

The Central Oregon Flyfisher

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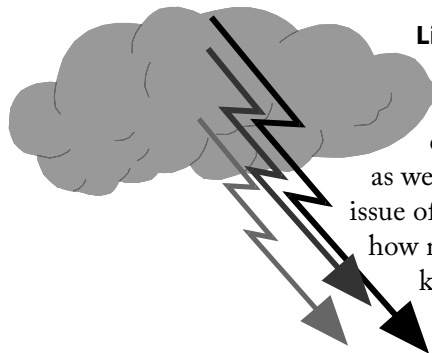
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RANDOM CAST

Kokanee Karnival – September 19 through 23, Kokanee Karnival Streamside will be held at Sheep Bridge, Fall River Hatchery and Spring Creek. Fourteen classes will participate. Kids will observe spawning kokanee and learn about stream habitat, entomology, kokanee life cycle and fish hatcheries. This program is a great opportunity to see the kids in action and learn more about fish. For more detail and to volunteer, see the article on page 6.

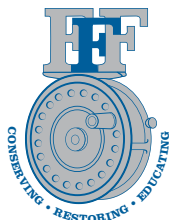
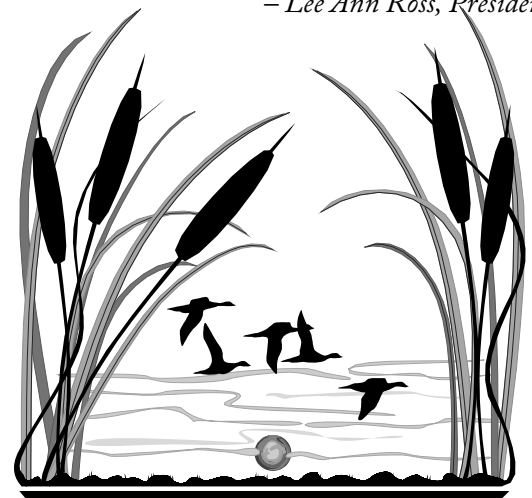
Youth Fly Fishing - During 2011, COF has focused on engaging youth in fly fishing. We are building on the wildly successful Kokanee Karnival program, which is producing some amazing young river stewards in the fourth and fifth grades. We hope to convert these youth into actual fly fishers by the time they reach middle or high school. Rimrock Expeditionary Learning Middle School is the first school to sign up for youth fly fishing with COF. Beginning September 16, from 1:15 to 2:40 and continuing each Friday at this time for about 12 weeks, COF volunteers will teach students about casting, lines and leaders, bugology, fish biology, conservation, fishing the Crooked River and fly tying. Bill Seitz has developed a course for volunteers to follow. If you would like to help in any way, contact Bill (conservation@coflyfishers.org.)



Lightning – These last couple of weeks have produced some fantastic lightening displays as well as some very unfortunate fires. Most fly fishers are aware of the dangers lightening poses for us in the outdoors, especially as we carry our nine-foot lightening rods in hand. The August issue of *Fly Fisherman* magazine has a scary article outlining just how much danger anglers are exposed to during storms. Did you know lightening can strike a full ten miles ahead or behind a storm? Did you know that if you can hear thunder, you are in danger from lightening? Did you know hiding in rock outcroppings is not a good idea? Check this article out. When a storm is brewing, it's time to go home.

– Lee Ann Ross, President

First Day of Fall September 23



GENERAL MEETING

Sep 21 | 6:30 p.m. | Bend Senior Center, 1600 S.E. Reed Market Road, Bend

Dry Fly Essentials

The September program should appeal to the members who always (or mostly) fish the top section of the water. Our speaker will be Nate Brumley, owner of Dry Fly Innovations (DFI), an online fishing company in Meridian, Idaho. DFI specializes in custom dry flies and fishing videos. Nate is a native Idahoan, born and raised on the Salmon River, and he has fished dry flies throughout the Northwest for over 40 years. This experience has led to the creation of over a hundred unique dry-fly patterns that have been tested over some of the smartest fish on the earth with amazing results.

