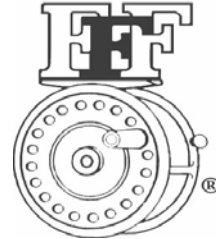


# The Central Oregon Flyfisher



[www.coflyfishers.org](http://www.coflyfishers.org)

An Active Member Club

Volume 28

Number 9

September 2005

<p><b>GENERAL MEETING</b></p> <p>"Fishing the Lower Deschutes River" Chris O'Donnell September 21 6:30 - 8:30 PM Bend Senior Center 1600 SE Reed Market Road</p>	<p><b>CLASSES</b></p> <p>Secrets for trout fishing on the Lower Deschutes</p> <p>September 17th 1 - 5 PM</p>	<p><b>GOLD LAKE OUTING</b></p> <p>September 10th 9:00 AM</p> <p>Gold Lake Boat Ramp Parking Area</p>	<p><b>MAUPIN OUTING Lower Deschutes</b></p> <p>September 15 - 18</p> <p>Beaver Tail or Mack's Canyon Campground</p>
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## Random Casts

Summer continues to roll on with many of us taking vacations and hopefully a trip to our favorite fishing spot. Club activities have slowed except for the annual picnic at Shelvin Park and the outings coming up. Thanks to Dick Stentz, John Anderson and Gene Mc Mullen for their efforts on the picnic. As always, there was good food and good company. Do not forget the Maupin and Gold Lake outings coming in September. Neal Buxton needs a head count so that food can be ordered. He is planning to pull the COF trailer and have joint meals similar to the set-up we use in Canada. Maupin is not that far away and there is a special educational class to help you fish the local waters.

Harry Harbin is stepping down as newsletter editor. Harry has developed the newsletter into the finest in the State. Thanks for your outstanding job. He plans to devote more time to traveling and fishing. It is hard to argue with this. Dave Semich will be the new editor.

Carl Sanders is chairing a committee to nominate officers and Board members. If you have an interest, let him know. -Dave Dunahay

## September Program

This month's program will continue with the theme of the month - the Deschutes River. Chris O'Donnell grew up in Portland, Oregon, where he spent his youth tying flies and chasing steelhead on the North Coast. He began tying commercially at the age of 15 and guiding the Deschutes full time at 18. Chris teaches ski lessons during the winter months and returns to the coast each spring to chase steelhead. May through November you can find Chris on the Lower Deschutes, tossing dry flies under trees or swinging for steelhead on his home water. Chris also guides the Rogue, McKenzie, and the John Day Rivers. (continued on next page)

Chris will be showing us some of his great slides of his fishing experiences on the Lower Deschutes and sharing his knowledge of this great river. He said that he would be bringing in some added information about some of the other close rivers of interest to us. Should be another great program.

### **Gold Lake Outing**

We will have an outing at Gold Lake on Saturday, September 10, 2005. Gold Lake is Fly Fishing only! It is one hundred acres in size, and is ideal for fishing from all types of floating devices. NO MOTORS are allowed on the lake. There is a good boat ramp.

There are Brookies (up to 16") and Rainbow (up to 20"). There is no limit on Brookies and catch and release only on Rainbow. The lake has been managed to reduce the number of Brookies by annually trapping up to 8,000 fish and transferring them to other lakes. Keeping all the Brookies you catch is encouraged, and they are very good eating.

The maximum depth of the lake is 20 feet. There are structures including channels, drop offs, trees, weed beds, and springs that hold fish at various times. Fly line selection should include intermediate, type 3 20' sink tip, type 4 and type 6 full sink lines to be able to cover various depths from top to bottom depending on your preference. My preferences are the 20' sink tip and the type 4 full sink. You should always carry a floating line for sporadic hatches.

Fly selection would include patterns, inch long and green, red & yellow streamers. Stripping slow, very fast or erratically have been productive in the past.

To arrive at Gold Lake, take Hwy 58 to the Willamette Pass Ski area then continue about ½ mile down the West side of the pass and turn right at the Gold Lake sign on the right. The sign is similar to a normal street sign and may be difficult to see. It is 2 miles on good gravel road to the lake.

