! Fall Streamside has been completed for another year. We had some challenges with the bus schedules, but volunteers revised the material for each station and gave students an exciting, educational program. Fourteen classes participated, four at Spring Creek and ten at Sheep Bridge/Fall River Hatchery. The groups at Spring Creek saw lots of kokanee, including some males fighting for a female. The students enjoyed getting into waders and working in the stream. It was a real hands-on experience, and no one fell in. At Sheep Bridge, students saw bald eagles, osprey, pelicans, and hundreds of kokanee. Several students saw an osprey catch a kokanee. This year was the first that Fall Streamside was held at Sheep Bridge. Teachers, students, and volunteers liked this location. So, "We'll be back." At Fall River Hatchery, students observed huge trout close up and were allowed to touch them. They learned about the Oregon hatchery program. Volunteers were from Central Oregon Flyfishers, Oregon Department of Fish and Wildlife, Sunriver Anglers, US Fish and Wildlife Service, and WolfTree. Eleven new volunteers participated this year! The Fall Streamside team included the following 38 volunteers:

Andy Ellersbee	Angela Sitz	Bess Ballantine	Bill Figly	Bill Lincoln	Bill Raleigh
Bill Robinson	Bob Huskey	Bob Kempf	Bruce Stendal	Dan Pebbles	Daryl Loveland
Dave Dunahay	Don Stell	Doug Vakoc	Earl Rettig	Eric Saukkonen	Frank Turek
Gary Gehlert	George Pagano	Greg Pozovich	Herb Blank	Jennifer Luke	Jennifer O'Reilly
Jerry Criss	Joe Cornett	John Anderson	Kathy Schroeder	Mal Murphy	Mark Reisinger
Marv Yoshinaka	Nan Loveland	Paul Oles	Rachael Manzo	Rick DeMars	Sandy Webb
Terri Grimm	Vivian Rockwell				

— Frank Turek



Students inspected samples at Nature's Restaurant and viewed wildlife up close, 2010. PHOTOS: Dan Pebbles and Frank Turek



GENERAL MEETING

Oct 20 | Bend Senior Center, 1600 S.E. Reed Market Road, Bend

Fall & winter fly fishing on the Crooked River

Two COF members who have extensive experience fly fishing the Crooked River will present our October program. Frank Turek will begin the program and focus primarily on upper-river fishing sites. Bill Seitz will follow and focus on mid- and lower-river fishing sites. Frank and Bill will describe different techniques for successfully catching redband trout and mountain whitefish. (Notice the key word: *successfully*.) Topics they will cover include the types of water to target, types of leaders, strike indicators and flies to use, how to present flies, etc. This information will be especially helpful for members new to the area or new to fly fishing.

– John Anderson

OUTINGS

Planning outings for 2011

The 2010 outings calendar is winding down, but there is great late fall and winter fishing in Central Oregon. If there is another outing that you would like to go on, just let me know and I'll do my best to get something arranged. It's also time to think about the 2011 outings. Outings are easy to lead and fun, and we need outings leaders. I led eight outings this year, had a great time on every one, and found some new fishing partners.

We'll have our first 2011 outings planning meeting at 6:00 p.m. on October 20, just prior to the regular club meeting. If you would like to lead an outing or would like for the club to have a certain outing, please show up and help us plan another great year of club outings.

– Yancy Lind, Outings Coordinator
(yancy_lind@ml.com or 541-788-5514)

Deschutes River steelhead trip

Oct 7 to 10 | Beavertail campground

The COF annual steelhead trip to the lower Deschutes River will be Thursday, October 7 through Sunday, October 10. Plan to camp at the large camping area at Beavertail Campground. **You must sign up with Eric Steele, in advance, to ensure space at the campground and have shuttle support for your boat.** There is a \$25 per night camping fee for the group campground and the cost will be shared among campers. Everyone is responsible for their own meals.

Those who plan to float down to Mack's Canyon will need to help with the car pool shuttle (14 miles round trip) each night. On Friday (Oct 8) and Saturday (Oct 9), The Fly Fisher's Place has graciously offered to provide guided trips

OUTINGS 2010

Month	Day	Leader	Destination
Oct	7-10	Eric Steele	Deschutes steelhead
Nov	20	Bill Seitz	Crooked River Cleanup & Outing

for participants at a reduced rate of \$350 for two COF-member fly fisher's per boat. **The trips are full** – Thanks for signing up. **Questions and suggestions encouraged; contact trip leader Eric Steele (steelefly2@msn.com or cell: 541-420-8108 or home: 541-549-2072).**

EDUCATION

Bend Casting Club

Wednesday, October 27 | 6:00 pm | Orvis Casting Course |

Putting some "FUN" into the fundamentals of fly fishing!