Nate's presentation, Dry Fly Essentials, explores the intricacies associated with reading fishing water for large trout (boulders, foam lines, inner chutes, seam water and heavy current), specific delivery techniques (upside down, quarter angle, feeder cast, straight up and across channel) and essential dry flies for all fishing seasons of the year. Nate will also discuss stages of the hatch and still water and alpine fishing. This presentation will be enhanced with still and video clips and is designed for all fly-fishing abilities. Nate will be tying flies prior to the meeting and likely will have a sale table available.

EDUCATION

How to rig your fly line and leader

Sep 21 | 6:15 p.m. | Bend Senior Center

This 30-minute class, which will be held prior to the monthly meeting, will cover methods to best balance leaders and tippets for various size flies. Information on knots will also be covered, and a hand out will be provided to attendees.

Casting club

Meets the fourth Wednesday of every month from 6:00 to 8:00 p.m. at the pond in front of the Orvis store.

COF is always looking for new and interesting ideas for classes. If you would like to have a class on a fishing-related topic, please send an email to education@coflyfishers.org (cc president@coflyfishers.org). Arranging classes is easy. Thinking of ideas for classes is difficult. We are looking for new ideas.

OUTINGS 2011

Month	Date	Leader	Destination
Sep	6-11	Phil Hager	Cascade Lakes - cancelled
	26-29	Lee Ann Ross	Diamond Lake - cancelled
Oct	3	Frank Turek	Hosmer Lake
	9-12	Eric Steele	Lower Deschutes Steelhead, Beavertail campground
Nov	19	Bill Seitz	Crooked River Cleanup

OUTINGS



To lead an outing, contact **Yancy Lind, Outings Coordinator** (yancy_lind@ml.com or 541-788-5514).

Hosmer Lake

Oct 3 | Meet at 9 a.m. at Hosmer boat ramp. | Frank Turek (waldo1ft@msn.com)

Hosmer is fly fishing only with barbless hooks, and all Atlantic salmon must be released unharmed. Hosmer has lots of Atlantics and many brook trout. At the end of August, I was landing a dozen or more each trip. The Atlantics average 12 to 14 inches this year, however, some are up to 18 inches. The Atlantics fight much harder than a rainbow of equal size. The brookies are 12 to 20 inches, but they are hard to catch. The Atlantics become more active in the fall and take a variety of flies.

My favorite fly and go to standard for Hosmer Lake is the Kokanee Candy. (See the Tyers Corner on page 7.) Several Kokanee Candy will be available in the raffle at the September COF monthly meeting.

I often tie about two feet of 6X fluorocarbon tippet to a leader and put a strike indicator at the knot. Tie on a #16 beadhead fly, such as a mayfly imitation. Tie about 12 to 15 inches of 7X fluorocarbon tippet to the beadhead fly, and tie a #22 fly to the end. I use a midge or mayfly imitation in gray or olive as the dropper. I use fine tippet material because the water is clear, and the fish are sensitive to heavier leaders. When you cast, the beadhead takes the #22 down slowly. I have not had an Atlantic or brookie take the beadhead, only the #22. I let it sit for a count of about 40. If nothing hits, I give it a short pull and let it settle again for a count of about 10. If nothing, then pull in and cast again. This technique is effective along the reeds. The strikes can be gentle with only a twitch of the indicator; other times strikes are hard and pull the indicator down. Sometimes the short pull gets the Atlantics excited, and then the strike is hard and fast. It is tough to land an Atlantic on a #22, but it is fun and effective. Dry flies can vary by season. I use a #16 parachute BWO or Adams and it seems to be effective most days when the hatch is on.

continued on page 3

I normally fish the lower lake and a short way up the channel. I don't fish the upper lake and full length of the channel because the channel can get heavy use by canoe and kayak folks. We can review where to fish when we meet at the lake.

What to bring:

- Boat or floating device; there is no shoreline fishing at Hosmer.
- Personal flotation device (PFD) with a signal device
- Forest pass (The pay station may be closed by October.)

Directions: Take Century Drive/Cascade Lakes Hwy from Bend past Elk Lake. The turnoff to Hosmer (near mile-post 35) is marked with a sign – Hosmer Lake - Elk Lake Loop. Turn left and take this paved road past all of the logging to the sign for the Hosmer Lake boat ramp, a right turn and short drive down a dirt road.

