CENTRAL OREGON

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President's Message

Happy September Flyfishers!

Fall is probably my favorite time to fish in Central Oregon! It looks like we've finally gotten a break in the weather, with milder daytime temps and cool evenings. The smoke has still been pretty bad at times, but that too will come to an end as we move into fall and the fires abate. Fishing is expected to pick up in the area, as the lakes cool and bugs get a little more active in our streams.

Our COF BBQ was a big success - many thanx again to Frank Turek for providing the food from Country Catering, all the volunteers and attendees for making it happen, and Todd Carey for the photos you see in this issue. Our silent auction netted a cool \$2,625 and the raffle (thanx Lee Ann!) brought in \$330, all of which will help fund the club's future activities.

As the Scottish poet Robert Burns said: "The best laid schemes o' mice an' men / Gang aft a-gley". This is particularly true about our attempt to meet in person at the Larkspur Center starting in Sept. With the COVID Delta variant running rampant in Oregon and the Governor's latest mandate to mask up both indoors and out, your Board decided that it would be prudent to put off in-person meetings until things settle down. So, we will be back to our trusty Zoom meetings, probably for the rest of the calendar year. This may also have an effect on our Winter Fly Tying program if we don't get a significant change before January. Sherry Steele has indicated that she will be holding her winter fly tying series again this year on Zoom - stay tuned for more info as that time approaches.

Video of the month: OK, time for a good refresher on finding trout in streams! Tom Rosenbauer (The New Fly Fisher) gives an excellent primer on where to find trout in almost any stream. The only criticism I have of this video is that I, personally, would use a net when landing fish. He does OK with hand-landing his fish tho, probably because he is an accomplished fisherman. In addition, they go over the 5 most common casting mistakes, some we can all learn from (Liz, you'll want to look at #5)! The New Fly Fisherman series has many good videos for both the novice and experienced fisherman. https://www.youtube.com/watch?v=wGqmb5EpJjM

The US Fish and Wildlife Service put out the following info a couple of months ago: Crooked River anglers may encounter Bull Trout now that there is a volitional passage at Opal Springs. Anglers who catch a Bull Trout should release it unharmed and report their catch to the US Fish and Wildlife Service at crookedbulltrout@fws.gov. Last updated 5/19/21.

As always, thanx for being a part of this great Club, and feel free to let me (or any board member) know if you have ideas for improvement. I know some of you are traveling out-of-state for fishing trips this year, so feel free to submit a short article (with photographic evidence!) on your exploits for the rest of us to enjoy!

Get out and fish!

Tim Quinton, President COF



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GENERAL virtual MEETING | SEPTEMBER 15TH

MEETINGS WILL BE VIRTUAL! LOOK FOR AN EMAIL TO COME THAT EXPLAINS THE DETAILS.



This month we are pleased to have Tye Krueger, proprietor of Bend's Confluence Fly Shop, return and give a presentation on Louisiana Redfish. He will be sharing tips, tactics, gear, trip logistics, and more than a few pictures of what has easily become one of his favorite fish to target with a fly rod.

"For as long as I can remember, fly fishing and fly tying have been huge parts of my life. I've been lucky enough to fly fish both fresh and saltwater destinations all over North America, the Caribbean, and Pacific Ocean. In 2010, I moved to Central Oregon and 3 years later was able to open Confluence Fly Shop. When not in the shop, sharing my passion for teaching other people how to cast a fly rod and become better anglers, you can find me exploring the fantastic trout water of Central Oregon, chasing fish in far off places, or pursuing two of my other loves: illustrating and cooking.