Come out and join others to hone your casting skills. October is going to be a don't-miss event! We're going to have Halloween fun. Details to follow soon.

Building blocks for successful fly-pattern design

Dec 4 | All-day fly-tying workshop | Central Oregon Environmental Center

Kick off the fly-tying season with creative ideas and new techniques from Bend fly tyer and COF member, Wes Wada.

Wes is noted for creating innovative and productive new patterns. Participants will learn approaches to fly tying that are definitely off the beaten path.

Topics include: Google-powered fly tying; Keys to color in tying and fishing; New flash materials: when and how; How to test flies; Tying Wes's best-performing new patterns from last season: Snake Eyes and Juice Bug Damsel.

The workshop will feature lots of discussion, demonstrations, coached tying, live Internet, digital slides, and lots of handouts.

COF is an associate sponsor of this workshop. COF members can register for \$24, a discount from the \$28 workshop fee. Reservations reserved exclusively for COF members until October 15.

Details and registration information available from: www.info-fx.com/workshop.

WILD WOMEN OF THE WATER

Fall and winter fishing buddies

Fall is upon us and so is colder weather. Wild Women fishing outings will soon transition to indoor events starting just before spring. I will put together a list of ladies who are

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interested in and will be available to fish this fall and winter. The list will be shared with other participating Wild Women so that we can all have a fishing buddy. This in no way obligates you. It's just a way to let other ladies know that you might be available to get out and fish. The arrangements can be made by participating individuals. Fishing is always better when it can be shared. If you would like to be placed on the list, please email Kristin Lambson (wildwomen@coflyfishers.org) by November 1. Let me know what email and phone number is best for others to reach you. I will compile all the names and email them to others who are participating.

– Kristin Lambson

New Wild Women of the Water hats (totally cute) are now available for the low cost of \$18.00. If you are interested in purchasing one, contact Kristin (wildwomen@coflyfishers.org).

OTHER NEWS

Sherry Steele elected to FFF Board of Directors

August 24, 2010 – Members of the Federation of Fly Fishers (FFF) elected Sherry Steele to the Board of Directors. FFF, an international organization of fly fishers with members in the United States and sixteen other countries, is dedicated to the concept of “Conserving, Restoring and Educating” through fly fishing. It is the only national and international fly-fishing member and club-based organization. The FFF is concerned with all fish in all waters and is proactive in conservation and restoration projects in cold, warm, and salt water fisheries.

Sherry, the recently elected President of the Oregon Council of the FFF, also received the FFF designated Award of Excellence at the FFF Presidents Award banquet.

Sherry has made numerous contributions to COF: founded a Charter FFF fly tying club; organized and taught COF winter fly-tying classes; developed excellent fly-tying skills; and supported COF and FFF events. Sherry can now better carry the message of COF and the Oregon Council to the FFF and to all fly fishers who care about their sport and its future.

– Earl Rettig

Bobbers and brew

Jeff Perin, owner of The Fly Fisher's Place in Sisters, will hold a Bobbers and Brew party on October 7 at Three Creek Brewery in Sisters. Entry to the event is free. Food and drinks are self-pay. There will be fishing movies, lots of fish stories told, and many fun, fishing give-a-ways. Come alone or bring a guest. Starting around 7:00 or 7:30 p.m. Call The Fly Fisher's Place for more details (541-549-FISH).

Wanted: steelhead fly fishers

Sunriver Anglers need two to three steelhead fly fishers to join a five-day/four-night float trip on the Wallowa and Grande Ronde rivers. Trip will be Oct 29 to Nov 2. The 35-mile float will be in the wild and scenic canyon from Minam to above Troy. Winding Waters River Expeditions will provide food, set up camp, cook meals, etc. You bring a pontoon boat, fly fishing equipment, clothes, etc. and row the river yourself. Cost is \$950. Guide service is an additional \$250/day; the group can share the cost. Also available: a fully guided trip: you ride in a raft with a guide; higher price. Contact: Alan Stout (alanstout1@msn.com or 541-593-1571).