Please let me know if you plan to attend this outing (waldo1ft@msn.com).

– Frank Turek

Deschutes River steelhead trip

Oct 9 to 12 | Beavertail campground

The COF annual steelhead trip to the lower Deschutes River will be Sunday, October 9 through Wednesday, October 12. Plan to camp at the large camping area at Beavertail campground. To ensure space at the campground and have shuttle support for your boat, you must sign up in advance. There is a \$25 per night camping fee for the group campground, and the cost will be shared among campers. Everyone is responsible for their own meals. Those who will be floating down to Mack's Canyon will need to help with the car pool shuttle (14 miles round trip) each night. Monday through Wednesday (Oct 10 to 12), The Fly Fisher's Place has graciously offered to provide guided trips for participants at a reduced rate of \$375 for two COF member fly fisher's per boat. There are currently two guides available each day. COF members who are interested must contact Eric Steele directly for the additional important details and to reserve a COF-sponsored slot. All messages are

date and time stamped – first come first served starting Aug 2. There will be a waiting list.

Questions and suggestions are encouraged; contact trip leader Eric Steele (steelefly2@msn.com or cell 541-420-8108 or home 541-549-2072).

VOLUNTEER OPPORTUNITIES

Bend casting games

Sep 10 | Orvis casting course

The Bend Casting Club is organizing the annual Bend Casting Games on the Orvis casting course at the Old Mill. The games are a fundraiser for the Deschutes Chapter of Trout Unlimited. For more information, visit the Deschutes TU website (www.deschutes-tu.org), which includes an online sign-up page. Or visit the Bend Casting Club on Facebook (www.facebook.com/BendCastingClub).

Trout Unlimited national meeting coming to Bend

The 2011 annual meeting of Trout Unlimited will be held in Bend, September 14 to 18. Trout Unlimited is seeking volunteers to host participants on the Upper/Middle/Lower Deschutes River, Metolius River, Fall River and Crooked River on Sep 14. If you are interested in hosting a participant, please contact Damien Nurre at Deep Canyon Outfitters (damien@deschutesflyfish.com). If you are interested in attending the annual meeting or finding out more about the fishing day, please visit the TU National website (www.tu.org/am2011).

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Central Oregon Project Healing Waters

We are planning another outing in September, and we will need volunteer help. If you are interested in learning more about COPHW (<http://cophw.org/>) or would like to become a mentor, please contact Brad Emery (bdemery1@aol.com).

WILD WOMEN OF THE WATER

Three Creek Lake

Join us for a trip to Three Creek Lake, just outside Sisters. Don't miss your chance to fish this beautiful lake surrounded by rocky cliffs and tall trees. Motors on the lake are not allowed. However, this smaller lake is the perfect size for a float tube, pontoon or small row boat. You can also fish from the bank and be very successful. If you're interested in attending, please RSVP. I will send out an email with details. Contact Kristin Lambson (wildwomen@coflyfishers.org or 623-570-6446).

OTHER NEWS

Changes in the COF Board

Gary Meyer has agreed to take over the membership duties, and Kathy Schroeder has stepped in to take over education. Matt Paluch has resigned from the board to focus on his new business at the Deschutes River Camp (as well as his family) and will continue to provide the club his invaluable industry insider knowledge. While not on the board, Gabe Parr has graciously offered his services as communications guru. You might have noticed the fancy new personalized format of the email announcing the monthly newsletter. Many thanks to all of you for your efforts.

Flyfishing for carp

An opportunity to fish for carp is now available at the Houston Lake Bed and Breakfast Retreat in Powell Butte. Owner Rick Gloor estimates there are over five million pounds of carp in the 80-acre lake. Gloor is working with Oregon Department of Fish and Wildlife to reduce the number of carp and reestablish the bass population.

From what I've read, fly fishing for carp is mostly a sight-fishing game. I fished worms from the bank and caught quite a few carp. Best time for sight fishing might be early in the morning when the fish are near the shore, but the lake is no deeper than 10 feet so any time of day will work.