For most of us, 2020 and the pandemic brought destination anglings to a screeching halt. So, I tucked my passport away and began to consider the many incredible domestic locations I'd not yet explored. It's no surprise that a Cajun, low country, redfishing trip bubbled right to the top of my list. I'd brought my first redfish to hand many years earlier, while targeting striped bass in the saltwater of Virginia's Chesapeake Bay. The strength of that modest sized fish hooked in deep water was impressive, but it did not adequately prepare me for the thrill of sight-casting to big 20-30 pound bull reds, belly crawling through the marsh, in one foot of water! There's something magical about spotting a cruising fish, crossing his path with a perfect cast, creating an intercept point at just the right angle, and watching him explode forward to inhale your perfectly presented streamer. The powerful thrust of the tail, the cloud of silt as the fish accelerates toward your fly, the thud of the take as your fly disappears into its massive head... all make targeting redfish, one of the most rewarding fishing experiences you can find in the lower 48." (Tye Krueger)

SEPTEMBER

Tye Kreuger -Louisiana Red Fishing $\mathsf{N} \mathsf{C} \mathsf{T} \mathsf{N} \mathsf{R} \mathsf{F} \mathsf{R}$

Jason Wilcox USFS -Deep Creek Fish Salvage Plan

Dax Messett -Year of the Nomad Angler DECEMBER

Bob Clouser -Bass from Top to Bottom



WILD WOMEN OF THE WATER

FFI Fly Casting Skills Challenge

The FFI Fly Casting Skills Challenge was recently hosted by Wild Women of the Water and Women Connect Oregon. The fly casting skills challenge is a great way to enhance your casting skills which we all know will benefit our time on the water to successfully catch and land fish. We are grateful to Mary Ann Dozer, who has her Masters Casting Certification from FFI and sits on the FFI Casting Board of Governors as the Technology Lead for her leadership and assistance in making this fun event happen. We want to thank COF President, Tim Quinton, for helping to secure our gathering location at Eagle Crest Resort.

Mary Ann and 3 Casting Certification Candidates, Stephen Williams, Lindsey Flexner, and Dean McNaught gave of their time on a beautiful Saturday morning here in Central Oregon to judge and also educate our participants. Some of our participants were new to fly fishing and the time spent demonstrating their casting ability and learning new casting techniques under the watchful eye of the casting instructors was priceless. Our own Wild Woman, Kate Eng, received the Bronze Certification! Way to go Kate!

You can learn more about Mary Ann Dozer at Flyfishing Pursuits: https://flyfishingpursuits.org/mary-ann-dozer/.

You can learn more about the FFI Casting Skills Challenge: https://www.flyfishersinternational.org/ Learn/Learning-Center-Resources/Fly-Casting/Fly-Casting-Skills-Challenge.

For more information on FFI Women Connect here in Oregon, contact Susan Coyle, wildwomen@coflyfishers.org.

For all our Wild Women, as we move into Fall, I believe our fishing opportunities will improve. We are looking ahead to creating new zoom gatherings for this Winter, both social and educational. Be sure to join our Wild Women of the Water – Bend, Facebook page to keep updated on events and to share your fishing experiences.

Next Wild Women outing: Walton Lake, Sept. 20–22. A great little lake outside of Prineville. Get a campsite (recreation.gov) or come up for the day!

- SUE COYLE WILDWOMEN@COFLYFISHERS.ORG

NEXT CAST/YOUTH PROGRAM

The Redmond Area Park and Rec District provided \$428 of the fees collected from the 3-day Fly Fishing Camp to COF. Tim Q and I took Vinny, a new youth member of COF (recruited at the 3-day camp!), fishing on the Upper Deschutes. We had a successful day of fishing, we all caught fish, and Vinny learned a lot. I have also been providing casting lessons to two youth fly fishers. Given the resurgence of COVID 19, I'm not sure what activities Next Cast will be able to conduct for the remainder of 2021.

- FRED A. CHOLICK FCHOLICK@GMAIL.COM

OTHER NEWS

Kokanee Karnival Fall Streamside Canceled

We work with elementary school students and many are not approved to receive the Covid vaccinations. We feel we must help protect the health and safety of the students. This, and because there are so many unknown factors with starting the school year convinced the Kokanee Karnival board that the prudent thing to do is to CANCEL the Fall Streamside. We will assess the inclass parts of the program as the school year progresses.