COF now a member of Facebook and MySpace

To share what we enjoy about the club with others and connect with younger members, COF is now a part of the social networking sites Facebook and MySpace. To share your fishing experiences, join either site and become a “Friend” to COF.

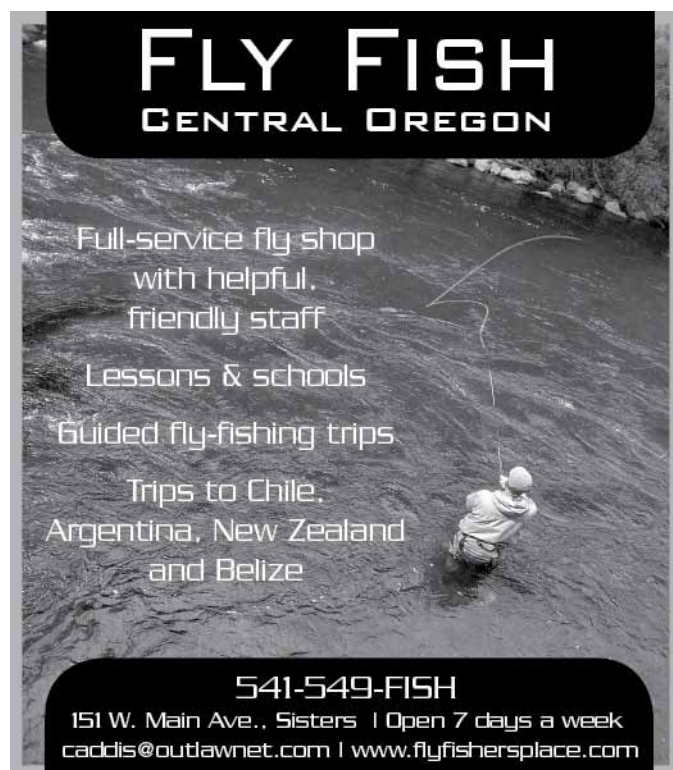
MySpace

- Find COF at www.myspace.com/541268546.
- Find Wild Women of the Water at www.myspace.com/541038740.

Facebook

To find COF on Facebook, type “Central Oregon Fly-fishers” in the search bar. To find Wild Women of the Water, type “Trout Fishing.”

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Adding photos

If you have photos of outings that you would like to add to our pages, please email them to wildwomen@coflyfishers.org. (No names will be used when posting photos.)

Help COF to involve more youth and young adults. Visit and add photos to our pages.

– Kristin Lambson

Measure 76: Water, parks and wildlife

In 1998, Oregonians voted to amend the state Constitution and dedicate 15% of the state lottery proceeds to restore natural habitat and expand and improve Oregon's state parks. This program has brought approximately \$12 million to Central Oregon to support locally-led projects. This dedication of funding will expire in 2014 unless renewed by another vote.

During the November 2010 election, voters will have the opportunity to renew this funding program by voting "Yes" on Measure 76. Measure 76 simply continues an existing funding program. Your vote can help retain this critical funding and support for our regional rivers for the next 25 years. The health of the Deschutes River, Metolius River, Whychus Creek, and Crooked River depend on the restoration projects funded by Measure 76. Lottery-funded projects restore fish habitat, improve stream flow, and ensure the long-term viability of Central Oregon's world-class rivers. You can do three things to help Measure 76:

1. Send in your ballot with a yes on 76.
2. Ask your friends to do the same.

3. Write a letter to the editor of your local paper and share your personal stories about enjoying, protecting, and restoring our rivers.

– Darek Staab, Project Manager, Upper Deschutes Home Rivers Initiative (541-480-6976 or DStaab@tu.org)

MEMBERSHIP

Welcome new members

Welcome to new members Jeremy and Elizabeth Thompson, Andrew Jordan, Bob Byrtus, Gabe Parr, and Skip and Lynda Paznokas! We now have 252 members.

REMINDER: Renewal notices for 2011 memberships will be mailed after November 1. A prompt response can save you dues money.

To join, go to coflyfishers.org to print a form. New members qualify for renewal rates for 2011 as long as they join before January 1, 2011.

