

The Central Oregon Flyfisher

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RANDOM CAST

The August COF picnic at Aspen Hall/Shevlin Park was a huge success. About 100 members attended, 25% to 30% more than last year, perhaps due to the delicious tri-tip beef that was added to the menu. Herb Blank and everyone who helped cook, set up and clean up deserve special thanks for a wonderful evening. Thanks too, to Jen Luke and Brian O'Keefe, for the entertaining slide shows. Each member who completed their first 30 hours of volunteer service for COF received a fly box award. Thank you for your time and effort.



Carol Christianson's home-baked cherry pie was one of the fabulous desserts that disappeared quickly at the picnic. PHOTO: Delores Marsh

The Board of Directors presented Sherry Steele with a Special Recognition Award for outstanding service to COF. Thanks, Sherry, for all the good things you've done for us, and especially for leading our winter fly-tying classes the past three years. Sherry was recently elected President of the Oregon Chapter of the Federation of Fly Fishers, and so must curb some of her activities. Jerry Criss has agreed to lead our fly-tying classes next year. Jerry was named the Stan Walters Memorial Fly Tier of the Year at the 2009 NW Fly Tyer & Fly Fishing Expo, held in Albany, OR. He's not only a talented fly tyer, but a great teacher as well.

Volunteerism is a central part of our club's activities. Please take a look at the list of our volunteers in 2009 on page six and the hours they committed to various COF activities, then choose a few to thank the next time you see them. If you would like to do more, choose a volunteer activity and contact the leader.

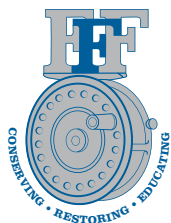
The September Fall River outing had to be cancelled (it may be rescheduled soon). Not to worry. Check out the Czech nymphing class in the Education section, taught by Scott Robertson. If you want to double your "catching" success, don't miss this on-the-river class, a steal at only \$15. It is limited to 12 students, so sign up quickly. Trust me, you don't want to miss this one. Scott is an excellent teacher and an exceptional fisherman; you'll catch more.



At the annual picnic, Lee Ann Ross (left) presented Sherry Steele with an award in recognition of Sherry's volunteer work, particularly for organizing fly-tying nights. PHOTO: Delores Marsh

It's not too late to help with our Kokanee Karnival streamside classes for fourth and fifth graders September 20 through 24. We can always use more volunteers. If you've never watched this fascinating learning activity, take part of a day to do so. You'll be glad you did. It's hard to tell who has more fun - the kids or our volunteers who teach them.

- Dick Olson



GENERAL MEETING

Sep 15 | Bend Senior Center, 1600 S.E. Reed Market Road, Bend

Fly fishing at Diamond Lake

Long time Central Oregon resident and COF member Phil Hager will discuss how and where to catch trout at this popular lake. Phil has fished this lake during all seasons. He will describe/illustrate the areas best suited for fly fishing, as well as techniques for fishing different depths (lines, leaders, flies, etc.). In recent years, fall fishing at Diamond Lake has been very good.

OUTINGS

Fall River outing cancelled

The September outing to the Fall River has been cancelled. I am scheduling an outing to another location instead. Details will be sent to members via email.

If you would like to lead an outing or request an outing to a particular location, please contact me.

– Yancy Lind, Outings Coordinator
(yancy_lind@ml.com or 541-788-5514)

Deschutes River steelhead trip

Oct 7 to 10 | Beavertail campground

The COF annual steelhead trip to the lower Deschutes River will be Thursday, October 7 through Sunday, October 10. Plan to camp at the large camping area at Beavertail Campground. To ensure space at the campground and have shuttle support for your boat, you must sign up in advance. There is a \$25 per night camping fee for the group campground, and the cost will be shared among campers. Everyone is responsible for their own meals. Those who will be floating down to Mack's Canyon will need to help car pool shuttle (14 miles round trip) each night. On Friday, Oct 8, and Saturday, Oct 9, The Fly Fisher's Place has graciously offered to provide guided trips for participants at a reduced rate of \$350 for two COF member fly fisher's per boat. There are currently two guides available for Friday and three guides for Saturday. COF members interested must contact Eric Steele directly for the additional important details and to reserve a COF sponsored slot. All messages are date and time stamped – first come first served starting Sep 1. There will be a waiting list. Questions and suggestions encouraged; contact trip leader Eric Steele (steelefly2@msn.com or cell 541-420-8108 or home 541-549-207).