The official outing will be Saturday only and no meals will be provided. There is a nice campground at the lake good for tents, pickup campers and others under 20' if you want to spend the weekend. The West end of Odell Lake and Waldo Lake campgrounds can accommodate large RV's.

The drive from Bend takes about an hour and forty minutes. I plan to be at the boat ramp parking area around nine. I hope to see you there. If you have any questions, please contact me.

- Bob Cooper

### **Maupin Trip**

**Thursday, Sept 15 through Sunday, Sept 18**

Sign up for the Maupin trip now. It should be great fun, and, hopefully, great fishing. You can sign-up by E-mailing me at **NEALAB @ AOL.COM** or calling 617-8837. Because we need to plan for the number of people at each meal, the **cutoff date to participate in the meals is Friday, Sept 8**. Earlier would be helpful for planning purposes.

You can sign up either by the day or for the entire trip. We start with dinner on Thursday and end with breakfast on Sunday. In addition, we need some more volunteers for the meals. We have a total of six meals and three volunteers to date. So let me know if you can cook a meal. If you do not volunteer for a meal, than volunteer for clean-up duty. Costs for the trip are \$9 per day or \$27 for the entire trip, plus campsite fees.

Be sure to get your Steelhead permit and, if you bring a pontoon or drift boat, a boating permit. See you in Maupin. Happy fishing. - Neal Buxton

### **A New COF Class**

#### **"Secrets for Trout Fishing on the Lower Deschutes"**

The COF Education Committee has completed arrangements to offer a special class in conjunction with the COF September outing at Maupin. The on the river class will be presented by Amy Hazel, co-owner of the Deschutes Angler Fly Shop in Maupin. John and Amy Hazel have guided on the Deschutes for many years, and Amy indicates that the fishing secrets they will share will be invaluable for future trips to the Deschutes.

The class content includes casting tactics, entomology, water types, fishing dry flies, nymph fishing, understanding fish habitat and how it changes throughout the year, and general questions and answers.

The class will be held from 1 to 5 PM, Saturday afternoon, September 17<sup>th</sup>, at the site of the COF outing in the Maupin area. Cost is \$25 per person, COF members only.

To register, please contact Ron Anderson at [rlanderson@bendcable.com](mailto:rlanderson@bendcable.com).

## September Fly of the Month... A Real Swinger!

This time of the year, those that fish for steel, may have put trout thoughts on the back burner. This is Central Oregon after all and we are lucky to have one of the best steelhead rivers in the country at our doorstep, the lower Deschutes. So for many this time of year is dedicated to steelhead. Well, I am not one of those. Especially on a river like the lower Deschutes that is teaming with beautiful Redsides. I like to be flexible. I like options. Also, as you know by now...I like soft hackled flies. This month's pattern came from my quest to find a fly that would not only catch steelhead in the Fall but entice the rainbows as well.

If you're used to fishing this region you know that Fall Caddis are prevalent in big numbers and September –October is the prime time for pupal emergence on the lower Deschutes. This coordinates with some of the best time for steelies. They are a rather large caddis and have a striking orange/red color. So, a Fall Caddis design seemed very appropriate for my trout/steelhead fly. I have tried many Fall Caddis designs. I have had my best Fall Caddis fishing with a soft hackled design on all waters and I have found that the distinguished brown marking on the top of the abdomen of this insect is important to portray on the fly. This fly has both of those features.