Current rosters are available by request, so please contact me at the next meeting, or send email to membership@coflyfishers.org with ROSTER as the subject, or mail me a card at Membership Services, PO BOX 1126, Bend, OR 97709. (Please indicate if you want a PDF file or printed copy.) Printed copies will be available at the next meeting for those who request them by November 2.

If you are interested in learning about keeping the membership records, please contact me (membership@coflyfishers.org). My term ends in December, and I would like to thoroughly train my replacement.

– Craig Dennis, Membership Chair



Thank you to Jeff Perin of the Fly Fisher's Place for leading our outing to the Metolius River. We all had a fabulous day.

CONSERVATION

Felt vs. rubber-soled wading boots

Recently, I received a number of emails discussing the controversy surrounding felt soles vs. rubber soles and the spread of aquatic invasive species (AIS) such as didymo (rock snot), whirling disease, and the New Zealand mud snail. (The latter two are present in the lower Deschutes.) In 2008, Trout Unlimited asked tackle manufacturers to eliminate felt soles on wading boots in 2011. In 2010, Sims, a major retailer for wading equipment, dropped felt soles from their product line. Good scientific data indicates that AIS are transferred from one water body to another via felt-soled wading boots. Some states (Alaska and Vermont) and countries (New Zealand) have banned or will soon ban felt soles. Discussions indicate that in the near future some conservation organizations in Oregon will push for “no felt” legislation.

As fly anglers, what should we consider when we purchase our next pair of wading boots? Obviously, it is a personal choice. Rubber soles *reduce* the spread of AIS, but they do not *eliminate* the spread of AIS. A recent article from the journal *Fisheries Management and Ecology*, presented results from a study that focused on the role of anglers in transporting AIS from one watershed to another. The study was conducted in southwest Montana, but it has applications to our Central Oregon waters. The results showed that anglers are generally aware of the dangers posed by AIS and most have heard about the worst of the alien invaders. Few anglers take precautions to inspect, clean, and dry their gear – especially boats and felt-soled wading boots – when they travel from one river to the next. Fifty-one percent of resident and 49 percent of non-resident anglers rarely or never clean their equipment between watersheds. Whether we use felt or rubber soles, **we need to inspect our gear after each use, clean the boots (including the laces) of mud and vegetation, then dry the boots.** Note that felt takes a longer drying time than rubber soles.

- Some have suggested freezing boots with felt soles to kill AIS. Studies show this practice does not work!
- Some have suggested soaking felt-soled boots in a water/bleach solution. This practice works, but resource managers do not feel it is a good idea to have bleach near our streams and do not recommend the practice.
- **Here is what the experts recommend:** No matter what sole you use – always inspect, clean, and dry your gear.

ASI aside, what about the effectiveness of felt, felt with metal studs, and rubber with and without studs in actual wading conditions? Up front, we all know wading and our comfort when wading depends on river conditions and our personal comfort level. I consider myself a pretty strong wader under most conditions. I have used rubber soles with studs for about a year in Central Oregon rivers. I fish about

50 to 80 days a year. I would rate the effectiveness (providing reasonably stable footing) of rubber soles on our slick river bottoms as marginal at best; I need a wading staff. In August, I used the rubber soles without studs in western Alaska on a river with washed gravel and mud, and they performed great; no wading staff. The rubber soles were great for last winter's snow conditions – there is no buildup of snow that you get with felt soles. However, I have talked with some guides and serious steelheaders who say that felt with studs is the way to go. Another problem with rubber soles is that they wear out relatively quickly (a use rate of 40 to 50 days/year). Re-soleing options with new rubber soles are limited at present. Once the soft rubber wears thin on the toe and edges, their effectiveness tails off greatly. Also, the screw-in studs wear out after 20 to 30 days of use; studs for a pair of wading shoes usually cost more than \$20. Ouch!

One other thing to consider: Folks with drift boats and rafts do not like the use of studs on the floors of their watercraft. So, if you plan on going fishing in your friend's drift boat or raft, ask him/her about their sole preferences. When I went with a guide this summer on the Madison River, I removed my studs. Ditto when I went rafting in Alaska.

My current recommendations

If you want to minimize the spread of AIS, get rubber soles with studs. It will probably change the way you wade, and you may need to get a wading staff if you do not already use one. If you fish in Central Oregon waters (known to be the slickest around) and wading comfort is a high priority, use

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felt with studs. If you fish in the winter, rubber with studs is the way to go. If you fish from a raft or drift boat, then any sole without studs is the way to go. If the rubber-soled boots, with or without studs, you now own are worn out, then resole with felt studs. If re-soling options improve in the future, I would reconsider resoling your rubber boots with rubber.