- FRANK TUREK (541) 381-7507, WALDO1FT@MSN.COM

Oregon Council of Fly Fishers International Corner

As a member club of the Oregon Council of Fly Fishers International, we get their monthly newsletter as well as other information on a periodic basis. The link below takes you to their newsletter for September, which has good info about the council and FFI events nationally. As your FFI rep, please let me know if you have any questions about this fine organization. Click here to view their newsletter.

- TIM QUINTON CGTIMQ@GMAIL.COM

MEMBERSHIP

Welcome to Our New Members

Amy Abramson - Sisters

Ken Betschart - Bend

Grant Haddix - Bend

Ted Royalty - Bend

Steve Sterba - Bend

Leslie Wilson - Bend

As of August 26, 2021, Central Oregon Flyfishers counts a total membership of 317 which comprise Individual 148, Family 104, Out of Area Individual 28, Out of Area Family 6, Honorary Life Members 15, Youth/Next Cast 6 and Shop 10.

- ROBERT SHIMANE MEMBERSHIP@COFLYFISHERS.ORG

LIBRARY

COF library services will resume once monthly meetings restart at the Larkspur Community Center. The Center is now open to the public, but with the resurgence of COVID, COF will not be holding our monthly meetings there until further notice. Our DVD collection and a select number of books, will be available for checkout once monthly meetings resume.

Sign in on our website https://coflyfishers.wildapricot.org, click on Members Area and select Library to see a list of our books and DVDs. If you have any questions or comments, feel free to email Helen Guerrero-Randall, the club librarian.

- HELEN GUERRERO-RANDALL Library@coflyfishers.org

COF CLASSIFIEDS

FOR SALE: KORKERS K5 BOMBER WADING BOOTS, SIZE 14, \$50.00 Excellent shape, comes with new interchangeable plain felt and sticky rubber soles, I recommend you purchase studded felt soles (\$50) available from any local fly shop for our waters, retail price \$199.00, **Peter Martin, call 541-388-8956** or email <u>pcmartin@bendbroadband.com</u>



FOR SALE: SPRING CREEK PRAMS STILLWATER CLASSIC. 7'10" long and 4' wide (fits in the bed of a truck). Fiberglass w/wood gunnel. Front and rear anchor pulleys (stable for indicator fishing!). Composite 6 1/2 ft oars, motor mounts, front and rear handles. \$650

AND MAKE LIFE EASIER KIT with foldable HD Kayak/boat cart with 16" bike wheels so that you can wheel your Spring Creek Pram down to the water plus Minn Kota Endura 30 electric motor w/5 forward and 3 reverse speeds to buzz around. Cart and motor for \$75, Dave Semich - 541-382-1969



COF MEMBERS: Got a "fishy item," (broadly defined), to sell, find, or giveaway? Ads are free and run for one newsletter. If the item is not sold please resubmit your ad for the next month's newsletter. Submit ads to classifieds@coflyfishers.org by the end of the third week of each month. JPEG photos are useful.

- CLASSIFIEDS@COFLYFISHERS.ORG



1. (from left to right) Dennis Rockwell, Yancy Lind, Charlotte Oakes, Dan Pebbles, Richard Graham, Vivian Rockwell 2. "Wild Women of the Water" Renee Schindele, Marilyn Forestell, Ginger Kuhlmann, Liz Jones, Kim Porter, Sue Coyle 3. Chris Breault, Vince and Mary Salomone 4. Tim Quinton 5. Renee Schindele, Laureen Lampe, Vivian Rockwell, Frank Turek 6. Corol Ann Carey, Debbie Norton 7. Lee Ann Ross

PHOTOS BY R. TODD CARY



TLF DIVING CADDIS

It's hot, smoky, and with low water everywhere, this year is headed for the driest on record, this means another tough year for the fish, and their food, (the bugs), with some hatches being sparse and others not showing themselves at all. The fish seemed eager to take a fly when you could find them, but even the fish disappeared from the places we would normally find them.