### Fall Caddis Swinger

**Hook:** #8 salmon fly hook

**Thread:** black

**Tag:** red floss

**Rib:** Copper wire

**Abdomen:** Golden ice dubbing with dark brown antron pulled over the top.

**Wing:** Dark brown medallion sheeting

**Back Hackle:** black hen

**Fore Hackle:** dark pheasant or grouse soft hackle

Wrap the hook with thread and tie in the red floss tag. Tie in the wire ribbing. Tie in the brown antron (one or two full strands from the spool is a good amount). Form a dubbing loop and wrap the abdomen with the ice dubbing. Pull the antron fibers over the back of the abdomen and hold them there while you wrap your copper wire ribbing forward. (I like to do this instead of tying in the antron so that I have more control of the antron to make sure it stays on top of the abdomen). Take about a ¼" by 1" strip of medallion sheeting and twist it in the center. Tie the twisted part in behind the hook eye. Pull the two "wings" back along the sides of the abdomen and make wraps over the material to the abdomen (this is to keep the wings on the sides of the fly). Cut the wings to shape. Tie in the black hen hackle and make two full close wraps (this helps to support the soft hackle and give it some "bounce"). Tie in the soft hackle. I like to finish with a built up head of high gloss cement. Enjoy...this fly is a real swinger. Don't forget to tie a couple for the Lower Deschutes outing this month!  
- Carl Sanders

## Wild Women of the Water

A one-hour drive from Bend takes you to some mighty scenic places. The Wild Women of the Water August outing took us to a great spot along the Deschutes. Tall pines, open meadows, clear, cold-running water, and no mosquitoes—it doesn't get much better than this. We didn't have any heart-pounding, big-fish action, but there were plenty of "Look, I caught a fish" squeals. Those little fish can be loads of fun. Congratulations to Diane Simonson on her first catch!

Wild Women will hold a potluck in September. Stay tuned to your email for details. Check the COF calendar for some great September outings, volunteer events with ODFW, and the Kokanee Carnival Streamside Experience! To learn more about Kokanee Carnival, contact Terri Grimm (318-0567 or [sonata@teleport.com](mailto:sonata@teleport.com)).

## KOKANEE KORNER

### Welcome Callan Chase

It is my pleasure to introduce and welcome Callan Chase to the Kokanee Karnival Youth Education Program. Callan joins the program as our new Development Specialist and will be responsible for developing additional funding and adding more people to support planned program growth.

As previously noted in this column, the ODF&W Fish Restoration and Enhancement Board and the Juan Young Trust provided funding for this position. Both of these organizations have funded other Kokanee Karnival projects in the past so we are very grateful for their continued support. We would not have been able to take this most important step without them.

I'd also like to thank Dale Waddell and Jay Hopp of Wolfree, Inc. for providing their expertise and leadership throughout the recruiting and hiring process. Our two organizations will equally share Callan's time and it appears as though the partnership is developing nicely as planned.

Callan comes to us from Bend LaPine Hospice where she spent several years developing funding programs and where she was responsible for a successful \$3.8 million capital campaign. She is also an accomplished writer and graphic artist who will help us communicate our needs to new funding sources. In addition, Callan developed and implemented a non-profit program in San Diego called the Sea of Love that provided the opportunity for children with special needs to swim with the dolphins. Clearly, she has the ability and experience to help take our program to the next level and her heart is certainly in the right place. Welcome aboard Callan!

### September Streamside Program

It is that time of year again when the children are all back in school and Kokanee Karnival activities commence with a bang. The program kicks off its tenth anniversary year with fall streamside activities at the Fall River Hatchery and Brown's Creek from September 27-30.

Children from eight Central Oregon classrooms will visit the hatchery and receive a guided tour by employees of the hatchery and members of the Sunriver Anglers. In addition, the Central Oregon Llama Association will have llamas on hand and will do a presentation about the use of

llamas for stocking fish in some of our local lakes. Tom McCormack will also treat the children to a Native American storytelling session. Last year Tom fascinated everyone with his flute playing, storytelling and his ability to bond with our natural environment.