Cost is \$10 per person. Reservations are required. (Houston Lake Bed and Breakfast Retreat, 11303 Houston Lake Rd, Powell Butte, 541-416-2704 or 541-913-6199, www.houstonlakebedbreakfastretreat.com)

— Lee Ann Ross

Mandatory boat inspections begin in Oregon

Motorists hauling boats in Oregon are now required to stop at boat inspection stations to have their watercraft inspected for aquatic invasive species under a bill signed into law by Gov. John Kitzhaber on Aug 2, 2011. Failure to stop at an inspection station could result in a \$142 fine.

On Sep 2, from 9 a.m. to 5 p.m. Oregon State Police will assist Oregon Department of Fish and Wildlife boat inspectors with enforcement at the Port of Entry in Ashland. Motorists are alerted to inspection stations by orange "Boat Inspection Ahead" signs. All vehicles carrying kayaks, canoes, paddleboards, sailboats and any other boats, non-motorized or motorized, are required to stop.

Inspections usually take about 10 minutes if boats are free of invasive species. If a boat is found to be contaminated with quagga or zebra mussels, it will be cleaned on site by the boat inspection team with a pressure washer. There is no penalty or cost for the boat owner if their boat is found to be contaminated with invasive species.

When a motor boat passes inspection, a zip-tie will be connected from the boat to the trailer as proof the boat has been inspected and is clean to launch. Boaters can easily remove the zip tie when they launch. All boaters will be given a copy of the inspection form. Non-motorized boaters can show their inspection form if requested by law enforcement.

According to Rick Boatner, ODFW Invasive Species Specialist, inspection stations will be set up at roadsides and

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Fishing is just the beginning...

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boat ramps throughout the state. ODFW's four regional inspection teams are based in Medford, Clackamas, Madras and La Grande.

"Zebra and quagga mussels are established in many states and we want to make sure they don't end up in our waterbodies," said Glenn Dolphin, Aquatic Invasive Species Coordinator for the Marine Board. "And we have to contain the invaders we already have in the state, New Zealand mud snail and Eurasian water milfoil, so they don't get transported to new areas."

The Aquatic Invasive Species Prevention Program is self-supporting, based on the sales of required Aquatic Invasive Species Permits.

Road over Bowman Dam to close in September

The roadway across Bowman Dam will be closed Sep 1 to Oct 1 while construction proceeds on the dam. Crews will install a six-foot high parapet wall on top of the dam. The closure will also affect Big Bend Campground. Six of the 15 sites at the campground will be closed during construction. To reach the Crooked River during construction, take the route through Prineville.

CONSERVATION

Fish mortality and warm water temperatures: How you play and land a fish is a matter of life and death

When I wrote this article last year, it was 100° F outside. Today, it is 92° F, and the forecast is for temperatures to remain in the high 80s all week. So I thought the article should be repeated for new members. As I have stated in previous articles, catching and releasing trout in streams with warm temperatures increases fish mortality. A recent article

in *American Angler* provides a good summary. The Colorado Division of Wildlife (DOW) has developed a program to help anglers better understand the causes of mortality in fish that have been caught and released. The variables that DOW considered include water temperature, length of fight, and the amount of time the fish was kept out of the water. (The control fish was an 18-inch trout.) There was no distinction made between lures and flies, and the table shown below applies only for "superficially hooked" fish. If the hook is swallowed or buried in the gills, the chances that the fish will die certainly go up, and statistics for fish caught with bait showed significantly higher mortality. What is clear from the numbers in the table is that the faster you land a fish, the better. And leaving the fish in the water while you unhook it can double its chances of survival. These rules become increasingly important as water temperature rises.

Here's the take home message: Carry a stream thermometer to determine the water temperature, play the fish a short time (use a 5-weight instead of a 3-weight rod), and never take the fish out of the water. Check the new website for the flows and water temperatures for steelhead (http://waterdata.usgs.gov/or/nwis/uv?site_no=14103000). Steelhead need special attention when the water temperatures get in the high 60s and 70s.

—Bill Seitz, Conservation chair

Variables Affecting Fish Mortality			
Water Temp (degrees)	Playing Time (minutes)	Time out of Water (minutes)	Probability of Death
60	4	1.5	10%
70	4	1.5	17%
60	2	1	5%
70	2	1	8%
60	2	0	3%
70	2	0	5%
60	4	0	5%

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Call for Volunteers

Fall Streamside
September 19 through 23
8:30 a.m. to 2:00 p.m.