Bottomline

Inspect, clean, and dry your boots after each use and when you move from one watershed to another.

– Bill Seitz, *Conservation Chair*

Didymo (*Didymosphenia geminata*)

Didymo, also known as rock snot, is a single-celled freshwater diatom (a type of algae), often found in warm, pristine lakes and rivers at depths of 10 cm to 2 m. Over the past several decades, this once-rare algae has begun to exhibit invasive characteristics both in its native range and when introduced to new regions. Seasonal algal blooms can form large, mat-like colonies that alter aquatic habitat by covering rocks and plants.

Didymo is native to northern Europe and western North America, where it has gradually increased its geographic range over the past several decades. Didymo has been introduced to north and central Asia, as well as New Zealand.

How this species spreads

Didymo can be spread by human activities such as boating or fishing. It can be transported in water or attached to boats, wading gear, or fishing equipment. It can also be dispersed locally by animals and possibly by wind. Introduction of a single cell of this algae can lead to a viable population in new regions.

Environmental impacts

Didymo can form large mats in rivers and streams. These mats can impact plant, invertebrate, and fish communities through displacement and alteration of aquatic habitat. It has the potential to jeopardize salmon spawning beds and rearing grounds.

Large didymo colonies are unsightly, often with tail-like growths that flow in the water current and strongly resemble toilet paper. These colonies can also foul and impede water intakes.

People often complain of eye irritation when swimming in infested waters.

Habitat

Didymo is mainly found in warm, pristine waters with abundant sunlight, low nutrients, and high oxygen levels.

Formation of large colonies is generally limited to streams and rivers with stable flow patterns, such as below dams. Swift currents appear to facilitate colony growth in shallow rivers, while these formations are extremely rare in lakes.



Federation of Fly Fishers approves grant for Kokanee Karnival

Bob Mullong (a.k.a. Captain Caddis) has proposed developing an informational DVD to introduce and educate teachers in Central Oregon and beyond about Kokanee Karnival (KK). The DVD would appear on the KK website. After conducting extensive research, Bob estimated that the hardware and software needed to produce the DVD would cost \$2,967. In July, Bob submitted a request for funding to the Oregon Council of the Federation of Fly Fishers (FFF). The FFF approved a grant in the amount of \$1,500 to this important project. Bob received another grant in the amount of \$1,000.

Congratulations Bob. And “thank you” FFF for supporting KK, an outstanding program that reaches some 2,000 fourth and fifth graders, parents, and teachers in Central Oregon.

Identification

Didymo is pale yellowish-brown in color, and often looks like toilet paper trailing from rocks and aquatic plants in streams. Although it appears slimy, the texture is similar to damp wool. When water levels recede, dried mats of this dead algae can resemble dried tissue paper.

Didymo colonies tend to die back when water levels are low, or at the end of the summer as daylight hours diminish.

(From *On the Lookout for Aquatic Invaders, Identification Guide for the Pacific Northwest* by Scott Wiedemer and Samuel Chan, published by Oregon Sea Grant, ©2008 by Oregon State University.)



PHOTO: Biosecurity New Zealand, www.biosecurity.govt.nz

TYERS CORNER

It has been a good couple of months. A long time friend from California was here with his father in law, who has fished the big lakes for over 30 years. After watching me struggle, he offered to fish with me, which is a rarity. He fishes alone in an 8-foot pram that is set up for one thing—catching big fish. In amazement, I watched his proficiency. Then I listened, copied and practiced until I found the rhythm and soul of the lake I was fishing. The lakes in Central Oregon have a soul that cannot be felt unless you become very patient and pay attention to detail: where the real feeding areas are and how they change during the day; location of the feeder streams, if any, and the water temperature. Watch weather conditions: cloud cover or bright sun, direction the wind is blowing. Can you get the boat in position to make your casts count? And the gear: rods heavy enough to bring in that seven-pound fish; the perfect fly; the hand-made leader. Then there are the retrieves, which come only from a master like Dennis. I now have a very different approach to lakes because of this man's patience and persistence. He was like Andre' Puyan's reincarnated, a true master at his craft. The experience was one I will never forget and one that I will be tying flies for, for a very long time.