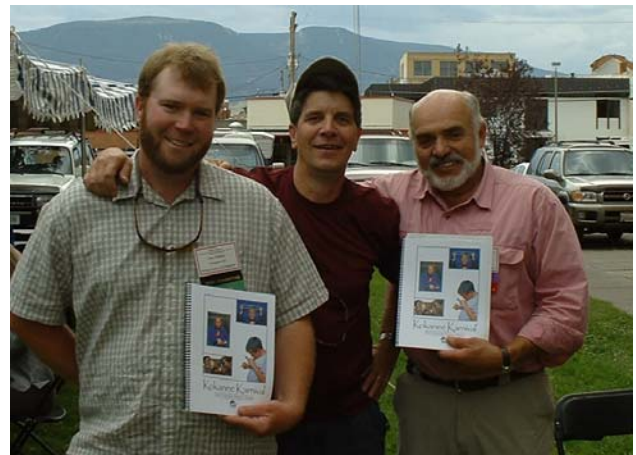
The second half of the day at Brown's Creek includes instruction at three stations including; Natures Restaurant, The Incredible Journey, and Comforts of Home. In addition, the children will observe spawning kokanee and are usually lucky enough to see lots of other wildlife.

This program is supported by all of our producing partners including Sunriver Anglers, Central Oregon Llama Association, ODF&W, and U. S. Forest Service, but we still could use additional volunteer assistance. If you have some time don't be shy. Just contact Kurt Boettger at 383-3480 and he can fill you in on the details. We also welcome anyone who just wants to come out and observe. Lunch will be served for all volunteers by the Sunriver Anglers at the hatchery and by chef Len Swansy at Brown's Creek so how can you miss?

- Mark Reisinger

### New KK Manual

At the recent Federation of Fly Fishers meeting, Phil Hager presented VP of Education, John Lyman and FFF Director of Education, Matt Wilhelm 2 copies of our new KK manual. Phil said that John Lyman had just recently discussed the need for just such an example for their education program. He had said that they wanted something that they could use to show other clubs how to develop manuals for their programs.



## What's in Your (Fly) Wallet?

I spend most of my life being shocked by how much I don't know. But every once in a long while, somehow I have managed to observe a few facts, and then am surprised when others don't know what I know.

The other day I was fishing with an experienced fly fisherman of my acquaintance, and the topic turned to the importance of mayfly spinners. We had both experienced many days on the Lower Deschutes when Pale Morning Duns (PMDs) seem to be the primary hatch all afternoon. Then, the sun would drop below the canyon rim, the light faded toward dusk, and the big fish started slurping insects near the shore. You think "I have the right fly, it worked all afternoon", but no takes. Often, it is because the PMDs that hatched the day before are returning as spinners, and the fish then want nothing to do with a dun imitation that worked all day. As we discussed this, the fly boxes came out and we compared favorite PMD patterns. There were his duns and his spinners, all with the same big, bright yellow bodies with different wings. Uh-oh! Should I tell him what's wrong?

For those of you not familiar with the process, PMDs and other mayflies hatch from their nymphs into what we fishermen call duns, usually in the surface film, but sometimes subsurface. These duns fly into the brush, and molt once more into what we call spinners. Subsequently, the male spinners form a swarm in the air, and the females fly through the swarm and are fertilized. After another short rest as the eggs mature, the female spinners return to the water, lay their eggs, and then fall "spent" onto the water with their wings flat to either side.

Several things happen in this process that make the duns and spinners look quite different. Continuing with PMDs as our example, the duns have three tails about as long as their bodies, colored wings (in this case a medium grey), and the abdomen is relatively thick and "furry" with a pale to bright yellow color.

Since the duns do not eat or drink during their remaining lifespan, and since they shed yet another shuck as they molt to spinners, spinner abdomens are very thin, which is especially true for the females that have laid eggs which further reduces their body size. The spinners have three tails that are very long,

up to twice their body length, wings that are larger and totally clear, and their color is not bright yellow! Male PMD spinners have a "rusty" brown body (one of the famous "rusty spinners"), while the females are a very pale olive-yellow with a little brown.

So what does this mean for your fly box? PMD duns should have grey (often called dun, I hate the multiple uses of that word) upright wings, short tails and a relatively thick bright yellow body. A trailing shuck, brown in color like the nymphs, is often better than a tail and imitates a dun emerging from the shuck

Spinners are sometimes a hook size smaller, sometimes the same, with very long tails, large clear wings that lay flat on the water on either side of the body, and ultra-thin abdomens in rust brown and pale yellow-olive. Never use a trailing shuck, the spinners that fail to completely molt die in the brush and don't appear on the water.