Fourteen classes will participate in the Kokanee Carnival Comprehensive Program, which begins with the fall Streamside field trip. Two classes per day will attend Sheep Bridge and the Fall River Hatchery during the week. One class will attend Sheep Bridge in the morning and the other class will be at the hatchery. After lunch the classes switch. There are three stations at Sheep Bridge: students learn about river habitat at the Comforts of Home station, entomology at the Nature's Restaurant station, and the kokanee life cycle at the Incredible Journey station. Students learn about the need for hatcheries, raising trout, and how hatcheries function, and students get to feed the trout at the Fall River Hatchery.

Four classes will attend Spring Creek, a tributary of the Metolius River near Camp Sherman, on Monday through Thursday. Each day, one class will be divided into four or five groups and learn about stream habitat, entomology, and kokanee life cycle. Students will also tour an abandoned hatchery. At Spring Creek, students will don waders and get into the water.

Sheep Bridge - Eight volunteers are needed each day. We can use volunteers with experience and new volunteers. New volunteers will be teamed with an experienced volunteer.

Spring Creek - Five volunteers are needed each day. Due to the nature of this program site, we need volunteers with experience. New volunteers are welcome and will be teamed with an experienced volunteer.

To volunteer or for more information, contact:

• Frank Turek (541-381-7507 or waldo1ft@msn.com)

OR

• Jen Luke (Jennifer.a.luke@state.or.us or 541 633-1113)



Students at Spring Creek September 2010. PHOTO: Alan Jones

How and where to buy an Aquatic Invasive Species Permit

Motorized boat

- Registered motorboat owners do not need to buy a permit; a \$5 fee is automatically included in boat registration. Current registration decals are proof of payment.
- Non-resident motorboat permits cost \$22 (\$20 permit plus \$2 agent fee) and are available through ODFW's online license sales website, at ODFW license sales agents and ODFW offices that sell licenses.

Paddle craft and other non-motorized vessels 10 feet and over

- Annual permits for non-motorized craft (canoe, kayak, drift boat, etc.) cost \$7 (\$5 permit plus \$2 agent fee). This applies to both resident and nonresident boaters.
- Paddle craft permits can be purchased through ODFW's online license sales website, at ODFW license sales agents, ODFW offices that sell licenses and at Oregon Marine Board dealers.
- Tyvek tag permits are available and cost \$5 for a one year permit and \$10 for a two year permit. If you want to purchase a Tyvek tag permit, you can order one from the Oregon Marine Board through the mail (pdf). Application available on OMB website.

About paddle craft permits

- If a permit is purchased online, print the permit and enclose it in a zip-lock bag to protect it from water damage.

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TYERS CORNER

The Kokanee Candy is an essential fly for fishing Hosmer Lake, not just recommended. It is my go-to fly. Back in the fall of '09, I was fishing Hosmer and like most folks, catching the occasional Atlantic salmon. A man was landing Atlantics on a regular basis. When I asked what he was using, he said a Kokanee Candy, and he showed it to me. The only similar fly I had was a Polar Shrimp. I tied it on and I picked up a few more Atlantics using it. The following week I searched the local fly shops for the Kokanee Candy; the only place I found it was at the Patient Angler (big hint for you non-tiers). The next trip, I used the Kokanee Candy, had lots of really hard hits and caught a lot of Atlantics. In the fall, I land between a dozen and two dozen Atlantics each trip plus a few brookies. It also works well in the spring. When people on Hosmer ask what I am using, I often give them one and they start catching Atlantics.

Some folks swear by white on Hosmer, so I tie a few with white thread, chenille and saddle hackle. So far all my success has been with the orange, but I keep trying the white each trip.

Fishing the Kokanee Candy is fun. I use a sink tip line and 4X fluorocarbon leader. Cast it out, let it sink for a count of 10, and then strip it in fast, real fast, no even faster, as fast as you can. If the Atlantics only nip at it you are not retrieving fast enough. Concentrate on your fast retrieve, not the fly. When the Atlantics hit, it is a real hard savage hit. I fish this technique along the weeds parallel to the weed line and from the weeds back toward open water. Also I will just sit in open water slowly turning so my casting pattern covers a full circle, probably about 8 to 10 casts per full circle. I fish the pattern in one spot for a few circle turns before moving to another location.