The fly this month is the "Return" of the "Diving Caddis", introduced by: the late Gary Lafontaine author of "Caddisflies" the best book on caddis flies. First introduced here 6 years ago, Oct, 2015, the "Diving Caddis" represents a female caddis that dives back into the water after mating and delivers her eggs to the bottom, being a river or lake and then returns to the surface. When the females rise off the surface it looks like a hatch is in progress but it has already happened and at Crane Prairie we found this to be the only pattern to work after the morning or late afternoon hatches of tan caddis. Fish it on long leaders, (see below) just below the surface to start and lower until you find fish. Use a slow retrieve with pulls of about a foot or less, then pause to let the fly drop just a little and then hold on, the takes are positive. The reason for the "Return", it works.

Long Leaders: The long leaders are a big part of what has brought me success, in Stillwater fishing, like

a 9lb+ rainbow in 2013. The 10ft. to 12ft. tapered section of the leaders are built of either mono or fluorocarbon, with 6ft. to 10ft of 8lb., 6lb. or 4lb. tippets of mono or fluorocarbon. The important part of the system is to use the same manufacture for the tapered sections, this makes for proper tapering. Note, (the formula has been modified since 2015). You will need to start with 42in. sections of 25lb., and 20lb., then 30ins. sections of 15lb., 10lb., and 8lb., when attached together with blood knots will make the sections about 3ft. and 2ft. long, and a total tapered section of 10ft to 12ft., depending whether you use the 30ins. of 8lb. in the tapered section. With the tapered mono section you can add either a mono or fluorocarbon tippet, the length depends on water depth, conditions and what bug you are trying to imitate. For dries or emergers the tapered mono to mono tippet works great, and sometimes adding just a 2ft piece of fluorocarbon tippet to the mono to mono leader will allow the emerger to just hang below the surface film, a very good presentation when you know emergers are being taken there. For the nymphs use the tapered mono to fluorocarbon tippet so that you get a more vertical rise of the bug on the retrieve. When using the tapered fluorocarbon section you are looking for a more horizontal retrieve of the bug at the chosen depth and you use only fluorocarbon tippets with this tapered section. If you have question about these leaders contact me and I will try and answer your questions.

Materials:

Hook: #12 to #16 1x long dry or use wet fly hook or curved nymph to allow for a quicker and deeper presentation

Thread: Light tan to dark olive 8/0 to 14/0, match the hatch

Egg Sack: Green flour. dubbing your choice Body: Blended dry fly dubbing, tan to olive, match the hatch

Rib: Fine gold wire

Wing: Tan or cream Ep trigger fiber or antron

Hackle: Ginger or furnace hen hackle 2 to 3 turns, soft hackles in the same colors worked well also. Note: (Indian capes work well) you don't want a real stiff hackle.

Head: Tying thread or a touch of dubbing to match head.

Tying Instructions:

- 1. Lock in your thread at the hook point wrapping back to above the hook point, and dub in the green egg sack.
- 2. Now dub the body and wind forward leaving enough room for the winging material and hackle. Note (when tying flies with lay down wings be sure and taper the body a little as you reach the front of the fly this will allow the wing to lay flatter). Now wind the wire rib forward and tie off at the end of the body. Pick out the body and egg sack and stroke them with your fingers towards the hook bend this will give the illusion of the egg sack being emptied.
- 3. Tie in a small amount of EP fiber for the lay down wing and trim to the length of the body.
- 4. Now tie in and wrap the hackle with 2 to 3 turns and finish with a neat head of thread or the body material

- JERRY CRISS 541-536-3581 (TLFLY44@MSN.COM)









SEPTEMBER 2021 UPSTREAM EVENTS

DATE	ACTIVITY	CONTACT
September 15	COF General Members' ZOOM Meeting @ 6:00	
September 20-22	Wild Women outing: Walton Lake	
September 23	BOD Meeting Zoom @ 6:00 PM	