Since duns sometimes hatch but fail to survive the experience and fly away, another fly to consider is a "spent dun" sometimes named a "knocked down dun". This is a dun body with the wings tied flat, and imitates a dun that has expired with wings that have fallen from their upright position to the sides. Don't fish this during a spinner fall, however.

Can you catch fish with a big, bright yellow spinner? Sure, but I think fish are getting smarter and you can do better when you "learn the facts" and more closely match the hatch. – Harry Harbin



## Looking Ahead

On October 15, the club will be having an outing at East Lake. The lake has slowed down a little in August with the water temperature getting pretty high. With the cooler nights the lake should be coming back on really soon. If you have never fished East Lake, you have really missed out on a great flyfishing opportunity to catch rainbows, browns, kokanee, and atlantics. You will need a floating devise of some sort. The lake is around 1000 acres and so even with a pontoon boat and oars, you need to put in close to where you want to fish. The maximum depth is 175 feet with the average being about 50 feet. (editor's note: I found a peak out in the middle of the SW hump part of the lake that was only 5 feet below the surface!).

At the next club meeting, you might want to start asking some of the people who fish there where their favorite spot is. You will get answers like; the white slide area, over by the hot spring, the weed beds over by the lodge, the cliffs, or the hump in the southwest corner. If these places sound foreign to you, you need to find out what you are missing. The fish at East Lake will take the 'regular' lake flies such as Callebatis nymphs, emergers, and dries, KMarts, green or black wooly buggers, damsel fly nymphs, etc. East Lake has been a favorite lake of mine for some time now and you can be sure that I will be at the outing.

## Fishing Reports

Unfortunately, our club website has been inundated with a bunch of unfavorable postings to our 'fishing report' section. We will no longer be leaving that part of the website open for postings. That means that we cannot get information to other members other than at the meetings and this newsletter. The monthly meeting time is somewhat full with the business at hand and the great programs - so - if you would like to give me a bit of information on your latest successful fishing adventure, I could put a short blurb in the newsletter. Catch me at a monthly meeting and give me a short description of where you went, what flies worked, and maybe even a picture.

This could be the COF's version of Z21 TV news' BIG FISH of the week. Make it current so it will be of value to others looking for somewhere to go fishing.

## December Monthly Meeting

Traditionally the December monthly meeting has been a time when a few of the club members show some of the other members how to tie one of their favorite and very productive flies. We will be doing this again this year. If you are at all interested, please contact Dave Semich at one of the next couple club meetings. We will need a half dozen or so people to pick a fly and show us how to tie it quickly and efficiently. These flies do not have to be elaborate or even your own secret concoction, just something that you have found to work well this last year on your 'home water'.

We are also thinking of having a section set aside for knot tying and strength testing. Bring in your favorite tippet material and test it against other members' favorite knots and materials.

Does anyone out there have a digital scale that we could use for the knot strength testing?

## Ideas?

This is your newsletter. If you have any questions that are keeping you up all night like: 'How do you tie a Bimini Twist', or 'How do you tie this fly called a 'Bird's Nest'', 'What's the best formula for tying a 10' dry fly leader for my 5 wt?', or 'What flies should I be carrying in my box?', give them to me. I probably will not know the answer, but we have some very knowledgeable club members that probably will. Harry Harbin's article above is very informative and with some questions from the members, we will know what else to write about in future newsletters. - Dave Semich

## Annual Picnic

This is just a quick note to all the people that came to the Annual Picnic on August 18. The food was great thanks to everyone that either brought their favorite dish from home or from Safeway.

It looked like everyone in attendance enjoyed the outing and the raffle. Next year's picnic has already been booked for Shevlin Park again. A very special thanks goes out to Jeff and Terri Grimm, John Champion, Don Boller, Bob Griffin, Tom Philiben, John Anderson, Gene McMullen, Sandy Dunahay, and Jeanene Stentz.

"Many hands make light work." - Dick Stentz

The following information is used in the roster. Include all contact data and other interests that you wish to have appear in the roster. Print legibly using block letters, all caps.