Month	Day	Leader	Destination
Sep		To Be Announced	
Oct	7-10	Eric Steele	Deschutes steelhead
Nov	20	Bill Seitz	Crooked River Cleanup & Outing

EDUCATION

Bend Casting Club

Wednesday, Sep 8 | 6:00 pm | FREE | Orvis Casting Course Holes 2, 3, 4 | Instructor: Ryan Young from Orvis

Ryan will demonstrate the proper technique of roll casting to increase scores on the casting course and better present the fly in close-in as well as tightly contained fishing situations, with particular emphasis on technique, distance, and accuracy. **Contact the Orvis store to reserve your spot (541-312-8200).**

Czech nymphing

Saturday, Sep 18 | 8:00 a.m. | \$15 | Crooked River, Big Bend Campground | Instructor: Scott Robertson (member USA Fly-fishing Team)

Don't miss this opportunity to fish with one of the best! Scott is a past Captain of Fly Fishing Team USA and a competitor in world championships.

Scott will teach us about the amazingly effective Czech nymphing technique. Bring your gear (rods, reels, floating line, boots, waders, lunch) and be ready to fish.

Meet at Big Bend Campground on the Crooked River (first campground below Bowman Dam), Saturday, September 18, at 8:00 a.m.

Details: Class limited to 10 participants (7 minimum); cost is \$15.00 (payment due by Sep 6). Make checks payable to COF and write "9/18/2010 Czech Nymphing" in the memo field. Mail checks to Gary Meyer, P.O. Box 1396, Bend, OR 97709 (education@coflyfishers.org or 514-633-0934).

Please call me or send email to let me know you are attending!

– Gary Meyer

Orvis On-the-Water Clinic

Saturday, Sep 18 | 9:00 am to 12 pm | Farewell Bend Park

Improve your casting ability and learn about proper line handling skills to maximize your fish-catching potential and enjoyment on the water. This on-the-water class will focus on the basics of fly presentation, line mending, drag free drifts, and swinging wet and streamer style flies. **Contact the Orvis store to reserve your spot (541-312-8200).**

WILD WOMEN OF THE WATER

September outing

Sunday, September 12 | Metolius River with Jeff Perin

Experience fishing the Metolius with the help of Jeff Perin of The Fly Fisher's Place in Sisters. This outing is limited to eight attendees, so please RSVP as soon as possible to reserve your spot. Wild Women who wish to attend must be at an intermediate fishing level to participate. For questions, contact Kristin Lambson (wildwomen@coflyfishers.org) or see your invitation email.

New Wild Women of the Water hats (totally cute) are now available for the low cost of \$18.00. If you are interested in purchasing one, contact Kristin (wildwomen@coflyfishers.org).



Kathy and LeeAnn fishing the Upper Deschutes during the outing on August 23.
PHOTO: Kristin Lambson

OTHER NEWS

Project Healing Waters

Project Healing Waters (PHW) is an organization that helps veterans and active duty personnel who have a physical and/or emotional disability. PHW is dedicated to the physical and emotional rehabilitation of disabled active-duty personnel and veterans through fly-fishing and fly-tying education and outings. There is no age limit on the veterans served by PHW. The program, started in 2005 at Walter Reed, has grown into an active rehabilitation tool for the Veterans Administration (VA) to help men and women coming home from Iraq and Afghanistan. Fly fishing and tying help veterans improve their motor skills, develop self confidence, and relieve stress.

Central Oregon Project Healing Waters (COPHW) launched in Bend this year. We have been actively recruiting supporters (tyers, guides, businesses, etc.). The response from our supporters has been very positive and gracious.

COPHW will teach participants fly tying, basic fly fishing, and casting. We hope to have outings on a private lake and eventually host an outing that includes three other Oregon chapters of PHW. COPHW will serve an out-patient clientele; other chapters in Oregon are near VA hospitals.

Thank you Bruce Whilhite, Earl Rettig, and all the volunteers who laid the groundwork for this project. If you are interested in helping or know veterans who might be interested in COPHW, contact Brad Emery (bdemery1@aol.com).