Dennis sees the decline of the lakes as a sign of apathy on the part of local residents. He sees the results of poor enforcement and no reporting of violators. He thinks too many fish are being taken and/or killed by individuals who do not care. We need to enforce the regulations by reporting violators.

Winter fly-tying classes will begin January 4. I'm setting up the classes now. These are your classes. If you have suggestions, call or email me now.

This month's fly is a cripple or emerger pattern. Fish it on the surface. Dab only the hackle area with floatant to allow the shuck and body to hang down below the surface film. The Antron yarn has an attractor quality that helps bring fish to a fly. This fly has been featured before. The thing just works during a Callibaetis hatch, when the fish are on the surface. Do yourself a favor. Tie some and fish the south beach shore of East Lake and have fun. Happy hunting.

—Jerry Criss (541-536-3581 or tlfly44@msn.com)

TLF Deer Hair Emerger



Hook: light weight curved scud hook #12 to #18

Thread: 8/0 light dun or gray

Shuck: gold or light yellow Antron yarn, 8 to 10 fibers

Body: brown, flat, waxed nylon or stretchy nylon

Rib: tag end of the tying thread

Wing: fine, natural deer hair, tied upright and flared

Hackle: fiery brown furnace or grizzly

Head: the tying thread

Start this fly like any other, but leave the tag end of the tying thread long; it will be the ribbing material. Tie in the deer hair with the tips forward over the eye, and then stand them up. Flair the wing by pushing your fingernail on top of the thread wraps. (The wing should be about the hook gap in length.) Now take the tying thread back, wrapping over the tag as you wind toward the hook bend. Tie in the shuck before going down the bend; it should be about $\frac{1}{4}$ to $\frac{3}{8}$ inch in length when tied in completely. Tie in the body material before reaching the extreme bend of the hook, and then continue at least half way down the bend. Take the tying thread forward, and stop at the back of the wing. Bring the body material forward, making a nice tight body, and stop behind the wing. Tie it off with the tying thread. Wind the rib forward with even wraps and tie it off behind the wing. Tie in the hackle at the back of the wing and, with two wraps in back and three wraps in front of the wing, tie off the hackle. Finish with a neat head, and you will have very light weight fly that will last awhile.

Tying tip: Try using a thread rib for your dry flies; it saves weight, and it stills gives a good impression of a segmented body. Also vary the colors on this fly to match what you see on the water. This fly is one of those that has the shape and proportion that can represent a lot of different bugs.

Central Oregon Flyfishers Upstream Events 2010

Date	Time	Activity	Location	Contact
OCTOBER				
Oct 7	6:30 pm	monthly board mtg.	Environmental Center	Dick Olson (president@coflyfishers.org)
Oct 7-10		OUTING - Deschutes steelhead	Beavertail Campground	Eric Steele (541-549-2072 or steelefly2@msn.com)
Oct 20	6:00 pm	meeting: Planning outings for 2011	Bend Senior Center	Yancy Lind (yancy_lind@ml.com)
Oct 20	6:30 pm	general meeting	Bend Senior Center	
IN THE FUTURE				
Nov 20	Crooked River cleanup and outing			
Dec 4	Building blocks for successful fly-pattern design (www.info-fx.com/workshop)			
NON-CLUB ACTIVITIES & FYI				
Oct 7	Bobbars and brew (Fly Fisher's Place, 541-549-FISH)			
Oct 27	Bend Casting Club at the Orvis fly-casting course (541-312-8200)			
Oct 29	SRA steelhead trip (Alan Stout, alanstout1@msn.com)			

2010 COF Board Members: Dick Olson PRESIDENT Lee Ann Ross VICE PRESIDENT Susan Telford TREASURER Bill Raleigh SECRETARY John Anderson Programs Eric Steele Banquet, Fund raising Yancy Lind Outings Dennis Rockwell Past President Craig Dennis Membership Bill Seitz Conservation Gary Meyer Education Frank Turek Kokanee Karnival Kristin Lambson Wild Women of the Water

Membership application available from: <http://www.coflyfishers.org>
 For advertising information, call Mike Shadrach at 541-678-5717.



Central Oregon Flyfishers

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An active member club

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NEWSLETTER - Terri Grimm Editor & Designer