LAST NAME		FIRST NAME	OCCUPATION (PAST OR CURRENT)	
SPOUSE'S FIRST NAME		SPOUSE'S LAST NAME IF DIFFERENT		HOME PHONE
HOUSE NUMBER	STREET		WORK PHONE	EXT
CITY			STATE	ZIP CODE
EMAIL ADDRESS				

How do you want to receive the COF monthly newsletter? E-mail saves big \$\$ (Check one.)  Email  US Postal Service  
Why did you join COF? (Check all that apply. List other interests on reverse.)

Acquire more knowledge  Find fishing partner  Volunteer for projects  Improve technique  Social functions

You must sign this release EACH year when you renew to attend or participate in club activities.

## LIABILITY RELEASE AND HOLD HARMLESS AGREEMENT

As a condition of membership or of participation in any activity encouraged or publicized by The Central Oregon Flyfishers, I voluntarily assume all risks of my participation. In acknowledgement that I am doing so entirely upon my own initiative, risk and responsibility, I do hereby for myself, heirs, executors, and administrators agree to remise, fully release, hold harmless, and forever discharge The Central Oregon Flyfishers, all its officers, board members and volunteers, acting officially or otherwise, from any and all claims, demands, actions or causes of actions, on account of my death or on account of any injury to me or my property that may occur from any cause whatsoever while participating in any such COF activity.

I acknowledge that I have carefully read this hold harmless and release agreement, and fully understand that it is a release of liability. I further acknowledge that I am waiving any right I may have to bring legal action to assert a claim against The Central Oregon Flyfishers for its negligence.

I have read the above statement and agree to its terms as a condition of my membership in The Central Oregon Flyfishers.

**X** \_\_\_\_\_  
SIGNED BY PRINT NAME MONTH DAY YEAR

**X** \_\_\_\_\_  
SIGNED BY PRINT NAME MONTH DAY YEAR

## DUES SCHEDULE

Memberships are renewable on January 1 of each year. New members joining prior to June 1 shall pay a full year's dues of \$36. New members joining after June 1 shall pay a prorated amount according to the chart below. New members who reside outside Deschutes County shall pay \$12.

THE MONTH YOU ARE JOINING	JUN	JUL	AUG	SEP	OCT	NOV
THE DUES YOU PAY (\$)	18	15	12	9	6	3

**RETURN THIS FORM** Mail or deliver this form and your check payable to The Central Oregon Flyfishers to the membership chairman. Forms unaccompanied by dues payment or that lack signature, name, or date on the liability release statement are considered invalid and will be returned to sender.

**The Central Oregon Flyfishers**  
**Membership Chairman**  
**PO Box 1126**  
**Bend, OR 97709**

## UPSTREAM EVENTS – 2005

<b>September:</b>	1	COF Board of Directors Meeting, Dave Dunahay
	1	Class, Two Handed Spey Casting by John Judy, Ron Anderson
	10	Outing, Gold Lake, Rainbows and Brookes, Bob Cooper
	13-15	Malheur Bull Trout Spawning Survey, Jen Bock, camping
	15-18	Outing, Lower Deschutes, Steelhead and Trout, Neal Buxton
	17	Secrets for Trout Fishing on the Lower Deschutes, Amy Hazel, Ron Anderson
	21	COF General Membership Meeting, Chris O'Donnell, Lower Deschutes + a few others
	27-30	Kokanee Karnival Fall Streamside, Mark Reisinger
<b>October:</b>	6	COF Board of Directors Meeting, Dave Dunahay
	15	Outing, East Lake
	18-20	Malheur Bull Trout Spawning Survey, Jen Bock, camping
	19	COF General Membership Meeting, Hiram Li, Trout biology and biodiversity in OR
<b>November:</b>	3	COF Board of Directors Meeting, Dave Dunahay
	16	COF General Membership Meeting, Jessica Maxwell, Author / Adventure Traveler
<b>December:</b>	1	COF Board of Directors Meeting, Dave Dunahay
	21	COF General Membership Meeting, Club members Fly Tying