More information about PHW available at: projecthealingwaters.org.

– Brad Emery

COF members teach youngsters

In July, Dick Olson, Frank Turek, and Richard Yates went to the Edmunds Well Wildlife Sanctuary to teach six teenage boys about fly fishing. In the morning, the boys learned how to cast a fly and practiced using a fly rod. Then it was off to one of the ponds to help the boys fish; they did quite well. After lunch the boys fished for another two hours. COF volunteers then had the opportunity to fish. The boys (14 and 15 years old) learned well; they out fished COF members about 12 to 0.

– Frank Turek

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Dick Olson instructs youngsters at Edmunds Well. PHOTO: Richard Yates



Fishing at one of the ponds at Edmunds Well. PHOTO: Richard Yates

MEMBERSHIP

New membership category - youth fly fishers

As part of COF's commitment to building the next generation of fly fishers, the Board has decided to offer free memberships to fly fishers aged 25 and under. If you know anyone who may be interested, please encourage them to join and come to the meetings. All they need to do is download the membership form (available at coflyfishers.org), print, sign, and mail the form. (Those under 18 years old also need a parental signature.) If you see a new, young face at the meeting, outings or classes, please go out of your way to welcome them and mention the free youth membership.

– Lee Ann Ross

Welcome new members

Welcome to new members Scott Cook, Mark and Laura Wilke, Nancy Leavens, Robert Casey, and Seth Howe! Robert and Seth are our newest youth members. Robert and Nancy joined at the barbecue.

We now have 247 members, and hope to reconnect with 55 nonrenewals from last year. If you wish to rejoin, go to coflyfishers.org to fill in a form. Or contact membership@coflyfishers.org



It's Almost Time!

Kokanee Karnival Fall Streamside will be held September 20 through 24. We are seeking volunteers to help at Sheep Bridge, Spring Creek, or Cline Falls Park. Kokanee Karnival will be at Sheep Bridge for five days, with two classes each day. The classes will alternate between the Fall River hatchery and Sheep Bridge. The other four classes will spend one day at Spring Creek near Camp Sherman or Cline Falls Park. This arrangement allows Kokanee Karnival to have all 14 classes in the Comprehensive Program participate in the Fall Streamside in one week.

For more information or to volunteer, please contact Frank Turek (waldo1ft@msn.com or 541-318-7507).

coflyfishers.org, and I will mail a pre-filled form for you to edit and sign.

Current rosters are available by request, so please contact me at the next meeting, or send email to membership@coflyfishers.org with ROSTER as the subject, or mail me a card at Membership Services, PO BOX 1126, Bend, OR 97709. (Please indicate if you want a PDF file or printed copy.) Printed copies will be available at the next meeting for those who request them by September 2.

If you are interested in learning about keeping the membership records, please contact me (membership@coflyfishers.org). My term ends in December, and I would like to thoroughly train my replacement.

– Craig Dennis, Membership Chair

CONSERVATION

The Crooked River and hydroelectric power

Recently, Portland General Electric (PGE) held a public meeting in Prineville to unveil their plans to apply for a license to build and operate a hydroelectric plant at the base of Bowman Dam on the Crooked River. In 2011, PGE will collect the required biological and engineering data necessary for the license application. The August meeting included a field trip to the dam and an afternoon public meeting in Prineville. John Anderson and Gary Meyer, Central Oregon Flyfish-

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ers (COF) members, attended the meeting. As planned, the power plant will generate electricity with the current river flow schedule (flows typically below 100 cfs from late October to mid-April and irrigation flows over 230 cfs the remainder of the calendar year). One of the most contentious issues surrounding the planned power plant will be movement of the upstream boundary of the Wild and Scenic section of the Crooked River from the top of the dam to a point a quarter mile downstream from the dam. Congress will need to approve the boundary change. Depending on where the boundary change occurs, three or four major redband spawning sites will be negatively impacted. The COF Conservation Committee will meet with the Oregon Department of Fish and Wildlife biologists to discuss the proposed project. Stay tuned for more information on the proposed project.