– Frank Turek

Kokanee Candy



Hook: TMC 5263 size 12

Thread: 8/0 orange

Barbell eyes: Spirit River Dazl-eyes, 5/32-inch, black

Lead: .020

Tail: orange saddle hackle fibers

Body: orange chenille

Back: fine pearl flashabou

1. Pinch the barb on the hook and begin wrapping thread.
2. Tie the barbell eyes behind the eye of the hook. (If you have never tied barbells, there is a good description in *The Fly Tier's Benchside Reference*.) I put head cement on the finished barbell wraps to prevent the eyes from turning.
3. Wrap thread to the bend and then wrap about 12 to 15 turns of 0.020 lead, ending just behind the barbell. Over-wrap the lead with thread to create a good foundation.

4. For the tail, tie in a good-size pinch of saddle hackle fibers at the bend.
5. Pinch some of the fuzz from the chenille to expose the thread core and tie in at the tail. Wrap the chenille to the barbell and then do a figure-eight wrap around the eyes to cover to the barbell. (I took the photo at a slight angle to show how the wrap covers the barbell.)
6. Tie the chenille behind the barbell and trim any excess.
7. Tie 8 to 10 fibers of flashabou at the chenille tie-down point and trim so the flashabou extends to the tail. (I use three, half-hitch knots to finish the wrap.) Apply head cement to the wrap.

Frank will have a dozen of so of these flies available for the raffle in September!

CLASSIFIED

FOR SALE – Two JW Outdoors Kingfisher pontoon boats with oars and fins. \$250 for one or \$400 for both. Contact Lee Ann (rossleeann@yahoo.com).

FOR SALE – Dave Scadden Outlaw Renegade pontoon boat. Used three times. Just more boat than I need. \$899. FIRM. (\$100 less than what I paid.) Blue. Upgraded, insulated bags. (These are SO NICE). Oars. Meet me in Burns, drive to Fields, or wait until my next trip to Bend to see it. Contact Raven Wing (former president of COF) (541-495-2000).

Central Oregon Flyfishers Upstream Events 2011

Date	Time	Activity	Location	Contact
SEPTEMBER				
Sep 1	6:30 pm	monthly board mtg.	Environmental Center	Lee Ann Ross (president@coflyfishers.org)
Sep 19-23		Kokanee Karnival	Sheep Bridge/Fall R. Hatchery	Frank Turek (waldo1ft@msn.com) or Jen Luke (Jennifer.a.luke@state.or.us)
Sep 21	6:30 pm	general meeting	Bend Senior Center	
Sep 21	6:15 pm	CLASS- How to rig fly line and leader	Bend Senior Center	
Sep 26		OUTING	Diamond Lake - CANCELLED	
IN THE FUTURE				
Oct 3, Outing to Hosmer Lake, Frank Turek (waldo1ft@msn.com)				
Oct 9-12, Outing to Deschutes River, Eric Steele (steelefly2@msn.com)				
NON-CLUB ACTIVITIES & FYI				
Sep 10, Bend casting games, Deschutes Trout Unlimited (www.deschutestu.org)				
Sep 14-18, Trout Unlimited national meeting, Damien Nurre (damien@deschutesflyfish.com)				

2011 COF Board Members: Lee Ann Ross PRESIDENT Eric Steele VICE PRESIDENT Susan Telford TREASURER Bill Raleigh SECRETARY John Anderson Programs Howard Olson Banquet, Fund raising Yancy Lind Outings Dick Olson Past President Gary Meyer Membership Bill Seitz Conservation Kathy Schroeder Education Frank Turek Kokanee Karnival Kristin Lambson Wild Women of the Water, Banquet fund raising

Membership application available from: <http://www.coflyfishers.org>

For advertising information, call Mike Shadrach at 541-678-5717.



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An active member club

For advertising information, call Mike Shadrach (541-678-5717).

NEWSLETTER - Terri Grimm Editor & Designer