– *Bill Seitz, Conservation Chair*



During the August outing to the Williamson River, Gerry Inman caught a 26-inch beauty, and John Kreft caught a 25-inch 'bow. While night fishing, John and Karen Kreft got a 28-inch fish to the net, but it escaped to be caught again! PHOTOS: Max Johnson



Collecting tui chub at East Lake, July 2010. PHOTO: Jen Luke

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2009 volunteer summary

The following table is a summary of the hours volunteered and miles driven by members of COF in 2009. Members volunteered for the following activities: board meetings, education, conservation, annual banquet, kids fishing pond, Kokanee Karnival, angler education, and bamboo rod show.

It's easy to report your volunteer hours and miles. Fill out one of the cards that are available at the membership table during every general meeting or send an email message to membership @cof.org.

Last Name	First Name	Hours	Miles
Allen	John	10	0
Anderson	John R.	117.8	358
Anderson	Ron	16	0
Armentrout	Steve	2	0
Bailie	Joel	2	0
Batson	Troy	22	140
Bishop	Mike	10	0
Blank	Herb	47	140
Brauer	Betsy	45.8	0
Brownrigg	Ted	34	0
Cavallo	Carl	7	20
Chandler	Gordon	30	100
Christiansen	Carol*	12	64
Cooper	Bob	4	30
Cooper	Jackie*	5	30
Cornett	Joe	28	114
Coughlin	Mike	12	100
Criss	Jerry	61	440
Davis	Keith	6	0
Dennis	Craig	152.3	637
Drake	David	16	131
Driskill	Dan	7	20
Dunahay	Dave	500	60
Dunahay	Sandy*	58.5	88
Elgin	Marvin	5	13
Evermore	Bob	5	40
Fair	Ray	21	0
Fox	Robert	2	0
Gillaspie	Richard	11.5	40
Godfrey	Larry	8.5	50
Griffin	Bob	89	364
Grimm	Jeff	14	0
Grimm	Terri*	36	65
Hammond	Bob	24	188
Harbin	Harry	40	0
Hatheway	Donna*	5	35
Isom	Scott	24	200
Jones	Alan	24	200
Johnson	Max	8	0
Lang	Don	12	100
Leventhal	Gileap	4	0
Lind	Yancy	29	238
Loveland	Daryl	17	0
Loveland	Nan	16	0

Magaret	David	3	0
Marsh	Delores *	24	70
Martin	Peter	2	0
McKim	Frank	103	581
McMullen	Gene	15	162
Meyer	Gary	33	232
Moore	James	8	160
Mullong	Robert	292.3	1584
Ogburn	Phillip	30	200
Ohr	Jean	2	0
Olson	Richard	199.9	226.2
Pebbles	Dan	24	200
Perkins	Patricia	29	240
Philiben	Tom	5	35
Piper	Thomas	6	0
Raleigh	Bill	44	238
Reisinger	Mark	128	449
Rettig	Earl	33.9	56
Robertson	Sarah	41	330
Robertson	Scott	12	100
Rockwell	Dennis	54.5	260
Rockwell	Vivian*	80.1	463
Ross	Lee Ann*	120	240
Sackett	Jeremy	17.1	56
Schnack	Don	29	240
Seidel	Emil	2	50
Seitz	Bill	103.5	364
Seitz	Libby	1	0
Semich	Dave	66.8	322
Smeltzer	Mark	5.5	80
Smith	Andy	31	222
Snyder	Warren	30	0
Steele	Eric	95	300
Swanzy	Leonard	34	0
Thornburgh	Larry	7	84
Thornburgh	Mary*	7	84
Tripp	Michael	90	0
Turek	Frank	164.5	584
Turek	Sandra	6	0
Ulrich	Dave	5	40
Ulrich	Marilyn*	9	58
Vakoc	Doug	13.8	80
Vernarecci	Bruce	24	200
Wallace	Dennis	2	0
Wallace	Sandy	2	0
Weiser	Ed	6	0
Wilcox	Steve	24	200
Willhite	Bruce	24	200
Williams	Steve	194	268
Yates	Richard	23	524

TYERS CORNER

I just know that fall is coming! If you have been fishing the last couple of weeks, you know the fish are going deeper because of the warmer water. On the whole, fishing has been normal with the warm weather. The rivers are fishing well, but they are heating up too. Caddis have started to show on all the waters, so stock up and get ready. That brings us too this month's pattern, the Tied Down Caddis.

The Tied Down Caddis is somewhat of an obscure pattern, because we do not usually use emerging caddis patterns. When needed, this fly works very well. There is no splashing rise when the fish key on the emerger; they sip the bugs from just below the surface, leaving nothing more than a bubble-type dimple on the water. In lakes, let the fly sink a little and then use a variable strip retrieve, remembering to pause once in awhile and hold on. In moving water, fish it dry, letting it sink as it moves along (no drag). Watch the edges of shore when the caddis are hatching. Some of the biggest fish like to hide in the edges thinking they are safer from all things above.

I have see too many good-size fish lying on the bottom of the lakes I have fished in the last month. Possible reasons for mortality are fighting the fish to exhaustion and improper releasing of fish. Remember, when fishing this time of year, the warmer water can take its toll on released fish, and it is up each of us who practice catch and release too take a little extra time to make sure the fish we release are ready to go. Land your fish as quickly as possible and get that photo immediately. It took a 10-minute ride with my electric trolling motor to bring a nine-pounder back after it rolled on me. Good luck and good hunting.

— Jerry Criss (541-536-3581 or tlfly44@msn.com)

Tied Down Caddis



With the tag secured with the bobbin thread, bring the deer hair forward, keeping it on top of the fly, and tie it off. Trim the ends just over the hook eye. **Note:** To make this fly tough, tie off the fly on top and under the deer hair butt ends. Trim the hackle on top if you like, before tying the deer down.

Thread: light Cahill or tan 8/0

Hook: dry fly hook, 1x long, #10 to #16

Tail and shell back: fine deer hair, light tan to dark brown to match the hatching wing color

Body: tan to dark olive to match the hatch

Body hackle: fine dry fly furnace (reddish brown)

Lay a base of thread from the hook eye to just beyond the barb of the hook, leaving the tag end of your thread about six inches long. Tie in a small bunch of stacked deer hair right in the stopping point, keeping the five tight thread wraps together. Note: The tail should be no longer than the hook gap. Now raise the butt ends of the deer hair and take four tight wraps under and against the deer hair to make it stand up a little. Dub a nice neat, tapered body to just behind the hook eye. Tie in one hackle feather by the butt end, with barbs about equal to the hook gap, and wind it back in nice even wraps to the rear of the fly (about five to six wraps). Tie off the hackle with the tag end of the tying thread and bring the tag end forward in even wraps, trapping the hackle feather.



At the annual picnic, Jen Luke presented members with a certificate of recognition for their volunteer work on various conservation-related projects. PHOTO: Brian O'Keefe

Central Oregon Flyfishers Upstream Events 2010

Date	Time	Activity	Location	Contact
SEPTEMBER				
Sep 2	6:30 pm	monthly board mtg.	Environmental Center	Dick Olson (president@coflyfishers.org)
Sep 12		Wild Women of the Water		Kristin Lambson (wildwomen@coflyfishers.org)
Sep 15	6:30 pm	general meeting	Bend Senior Center	
Sep 18	6:30 pm	CLASS - Czech nymphing	Big Bend Campground	Gary Meyer (education@coflyfishers.org)
Sep 20-24		Kokanee Karnival		Frank Turek (waldo1ft@msn.com)
IN THE FUTURE				
Oct 7-10		Steelhead trip on the Deschutes. Eric Steele (541-549-2072 or steeefly2@msn.com)		
NON-CLUB ACTIVITIES & FYI				
Sep 8, 18 Casting classes at the Orvis fly-casting course (541-312-8200)				

2010 COF Board Members: Dick Olson PRESIDENT Lee Ann Ross VICE PRESIDENT Susan Telford TREASURER Bill Raleigh SECRETARY John Anderson Programs Eric Steele Banquet, Fund raising Yancy Lind Outings Dennis Rockwell Past President Craig Dennis Membership Bill Seitz Conservation Gary Meyer Education Frank Turek Kokanee Karnival Kristin Lambson Wild Women of the Water

Membership application available from: <http://www.coflyfishers.org>
For advertising information, call Mike Shadrach at 541-678-5717.



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NEWSLETTER - Terri Grimm Editor & Designer